

**CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES  
URINARY CATHETER CARE TRAINING CURRICULUM  
REVIEW PROTOCOL**

**TRAINED STAFF WILL DEMONSTRATE KNOWLEDGE OF OR SKILLS IN THE AREAS SPECIFIED BELOW.**  
Place a check (√) mark in the “YES,” “NO” or “Not Applicable” (NA) box. If answered NO, briefly explain in the COMMENTS box.

	<b>ACTIVITIES</b>	<b>YES</b>	<b>NO</b>	<b>NA</b>	<b>COMMENTS</b>
1	<b>BASIC ANATOMY OF THE URINARY SYSTEM</b>				
2	<b>KNOWLEDGE OF WHY URINARY CATHETERS ARE USED</b>				
3	<b>KNOWLEDGE OF THE DIFFERENT TYPES OF CATHETERS</b>				
	<ul style="list-style-type: none"> <li>• Straight catheter</li> </ul>				
	<ul style="list-style-type: none"> <li>• Foley catheter/In-dwelling catheter</li> </ul>				
	<ul style="list-style-type: none"> <li>• Suprapubic catheter</li> </ul>				
4	<b>DEMONSTRATES SKILL IN EMPTYING AND CHANGING BAGS</b>				
5	<b>KNOWLEDGE OF WHERE THE PROCEDURES CHECKLIST IS PLACED AND FOLLOWS ALL PROCEDURES</b>				
6	<b>DEMONSTRATES SKILL IN THE PREPARATION OF CONSUMER</b>				
	Knowledge of the importance of providing consumer privacy				
	Demonstrates skill in explaining procedures to consumer				
	Demonstrates skill in proper positioning both during and after procedure, which allows for privacy, comfort, and access to site				
7	<b>KNOWLEDGE OF THE DIFFERENT SIZES OF DRAINAGE BAGS</b>				
	<ul style="list-style-type: none"> <li>• Leg bag</li> </ul>				
	<ul style="list-style-type: none"> <li>• Large bag (down drain)</li> </ul>				

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8	<b>KNOWLEDGE OF COMPLICATIONS OF CATHETER USE:</b>				
	• Skin breakdown				
	• Urethra injury				
	• Urinary tract or kidney infections				
	• Blood in the urine (hematuria)				
	• Urinary retention (catheter plugged)				
9	<b>DEMONSTRATES SKILL IN THE CARE OF A CATHETER</b>				
	Ability to understand and implement physician orders				
	Knowledge of universal precautions				
	Demonstrates knowledge of proper hand-washing technique				
	Demonstrates knowledge of sterile technique (i.e., wearing disposable gloves)				
	Demonstrates ability to gather/organize equipment				
	Demonstrates ability to inspect the condition of a catheter and determine when replacement is appropriate (e.g., clogged, painful, or infected)				
	Demonstrates skill in cleansing the urethral opening (for women, wipe away from the urinary meatus)				
	Demonstrates ability to monitor the catheter for proper placement				

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	<b>DEMONSTRATES SKILL IN THE CARE OF A CATHETER (CONT.)</b>				
	Demonstrates skill in emptying bag appropriately				
	Demonstrates skill in measuring urine intake and output				
	Demonstrates proper glove removal and disposal				
10	<b>IDENTIFICATION OF POTENTIAL COMPLICATIONS</b>				
	Ability to recognize complications and contact a health care provider if consumer develops any of the following:				
	• Consumer complaints of tenderness or pain				
	• Urethra swelling around the catheter				
	• Fever, chills				
	• Bleeding into or around the catheter (mucus or blood clots)				
	• Catheter draining little or no urine despite enough fluid intake				
	• Leakage of large amounts of urine around the catheter				
	• Sediment (urine with a strong smell or becomes thick or cloudy) (symptoms of urinary tract infection)				
11	<b>KNOWLEDGE OF WHEN TO CALL “911”</b>				

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12	<b>CLEANING OF EQUIPMENT:</b>				
	Demonstrates skill in proper washing and maintenance of equipment				
13	<b>STORING SUPPLIES</b>				
	Demonstrates skill in proper storage of equipment and supplies				
14	<b>PROCEDURES FOR REPORTING OR RECORDING UNUSUAL EPISODES</b>				
	Demonstrate skill in how to document and report problems				
	Demonstrates knowledge of procedures for notifying parents or professionals of problems				
15	<b>KNOWLEDGE OF EMERGENCY PROCEDURES</b>				
	Demonstrates clear understanding of emergency plan				
	Knowledge of contact information of responsible person or emergency staff				
	Knowledge of emergency information posted clearly				

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16	<b>CONTINUING EDUCATION REQUIREMENTS</b>				
	Possession of a current first aid certificate				
	Possession of a current Cardiopulmonary Resuscitation (CPR) course certificate				
	Recertification by training agency or designee to include both:				
	• Oral examination or interview				
	• Monitoring/observation				