Trainer Resource Guide

Resources

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The DSP Profession

American Association on Intellectual and Developmental Disabilities *Oldest & largest interdisciplinary organization of professionals concerned about intellectual & related disabilities.*	**aaidd.org**
Association for Persons with Severe Handicaps *Association of people with disabilities, their family members, advocates & professional concerned with independence for all individuals with disabilities.*	**tash.org**
Association of University Centers on Disabilities *AUCD members train and educate the next generation of leaders in disability-related research, training, service delivery, and policy advocacy.*	**aucd.org**
Best Buddies of California *Educate high school & college students,, corporate and community citizens, & employers about the needs and abilities of people with intellectual disabilities.*	**bestbuddies california.org**
California Community Care Licensing Division *Promote the health, safety, and quality of life of each person in community care.*	**ccld.ca.gov**
City Parks & Recreation Programs *YMCA/YWCA* *Boys & Girls Clubs* *Boy Scouts/Camp Fire USA* *Big Brother/Big Sisters* *Community Centers* *Libraries* *United Way Agency* *Easter Seals* *Community Colleges* *Senior Centers/Adults*	**Local Contact Agencies**
Community Services for Autistic Adults and Children *Autism links.*	**csaac.org**
Council for Exceptional Children *Improve educational outcomes for individuals with exceptionalities.*	**cec.sped.org**

The DSP Profession (cont.)

Deaf Education — **deafed.net**
Educational enhancement for the field of Deaf Education.

Department of Developmental Services — **dds.ca.gov**
Is the agency through which the State of California provides services and supports to children and adults with developmental and intellectual disabilities.

Disability Resources on the Internet — **disability resources.org/ California.html**
(CALIFORNIA): organization that monitors, reviews, and reports on hundreds of disability-related topics.

Educational Resources Information Center — **eric.ed.gov**
Provides information on the education of individuals with disabilities, as well as those who are gifted.

Institute for Community Inclusion — **community inclusion.org**
Supports the rights of children and adults with disabilities to participate in all aspects of the community.

Members of Each Other: Building Community in Company with People with Developmental Disabilities — **Publication**
By O'Brien, J. and Connie Lyle (1996); Inclusion Press;
ISBN 1-905418-24-0
A collection of essays related to inclusion, exclusion, and building community. Also contains discussion about "circles," including potential problems. This is a practical and philosophical approach to these issues.

President's Committee for People with Intellectual Disabilities — **acf.hhs.gov/ programs/pcpid**
Provide a variety of links and valuable information that may assist the public in learning more about intellectual;disabilities or accessing needed support and services in one's own local community.

Protection and Advocacy, Inc. — **pai-ca.org**
Advancing the human and legal rights of people with disabilities.

SafetyNet — **ddssafety.net**
Articles, presentations, and tools based directly on trends among Californian individuals with developmental and intellectual disabilities and intended to ensure that they safe and healthy.

S.E.E. Center — **seecenter.org**
Promote understanding of principles of Signing Exact English and its use.

The DSP Profession (cont.)

Shift Happens (Book) — **shifthappens.tv**
Offers something for people and organizations serving individuals with disabilities, as well as every parent and teacher.
(Produced by ARC of Delaware)

Special Education Resources on the Internet — **seriweb.com**
Is a collection of Internet accessible information resources of interest to those involved in the fields related to Special Education.

The Alliance for Direct Support Professionals — **nadsp.org**
Committed to strengthening the quality of human service support by strengthening the direct support workforce.

The Quality Mall — **qualitymall.org**
Collect and disseminate information related to or useful in promoting quality of life for persons with developmental disabilities.

United Cerebral Palsy — **ucp.org**
Is the leading source of information of cerebral palsy and is a pivotal advocate for the rights of persons with any disability.

Information on Intellectual/Developmental Disabilities

ADA Hot links and Document Center — **askjan.org/links/adalinks.htm**
Plain language description of ADA and its content.
(International Center for Disability Information at West Virginia University)

American Association on Intellectual and Developmental Disabilities — **aaidd.org**
Oldest and largest interdisciplinary organization of professionals concerned about intellectual and related disabilities.

American Speech - Language Hearing Association — **asha.org/public**
To ensure that all people with speech, language, and hearing disorders have access to quality services to help them communicate more effectively.

ARC-National — **thearc.org**
Works to include all children and adults with cognitive, intellectual, and developmental disabilities in every community.

Association for Persons with Severe Handicaps — **tash.org**
Association of people with disabilities, their family members, advocates, and professionals concerned with independence for all individuals with disabilities.

Information on Intellectual/Developmental Disabilities (cont.)

Association of Regional Center Agencies — **arcanet.org**
Advocate in promoting the continuing entitlement of individuals with developmental disabilities to all services that enable full community inclusion

Association of University Centers on Disabilities — **aucd.org**
AUCD members train and educate the next generation of leaders in disability-related research, training, service delivery, and policy advocacy.

Best Buddies of California — **bestbuddies california.org**
Educate high school and college students, corporate and community citizens, and employers about the needs and abilities of people with intellectual disabilities.

California Attorney General's Crime and Violence Prevention Center — **safestate.org**
Preventing crime and violence in California.

California Department of Aging — **aging.ca.gov**
Working primarily with the area agencies on Aging who serve seniors, adults with disabilities, and caregivers.

California State Independent Living Council — **calsilc.org**
Philosophy of people with disabilities who work for self-determination, equal opportunities, and self-respect.

Consumer Corner — **dds.ca.gov/ ConsumerCorner/ Home.cfm**
Information about the Consumer Advisory Committee (CAC); information and links for individuals, families, and professionals

Consumer Product Safety Commission — **cpsc.gov**
Works to save lives and keep families safe by reducing the risk of injuries and deaths associated with consumer products.

Epilepsy Foundation — **epilepsy foundation.or g**
Seek to ensure that people with seizures are able to participate in all life experiences and prevent, control, and cure epilepsy.

Independent Living Resource Center of San Francisco — **ilrcsf.org**
To ensure that people with disabilities are full social and economic partners, both within their families and in a fully accessible community.

Information on Intellectual/Developmental Disabilities (cont.)

Members of Each Other: Building Community in Company with People with Developmental Disabilities — **Publication**
By O'Brien, J. and Connie Lyle (1196); Inclusion Press: ISBN 1-895418-24-0
A collection of essays related to inclusion, exclusion, and building community. Also contains discussion about "Circles," including potential problems. This is a practical and philosophical approach to these issues.

National Down Syndrome Society — **ndss.org**
The internet's most comprehensive information source on Down Syndrome

National Dual Diagnosis Association — **thenadd.org**
Advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

National Rehabilitation Information Center for Independence — **naric.com/sitemap**
Comprehensive database for disability and rehabilitation resources.

New York Access to Health: NOAH — **noah-health.org**
A partnership project which provides online access to high quality full-text consumer health information.

Office of Special Education and Rehabilitation Services — **2.ed.gov/about/offices/list/osers/index.html**
Committed to improving results and outcomes for people with disabilities of all ages.

President's Committee for People with Intellectual Disabilities — **acf.hhs.gov/programs/pcpid**
Provide a variety of links and valuable information that may assist the public in learning more about intellectual disabilities or accessing needed support and services in one's local community.

Special Education Technology British Columbia — **setbc.org**
Assertive device resource directory.

Special Olympics of California — **sonc.org** (NorCal) **sosc.org** (SoCal)
Sports training and competition in a variety of Olympic-type sports for people eight years and older with developmental disabilities.

Spine Universe — **spineuniverse.com**
Maintaining a healthy spine through good body mechanics and accurate information.

Information on Intellectual/Developmental Disabilities (cont.)

State Council on Developmental Disabilities — **scd.ca.gov/Special_Education_Resources.htm**
Assist in planning, coordinating, monitoring, and evaluating services for individuals with developmental disabilities and their families.

State Office of Emergency Services (California) — **preparenow.org**
Supporting special needs and vulnerable populations in disasters.

U.S. Fall Prevention Program for Seniors — **cdc.gov/ncipc/falls/default.htm**
Selected programs using home assessment and modification.

U.S. Fire Administration — **usfa.fema.gov**
Information you need to decide what you must do to protect your family from fire.

U.S. Fire Administration (Kids fire safety website) — **usfa.fema.gov/kids**
Tips that can help you and your family be safe from fire.

U.S. Food and Drug Administration — **fda.gov**
Reviewing clinical research; promote public health to ensure foods are safe and sanitary and properly labeled.

The California Developmental Disabilities Service System

California Community Care Licensing Division — **ccld.ca.gov**
Promote the health, safety, and quality of life of each person in community care.

Consumer Corner — **dds.ca.gov/Consumer Corner/Home.cfm**
Information about the Consumer Advisory Committee (CAC); information and links for individuals, families, and professionals.

Department of Developmental Services — **dds.ca.gov**
Is the agency through which the State of California provides services and supports to children and adults with developmental disabilities.

Protection and Advocacy — **pai-ca.org**
Advancing the human and legal rights of people with disabilities.

SafetyNet — **ddssafety.net**
Articles, presentations, and tools based directly on trends among Californian individuals with developmental and intellectual disabilities and intended to ensure that they safe and healthy.

Risk Management

American Red Cross — **redcross.org**
Provides locally relevant humanitarian services that help people within the community be safer, healthier, and more self-reliant.

Assessing Health Risk in Developmental Disabilities — **Publication**
By Karen Green McGowan & Jim McGowan (1995): McGowan Publications. *This book explains the rationale and use the KMG Fragility Scale. Mcgowanconsultants.com*

California Poison Control System — **calpoison.org**
A toll free 800 number is available to all areas of California by calling 1-800-876-4766 . The toll free number for anywhere in the United States is 800-222-1222.

Disaster Preparedness for People with Disabilities — **Publication**
By American Red Cross Disaster Services (1996). *A self-instructional manual for people with disabilities. It contains a number of exercises and checklists and includes a number of considerations (for example, protecting one's assistance dog) not found in more generic guides.*

First Aid Fast — **Publication**
By American Red Cross (1995); Stay Well Printer; ISBN: 0815102585. *This booklet, complete with pictures and diagrams, indicates what to do in a variety of emergency situations.*

Hazards at Home — **Publication**
By Bill Gutman (1996); Twenty-First Century Book: ISBN: 0805041419 *This book deals with falls, fires and burns, poisons, firearms, swimming pools and other drowning dangers, tools and machinery, and how to help in case of an accident.*

Poison! How to Handle the Hazardous Substances in Your Home — **Publication**
By Jim Morelli (1997); Andrews and McMeel; ISBN: 083622721. *The back cover begins: "You live in a toxic dump. There's no getting around it. If you wash dishes, do laundry, or clean the toilet, oven, or sink, chances are good that you use a poisonous material to do it." Morelli worked in a Poison Control Center, and thus has first-hand knowledge of the kinds of work involved.*

Wellness Digest, Vol. 1, No. 2 — **Publication**
By California Department of Developmental Services. *This issue is devoted to medication administration. Ed Anamizu, PharmD, served as consulting editor and was assisted by Mary Jann, R. N. Both have extensive background and experience with developmental disabilities.*

Health/Wellness

AARP Health and Wellness — **aarp.org/health**
Healthy tips on exercise, eating right, and personal care.

A Parent's Guide to Medical Emergencies — **Publication**
By Janet Zand, Rachel Walton and Bob Roundtree (1997);
Avery Publishing Group; ISBN: 089529361. *This book provides guidance for parents in meeting the emergency needs of their children.*

American Dietetic Association — **eatright.org**
Provides nutrition information with news releases and consumer tips, Nutrition Fact Sheets, and the Good Nutrition reading list.

California Dental Association — **cda.org**
Value oral health and expand the community's understanding of the importance of preventative and restorative and dental care services.

California Poison Control System — **calpoison.org**
A toll free 800 number is available to all areas of California by calling 1-800-876-4766 . The toll free number for anywhere in the United States is 800-222-1222.

Centers for Disease Control - Disability & Health — **cdc.gov/ncbddd/dh**
Promotes the health and well-being of the estimated 56.7 million people with disabilities living in the United States.

Centers for Disease Control and Prevention — **cdc.gov**
Lead federal agency for protecting the health and safety of people - providing credible information to enhance health decisions, and promoting health through strong partnerships.

Complete Guide to Prescription & Nonprescription Drugs — **Publication**
By H. Winter Griffith 2001 (Serial) (Pedigree: November 1998), $10-$20.
2004 Edition was released on November 4, 2003.
Psychotropic Medications in Persons with Developmental Disabilities, an overview for families and others. Written by Dr. Bryan King, in booklet published by Frank D. Lanterman Regional Center.

Consumer Product Safety Commission — **cpsc.gov**
Works to save lives and keep families safe by reducing the risk of injuries and deaths associated with consumer products.

Health/Wellness (cont.)

Consumer Reports — **consumerreports.org**
Personal care, food and beverages, health and fitness.

Dangerous Drug Interactions: The People's Pharmacy Guide — **Publication**
By Joe Graedon and Teresa Graedon (1999); St. Martin's Press revised edition, ISBN: 0312968264.
This book summarizes much of what is known about drug interaction, not only with other medications (both prescription and over-the-counter), but with foods, vitamins and minerals, herbs, and alcohol. One chapter on drug interaction of particular interest to women, children, and the elderly. Excellent index. Dean Edell, M.D., Medical Journalist in San Francisco, says: "At last, someone has tackled this most complex and critical area. Only the Graedons could make this clear and understandable. A "must have" for anyone interested in their health."

Disability Resources on the Internet — **disabilityresources.rg/California.html**
(CALIFORNIA): organization that monitors, reviews, and reports on hundreds of disability-related topics.

FDA Tips for Taking Medicines: How to Get the Most Benefit with the Fewest Risks — **Publication**
By U.S. Food and Drug Administration (n.d.); reprint Publication No. FDA 96-3221. Write FDA, 5600 Fishers Lane, Roclville, MD 20856, Attn: HFE-88. *This reprint includes a patient check-off chart for help in taking medications at the right time. Special sections advise patients on medications while in the hospital, protection against tampering, medication counseling, and tips for giving medicine to children. Single copy free.*

Healthy People 2010 - Leading Health Indicators — **Healthypeople.gov/Ihi**
Illustrate individual behaviors, physical and social environmental factors, and important health systems issues that greatly affect the health of individuals and communities.

Health and Wellness Reference Guide — **Publication**
By Smith Consultant Group and McGowen Consultants; developed for the Commission on Compliance, State of Tennessee (July 1998).
This is a general reference for nurses and others working with direct care staff in various settings.

Health/Wellness (cont.)

Mayo Clinic - Health & Medical information — **Mayoclinic.org/healthinfo**
Information on health and medical topics.

Physician's Desk Reference, The PDR Family Guide to Over-The-Counter Drugs — **Publication**
(Three Rivers Press: December 1998), $15-$25.
Most bookstores will have the PDR, which is the most comprehensive source of information on prescription drugs. It is fairly expensive ($75-$100). There are a number of other excellent sources. Ask the individual's physician or pharmacist to recommend one.

Safe Medication — **safemedication.com**
Database can help you find the important information you need to use medications safely and effectively.

UC Berkeley Wellness Letter — **berkeleywellness.com**
Variety of subjects related to food and nutrition, exercise, self-care, preventive medicine, and emotional well-being.

UCSD Healthguide — **health.ucsd.edu/guide/index.aspx**
Comprehensive collection of features and health news; all you need to know to keep you and your family healthy.

Web MD — **webmd.com**
Valuable health information, tools for managing your health, and support to those seeking information.

Communication

American Speech - Language Hearing Association **asha.org/public**
To ensure that all people with speech, language, and hearing disorders have access to quality services to help them communicate more effectively.

Assistive Technology, Inc. **assistivetech.com**
Assistive Technology, Inc. serves the disability and special education markets by providing innovative software and hardware solutions for people with special needs and the professionals who work with them.

Deaf Education **deafed.net**
Educational enhancement for the field of Deaf Education.

Members of Each Other: Building Community in Company with People with Developmental Disabilities **Publication**
By O'Brien, J. and Connie Lyle (1996); Inclusion Press:
ISBN 1-895418-24-0
A collection of essays related to inclusion, exclusion, and building community. Also contains discussion about "Circles," including potential problems. This is a practical and philosophical approach to these issues.

RJ Copper & Associates **rjcopper.com**
Software and hardware for persons with special needs.

Positive Behavior Support

Association of Positive Behavior Support **Bridges4kids.org**
An organization dedicated to the advancement of positive support behavior.

Beach Center on Disability **beachcenter.org**
The University of Kansas
Haworth Hall, Room 3136
1200 Sunnyside Avenue
Lawrence, KS 66045-7534
Phone: 785-864-7600+Fax: 785-864-7605
PBS Information **beachcenter@ku.edu**

Functional Analysis of Problem Behavior: From Effective Assessment to Effective Support **Publication**
By Repp, A.C. & Horner, N.N. (1999). Belmont, CA
Wadsworth Publishing

Positive Behavior Support (cont.)

Functional Assessment and Program Development for Problem Behavior Support and Teaching Strategies — **Publication**
By O'Neil, TR., Horner, R., Albin, R. Storey, K., and Spreage, J. (1997). Pacific Grove, Brooks/Cole Publishing. 800-345-9706

National Dual Diagnosis Association — **thenadd.org**
Advance mental wellness for persons with developmental disabilities through promotion of excellence in mental health care.

Nonaversive Intervention for Behavior Problem — **Publication**
By Meyer, L.H., & Evans, I.M. (1989).
A manual for home and community Baltimore: Paul H. Brooks Publishers

Office of Special Education (OSEP), US Department of Education, Positive Behavioral Interventions and Supports — **pbis.org**
Technical assistance website.

Positive Behavioral Support — **Publication**
By Kincaid, D., (1996)
Including People with Difficult Behavior in the Community. Baltimore, MD: Paul H. Brooks Publishers

Ten Ways to Support a Person with Challenging Behavior Fact Sheet — **Publication**
(1999) The Beach Center on Disability; The University of Kansas, Lawrence, Kansas. Excerpted from: Pitonyak, D. (1997).
Ten Things You Can Do to Support a Person with Difficult Behaviors
The Community Journal, Blacksberg, VA PBS-FS-009-2000

Person-Centered Planning

ARC - National — **thearc.org/net community**
Works to include all children and adults with cognitive, intellectual, and developmental disabilities in every community.

Association for Persons with Severe Handicaps — **tash.org**
Association of people with disabilities, their family members, advocates and professionals concerned with independence for all individuals with disabilities.

Association of University Centers on Disabilities — **aucd.org**
AUCD members train and educate the next generation of leaders in disability-related research, training, service delivery, and policy advocacy.

Person-Centered Planning (cont.)

California State Independent Living Council — **calsilc.org**
Philosophy of people with disabilities who work for self-determination, equal opportunities, and self-respect.

Community Services for Autistic Adults and Children — **csaac.org**
Autism links.

Consumer Corner — **dds.ca.gov/ConsumerCorner/Home.cfm**
Information about the Consumer Advisory Committee (CAC); information and links for individuals with intellectual and developmental disabilities, families, and professionals.

Council for Exceptional Children — **cec.sped.org**
Improve educational outcomes for individuals with exceptionalities.

Disability Resources on the Internet — **disabilityresources.org/CALIFORNIA.html**
(CALIFORNIA): organization that monitors, reviews, and reports on hundreds of disability-related topics.

Institute for Community Inclusion — **community inclusion.org**
Supports the rights of children and adults with disabilities to participate in all aspects of the community.

Office of Special Education & Rehabilitation Services — **2.ed.gov/about/offices/list/osers/index.html**
Committed to improving results and outcomes for people people with disabilities of all ages.

President's Committee for People with Intellectual Disabilities — **acf.hhs.gov/programs/pcpid/index.html**
Provide a variety of links and valuable information that may assist the public in learning more about intellectual disabilities or accessing needed support and services in one's own local community.

Protection and Advocacy, Inc. — **pai-ca.org**
Advancing the human and legal rights of people with disabilities.

SafetyNet — **ddssafety.net**
Articles, presentation, and tools based directly on trends among Californian individuals with developmental disabilities and intended to ensure that they are safe and healthy.

State Council on Developmental Disabilities — **scd.ca.gov/Special_Education_Resources.htm**
Assist in planning, coordinating, monitoring, and evaluating services for individuals with developmental disabilities and their families.

Person-Centered Planning (cont.)

The Quality Mall — **qualitymall.org**
Collect and disseminate information related to or useful in promoting quality of life for persons with developmental disabilities.

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Instruction/Training & Development (cont.)

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Educational Resources Information Center — **eric.ed.gov**
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Epilepsy Foundation — **epilepsyfoundation.org**
Seek to ensure that people with seizures are able to participate in all life experiences and prevent, control, and cure epilepsy.

Independent Living Resource Center of San Francisco — **ilrcsf.org**
To ensure that people with disabilities are full social and economic partners, both within their families and in a fully accessible community.

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National Dual Diagnosis Association — **thenadd.org**
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A partnership project which provides online access to high quality full-text consumer health information.

SafetyNet — **ddssafety.net**
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