Alta California Regional Center Home and Community-based Services Waiver Monitoring Review Report

Conducted by:

Department of Developmental Services and Department of Health Care Services

August 19 - 30, 2013

TABLE OF CONTENTS

EXECU	JTIVE	SUMMARY page 3
SECTIO	DN I	REGIONAL CENTER SELF ASSESSMENT page 7
SECTIO	DN II	REGIONAL CENTER CONSUMER RECORD REVIEWpage 10
SECTIO	DN III	COMMUNITY CARE FACILITY RECORD REVIEW page 20
SECTIO	VI NC	DAY PROGRAM CONSUMER RECORD REVIEWpage 24
SECTIO	N NC	CONSUMER OBSERVATIONS AND INTERVIEWS
SECTIO	IV NC	
ŀ	۹.	SERVICE COORDINATOR INTERVIEWSpage 31
E	3.	CLINICAL SERVICES INTERVIEWpage 33
(С.	QUALITY ASSURANCE INTERVIEWpage 35
SECTIO	DN VI	
ŀ	۹.	SERVICE PROVIDER INTERVIEWS
E	3.	DIRECT SERVICE STAFF INTERVIEWSpage 38
SECTIO	ON VI	VENDOR STANDARDS REVIEWpage 39
SECTIO	XI NC	SPECIAL INCIDENT REPORTINGpage 40
SAMPL	E CO	NSUMERS AND SERVICE PROVIDERS/VENDORSpage 42

EXECUTIVE SUMMARY

The Department of Developmental Services (DDS) and the Department of Health Care Services (DHCS) conducted the federal compliance monitoring review of the Home and Community-based Services (HCBS) Waiver from August 19 - 30, 2013 at Alta California Regional Center (ACRC). The monitoring team members were Ray Harris / Mary Ann Smith (Team Leaders), Corbett Bray, and Linda Rhoades from DDS, and Raylyn Garrett Jalal Haddad and Annette Hanson from DHCS.

Purpose of the Review

DDS contracts with 21 private, non-profit corporations to operate regional centers, which are responsible under state law for coordinating, providing, arranging or purchasing all services needed for eligible individuals with developmental disabilities in California. All HCBS Waiver services are provided through this system. It is the responsibility of DDS to ensure, with the oversight of DHCS, that the HCBS Waiver is implemented by regional centers in accordance with Medicaid statute and regulations.

Overview of the HCBS Waiver Programmatic Compliance Monitoring Protocol

The compliance monitoring review protocol is comprised of sections/components designed to determine if the consumers' needs and program requirements are being met and that services are being provided in accordance with the consumers' individual program plans (IPPs). Specific criteria have been developed for the review sections listed below that are derived from federal/state statutes and regulations and from Centers for Medicare & Medicaid Services directives and guidelines relating to the provision of HCBS Waiver services.

Scope of Review

The monitoring team reviewed a sample of 92 HCBS Waiver consumers. In addition, the following supplemental sample consumer records were reviewed: 1) three consumers whose HCBS Waiver eligibility had been previously terminated; 2) three consumers who moved from a developmental center, and 3) ten consumers who had special incidents reported to DDS during the review period of June 1, 2012 through May 31, 2013.

The monitoring team completed visits to twenty-three community care facilities (CCFs) and fifteen day programs. The team reviewed twenty-four CCF and twenty-two day program consumer records and 64 selected sample consumers were interviewed and/or observed.

Overall Conclusion

ACRC is in substantial compliance with the federal requirements for the HCBS Waiver program. Specific recommendations that require follow-up actions by ACRC are included in the report findings. DDS is requesting documentation of follow-up actions taken by ACRC in response to each of the specific recommendations within 30 days following receipt of this report.

Major Findings

Section I - Regional Center Self Assessment

The self-assessment responses indicated that ACRC has systems and procedures in place for implementing the state and HCBS Waiver requirements addressed in the self- assessment criteria.

Section II – Regional Center Consumer Record Review

Ninety-two sample consumer records were reviewed for 31 documentation requirements (criteria) derived from federal and state statutes and regulations and HCBS Waiver requirements.

The sample records were 98% in overall compliance for this review. ACRC's records were 98% and 97% respectively in overall compliance for the collaborative reviews conducted in 2011 and in 2009.

Section III - Community Care Facility Consumer (CCF) Record Review

Twenty-four consumer records were reviewed at twenty-three CCFs for 19 documentation requirements (criteria) derived from Title 17, California Code of Regulations. The sample records were 99% in overall compliance for the 19 criteria.

ACRC's records were 100% and 99% respectively in overall compliance for the collaborative reviews conducted in 2011 and in 2009.

Section IV – Day Program Consumer Record Review

Twenty-one consumer records were reviewed at fifteen day programs for 17 documentation requirements (criteria) derived from Title 17, California Code of Regulations. The sample records were 99% in overall compliance for the fourteen applicable criteria in this review. Three criteria were not applicable for this review.

ACRC's records were 99% respectively in overall compliance for the collaborative reviews conducted in 2011 and in 2009.

Section V – Consumer Observations and Interviews

Sixty-four sample consumers, or in the case of minors, their parents were interviewed and/or observed at their CCFs, day programs, or in independent living settings. The monitoring team observed that all of the consumers were in good health and were treated with dignity and respect. All but five of the interviewed consumers/parents indicated that they were satisfied with their services, health and choices.

Section VI A – Service Coordinator Interviews

Seventeen service coordinators were interviewed using a standard interview instrument. The service coordinators responded to questions regarding their knowledge of the consumer, the IPP/annual review process, the monitoring of services, health issues, and safety. The service coordinators were very familiar with the consumers and knowledgeable about their roles and responsibilities.

Section VI B – Clinical Services Interview

A staff physician was interviewed using a standard interview instrument. He responded to informational questions regarding the monitoring of consumers with medical issues, medications and behavior plans, the coordination of medical and mental health care for consumers, the provision of clinical supports to service coordinators, and the clinical team's participation in the Risk Management, Assessment and Planning Committee.

Section VI C – Quality Assurance Interview

A community services specialist was interviewed using a standard interview instrument. He responded to informational questions regarding how ACRC is organized to conduct Title 17 monitoring reviews, verification of provider qualifications, resource development activities, special incident reporting, and QA activities where there is no regulatory requirement.

Section VII A – Service Provider Interviews

Eleven CCF and five day program service providers were interviewed using a standard interview instrument. The service providers responded to questions in the context of the sample consumers regarding their knowledge of the consumer, the annual review process and the monitoring of health issues, medications, progress, safety and emergency preparedness. The service providers were familiar with the consumers and knowledgeable about their roles and responsibilities.

Section VII B - Direct Service Staff Interviews

Ten CCF and five day program direct service staff were interviewed using a standard interview instrument. The direct service staff responded to questions regarding their knowledge of consumers, the IPP, communication, service delivery, procedures for safety, emergency preparedness, and medications. The staff were familiar with the consumers and knowledgeable about their roles and responsibilities.

Section VIII - Vendor Standards Review

The monitoring team reviewed eleven CCFs and five day programs utilizing a standard checklist with 23 criteria that are consistent with HCBS Waiver requirements. All of the reviewed vendors were in good repair with no immediate health or safety concerns observed.

Section IX - Special Incident Reporting

The monitoring team reviewed the records of the 92 HCBS Waiver consumers and ten supplemental sample consumers for special incidents during the review period. ACRC reported all special incidents for the sample selected for the HCBS Waiver review. For the supplemental sample, the service providers reported all but one of the eight applicable incidents to ACRC within the required timeframes, and ACRC subsequently transmitted all special incidents to DDS within the required timeframes. ACRC's follow-up activities on consumer incidents were timely and appropriate for the severity of the situation.

SECTION I

REGIONAL CENTER SELF ASSESSMENT

I. Purpose

The regional center self-assessment addresses the California Home and Community-based Services (HCBS) Waiver assurances criteria and is designed to provide information about the regional center's processes and practices. The responses are used to verify that the regional center has processes in place to ensure compliance with federal and state laws and regulations.

The self assessment obtains information about Alta California Regional Center's (ACRC) procedures and practices to verify that there are processes in place to ensure compliance with state and federal laws and regulations as well as the assurances contained in the HCBS Waiver application approved by the Centers for Medicare & Medicaid Services.

II. Scope of Assessment

ACRC is asked to respond to questions in four categories that correspond to the HCBS Waiver assurances with which the regional center is responsible for complying. The questions are shown at the end of this section.

III. Results of Assessment

The self assessment responses indicate that ACRC has systems and procedures in place for implementing the state and HCBS Waiver requirements addressed in the self assessment criteria.

✓ The full response to the self assessment is available upon request.

Regional Center Self Assessment HCBS Waiver Assurances						
HCBS Waiver Assurances	Regional Center Assurances					
State conducts level of care need determinations consistent with the need for institutionalization	The regional center ensures that consumers meet ICF/DD, ICF/DD-H, or ICF/DD-N facility level of care requirements as a condition of initial and annual eligibility for the HCBS Waiver Program. Regional center ensures that the regional center staff responsible for certifying and recertifying consumers' HCBS Waiver eligibility meet the federal definition of a Qualified Mental Retardation Professional (QMRP). The regional center ensures that consumers are eligible for full scope Medi-Cal benefits before enrolling them in the HCBS Waiver.					
Necessary safeguards have been taken to protect the health and welfare of persons receiving HCBS Waiver Services	The regional center takes action(s) to ensure consumers' rights are protected. The regional center takes action(s) to ensure that the consumers' health needs are addressed. The regional center ensures that behavior plans preserve the right of the consumer to be free from harm. The regional center maintains a Risk Management, Risk Assessment and Planning Committee. The regional center has developed and implemented a Risk Management/Mitigation Plan. Regional centers and local Community Care Licensing offices coordinate and collaborate in addressing issues involving licensing requirements and monitoring of CCFs pursuant to the MOU between DDS and Department of Social Services. The regional center reviews each community care facility annually to assure center reviews each community care facility annually to assure services are consistent with the program design and applicable laws, and development and implementation of corrective action plans as needed. The regional center conducts not less than two unannounced monitoring visits to each CCF annually. Service coordinators perform and document periodic reviews [at least annually] to ascertain progress toward achieving IPP objectives, and the consumer's and the family's satisfaction with the IPP and its implementation. Services, and Independent Living Services to review services and progress toward achieving the IPP objectives for which the service provider is responsible.					
Necessary	The regional center ensures that needed services and supports are in					

Regional Center Self Assessment HCBS Waiver Assurances						
HCBS Waiver	Regional Center Assurances					
Assurances						
safeguards have	place when a consumer moves from a developmental center (DC) to a					
been taken to	community living arrangement.					
protect the health	Service coordinators provide enhanced case management to					
and welfare of	consumers who move from a DC by meeting with them face-to-face					
persons receiving	every 30 days for the first 90 days they reside in the community.					
HCBS Waiver						
Services (cont.)						
Only qualified	The regional center ensures that all HCBS Waiver service providers					
providers serve	have signed the "HCBS Provider Agreement Form" and meet the					
HCBS Waiver	required qualifications at the time services are provided.					
participants						
Plans of care are	The regional center ensures that all HCBS Waiver consumers are					
responsive to	offered a choice between receiving services and living arrangements					
HCBS Waiver	in an institutional or community setting.					
participant needs	Regional centers ensure that planning for IPPs includes a					
	comprehensive assessment and information gathering process which addresses the total needs of HCBS Waiver consumers and is					
	completed at least every three years at the time of his/her triennial IPP					
	The IPPs of HCBS Waiver consumers are reviewed at least annually					
	by the planning team and modified, as necessary, in response to the					
	consumers' changing needs, wants and health status.					
	The regional center uses feedback from consumers, families and legal					
	representatives to improve system performance.					
	The regional center documents the manner by which consumers					
	indicate choice and consent.					

SECTION II

REGIONAL CENTER CONSUMER RECORD REVIEW

I. Purpose

The review is based upon documentation criteria derived from federal/state statutes and regulations and from the Centers for Medicare & Medicaid Services directives and guidelines relating to the provision of Home and Community-based Services (HCBS) Waiver services. The criteria address requirements for eligibility, consumer choice, notification of proposed action (NOA) and fair hearing rights, level of care, individual program plans (IPPs) and periodic reviews and reevaluations of services. The information obtained about the consumers' needs and services is tracked as a part of the on-site program reviews.

II. Scope of Review

1. Ninety-two HCBS Waiver consumer records were selected for the review sample.

Living Arrangement	# of Consumers
Community Care Facility (CCF)	30
With Family	32
Independent or Supported Living Setting	30

2. The review period covered activity from June 1, 2012 – May 31, 2013.

III. Results of Review

The 92 sample consumer records were reviewed for 31 documentation requirements derived from federal and state statutes and regulations and HCBS Waiver requirements. Three supplemental records were reviewed solely for documentation that ACRC had either provided the consumer with written notification prior to termination of the consumer's HCBS Waiver eligibility or the consumer had voluntarily disenrolled from the HCBS Waiver. Three supplemental records were reviewed for documentation of face-to-face meetings no less than once every 30 days for the first 90 days following the consumer's move from a developmental center.

- ✓ The sample records were in 100% compliance for 25 criteria. There are no recommendations for these criteria.
- ✓ Findings for six criteria are detailed below.

- ✓ A summary of the results of the review is shown in the table at the end of this section.
- IV. Findings and Recommendations
- 2.1.b The DS 3770 form summarizes the consumer's qualifying conditions and any special health care requirements for meeting the Title 22 level of care requirements.

<u>Finding</u>

The DS 3770 forms in the records for 81 of the 92 sample consumers identified only two waiver level of care qualifying conditions. However, review of the consumer records showed additional behavioral, self-help and/or medical issues that were addressed by services and supports in the consumer's IPPs but were not identified as qualifying conditions on the DS 3770. Although waiver eligibility requires a minimum of two qualifying conditions, all qualifying conditions must be listed on the DS 3770. Determination that a qualifying condition exists is based on an evaluation that the condition significantly affects the consumer's ability to perform activities of daily living and/or participate in community activities. In general, this standard is met if services and supports are in place to assist the consumer with the identified condition.

2.1.b Recommendation	Regional Center Plan/Response
ACRC should ensure that all conditions that affect the consumer's ability to perform activities of daily living and/or participate in community activities are listed on the DS 3770.	ACRC will identify all qualifying conditions on the 3770 that are noted in the IPP with services and supports listed that affect the consumer's ability to complete daily tasks and participate in the community.

2.5.b The consumer's qualifying conditions documented in the Client Development Evaluation Report (CDER) are consistent with information contained in the consumer's record. (*SMM 4442.5*), (*42 CFR 441.302(c)*), (*Title 22, CCR,* §51343)

Findings

Eighty-five of the 92 (92%) consumer records documented level of care qualifying conditions that were consistent with information found elsewhere in the record. However, information contained in seven consumer records (detailed below) did not support the determination that all of the issues identified in the CDER and DS 3770 could be considered qualifying conditions. The following were identified as qualifying conditions on the DS 3770 but there was no supporting information in the consumers' records (IPP, progress reports, vendor reports, etc.) that described the impact of the identified conditions or need for services and supports.

- 1. Consumer #1: "Assistance with Medications"
- 2. Consumer #8: "Dressing " & Personal Care"
- 3. Consumer #26: "Disruptive Social Behaviors"
- 4. Consumer #28: "Emotional Outburst"
- 5. Consumer #56: "Safety Awareness"
- 6. Consumer #71: "Dressing"
- 7. Consumer #87: "Personal Care

2.5.b Recommendations	Regional Center Plan/Response
ACRC should determine if the items listed above are appropriately identified as qualifying conditions. The consumers' DS 3770 form should be corrected to ensure that any items that do not represent substantial limitations in the consumers' ability to perform activities of daily living and/or participate in community activities are no longer identified as qualifying conditions. Due to an insufficient number of qualifying conditions, the correction may require that the consumer's HCBS Waiver eligibility be terminated. If ACRC determines that any of the issues above are correctly identified as qualifying conditions, documentation (updated IPPs, progress reports, etc.) that support the original determinations should be submitted with the response to this report.	qualifying conditions on the 7 noted records. The 3770's were adjusted to reflect the qualifying conditions noted in the IPP. This change did not impact the client's ongoing HCBS Waiver eligibility. Subsequent reviews have been done since the time that this audit took place and the above changes have been reflected in those reviews as well.

2.9.a The IPP addresses the qualifying conditions identified in the CDER and Medicaid Waiver Eligibility Record (DS 3770). (*WIC* §4646.5(a)(2))

<u>Finding</u>

Ninety-one of the 92 (99%) sample consumer records contained IPPs that addressed the consumers' qualifying conditions. However, the IPP for consumer #41 did not indicate what supports or services that are in place to address his personal hygiene, bathing, shaving and reminders for dressing as identified in ACRC's quarterly report dated 06/14/2012.

2.9.a Recommendation	Regional Center Plan/Response
ACRC should ensure that the IPP for	The IPP for Consumer #41 now
consumer #41 addresses the services	addresses the services and supports
and supports in place for the issues	that are in place for the services noted
identified above.	above.

Findings

Seventy-five of the 92 (82%) sample consumer records contained an IPP that included a schedule of the type and amount of all services and supports purchased by ACRC. However, the IPPs for seventeen consumers did not meet the criterion as detailed below:

- 1. Consumers #5, #12, #13, #27, #41, #55, #60, #64, #71, #88 and #90: The IPPs did not indicate that ACRC funded dental services.
- 2. Consumer #18, #43 and #79: The IPPs did not indicate that ACRC funded public transportation.
- 3. Consumer #35: The IPP did not indicate that ACRC funded individual or family services.
- 4. Consumer #68: The IPP did not indicate that ACRC funded interpreter services.
- 5. Consumer #83: The IPP did not indicate that ACRC funded durable medical equipment.

2.10.a Recommendations	Regional Center Plan/Response
ACRC should ensure that the IPPs for consumers #5, #12, #13, #18, #27, #35, #41, #43, #55, #60, #64, #68, #71, #79, #83, #88, and #90 include a schedule of the type and amount of all services and supports purchased by ACRC.	The IPPs for Consumers #5,#12,#13,#18,#27,#35,#41,#43,#55,#60,#64, #68, #71, #79, #83, #88 and #90 have been updated to include the type and amount of all services and supports purchased by ACRC.

2.13.a Quarterly face-to-face meetings are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (*Title 17, CCR, §56047*), (*Title 17, CCR, §56095*), (*Title 17, CCR, §58680*), (*Contract requirement*)

Findings

Fifty-nine of the 62 (95%) applicable sample consumer records had quarterly face-to-face meetings completed and documented. However, the records for three consumers did not meet the requirements as listed below:

The records for consumers #13, and #41 contained documentation for three of the required face-to-face meetings.

The record for consumer #57 contained documentation for two of the required face-to-face meetings.

2.13.a Recommendations	Regional Center Plan/Response
ACRC should ensure that all future face-to-face meetings are completed and documented each quarter for consumers #13, #41, and #57.	ACRC will continue to train staff that quarterly face to face meetings are required and the need to document all face to face meetings in the client's files per Title 17 requirements.

2.13.b Quarterly reports of progress are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (*Title 17, CCR, §56047*), (*Title 17, CCR, §56095*), (*Title 17, CCR, §58680*), (*Contract requirement*)

Findings

Fifty-nine of the 62 (90%) applicable sample consumer records had quarterly reports of progress completed for consumers living in community out-of-home settings. However, the records for three consumers did not meet the requirements as indicated below:

The records for consumers #13 and #41 contained three quarterly reports of progress.

The record for consumer #57 contained two quarterly reports of progress.

2.13.b Recommendations	Regional Center Plan/Response
ACRC should ensure that future reports of progress are completed each quarter for consumers #13, #41 and #57.	ACRC will continue to train staff that quarterly face to face reports are required and the need to document all reports of progress in the client's files per Title 17 requirements.

Regional Center Consumer Record Review Summary Sample Size = 92 + 6 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up
2.0	The consumer is Medi-Cal eligible. (<i>SMM 4442.1</i>)	92			100	None
2.1	Each record contains a Medicaid Waiver Eligibility Record (DS 3770), signed by a Qualified Mental Retardation Professional (QMRP), which documents the date of the consumer's initial HCBS Waiver eligibility certification, annual recertifications, the consumer's qualifying conditions and short- term absences. (SMM 4442.1), (42 CFR 483.430(a))	Criterion 2.1 consists of four sub-criteria (2.1a-d) that are reviewed and rated independently.				
2.1.a	The DS 3770 is signed by a Qualified Mental Retardation Professional and the title "QMRP" appears after the person's signature.	92			100	None
2.1.b	The DS 3770 form identifies the consumer's qualifying conditions and any applicable special health care requirements for meeting the Title 22 level of care requirements.	92			100	See Narrative
2.1.c	The DS 3770 form documents annual re- certifications.	90		2	100	None
2.1.d	The DS 3770 documents short-term absences of 120 days or less, if applicable.	4		88	100	None
2.2	Each record contains a dated and signed Medicaid Waiver Consumer Choice of Services/Living Arrangements form, (DS 2200). (<i>SMM 4442.7</i>), (<i>42 CFR</i> <i>441.302(d)</i>)	92			100	None
2.3	There is a written notification of a proposed action and documentation that the consumer has been sent written notice of their fair hearing rights whenever choice of living arrangements is not offered, services or choice of services are denied, the consumer/parent/legal guardian or legal representative does not agree with all, or part of the components in the consumer's IPP, or the consumer's HCBS Waiver eligibility has been terminated. (<i>SMM 4442.7</i>), (<i>42 CFR Part 431, Subpart E</i>), (<i>WIC §4646(g)</i>)	3		92	100	None

Regional Center Consumer Record Review Summary Sample Size = 92 + 6 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up
2.4	Each record contains a current Client Development Evaluation Report (CDER) that has been reviewed within the last 12 months. (SMM 4442.5), (42 CFR 441.302)	92			100	None
2.5.a	The consumer's qualifying conditions and any special health care requirements used to meet the level of care requirements for care provided in an ICF-DD, ICF-DDH, and ICF/DD-N facility are documented in the consumer's CDER and other assessments. (<i>SMM 4442.5</i>), (<i>42 CFR 441.302(c)</i>), (<i>Title 22, CCR, §51343</i>)	92			100	None
2.5.b	The consumer's qualifying conditions documented in the CDER are consistent with information contained in the consumer's record.	85	7		92	See Narrative
2.6.a	IPP is reviewed (<i>at least annually</i>) by the planning team and modified as necessary, in response to the consumer's changing needs, wants or health status. (42 CFR 441.301(b)(1)(1))	91		1	100	None
2.6.b	The HCBS Waiver Standardized Annual Review Form is completed and signed annually by the planning team to document whether or not a change to the existing IPP is necessary, and health status and CDER have been reviewed. (HCBS Waiver requirement)	2		90	100	None
2.7.a	The IPP is signed, prior to its implementation, by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents or legal guardian or conservator. (<i>WIC</i> §4646(g))	92			100	None
2.7.b	IPP addenda are signed by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents, legal guardian, or conservator.	12		80	100	None
2.7.c	The IPP is prepared jointly with the planning team. (WIC §4646(d))	92			100	None
2.8	The IPP includes a statement of goals based on the needs, preferences and life choices of the consumer. (<i>WIC</i> §4646.5(a))	92			100	None

	Regional Center Consumer Reco Sample Size = 92 + 6 Suppler				nary	
	Criteria	+	-	N/A	% Met	Follow-up
2.9	The IPP addresses the consumer's goals and needs. (<i>WIC</i> §4646.5(a)(2))	crite	eria (2		nsists of se that are r	
2.9.a	The IPP addresses the qualifying conditions identified in the CDER and Medicaid Waiver Eligibility Record (DS 3770).	91	1		99	See Narrative
2.9.b	The IPP addresses the special health care requirements.	29		63	100	None
2.9.c	The IPP addressed the services for which the CCF provider is responsible for implementing.	30		62	100	None
2.9.d	The IPP addressed the services for which the day program provider is responsible for implementing.	64		28	100	None
2.9.e	The IPP addresses the services for which the supported living services agency or independent living services provider is responsible for implementing.	33		59	100	None
2.9.f	The IPP addresses the consumer's goals, preferences and life choices.	92			100	None
2.9.g	The IPP includes a family plan component if the consumer is a minor. ($WIC $ $4685(c)(2)$)	18		74	100	None
2.10.a	The IPP includes a schedule of the type and amount of all services and supports purchased by the regional center. (<i>WIC</i> §4646.5(a)(4))	75	17		82	See Narrative
2.10.b	The IPP includes a schedule of the type and amount of all services and supports obtained from generic agencies or other resources. (<i>WIC</i> §4646.5(a)(4))	92			100	None
2.10.c	The IPP specifies the approximate scheduled start date for the new services. (<i>WIC</i> §4646.5(a)(4))	12		80	100	None
2.11	The IPP identifies the provider or providers of service responsible for implementing services, including, but not limited to vendors, contract providers, generic service agencies and natural supports. (<i>WIC</i> §4646.5(a)(4))	92			100	None

	Regional Center Consumer Record Review Summary Sample Size = 92 + 6 Supplemental Records					
	Criteria	+	-	N/A	% Met	Follow-up
2.12	Periodic review and reevaluations of consumer progress are completed (<i>at least</i> <i>annually</i>) to ascertain that planned services have been provided, that consumer progress has been achieved within the time specified, and the consumer and his/her family are satisfied with the IPP and its implementation. (<i>WIC</i> §4646.5(a)(6))	92			100	None
2.13.a	Quarterly face-to-face meetings are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (<i>Title 17, CCR, §56047</i>), (<i>Title 17, CCR, §56095</i>), (<i>Title 17, CCR, §58680</i>), (<i>Contract requirement</i>)	59	3	30	90	See Narrative
2.13.b	Quarterly reports of progress are completed for consumers living in community out-of- home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (<i>Title 17, CCR, §56047</i>), (<i>Title 17, CCR, §56095</i>), (<i>Title 17, CCR, §58680</i>), (<i>Contract requirement</i>)	59	3	30	90	See Narrative
2.14	Face-to-face reviews are completed no less than once every 30 days for the first 90 days following the consumer's move from a developmental center to a community living arrangement. (<i>WIC</i> §4418.3)	3		92	100	None

SECTION III

COMMUNITY CARE FACILITY CONSUMER RECORD REVIEW

I. Purpose

The review addresses the requirements for community care facilities (CCFs) to maintain consumer records and prepare written reports of consumer progress in relation to the services addressed in the individual program plan (IPP) for which the facility is responsible. The criteria are derived from Title 17, California Code of Regulations.

II. Scope of Review

Twenty-four consumer records were reviewed at 23 CCFs visited by the monitoring team. The facilities' consumer records were reviewed to determine compliance with 19 criteria.

- III. Results of Review
 - 1. The consumer records were 100% in compliance for 17 of the 19 criteria.
 - ✓ A summary of the results of the review is shown in the table at the end of this section.
 - 2. Findings for two criteria are detailed below.
- IV. Findings and Recommendations
- 3.2 A written admission agreement is completed and signed by the consumer or his/her authorized representative, the regional center, and the facility administrator that includes the certifying statements specified in Title 17. *(Title 17, CCR, §56019(c)(1)*

Finding

Twenty-three of the 24 (96%) consumer records contained written admission agreements with the required signatures. However, the admission agreement for consumer #60 at CCF #5 was not signed by the consumer, who is an unconserved adult.

3.2 Recommendation	Regional Center Plan/Response
ACRC should ensure that consumer #60 at CCF #5 signs the admission	The admission agreement at CCF #5 has been signed by Client #60.
agreement.	

3.6.a The facility prepares and maintains ongoing, written consumer notes, as required by Title 17. (*Title 17, CCR* §56026(a))

Finding

Twenty-three of the 24 (96%) consumer records contained ongoing consumer notes documenting community activities, overnight visits, illnesses, incidents, and medical appointments. The records for consumer #2, at CCF #1 did not contain ongoing notes that address applicable activities.

3.6.a Recommendation	Regional Center Plan/Response
ACRC should assess what action it should take to ensure that the provider at CCF #1 consistently maintains ongoing, written consumer notes that addresses applicable activities and situations.	ACRC will continue to monitor ongoing that the provider at CCF #1 consistently maintains written consumer notes to address applicable activities and situations.

	Community Care Facility Record Review Summary Sample Size: Consumers = 24; CCFs = 23					
	Criteria	+	-	N/A	% Met	Follow-up
3.1	An individual consumer file is maintained by the CCF that includes the documents and information specified in Title 17 and Title 22. (<i>Title 17, CCR, §56017(b)</i>), (<i>Title 17, CCR §56059(b)</i>), (<i>Title 22, CCR, §80069</i>)	24			100	None
3.1.a	The consumer record contains a statement of ambulatory or non-ambulatory status.	24			100	None
3.1.b	The consumer record contains known information related to any history of aggressive or dangerous behavior toward self or others.	13		11	100	None
3.1.c	The consumer record contains current health information that includes medical, dental and other health needs of the consumer including annual visit dates, physicians' orders, medications, allergies, and other relevant information.	24			100	None
3.1.d	The consumer record contains current emergency information: family, physician, pharmacy, etc.	24			100	None
3.1.e	The consumer record contains a recent photograph and a physical description of the consumer.	24			100	None
3.1.i	Special safety and behavior needs are addressed.	20		4	100	None
3.2	The consumer record contains a written admission agreement completed for the consumer that includes the certifying statements specified in Title 17, and is signed by the consumer or his/her authorized representative, the regional center and the facility administrator. (<i>Title 17, CCR, §56019(c)(1)</i>)	23	1		96	See Narrative
3.3	The facility has a copy of the consumer's current IPP. (<i>Title 17,CCR, §56022(c)</i>)	24			100	None

	Community Care Facility Record Review Summary Sample Size: Consumers = 24; CCFs = 23					
	Criteria	+	-	N/A	% Met	Follow-up
3.4.a	Service Level 2 and 3 facilities prepare and maintain written semiannual reports of consumer progress. (<i>Title 17, CCR,</i> §56026(b))	12		12	100	None
3.4.b	Semiannual reports address and confirm the consumer's progress toward achieving each of the IPP objectives for which the facility is responsible.	12		12	100	None
3.5.a	Service Level 4 facilities prepare and maintain written quarterly reports of consumer progress. (<i>Title 17, CCR, §56026(c)</i>)	12		12	100	None
3.5.b	Quarterly reports address and confirm the consumer's progress toward achieving each of the IPP objectives for which the facility is responsible.	12		12	100	None
3.5.c	Quarterly reports include a summary of data collected. (<i>Title 17, CCR, §56013(d)(4)</i>), (<i>Title 17, CCR, §56026</i>)	12		12	100	None
3.6.a	The facility prepares and maintains ongoing, written consumer notes, as required by Title 17. (<i>Title 17, CCR</i> §56026(a))	23	1		96	See Narrative
3.6.b	The ongoing notes/information verify that behavior needs are being addressed.	21		3	100	None
3.7.a	Special incidents are reported to the regional center within 24 hours after learning of the occurrence of the special incident. (<i>Title 17, CCR, §54327</i>)	7		17	100	None
3.7.b	A written report of the special incident is submitted to the regional center within 48 hours after the occurrence of the special incident. (<i>Title 17, CCR, §54327</i>)	7		17	100	None
3.7.c	Follow-up activities were undertaken to prevent, reduce or mitigate future danger to the consumer. (<i>Title 17, CCR, §54327</i>)	7		17	100	None

SECTION IV

DAY PROGRAM CONSUMER RECORD REVIEW

I. Purpose

The review criteria address the requirements for day programs to maintain consumer records and prepare written reports of consumer progress in relation to the services addressed in the individual program plan (IPP) that the day program provider is responsible for implementing. The criteria are derived from Title 17, California Code of Regulations.

II. Scope of Review

Twenty-two sample consumer records were reviewed at 15 day programs visited by the monitoring team. The records were reviewed to determine compliance with 17 criteria.

III. Results of Review

The consumer records were 100% in compliance for 11 of the 14 applicable criteria. Three criteria were not applicable for this review.

- ✓ A summary of the results of the review is shown in the table at the end of this section.
- ✓ Findings for three criteria are detailed below.
- IV. Findings and Recommendations
- 4.1. A consumer file is maintained by the day program for each consumer that includes the documents and information specified in Title 17. (Title 17, CCR § 56730)

Finding

Twenty-one of the 22 (95%) consumers had a file maintained by the day program. However, consumer #91 at day program #16 did not have a file available for review during the site visit at program or at home visit of consumer as agreed by program staff.

4.1 Recommendation	Regional Center Plan/Response
ACRC should ensure that the provider at day program #16 maintains the required documentation for consumer #91 to ensure program requirements are being met.	ACRC has met with and visited Day Program #16 to verify that there is the required documentation in place for client #91. ACRC will continue monitoring ongoing to assure that program requirements continue to be met.

4.1.c Consumer record contains psychological, medical, and / or social evaluations provided by regional center. (*Title 17, CCR, § 56730)(c)*)

Finding

Twenty of the 21 (95%) applicable sample consumer records contained a copy of the psychological, medical, and/or social evaluations provided by the regional center. The record for consumer #1 at day program #12 did not contain psychological, medical, and / or social evaluations provided by ACRC.

4.1.c Recommendation	Regional Center Plan/Response
ACRC should ensure that the provider at day program #12 receives and maintains required consumer records of evaluations for consumer #1.	Day program #12 has been provided with the required records of evaluations as noted for Client #1.

4.4.a The day program prepares and maintains written semiannual reports of the consumer's performance and progress. *(Title 17, CCR, § 56720(c))*

<u>Findings</u>

Nineteen of the 21 (90%) sample consumer records contained written semiannual reports of consumer progress. However, the records for consumer #81 at DP #8, and consumers #54, and #63 at DP #13, contained only one of the required progress reports.

4.4.a Recommendations	Regional Center Plan/Response
ACRC should ensure that day program providers #8 and #13 prepare written semiannual reports of consumer progress.	Day programs # 8 and #13 have been instructed to provide written reports as required ongoing.

	Day Program Record Revie Sample Size: Consumers = 22; D				15	
	Criteria	+	-	N/A	% Met	Follow-up
4.1	An individual consumer file is maintained by the day program that includes the documents and information specified in Title 17. (<i>Title 17, CCR, §56730</i>)	21	1		95	See Narrative
4.1.a	The consumer record contains current emergency and personal identification information including the consumer's address, telephone number, names and telephone numbers of residential care provider, relatives, and/or guardian or conservator, physician name(s) and telephone number(s), pharmacy name, address and telephone number and health plan, if appropriate.	21		1	100	None
4.1.b	The consumer record contains current health information that includes current medications, known allergies, medical disabilities, infectious, contagious, or communicable conditions, special nutritional needs, and immunization records.	21		1	100	None
4.1.c	The consumer record contains any medical, psychological, and social evaluations identifying the consumer's abilities and functioning level, provided by the regional center.	20	1	1	95	See Narrative
4.1.d	The consumer record contains an authorization for emergency medical treatment signed by the consumer and/or the authorized consumer representative.	21		1	100	None
4.1.e	The consumer record contains documentation that the consumer and/or the authorized consumer representative has been informed of his/her personal rights.	21		1	100	None
4.1.f	Data is collected that measures consumer progress in relation to the services addressed in the IPP for which the day program provider is responsible for implementing.	21		1	100	None

	Day Program Record Revie Sample Size: Consumers = 22; D			-	15	
	Criteria	+	-	N/A	% Met	Follow-up
4.1.g	The consumer record contains up-to-date case notes reflecting important events or information not documented elsewhere.	21		1	100	None
4.1.h	The consumer record contains documentation that special safety and behavior needs are being addressed.	13		9	100	None
4.2	The day program has a copy of the consumer's current IPP. (<i>Title 17, CCR</i> §56720(b))	21			100	None
4.3.a	The day program provider develops, maintains, and modifies as necessary, documentation regarding the manner in which it implements the services addressed in the IPP. (<i>Title 17, CCR, §56720(a)</i>)	20		2	100	None
4.3.b	The day program's ISP or other program documentation is consistent with the services addressed in the consumer's IPP.	20		2	100	None
4.4.a	The day program prepares and maintains written semiannual reports. (<i>Title 17, CCR,</i> §56720(c))	19	2	1	90	See Narrative
4.4.b	Semiannual reports address the consumer's performance and progress relating to the services for which the day program is responsible for implementing.	20		2	100	None
4.5.a	Special incidents are reported to the regional center within 24 hours after learning of the occurrence of the special incident. (<i>Title 17, CCR, §54327</i>)			22		NA
4.5.b	A written report of the special incident is submitted to the regional center within 48 hours after the occurrence of the special incident. (<i>Title 17, CCR, §54327</i>)			22		NA
4.5.c	There is appropriate follow-up to special incidents to resolve issue and eliminate or mitigate future risk. (<i>Title 17, CCR, §54327</i>)			22		NA

SECTION V

CONSUMER OBSERVATIONS AND INTERVIEWS

I. Purpose

The consumer observations are conducted to verify that the consumers appear to be healthy and have good hygiene. Interview questions focus on the consumers' satisfaction with their living situation, day program and work activities, health, choice, and regional center services.

II. Scope of Observations and Interviews

Sixty-four of the 92 consumers were interviewed and/or observed at their day programs, employment sites, community care facilities (CCFs), or in independent living settings.

- ✓ Forty-one consumers agreed to be interviewed by the monitoring teams
- ✓ Fifteen consumers did not communicate verbally or declined an interview, but were observed
- ✓ Eight interviews were conducted with parents of minors
- Twenty-eight consumers/parents of minors were unavailable for or declined interviews
- III. Results of Observations and Interviews

Forty-five of the 49 interviewed consumers/ parents of minors indicated satisfaction with their living situation, day program, work activities, health, choices, and regional center services. The consumers' overall appearance reflected personal choice and individual style.

IV. Findings and Recommendations

The parent of consumer #39 is requesting assistance from the regional center to complete the process for in-home behavior training for her son.

Recommendation	Regional Center Plan/Response
ACRC should follow-up with the parent	The concerns of Client #39's parent
of consumer #39 regarding her	were addressed during the onsite
request.	review in August of 2013.

Consumer #48 stated that her service coordinator informed her that due to her busy schedule she requested that the consumer not call her. The consumer is also requesting a change in her living situation.

Recommendation	Regional Center Plan/Response
ACRC should follow-up with consumer	The client has moved to a location in
0 0	Carmichael and wishes to retain her
service coordinator and living situation.	current Service Coordinator.

Consumer #50 would like a new day program that meets his physical and intellectual needs. He also stated that it is difficult to reach his service coordinator by phone. His service coordinator informed him that she is busy and has other priorities.

Recommendation	Regional Center Plan/Response
ACRC should follow-up with consumer	Consumer #50 wishes to retain his
#50 regarding his concerns with his	current Service Coordinator. He is
service coordinator and day program	going to explore possible Day
request.	programs with her. He has not wished
	to attend a day program in the past.

During the site visit at day program #16 (DP), the monitoring staff was informed that consumer #91 was not available for an interview because of an accessibility issue. Therefore, the consumer was seen at her home with SLS staff, DP staff, and two ACRC QA representatives. During the visit, staff indicated that the consumer has not been attending DP and does not have access to the community because her oversized wheelchair does not fit in the trunk of the staff's car.

Both the DP service plan dated January 3, 2013 and IPP dated January 2, 2013, had specific goals to prevent isolation, obtain sensory stimulation, enhance socialization skills, and community integration. In addition, the IPP states that ACRC will fund DP to provide roundtrip transportation five times a week. However, transportation service did not occur, and it is not clear how long the consumer had been without transportation to the DP. ACRC staff present during the visit indicated they were not aware of these issues, but stated they would follow up.

Subsequent to the review, ACRC indicated that face to face visits with the consumer were conducted on 9/24/13, 1/24/14, 3/03/14 and 3/17/14. Additionally, ACRC indicated that while there was a delay in arranging transportation services, transportation is now in place through Para-transit, Regional Transit, and a Step-lift equipped vehicle so that the consumer can attend DP and access the community.

Recommendation	Regional Center Plan/Response
ACRC should ensure that DP #16 takes appropriate steps when circumstances prevent or impact the delivery of IPP services.	ACRC has been assured by DP #16 that when circumstances prevent or impact delivery of IPP services they will notify ACRC.
ACRC should determine if adjustments are needed for claims during the period of time when DP #16 was not able to provide transportation for the consumer.	There were no adjustments needed for claims during the noted time that DP # 16 was not able to provide transportation for the client.

SECTION VI A

SERVICE COORDINATOR INTERVIEWS

I. Purpose

The interviews determine how well the service coordinators know their consumers, the extent of their participation in the IPP/annual review process, and how they monitor services, health and safety issues.

II. Scope of Interviews

- 1. The monitoring team interviewed seventeen Alta California Regional Center (ACRC) service coordinators.
- 2. The interview questions are divided into two categories.
 - ✓ The questions in the first category are related to the consumers selected by the monitoring team.
 - \checkmark The questions in the second category are related to general areas.

III. Results of Interviews

- 1. The service coordinators were very familiar with their respective consumers. They were able to relate specific details regarding the consumers' desires, preferences, life circumstances, and service needs.
- 2. The service coordinators were knowledgeable about the IPP/annual review process and monitoring requirements. Service providers and family members provided input on the consumers' needs, preferences and satisfaction with services outlined in the IPP. For consumers in out-of-home placement settings, service coordinators conduct quarterly face-to-face visits and develop written assessments of consumer progress and satisfaction. In preparation for the quarterly visits, service coordinators review their previous progress reports, pertinent case notes, special incident reports, and vendor reports of progress.
- 3. To better understand issues related to consumers' use of medication and issues related to side-effects, the service coordinators utilize ACRC's clinical team and website, "Web MD" as resources for medication.

4. The service coordinators monitor the consumers' services, health and safety during periodic visits. They are aware of the consumers' health issues. The service coordinators were knowledgeable about the special incident report (SIR) process and work with the vendors to ensure all special incidents are reported and appropriate follow-up activities are completed. Service coordinators are briefed on SIR trends that may affect their caseloads.

SECTION VI B

CLINICAL SERVICES INTERVIEW

I. Purpose

The clinical services interview is used to obtain supplemental information on how the regional center is organized to provide clinical support to consumers and service coordinators. This interview aids in determining what measures the regional center is utilizing to ensure the ongoing health and safety of all Home and Community-based Services Waiver consumers.

- II. Scope of Interview
 - 1. The monitoring team interviewed a staff physician at Alta California Regional Center (ACRC).
 - 2. The questions in the interview cover the following topics: routine monitoring of consumers with medical issues: medications and behavior plans; coordination of medical and mental health care for consumers; circumstances under which actions are initiated for medical or behavior issues; clinical supports to assist service coordinators; improved access to preventive health care resources; and their role in Risk Management Committee and special incident reports (SIRs).
- III. Results of Interview
 - 1. The ACRC clinical team includes: a physician, psychologists, registered nurses, behaviorist, and an autism specialist.
 - The clinical team works with the case management staff to review all consumer health needs. The service coordinators use a health assessment form to identify consumer health issues. Identified health risks or issues are referred to the appropriate consultant on the clinical team for assessment and follow-up.
 - 3. The clinical team assists service coordinators in monitoring consumers' medications. The physician is available by referral to review any consumers with medication issues or concerns. Members of the clinical team may provide training to ACRC staff and care providers. The physician and nurses are available to assist with hospital discharge planning to ensure proper follow up and appropriate placement if required.
 - 4. The clinical team is involved with the ACRC's mental health committee. Consumer mental health and behavior issues can be presented to the committee on a case by case basis. The psychologists and behaviorist

provide training and consultation to service coordinators, providers. ACRC has a memorandum of understanding (MOU) with mental health providers, resulting in increased mental health care for consumers.

- 5. ACRC has improved access to health care resources through the following programs and services:
 - ✓ Utilizes vendored Registered Dental Hygienists Alternate Practice (RDHAP) to assist with dental assessments, cleaning, education and developing dental resources
 - ✓ Early Intervention Services
 - ✓ Community Health Presentations
 - ✓ G.F. Kelso Foundation Library
 - ✓ Partnership with Kaiser Permanente Autism Clinic
 - ✓ MOU's with Sacramento HMO's
 - ✓ ACRC website offers health education resources
 - ✓ Collaboration with California Children's Services of Sacramento County
- 6. The ACRC physician has a role in risk management. The physician reviews all deaths, and medical SIR's when requested. Based on trends, the clinical team develops training for providers and regional center staff. Recent topics have included constipation, urinary tract infections, choking and aspiration.

SECTION VI C

QUALITY ASSURANCE INTERVIEW

I. Purpose

The informational interview with quality assurance (QA) staff ascertains how the regional center has organized itself to conduct Title 17 monitoring of community care facilities (CCFs), two unannounced visits to CCFs, and service provider training. The interview also inquires about verification of provider qualifications, resource development activities, and quality assurance among programs and providers where there is no regulatory requirement to conduct quality assurance monitoring.

II. Scope of Interview

The monitoring team interviewed a community services support staff who is part of the team responsible for conducting ACRC's QA activities.

III. Results of Interview

- The community services support staff provided information about ACRC's process for conducting the annual Title 17 monitoring review. The review is jointly conducted by the community services staff and service coordinator liaisons who are assigned to the respective homes. The service coordinator liaisons are responsible for the two unannounced visits. During the visits, the community services support staff are available to offer technical support in areas such as staffing, medication training and special incident reporting requirements.
- 2. Service coordinator liaisons and community support staff look at resident's IPPs, SIRs, and corrective action plans (CAPs) before going to the review. Once a deficiency is identified, they will meet with the CCF administrator to discuss the issue, develop an action plan and provide a copy of the CAP to the vendor. If there are two substantial inadequacies within a twelve month period, ACRC will issue a sanction, and notify case management.
- The service coordinators are responsible for investigation and follow up of all SIRs. The SIR coordinator participates as a member of the Risk Management Committee. SIR trends are identified by the committee and are addressed in quarterly meetings and information is forwarded to the case management staff.

4. Community services support staff verify the qualifications of new vendors and staff. Potential vendors must complete the new vendor orientation which includes; Title 17 requirements, review of the Lanterman Act, and review of program design. They also provide quarterly trainings to educate providers.

SECTION VII A

SERVICE PROVIDER INTERVIEWS

I. Purpose

The interviews determine how well the service provider knows the consumers, the extent of their assessment process for the annual IPP development and/or review, the extent of their plan participation, how the plan was developed, how service providers ensure accurate documentation, communicate, address and monitor health issues, their preparedness for emergencies, how they monitor safety and safeguard medications.

- II. Scope of Interviews
 - 1. The monitoring team interviewed sixteen service providers at eleven community care facilities (CCFs) and five day programs where services are provided to the consumers that were visited by the monitoring team.
 - 2. The interview questions are divided into two categories.
 - The questions in the first category are related to sample consumers selected by the monitoring team.
 - ✓ The questions in the second category are related to general areas.
- III. Results of Interviews
 - 1. The service providers were familiar with the strengths, needs and preferences of their respective consumers.
 - The service providers indicated that they conducted assessments of the consumers, participated in their IPP development, provided the program specific services addressed in the IPPs and attempted to foster the progress of consumers.
 - 3. The service providers monitored consumer health issues and safeguarded medications.
 - 4. The service providers communicated with people involved in the consumers' lives and monitored progress documentation.
 - 5. The service providers were prepared for emergencies, monitored the safety of consumers, and understood special incident reporting and follow-up processes.

SECTION VII B

DIRECT SERVICE STAFF INTERVIEWS

I. Purpose

The interviews determine how well the direct service staff knows the consumers and their understanding of the IPP and service delivery requirements, how they communicate, and their level of preparedness to address safety issues, their understanding of emergency preparedness, and knowledge about safeguarding medications.

II. Scope of Interviews

- 1. The monitoring team interviewed fifteen direct service staff at ten community care facilities (CCF) and five day programs where services are provided to the consumers that were visited by the monitoring team.
- 2. The interview questions are divided into two categories.
 - ✓ The questions in the first category are related to sample consumers selected by the monitoring team.
 - ✓ The questions in the second category are related to general areas.

III. Results of Interviews

- 1. The direct service staff were familiar with the strengths, needs and preferences of their respective consumers.
- 2. The direct service staff were knowledgeable about their roles and responsibilities for providing the services addressed in the consumers' IPPs.
- 3. The direct service staff demonstrated that they understood the importance of communication with all individuals concerned with the consumers.
- 4. The direct service staff were prepared to address safety issues and emergencies, and were familiar with special incident reporting requirements.
- 5. The direct service staff demonstrated an understanding about emergency preparedness.
- 6. The direct service staff were knowledgeable regarding safeguarding and assisting with self-administration of medications where applicable.

SECTION VIII

VENDOR STANDARDS REVIEW

I. Purpose

The review ensures that the selected community care facilities (CCFs) and day programs are serving consumers in a safe, healthy and positive environment where their rights are respected.

- II. Scope of Review
 - 1. The monitoring teams reviewed a total of eleven CCFs and five day programs.
 - 2. The teams used a monitoring review checklist consisting of 23 criteria. The review criteria are used to assess the physical environment, health and safety, medications, services and staff, consumers' rights, and the handling of consumers' money.
- III. Results of Review

All of the CCFs and the day programs were found to be in good condition with no immediate health and safety concerns. Specific findings and recommendations are detailed below.

IV. Findings and Recommendations

8.3 c First Aid

Findings

Day program #1 was not requiring that all direct care staff have first aid training and DP #2 had five direct care staff that did not have current first aid certificates.

8.3 c Recommendation	Regional Center Plan/Response
ACRC should ensure that DP #1 and DP #2 have current first aid certificates for all staff.	ACRC will make certain ongoing that all necessary training is complete and the documentation is in place for all DPs as required as well as DP#1 and DP #2.

SECTION IX

SPECIAL INCIDENT REPORTING

I. Purpose

The review verifies that special incidents have been reported within the required timeframes, that documentation meets the requirements of Title 17, California Code of Regulations, and that the follow-up was complete.

- II. Scope of Review
 - Special incident reporting of deaths by Alta California Regional Center (ACRC) was reviewed by comparing deaths entered into the Client Master File for the review period with special incident reports (SIRs) of deaths received by the Department of Developmental Services (DDS).
 - 2. The records of the 92 consumers selected for the Home and Communitybased Services (HCBS) Waiver sample were reviewed to determine that all required special incidents were reported to DDS during the review period.
 - 3. A supplemental sample of ten consumers who had special incidents reported to DDS within the review period was assessed for timeliness of reporting and documentation of follow-up activities. The follow-up activities were assessed for being timely, appropriate to the situation, and resulting in an outcome that ensures the consumer is protected from adverse consequences, and that risks are either minimized or eliminated.

III. Results of Review

- 1. ACRC reported all deaths during the review period to DDS.
- 2. ACRC reported all special incidents in the sample of 92 records selected for the HCBS Waiver review to DDS.
- 3. ACRC's vendors reported seven of the eight (88%) applicable incidents in the supplemental sample within the required timeframes.
- 4. ACRC reported all of the ten (100%) incidents to DDS within the required timeframes.
- 5. ACRC's follow-up activities on consumer incidents were appropriate for the severity of the situations for the ten incidents.

IV. Finding and Recommendation

<u>Consumer #107-S:</u> The incident occurred on April 8, 2013. However, the vendor did not submit a written report to ACRC until April 11, 2013.

9.3 Recommendation	Regional Center Plan/Response
ACRC should ensure that the vendor for consumer #107-S report special incidents within the required timeframes.	ACRC will continue to complete ongoing training to vendors as to the required time lines for vendor reporting of special incidents so that appropriate timelines are met.

SAMPLE CONSUMERS AND SERVICE PROVIDERS/VENDORS

HCBS Waiver Review Consumers

#	UCI	CCF	DP
1	XXXXXXX		12
2	XXXXXXX	1	
3	XXXXXXX		
4	XXXXXXX		
5	XXXXXXX	24	
6	XXXXXXX		
7	XXXXXXX	12	
8	XXXXXXX		
9	XXXXXXX	8	
10	XXXXXXX	3	
11	XXXXXXX		
12	XXXXXXX		
13	XXXXXXX		
14	XXXXXXX		
15	XXXXXXX		
16	XXXXXXX	15	
17	XXXXXXX		
18	XXXXXXX		4
19	XXXXXXX	16	
20	XXXXXXX		
21	XXXXXXX		
22	XXXXXXX		
23	XXXXXXX		
24	XXXXXXX	14	
25	XXXXXXX	12	
26	XXXXXXX		12
27	XXXXXXX		15
28	XXXXXXX		12
29	XXXXXXX		14
30	XXXXXXX		2
31	XXXXXXX		
32	XXXXXXX	13	
33	XXXXXXX		5
34	XXXXXXX	4	
35	XXXXXXX	18	
36	XXXXXXX		3
37	XXXXXXX	10	

#	UCI	CCF	DP
38	XXXXXXX		
39	XXXXXXX		
40	XXXXXXX		
41	XXXXXXX	7	
42	XXXXXXX		
43	XXXXXXX		
44	XXXXXXX		10
45	XXXXXXX	17	
46	XXXXXXX		1
47	XXXXXXX		
48	XXXXXXX		6
49	XXXXXXX		
50	XXXXXXX		
51	XXXXXXX		
52	XXXXXXX		9
53	XXXXXXX	20	
54	XXXXXXX		13
55	XXXXXXX		
56	XXXXXXX	11	
57	XXXXXXX		12
58	XXXXXXX	22	
59	XXXXXXX		
60	XXXXXXX	5	
61	XXXXXXX		
62	XXXXXXX		
63	XXXXXXX		13
64	XXXXXXX	2	
65	XXXXXXX		
66	XXXXXXX		
67	XXXXXXX		
68	XXXXXXX		12
69	XXXXXXX		
70	XXXXXXX		
71	XXXXXXX		
72	XXXXXXX		
73	XXXXXXX	23	
74	XXXXXXX		12
75	XXXXXXX		
76	XXXXXXX		7
77	XXXXXXX		
78	XXXXXXX	19	

#	UCI	CCF	DP
79	XXXXXXX		
80	XXXXXXX	9	
81	XXXXXXX		8
82	XXXXXXX		
83	XXXXXXX		
84	XXXXXXX		
85	XXXXXXX		
86	XXXXXXX		16
87	XXXXXXX		
88	XXXXXXX		4
89	XXXXXXX		
90	XXXXXXX		1
91	XXXXXXX		
92	XXXXXXX	21	

Supplemental Sample DC Consumers

#	UCI
DC-1	XXXXXXX
DC-2	XXXXXXX
DC-3	XXXXXXX

Supplemental Sample of Terminated Consumers

#	UCI
T-1	XXXXXXX
T-2	XXXXXXX
T-3	XXXXXXX

HCBS Waiver Review Service Providers

CCF #	Vendor
1	XXXXXXX
2	XXXXXXX
3	XXXXXXX
4	XXXXXXX
5	XXXXXXX
6	XXXXXXX
7	XXXXXXX
8	XXXXXXX
9	XXXXXXX

10	XXXXXXX
11	XXXXXXX
12	XXXXXXX
13	XXXXXXX
14	XXXXXXX
15	XXXXXXX
16	XXXXXXX
17	XXXXXXX
18	XXXXXXX
19	XXXXXXX
20	XXXXXXX
21	XXXXXXX
22	XXXXXXX
23	XXXXXXX

Day Program #	Vendor
1	XXXXXXX
2	XXXXXXX
3	NA
4	XXXXXXX
5	XXXXXXX
6	XXXXXXX
7	XXXXXXX
8	XXXXXXX
9	XXXXXXX
10	XXXXXXX
11	XXXXXXX
12	XXXXXXX
13	XXXXXXX
14	XXXXXXX
15	XXXXXXX
16	XXXXXXX

#	UCI	Vendor
101-S	Removed	NA
102-S	Removed	NA
103-S	6402202	XXXXXXX
104-S	6396110	XXXXXXX
105-S	6402443	XXXXXXX
106-S	6710668	XXXXXXX
107-S	5839865	XXXXXXX
108-S	5314406	XXXXXXX
109-S	6462270	XXXXXXX
110-S	7196286	XXXXXXX

SIR Review Consumers