# Urinary Catheter Care Training Curriculum Review Protocol

Trained staff will demonstrate knowledge of or skills in the areas specified below. Place a check (√) mark in the “YES,” “NO” or “Not Applicable” (NA) box. If answered NO, briefly explain in the COMMENTS box.

<table>
<thead>
<tr>
<th>ACTIVITIES</th>
<th>YES</th>
<th>NO</th>
<th>NA</th>
<th>COMMENTS</th>
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<tbody>
<tr>
<td><strong>1. Basic Anatomy of the Urinary System</strong></td>
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<td><strong>2. Knowledge of Why Urinary Catheters Are Used</strong></td>
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<td><strong>3. Knowledge of the Different Types of Catheters</strong></td>
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<tr>
<td>• Straight catheter</td>
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<tr>
<td>• Foley catheter/In-dwelling catheter</td>
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<td>• Suprapubic catheter</td>
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<td><strong>4. Demonstrates Skill in Emptying and Changing Bags</strong></td>
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<td><strong>5. Knowledge of Where the Procedures Checklist Is Placed and Follows All Procedures</strong></td>
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<td><strong>6. Demonstrates Skill in the Preparation of Consumer</strong></td>
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<td>Knowledge of the importance of providing consumer privacy</td>
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<td>Demonstrates skill in explaining procedures to consumer</td>
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<td>Demonstrates skill in proper positioning both during and after procedure, which allows for privacy, comfort, and access to site</td>
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<td><strong>7. Knowledge of the Different Sizes of Drainage Bags</strong></td>
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<tr>
<td>• Leg bag</td>
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<tr>
<td>• Large bag (down drain)</td>
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<tr>
<td>ACTIVITIES</td>
<td>YES</td>
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<td>COMMENTS</td>
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<td>---------------------------------------------------------------------------</td>
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<tr>
<td>KNOWLEDGE OF COMPLICATIONS OF CATHETER USE:</td>
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<tr>
<td>• Skin breakdown</td>
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<td>• Urethra injury</td>
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<td>• Urinary tract or kidney infections</td>
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<td>• Blood in the urine (hematuria)</td>
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<td>• Urinary retention (catheter plugged)</td>
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<tr>
<td>DEMONSTRATES SKILL IN THE CARE OF A CATHETER</td>
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<tr>
<td>Ability to understand and implement physician orders</td>
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<td>Knowledge of universal precautions</td>
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<td>Demonstrates knowledge of proper hand-washing technique</td>
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<td>Demonstrates knowledge of sterile technique (i.e., wearing disposable gloves)</td>
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<td>Demonstrates ability to gather/organize equipment</td>
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<td>Demonstrates ability to inspect the condition of a catheter and determine when replacement is appropriate (e.g., clogged, painful, or infected)</td>
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<td>Demonstrates skill in cleansing the urethral opening (for women, wipe away from the urinary meatus)</td>
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<td>Demonstrates ability to monitor the catheter for proper placement</td>
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<tr>
<td>ACTIVITIES</td>
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<tr>
<td>DEMONSTRATES SKILL IN THE CARE OF A CATHETER (CONT.)</td>
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<td>Demonstrates skill in emptying bag appropriately</td>
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<td>Demonstrates skill in measuring urine intake and output</td>
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<td>Demonstrates proper glove removal and disposal</td>
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<td>IDENTIFICATION OF POTENTIAL COMPLICATIONS</td>
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<td>Ability to recognize complications and contact a health care provider if consumer develops any of the following:</td>
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<td>• Consumer complaints of tenderness or pain</td>
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<td>• Urethra swelling around the catheter</td>
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<td>• Fever, chills</td>
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<td>• Bleeding into or around the catheter (mucus or blood clots)</td>
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<td>• Catheter draining little or no urine despite enough fluid intake</td>
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<td>• Leakage of large amounts of urine around the catheter</td>
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<td>• Sediment (urine with a strong smell or becomes thick or cloudy) (symptoms of urinary tract infection)</td>
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<tr>
<td>KNOWLEDGE OF WHEN TO CALL “911”</td>
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### URINARY CATHETER CARE TRAINING CURRICULUM REVIEW PROTOCOL

Trained staff will demonstrate knowledge of or skills in the areas specified below. Place a check (✓) mark in the “YES,” “NO” or “NA” box. If answered NO, briefly explain in the COMMENTS box.

<table>
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<tr>
<td>12 CLEANING OF EQUIPMENT:</td>
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<tr>
<td>Demonstrates skill in proper washing and maintenance of equipment</td>
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<td>13 STORING SUPPLIES</td>
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<td>Demonstrates skill in proper storage of equipment and supplies</td>
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<tr>
<td>14 PROCEDURES FOR REPORTING OR RECORDING UNUSUAL EPISODES</td>
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<td>Demonstrate skill in how to document and report problems</td>
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<td>Demonstrates knowledge of procedures for notifying parents or professionals of problems</td>
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<td>15 KNOWLEDGE OF EMERGENCY PROCEDURES</td>
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<td>Demonstrates clear understanding of emergency plan</td>
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<td>Knowledge of contact information of responsible person or emergency staff</td>
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<td>Knowledge of emergency information posted clearly</td>
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URINARY CATHETER CARE TRAINING CURRICULUM
REVIEW PROTOCOL

TRAINED STAFF WILL DEMONSTRATE KNOWLEDGE OF OR SKILLS IN THE AREAS SPECIFIED BELOW.
Place a check (√) mark in the “YES,” “NO” or “NA” box. If answered NO, briefly explain in the COMMENTS box.

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<tr>
<td>16 CONTINUING EDUCATION REQUIREMENTS</td>
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<td>Possession of a current first aid certificate</td>
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<td>Possession of a current Cardiopulmonary Resuscitation (CPR) course certificate</td>
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<td>Recertification by training agency or designee to include both:</td>
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<td>• Oral examination or interview</td>
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<td>• Monitoring/observation</td>
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