

Department of Developmental Services (DDS) Mental Health Services Act (MHSA) Work Plan

7/1/09 – 6/30/10

Goal 1: Improve care for consumers with a dual diagnosis (developmental disability and mental illness) by training direct service providers (DSPs), families and consumers.

Activity	Outcome	Timeline	Responsible Parties
<p>1. <i>Regional Center (RC) MHSA Training Projects*</i></p> <p>a. Innovative training projects for consumers, families, and DSPs will focus on early intervention and treatment.</p> <p>b. Projects are being implemented by RCs and monitored by DDS.</p>	<ul style="list-style-type: none"> • The Request for Application (RFA) was developed and distributed to RCs in Winter 2008. • In April 2009, the selection committee awarded funding to four RCs for MHSA training projects focusing on training DSPs, consumers, and families. (See Attachment) • Training events will take place beginning April 2010 through May 2011. It is anticipated that 50-75 individuals will participate in each event. Upcoming scheduled training events include: <ul style="list-style-type: none"> • Harbor Regional Center (HRC) will convene training in October 2010 for DSPs, families, and consumers. • San Gabriel/Pomona Regional Center (SG/PRC) Infant Project will convene training in October 2010 for DSPs, families, and consumers. (See the progress report for specific details on each project.) • DDS staff is providing ongoing technical assistance regarding program and expenditure requirements. • DDS staff is monitoring funds and project implementation via progress reports and invoices. 	<p>Fiscal Year 2008-2011</p>	<p>DDS and RCs</p>

*Note: Italicized activities are summarized in the Progress Report

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Activity	Outcome	Timeline	Responsible Parties
<p>2. Dissemination of Training and Support Materials.</p> <p>a. A series of training and support materials will be developed by RCs for the training events offered in regional locations statewide. The training and support materials will be available on-line for DSPs, families and consumers.</p> <p>b. DDS will post training curriculum and other materials developed by RCs so that consumers with a dual diagnosis, families, RCs, and others can access training materials.</p> <p>c. DDS will include the Family Resource Network of California (FRCNCA) in the distribution of support materials for consumers and families.</p>	<ul style="list-style-type: none"> • DDS is providing technical assistance to RCs to conduct training and develop support materials. • As training curriculum and other materials are received, DDS will ensure documents are developed in a format conducive to internet posting. • DDS will post training curriculum and other materials to the website. <p>DDS staff will:</p> <ul style="list-style-type: none"> • Gather support materials developed by RCs and distribute to the FRCNCA. 	<p>Beginning in FY 2009-10, development of materials will begin.</p> <p>Through 2011, as RC curricula and materials are finalized, materials will be posted on-line on DDS' website.</p> <p>Distribution will be ongoing for the 3-year funding period.</p>	<p>DDS and RCs</p> <p>DDS and FRCNCA</p>

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3. Track MHSA Training Project deliverables.	<ul style="list-style-type: none"> • DDS staff will develop a tool to track the MHSA training project deliverables. • Once the tool is developed, DDS will track the progress of the MHSA projects. • DDS staff will document deliverables in the workplans and progress reports submitted to the Department of Mental Health. 	<p>Tool development will begin in Winter 2009</p> <p>Tracking and reporting will be ongoing, upon receipt of progress reports from RCs.</p>	DDS and RCs

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Goal 2: Expand community capacity - best practice training for clinicians & other professionals

Activity	Outcome	Timeline	Responsible Parties
<p>1. <i>RC MHSA Training Projects*</i></p> <p>a. Innovative training projects for clinicians and other professionals will focus on early intervention and treatment.</p> <p>b. Projects are being implemented at RCs and monitored by DDS.</p>	<ul style="list-style-type: none"> • The RFA was developed and distributed to RCs in Winter 2008. • In April 2009, the selection committee awarded funding to six RCs for MHSA training projects focusing on best practice training for clinicians and other professionals. (See Attachment) • Training events will take place from late 2009 through 2011. It is anticipated that 50-100 individuals will participate in each event. Upcoming scheduled training events include: <ul style="list-style-type: none"> • SG/PRC will convene training for psychiatrics in September, October, and November 2009. • SG/PRC will also convene training in October 2010 for clinicians and other professionals. • HRC will convene training in October 2010 for clinicians and other professionals. (See the progress report for specific details on each project.) • DDS staff is providing ongoing technical assistance regarding program and expenditure requirements. • DDS staff is monitoring funds and project implementation via progress reports and invoices. 	<p>FY 2008-11</p>	<p>DDS and RCs</p>

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Activity	Outcome	Timeline	Responsible Parties
<p>2. Dissemination of Training and Support Materials</p> <p>a. A series of training and support materials will be developed by RCs for the training events offered in regional locations statewide. The training and support materials will be available on-line for DSPs, families and consumers.</p> <p>b. DDS will post training curriculum and other materials developed by RCs so that consumers with a dual diagnosis, families, RCs, and others can access training materials.</p>	<ul style="list-style-type: none"> • DDS is providing technical assistance to RCs to conduct training and develop support materials. • As training curriculum and other materials are received, DDS will ensure documents are developed in a format conducive to internet posting. • DDS will post training curriculum and other materials to the website. 	<p>Beginning in FY 2009-10, development of materials will begin.</p> <p>Through 2011, as RC curricula and materials are finalized, materials will be posted on-line on DDS' website.</p>	<p>DDS and RCs</p>
<p>3. Track MHSA Training Project deliverables.</p>	<p align="center"><i>See Goal 1 Item #3 For Outcomes</i></p>	<p align="center"><i>See Goal 1 Item #3 For Timeline</i></p>	<p>DDS and RCs</p>

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Activity	Outcome	Timeline	Responsible Parties
<p>4. <i>Training for Clinicians*</i></p> <p><i>The University of California San Francisco (UCSF) Conference</i></p> <p>DDS, in partnership with the UCSF School of Medicine, convened the <i>8th Annual Developmental Disabilities: An Update for Health Professionals</i> Conference in March 2009. Topics included early childhood MH, cross-cultural MH treatment, and family issues across the life span. (See attached conference brochure.)</p>	<p>DDS staff worked with UCSF to:</p> <ul style="list-style-type: none"> • Generate a conference program. • Identify and invite presenters. • Gather conference materials. • Evaluate the conference program. • Monitor contracted funds via invoices. 	<p>Conference planning began in July 2008 and the conference was convened in March 2009</p>	<p>DDS and UCSF</p>

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Goal 3: Address opportunities and obstacles towards improving the delivery systems at the local level.

Activity	Outcome	Timeline	Responsible Parties
<p>1. <i>RC MHSA Training Projects</i></p> <p><i>Regional Planning Events*</i></p> <p>a. Regional planning events will focus on early intervention and treatment for children and families.</p> <p>b. Projects are being implemented at RCs and monitored by DDS.</p>	<ul style="list-style-type: none"> • RFA was developed and distributed to RCs in winter 2008. • In April 2009, the selection committee awarded funding to San Diego Regional Center to conduct regional planning events statewide. The events/summits will address interagency collaboration within the RC service areas. • In FY 2009-10, five events/summits will occur statewide focusing on services provided to children. It is anticipated that 100-150 individuals will participate in each event. • The first event, <i>Challenging Behaviors in Challenging Times: How we can best serve Children through Regional Multi-agency Collaboration</i>, was held in Sacramento, CA on August 6, 2009. • The next regional planning event is scheduled for October 28, 2009 in Redding, CA. • DDS staff is providing ongoing technical assistance for program and expenditure requirements. • DDS staff is monitoring expenditures and planning activities via progress reports and invoices. 	<p>FY 2008-11</p>	<p>DDS, RC, Association of Regional Center Agencies (ARCA), and MH/DD Collaborative</p>

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Activity	Outcome	Timeline	Responsible Parties
<p>2. Dissemination of Training and Support Materials</p> <p>a. A series of training and support materials will be developed by ARCA, MH/DD Collaborative, and the RC. The training and support materials will be offered in regional locations statewide and materials will be available on-line.</p> <p>b. DDS will post training curriculum and other materials developed by the RC so that consumers, families, professionals, and others can access training materials.</p>	<ul style="list-style-type: none"> • DDS is providing technical assistance to RCs to conduct training and develop support materials. • As training curriculum and other materials are received, DDS will ensure documents are developed in a format conducive to internet posting. • DDS will post training curriculum and other materials to the website. 	<p>FY 2008-11</p> <p>Beginning in FY 2009-10, development of materials will begin.</p> <p>Through 2011, as RC curricula and materials are finalized, materials will be posted on-line on DDS' website.</p>	<p>DDS and RCs</p>

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<p>3. <i>Mental Health/Developmental Disability (MH/DD) Collaborative*</i></p> <p>This group conducts quarterly meetings, which provide an opportunity to address issues facing the service delivery systems for person with a dual diagnosis.</p>	<ul style="list-style-type: none"> • DDS staff participate in quarterly meetings. Topics include resource development for consumers with MH issues. 	<p>Quarterly</p>	<p>DDS, ARCA, County Mental Health Departments (CMHD), and additional stakeholders</p>
<p>4. Track MHSA Regional Planning deliverables.</p>	<p align="center"><i>See Goal 1 Item #3 for Outcomes</i></p>	<p align="center"><i>See Goal 1 Item #3 for Timeline</i></p>	<p>DDS and RCs</p>

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<p>5. <i>Needs Assessment*</i></p> <p>The needs assessment was developed to improve the delivery systems at the local level for consumers with a dual diagnosis. DDS is working with MH/DD Collaborative, ARCA, RCs, and CMHD to:</p> <ul style="list-style-type: none"> • Identify consumers at risk; 	<p>DDS staff have met with the MH consultants to collect data and other information on:</p> <ul style="list-style-type: none"> • Consumers at risk of multiple inpatient hospitalizations, ongoing placement problems, and high cost without satisfactory resolution of their mental disorders and behaviors. • Active consumers in penal facilities broken down by RC. • Costs of consumers with dual diagnoses involved in the criminal justice system. <p>DDS will do the following:</p> <ul style="list-style-type: none"> • Identify numerous data sets that may be provided in-house, and through other agencies pertaining to consumers at risk. 	<p>FY 2009-11</p> <p>All outcomes to be completed by 12/31/10</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>

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	<ul style="list-style-type: none"> • Collect information on characteristics of consumers at risk via tours of RC funded forensic psychiatric facilities. The tour was held on August 27, 2009. Preliminary findings for consumers at risk are as follows: <ul style="list-style-type: none"> • Fifty percent are male. • Fifty percent or more have psychotic disorders and are receiving psychotropic medication. • Twenty to forty percent receive anti-convulsant medication for seizure disorders. • Five percent or less have Autism Spectrum Disorders. • Prior criminal justice system involvement is prevalent. • Query Regional Resource Development Projects (RRDPs) to assess availability of data regarding consumers at risk. • Request data from RCs of active clients by age, gender, eligibility category, legal classification, inpatient hospitalization stays, challenging behaviors, and MH diagnosis for residents of RC funded psychiatric facilities. • Request data from Developmental Centers (DCs) on their admissions to examine consumers at risk, as well as associated demographics and characteristics. 		

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<ul style="list-style-type: none"> Assess the need for inpatient diversion programs; 	<p>DDS will complete the following:</p> <ul style="list-style-type: none"> Consult with RRDPs on the needs for inpatient diversion programs. Assess the need for inpatient diversion programs by querying CMHD directors, Special Education Local Plan Area (SELPA) directors, RC directors, and executives of other agencies at upcoming MH/DD Collaborative meetings. 	<p>All outcomes to be completed by 6/30/11</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>
<ul style="list-style-type: none"> Mobile urgent care teams; 	<ul style="list-style-type: none"> DDS is collecting statewide information on the need for mobile urgent care teams. DDS will query directors, clinical directors, and psychology/psychiatry staff from CMHD about the need for mobile urgent care teams. 	<p>All outcomes to be completed by 6/30/11</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>

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<ul style="list-style-type: none"> Evaluate the use of 24-hour beds for future assessment and observation; 	<p>DDS will do the following:</p> <ul style="list-style-type: none"> Gather statewide information on the need for 24-hour beds for future assessment and observation. Assess the need for 24-hour beds for future assessment and observation by querying CMHD directors, SELPA directors, RC directors, and executives of other agencies at upcoming MH/DD collaborative meetings and regional planning events. 	<p>All outcomes to be completed by 6/30/10</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>
<ul style="list-style-type: none"> Assess the need for aftercare options following intensive treatment; 	<ul style="list-style-type: none"> DDS is collecting statewide information on the need for aftercare options following intensive treatment. Information has been assessed regarding aftercare options for consumers leaving RC funded intensive treatment facilities. (See progress report) 	<p>All outcomes to be completed by 6/30/11</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>

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<ul style="list-style-type: none"> Assess the need for crisis residential facilities and evaluate successful program and research options for programs with blended funding, including the potential use of federal funds; 	<p>DDS staff will do the following:</p> <ul style="list-style-type: none"> Collect information from the MHSA consultant on the need for residential facilities. Collect information on model programs with blended-funding from a multi-agency collaborative facility in Fresno, California in January 2009. Gather information on the need for residential facilities and successful blended-funding facilities during this FY via the Regional Planning Events. <p>DDS has completed the following activities:</p> <ul style="list-style-type: none"> Discussed the need of crisis residential facilities and blended funded programs. DDS staff obtained the following information: <ul style="list-style-type: none"> Presently, there are 23 Mental Health Rehabilitation Centers (MHRC) statewide. The diversion unit at the MHRC facility in Merced County will open September 21, 2009, and will provide services to 44 adult males with a dual diagnosis. 	<p>All outcomes to be completed by 12/31/10</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>

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	<ul style="list-style-type: none"> • These individuals have committed felonies/misdemeanors and are currently unable to stand trial. • These individuals will receive court-ordered competency assessment and training. 		
<ul style="list-style-type: none"> • Explore transitional placement options for consumers in a restrictive environment to a less restrictive setting; and 	<p>DDS will do the following:</p> <ul style="list-style-type: none"> • Assess transitional placement options for consumers moving from a restrictive environment to a less restrictive setting with the MHSA MH consultant and the forensic coordinator of forensic psychiatric residential facilities. 	<p>All outcomes to be completed by 12/31/10</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>
<ul style="list-style-type: none"> • Investigate the use of DCs as a community resource. 	<p>DDS will do the following:</p> <ul style="list-style-type: none"> • Speak with the DDS Senior Psychologist, Developmental Services Division, to assess the use of DCs as a community resource. 	<p>All outcomes to be completed by 6/30/11</p>	<p>DDS, MH/DD Collaborative, ARCA, RCs, and CMHD</p>

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