

**STATE SYSTEMIC IMPROVEMENT PLAN (SSIP)**  
**REGIONAL CENTER LOCAL IMPLEMENTATION ASSESSMENT (RCLIA)**



**The California Early Start SSIP**

The SSIP is a federally required multi-year plan states must develop to improve results for infants and toddlers with disabilities. States must identify a measurable child result as the focus of their SSIP and report annually to the federal government on its progress in the measurable result through 2020. Based upon input from Early Start stakeholders, California selected to focus on increasing the percentage of infants and toddlers with disabilities in California who substantially increase their rate of growth in positive social-emotional skills by the time they exit the early intervention program. Three different improvement strategies were identified to accomplish this task:

- parent and provider education
- professional development
- interagency collaboration

**The Regional Center Local Implementation Assessment (RCLIA)**

The RCLIA template has been created to assist regional centers (RCs) and their local implementation team members with planning and documenting how they will implement the SSIP at their local level.

**Intended Goal**

The RCLIA's intended goal is to help the regional center and local implementation team understand minimal implementation requirements and recommend additional implementation activities that the local team may want to consider.

**Stakeholders and Partnerships in Early Start Services**

Local implementation teams are not limited to the activities associated with this template and are encouraged to utilize their existing resources and partnerships to implement the SSIP. It is recommended that as many local implementation team members participate in developing the RCLIA or that the plan be shared with local implementation team members to ensure that a systemic approach is used in implementing the plan.

**Resources and Support**

DDS liaisons and WestEd professionals will aid teams in completing the form or be available to provide guidance and answer questions. Each regional center is requested to submit a RCLIA to DDS prior to implementation of their plan.

**SECTION I: REGIONAL CENTER INFORMATION**

**San Diego Regional Center/Local Implementation Team**

**SSIP Local Implementation Team Leader(s):** *Nina Garrett and Terri Cook-Clark*

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- 1. What processes and tools are currently used by regional center and provider personnel to evaluate and assess the social/emotional development of infants and toddlers referred to Early Start?**

*SDRC is currently using the IDA to establish ES eligibility. Clinical observation by psychologist to identify red flags for autism is done when needed. Local partners such as First 5 staff currently complete ASQ-SE screenings. CWS has contracted with Rady's Children's Hospital to screen and evaluate children placed in foster care to identify potential Early Start referrals to meet CAPTA requirements. LEA's and SDRC vendors use the HELP for curriculum planning and to monitor progress.*

- 2. Please briefly describe how your regional center currently supports children and families in the provision of services that promote social/emotional development.**

*Service coordinators encourage families to take advantage of the services offered through FRC's-parent support. Infant vendors and LEA's do many of the best practice items mentioned in ICC document. RC staff also assist families in accessing resources for counseling. Kid Start through Rady's Children's Hospital provides team assessment and counseling for children and caregivers who are experiencing complex mental health issues. Also available is Project ImPACT. A 12-week parent/child coaching curriculum based on Teaching Social Communication that is provided by a number of SDRC vendors for children 12-36 months who demonstrate a combination of language delays and social emotional relating issues.*

**SECTION II: LOCAL SSIP IMPLEMENTATION TEAM**

- 1. Please describe how the regional center will recruit local partner agencies and organizations to become part of the RC's local implementation team?**

*SDRC will share information and provide SSIP updates and resources at existing community meetings such as: Part C Administrators quarterly meetings, BRIDGE collaborative monthly meeting, and regional community partners meetings. Three "5 Protective Factors" trainings for SDRC service coordinators in San Diego and Imperial Counties were attended by community partners that included: Palomar Health, CalSafe Teen Parent Program Escondido, SANDAPP, Beginnings Infant Program, Home of Guiding Hands Infant Program, Imperial County Office of Education infant toddler program, CAP Council, Imperial County Home Visiting Program, Fine Infant Program, Brawley Public Library Lambs Program, First 5 Imperial, IVROP HIPPIY, Imperial County Public Health, Fact Center-El Centro Elementary School District, ICOE Early Head Start/Head Start, CASA, Mi Familia, Calexico Neighborhood Home Early Literacy Program, on 8/18/16,8/23/16, 8/24/16.*

- 2. Please list possible local implementation team members. (Recommended partners include vendors, representatives from the local Family Resource Center, educational agencies, Head Start, First 5, parents, and others).**

<b>Proposed/Established Team Member</b>	<b>Organization Represented</b>	<b>Email Address</b>
	<i>Exceptional Family Resource Center</i>	
	<i>BRIDGE Collaborative (San Diego State University, University of California SD, UC Davis researchers, parents, SDRC staff and vendors, community professionals-</i>	

	<i>psychiatrist, therapists</i>	
	<i>Part C Administrators (First 5/American Academy of Pediatrics, Early Head Start, EFRC, LEA's)</i>	
	<i>SDRC Early Intervention vendors</i>	
	<i>CWS SD and Imperial Counties</i>	
	<i>CCS</i>	

<b>SECTION III: INTEGRATION OF EARLY START SSIP RESOURCES &amp; ACTIVITIES</b>
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**How will your RC integrate the following five Early Start SSIP resources to enhance your Local Implementation Team's success?**

*SDRC completed the first level of training on the 5 Protective Factors Framework in August 2016. At the December Part C Administrators meeting, the advanced training curriculum will be reviewed to determine if it would be a valuable next step. Also, the LEA's will share their resources to determine potential for joint training opportunities.*

**1. Early Start Recommended Practices for Assessment of Social-Emotional Development**

*Local implementation teams will be provided with an evidence based best practice document on recommended assessment practices.*

**Please check one or more boxes:**

- Teams will review and share the recommended practices for assessment of social-emotional development with service providers/field staff.
- Teams will review and share the recommended practices and take steps to actively implement recommendations, such as:
  - Using the same assessment tool at both the child's entry into and exit from Early Start.
  - Using the same assessment tool to assess social/emotional development.
- Other. Please describe: *SDRC is spending the grant money on recommendations from consultant (contracted services) to determine the best avenue for using the same tool at entrance and exit to measure social emotion development. It is most likely that the DayC or HELP social emotion sections will be used in addition to the current tool, IDA.*

**2. Resource Guide to State Initiatives**

*Local Implementation Teams will be provided with a resource guide containing evidence-based initiatives and resources that focus on social and emotional development. Teams can then identify resources and strategies of an initiative to inform practices.*

**Please check one or more boxes:**

- Teams will identify an evidence-based initiative that focuses on social-emotional development and make the principles and resources from their identified initiative(s) available to service providers, parents, and other local Early Start community partners that will inform their practice.
- Teams will identify an evidence-based initiative that focuses on social-emotional development and facilitate active implementation of the initiative with partners.

Other. Please describe:

### **3. Training**

*Online training on social-emotional development is available to Teams and the Early Start community from DDS and WestEd. Training grants are also available to support additional trainings to be hosted by the RC and its local SSIP implementation team. The online community of practice, made available by DDS and WestEd, will support the dissemination of information and resources and promote active discussion around implementation of evidence-based practices.*

**Please check one or more boxes:**

Teams will join and participate, and encourage their staff to join and participate, in the online community of practice to support the dissemination of information and resources and engage in active discussions around implementation of evidence-based practices.

Teams will invite members of the broader Early Start community to participate in the online training developed by DDS and WestEd on social-emotional development.

Teams will host events or trainings to reinforce or build capacity in supporting social-emotional development.

Teams will host events or trainings to facilitate local implementation of evidence-based practices.

Other. Please describe: *SDRC will be requiring service coordinators to take SE online training and will also let members of the community know that it is available. SDRC sent a number of staff to the 7<sup>th</sup> Annual Early Childhood Mental Health conference "We Can't Wait" held September 22-24, 2016 in San Diego.*

*SDRC will also explore materials through the Harvard Center for the Developing Child and Frameworks Institute to share with staff and community. SDRC is working with community partners related to outreach to underserved populations and exploring the use of promotoras for non-English speaking families who have children with signs of autism. SDRC will explore making available online Project ImPACT materials as well as expanding the number of providers who can provide this service.*

### **4. The SSIP Provider Checklist**

*This quick reference on best practices in family-centered service provision will include helpful reminders to providers while engaging families.*

**Please check one or more boxes:**

Teams will email the SSIP Provider Checklist to service providers/field personnel and/or make the checklist available on their website or direct them to the DDS website where it will be posted.

Teams will make the checklist available to service providers during regularly scheduled meetings.

Teams will host a local training on the use of the Provider Checklist.

Other. Please describe: *SDRC will review/reinforce at the fall Infant Program Vendor Round Table and the December Part C Administrators meeting*

### **5. Take a Minute Campaign**

*Brochures for parents will emphasize the importance of the parent-child relationship, and provide practical tips to promote social-emotional development. A video will explain the components of social-emotional development in a family friendly manner.*

**Please check one or more boxes:**

Teams will make their staff, service coordinators, vendors and families aware of the Take a Minute resources available on the Early Start Neighborhood and DDS websites.

Teams will encourage their staff, service coordinators, and service providers to share and review the Take a Minute resources with families as often as possible, at a minimum at intake and at each annual IFSP meeting.

Teams will ensure that providers and service coordinators are providing families with copies of the printed Take a Minute resources.

Other. Please describe: *SDRC will make sure to share the TaM video and parent resources with Staff, Infant Vendors, LEA's, FRC's and families. In addition, SDRC is placing the Take a Minute flyer for parents and on the front or back of SDRC Early Start orientation folder. Evaluation teams will direct family attention to the video availability. SDRC will also explore downloading the video on to the service coordinators IPAD's to have it easily available when meeting with families. At IFSP and PR meetings social emotional development may be included as outcomes as appropriate.*

**Please complete the following additional questions:**

**1. How and how often will the RC and its local implementation team members meet to share information on the progress of its implementation?**

*Quarterly*

**2. How will the RC and its local implementation team provide outreach to vendors, allied health professionals, parents, and other members of the Early Start community in their local areas to inform them of the on-line Community of Practice and other SSIP resources?**

*SDRC will provide outreach by collaborating with local partners to distribute resources and deliver information to families. Outreach efforts will begin with an overview of the SSIP and introduction of online resources that are available to the community.*

*SDRC staff attended an early childhood mental health conference in September in order to build capacity and provide networking opportunities.*

**3. Newsletters, regular email communications, personal contacts, regular interagency meetings, health and information fairs, other...)**

*Regular interagency meetings will be utilized to share information.*

**4. What evidence-based Initiative(s) will the RC and local implementation team choose to focus on?**

*Strengthening Families Framework*

**5. Please describe how your RC and local implementation team may be able to provide or gather data related to their implementation?**

*SDRC will discuss and collaborate with LA regional centers in order to figure out what might work and how to evaluate/gather data.*