

Video 5

THE EMERGENCY KIT

The host reviews the importance of a personal emergency kit along with an evacuation plan and facilitates discussion about how to put it all together.



Discussion Questions

- 1 What type of container (rolling suitcase, backpack or plastic container) will you use and why?
- 2 What items are important to include in your kit (*refer to your Worksheet*)?
- 3 What special items do you need to think about for children or pets?
- 4 How will you label and where will you put your completed kit?
- 5 What is your evacuation plan?

Activities

- 1 The host displays his/her own emergency kit and contents.



Medications form
Cash in plastic bag
Supplies for 3–5 days

Care and hygiene items
Put kit in accessible place
Practice evacuation plan