

Department of Developmental Services (DDS)
Consumer Advisory Committee (CAC)

Meeting Minutes
February 09-10, 2010

Members Attended

Lisa Krueger
Eugenia Jones
Robert Taylor
Cindy White
Sam Durbin
Michelle Gordon
Krisi Franzone
Pattie Simpkins
Sue Ann Hankensiefken
Joseph Flanagan

Members Absent

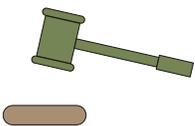
Amy Jessee
Danielle Knight
Tommy Michaels

Others Attending

Marilyn Smith
Colleen Deck
Nicole Patterson
Kathleen Ozeroff
Carol Risley
Mark Starford
Tammy Evrard
Timothy Schmitz
Jolene Bradford
Jesse Padilla
Darcy Jean Foddrill
Carol Lopes
Orbelin Bautisa
Shane Carroll

February 09, 2010

1. **CALL TO ORDER**



Sam Durbin, Chairperson, called the meeting to order at 9:08 a.m.



- A. Everyone introduced themselves.
- B. General announcements were made.

2. **REVIEW OF THE DAY’S AGENDA**



Mark Starford and the CAC went over the agenda for the day.



3. **FEELING SAFE, BEING SAFE**

Mark Starford and Robert Taylor talked about the new version of the Feeling Safe, Being Safe DVD. The CAC reviewed the new version, which showed more types of disasters or emergencies that can happen in other areas, not just California.



4. **CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILITIES**

Mark went over what happened at the last meeting when Katherine Guernsey, United States International Council on Disabilities in Washington, DC., came and talked about a treaty (agreement) between countries dealing with people with disabilities and their human rights. This treaty is called the Convention on the Rights of Persons with Disabilities (CRPD). Mark showed the new DVD, which tells people about CRPD, with clips from the last CAC meeting.

MY COMPANY



5. **JOB AND VOLUNTEER DEVELOPMENT**

Sam Durbin, Robert Taylor, Tammy Evrard, and Mark Starford went over the importance of getting connected

with people and agencies in your community. Your community supports can help you with:

- Finding resources and information
 - ❖ Places to live
 - ❖ Finding a job
 - ❖ Fun things to do with other people
- How to get you connected
 - ❖ Meet people at church, social activities, and through your friends and family.
 - ❖ Be positive and professional when you meet new people.

They also talked about the difference between volunteering and an internship.

- Volunteer- People who help others or organizations in their free time.
 - ❖ Volunteer opportunities can include: helping out at the library, a school, church, animal or emergency shelter, or being a committee member.
- Internship- prepares people for a permanent job.
 - ❖ Internship is for a specific time to learn new skills that will help people get a job.



6. NATIONAL CORE INDICATORS (NCI)

National Core Indicators is the survey system that is replacing the Life Quality Assessments.

- Why is California using NCI?
 - ❖ NCI is a systematic way of learning about the CA service system.
 - ❖ Find out about consumers' and families' satisfaction with their services.
 - ❖ Learn about how services and supports affect people's lives.

- ❖ Learn how people are participating in their communities.
- ❖ Help give the state information about how California is doing compared to other states.
- ❖ Give DDS information about how the developmental service system is doing. Help DDS set priorities and goals to improve the system.
- ❖ Give consumers and families' information on how their regional center is doing.
- ❖ Regional centers will be able to see how they are doing compared with each other.
- ❖ Help put information together for budget requests and reporting on important issues.
- NCI Interviews
 - ❖ The interviews will take place at a person's home, or wherever the person would like it to be.
 - ❖ Every year, 400 people from each regional center will be interviewed.
 - ❖ The interviewer will be asking everybody the same questions.
 - ❖ People can choose if they want to be interviewed or not.

The CAC watched a DVD with two kinds of interviews; a really bad interview and an interview that was better than the first one. They had a discussion on the difference between the two.



7. COMMUNITY ASSIGNMENTS



a. Leadership DVD and Guide

Do a presentation, at a day program in your area, on the Leadership DVD and Guide.



b. Volunteering

Start thinking of ways you can volunteer in your community.



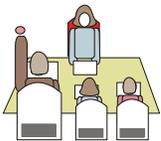
c. Convention on the Persons with Disabilities

Take some time and review the DVD that was mailed with this assignment sheet.



d. Interviewing Skills

Review and practice your interview skills (using the handout from Kathleen Ozeroff and Nicole Patterson).



8. CAC MEMBERS' CHECK-IN SESSION

Members met with Carol Risley and Nicole Patterson.

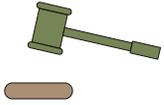
9. FACILITATORS' CHECK-IN SESSION

Tammy Evrard, Mark Starford, and Katheen Ozeroff met with the facilitators.



The meeting adjourned for the day at 5:02 p.m.

February 10, 2010



1. CALL TO ORDER

Sam Durbin, Chairperson, called the meeting to order at 8:34 a.m.

- A. General announcements were made.
- B. The agenda was reviewed and changes were made. **It was moved (Pattie Simpkins), seconded (Robert Taylor), and carried to approve the agenda with changes.**
- C. The minutes of the November 2009 CAC meeting were reviewed. **It was moved (Pattie Simpkins), seconded (Sue Ann Hankensiefken), and carried to approve the minutes as presented.**



2. NOMINATING COMMITTEE REPORT

The Nominating Committee Report was presented by Krisi Franzone. The committee recommended a slate of office as Sam Durbin, Chairperson and Robert Taylor, Vice Chairperson. **It was moved (Sue Ann Hankensiefken), seconded (Joseph Flanagan), and carried to accept the report as given.**



3. ELECTION OF OFFICERS

Election of Officers:

- The election was held for Chairperson and Vice-Chairperson.

- The CAC elected Sam Durbin as Chairperson and Robert Taylor as Vice-Chairperson.

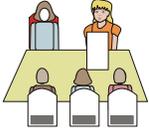


4. **INTERVIEWING SKILLS**

Kathleen Ozeroff and Nicole Patterson did a presentation on interviewing skills; what to do before an interview and after.

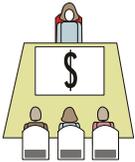
- Before the Interview
 - ❖ You can role play-act out an interview with someone or a group of people.
 - ❖ You can also use a mirror or video camera when you role play to see what kind of image you project.
 - ❖ Practice answering questions to show how you meet the company's needs, if you have details about the job before the interview.
 - ❖ Think about what you are going to wear and get it ready.
 - ❖ Find out what you can about the company before the interview.
- During the Interview
 - ❖ For employers to learn about you, your skills, experiences, and education.
 - ❖ For you to learn about the job, the agency, or company and to see if you would like working for such a place.
 - ❖ This is the time to sell yourself (brag a little bit).
- After the Interview
 - ❖ Use the business card(s) that were given to you at the interview or make sure you ask for the name(s) and titles of the people who interviewed you.

- ❖ Make sure you send a thank you note within 24 hours; your thank you note should be sent after an interview, it could give you the edge.



5. CAC MEMBERS' REPORTS

The following members gave reports on what they have been doing on behalf of the committee and their People First and/or local self-advocacy groups: Lisa Krueger, Michelle Gordon, Sue Ann Hankensiefken, Robert Taylor, Joseph Flanagan, Cindy White, Pattie Simpkins, Krisi Franzone, Eugenia Jones, and Sam Durbin.



6. DDS BUDGET ADVISORY COMMITTEE REPORT

Sam Durbin gave a report on the last two DDS Budget Advisory Committee meetings. Sam told the CAC that the budget committee was put together with a number of people that either work or receive services from the system. The committee comes together and talks about the current budget and the cuts that were made affecting people with developmental disabilities and tries to come up with ways to deal with the cuts.



7. STATE BUDGET UPDATE

Kathleen Ozeroff talked about items in the Governor's Updated Budget for 2009-10 and 2010-11:

MEDI-CAL (Department of Health Care Services)

➤ 2009-10 Changes

- ❖ Stop dental, optometry/optician, dispensing optician, fabricating optical lab, chiropractic,



psychology, podiatry, acupuncture, speech therapy and audiology, and incontinence creams and washes from being paid for by Medi-Cal for adults.

➤ **2010-11 Proposals**



- ❖ Bring in more federal money to help California pay for Medi-Cal services.



- ❖ Stop dental, optometry/optician, dispensing optician, fabricating optical lab, chiropractic, psychology, podiatry, acupuncture, speech therapy and audiology, and incontinence creams and washes from being paid for by Medi-Cal for adults.



- ❖ Stop giving people from other countries Medi-Cal services unless they have lived here at least five years, unless they are pregnant, or living here under special laws.

IN-HOME SUPPORTIVE SERVICES (IHSS)(Department of Social Services)

➤ **2009-10 Changes**



- ❖ Limit who can get help with housework, shopping and errands, and meal preparation and clean-up support from IHSS. A federal court said this is not legal, so it has not happened yet.



- ❖ Limit IHSS services to people who need help with more than 10 daily activities. A federal court said this is not legal, so it has not happened yet.

- ❖ Cut the pay for IHSS workers from \$12.20 per hour to \$10.10 per hour. A state court said this is not legal, so it has not happened yet.

➤ 2010-11 Proposals



- ❖ Cut the pay for IHSS workers from \$10.10 per hour to \$8.60 per hour as of June 1, 2010.
- ❖ Limit who can get IHSS services based upon a Functional Index Score of less than 4 as of June 1, 2010.



- ❖ Get more federal money to pay for IHSS services.



SUPPLEMENTAL SECURITY INCOME/STATE SUPPLEMENTARY PAYMENT (SSI/SSP)(Department of Social Services)

➤ 2009-10 Changes



- ❖ Do not increase SSI/SSP by the amount of the federal cost-of-living (COLA) given in January 2009.



- ❖ Cut the monthly SSI/SSP check by \$5 per month for individuals and to the federal level for couples.



- ❖ Do not give a COLA in June 2011.

➤ 2010-2011 Proposals



- ❖ Cut the monthly SSI/SSP check by \$15 for individuals and to the federal level for couples.



- ❖ Stop giving money to people who are older, blind and have disabilities, and who cannot get SSI.

REGIONAL CENTER SERVICES (Department of Developmental Services)

➤ 2009-10 Changes



- ❖ Made the Prevention Program to serve kids less than three years old, not served in Early Start program.



- ❖ Program cuts (respite care, more holidays at day services, social recreation, camping, etc.).

- ✓ A 3% cut in regional center operations.

- ✓ A 3% cut in rates paid to providers of services.



- ✓ Cuts for those who could get Early Start services (children 0-3).



- ✓ Use more public transportation.

➤ 2010-11 Proposals



- ❖ More money for regional center operations to serve more consumers.

- ❖ More money to purchase services for more consumers and services that cost more.



- ❖ Money to purchase services that are no longer given by other agencies, such as Medi-Cal optional services (adult dental), In-Home Supportive Services (IHSS), and cuts in SSI/SSP money used to pay for services.



- ❖ Keep the Prevention Program for kids under three years old that are not part of the Early Start program.



- ✓ Pay for more services with federal money.
- ✓ Keep the program cuts (respite care, more holidays at day services, social recreation, camping etc.).



- ✓ Keep the cuts made in Early Start Services.
- ✓ Keep the 3% cut in rates paid to providers.
- ✓ Keep the 3% cut in regional center operations.

- ❖ More cuts to be discussed by the DDS Budget Advisory Committee.

DEVELOPMENTAL CENTERS (Department of Developmental Services)

➤ 2009-10 Changes



- ❖ Cut level of funding using administrative actions, furloughs, and overtime/holiday reductions.



- ❖ Close Sierra Vista State-Operated Community Facility.



❖ Less people will live in a developmental center.



➤ 2010-11 Proposals

❖ Less people will live in a developmental center.

8. **COORDINATOR OF CONSUMER SERVICES REPORT**

Nicole gave a report on what she has been doing for the past few months:

She went to the People First of California meeting on January 22-23, 2010.

She went to the Region 3 meeting on February 6, 2010 and did a presentation on the Feeling Safe, Being Safe for 160 people.

10. **END OF MEETING**

Sam Durbin, Chairperson, adjourned the meeting at 3:00p.m.