California Department of Developmental Services
State-Operated Facilities
Mechanical Restraint
Oct-Dec, 2009

State-Operated Facilities	Total # Of Episodes	# Per 1000 Resident Days	Total Duration (Hours)	Duration Per 1000 Resident Days	Average Duration (Minutes)	Average Duration Per 1000 Resident Days
Fairview	156	3.6	125.1	2.9	48.1	1.1
Lanterman	261	7	138.6	3.7	31.9	0.8
Porterville						
Secure Treatment Program	79	3.2	107.1	4.3	81.4	3.3
General Treatment Program	83	2.3	189.5	5.2	136.9	3.8
Sonoma	47	0.8	39.7	0.7	50.7	0.8
Canyon Springs	48	10.2	45.1	9.6	56.4	12

California Department of Developmental Services
State-Operated Facilities
Manual Restraint
Oct-Dec, 2009

State-Operated Facilities	Total # Of Episodes	# Per 1000 Resident Days	Total Duration (Hours)	Duration Per 1000 Resident Days	Average Duration (Minutes)	Average Duration Per 1000 Resident Days
Fairview	62	1.4	21.1	0.5	20.4	0.5
Lanterman	0	0	0	0	0	0
Porterville						
Secure Treatment Program	66	2.7	5.7	0.2	5.2	0.2
General Treatment Program	38	1	1.9	0.05	3.1	0.08
Sonoma	18	0.3	3.7	0.06	12.3	0.2
Canyon Springs	130	27.7	12.3	2.6	5.7	1.2

California Department of Developmental Services
State-Operated Facilities
Seclusion
Oct-Dec, 2009

State-Operated Facilities	Total # Of Episodes	# Per 1000 Resident Days	Total Duration (Hours)	Duration Per 1000 Resident Days	Average Duration (Minutes)	Average Duration Per 1000 Resident Days
Fairview	0	0	0	0	0	0
Lanterman	0	0	0	0	0	0
Porterville						
Secure Treatment Program	0	0	0	0	0	0
General Treatment Program	0	0	0	0	0	0
Sonoma	0	0	0	0	0	0
Canyon Springs	0	0	0	0	0	0

California Department of Developmental Services
State-Operated Facilities

Deaths, Injuries and Stat Medications
Oct-Dec, 2009

State-Operated Facilities	Restraint-Related Deaths	Restraint-Related Consumer Serious Injuries	Restraint-Related Staff Serious Injuries	STAT Medications	STAT Medications Per 1000 Resident Days
Fairview	0	0	0	20	0.5
Lanterman	0	0	0	38	1
Porterville					
Secure Treatment Program	0	0	0	3	0.1
General Treatment Program	0	0	0	21	0.6
Sonoma	0	0	0	33	0.5
Canyon Springs	0	0	1	4	0.8

California Department of Developmental Services
State-Operated Facilities

Restraint Data Definitions

- **Behavioral restraint:** "Mechanical restraint" or "manual/physical restraint" used as an intervention when a person presents an immediate danger to self or others. It does not include restraints used for medical purposes, including, but not limited to, securing an intravenous needle or immobilizing a person for a surgical procedure, or postural restraints, or devices used to prevent injury or to improve a person's mobility and independent functioning rather than to restrict movement.

- **Manual/Physical restraint**: The data in this report reflect the use of a manual hold (other than "containment"), achieved by direct bodily contact between resident and staff, to restrict freedom of movement of a person's body, used as a behavioral restraint. Manual/physical restraint does not include briefly holding a person without undue force in order to calm or comfort, or physical contact intended to gently assist a person in performing tasks or to guide or assist a person from one area to another.

- **Containment:** A brief physical restraint of a person for the purpose of effectively gaining quick control of a person who is aggressive or agitated or who is a danger to self or others.

- **Mechanical restraint:** The data in this report reflect the use of a mechanical device, material, or equipment attached or adjacent to the person's body that he or she cannot easily remove and that restricts the freedom of movement of a person's body, used as a behavioral restraint. The mechanical restraint data presented in this report do not include continuous, non-contingent devices, such as helmets or gloves, sometimes used to prevent injury from severe self-injurious behavior.

- **STAT Medication:** The data in this report reflect administrations of emergency psychotropic medication used to control behavior, and immediately necessary for the preservation of life or the prevention of serious bodily harm to self or others, when staff judge the person's behavior to be impossible to control with elements of an existing behavior plan, and impossible to subdue with less restrictive approaches.

- **Seclusion:** Involuntary confinement of a resident alone in a locked room contingent upon challenging behavior. "Seclusion" does not include a "timeout," as defined in regulations relating to facilities operated by the State Department of Developmental Services.

- **Serious injury:** Any significant impairment of the physical condition as determined by qualified medical personnel, and includes, but is not limited to, burns, lacerations, bone fractures, substantial hematoma, or injuries to internal organs.