

**South Central Los Angeles Regional Center  
Targeted Case Management and  
Nursing Home Reform  
Monitoring Review Report**

**Conducted by:**

**Department of Developmental Services**

**October 28 – October 30, 2013**

## TABLE OF CONTENTS

EXECUTIVE SUMMARY.....	page 3
SECTION I: TARGETED CASE MANAGEMENT .....	page 4
SECTION II: NURSING HOME REFORM.....	page 6
SAMPLE CONSUMERS .....	page 7
ATTACHMENT I: TCM AND NHR DISTRIBUTION OF FINDINGS.....	page 8

## EXECUTIVE SUMMARY

The Department of Developmental Services (DDS) conducted a federal compliance monitoring review of the Targeted Case Management (TCM) and Nursing Home Reform (NHR) programs from October 28–30, 2013, at South Central Los Angeles Regional Center (SCLARC). The monitoring team selected 37 consumer records for the TCM review. A sample of ten records was selected for consumers who had previously been referred to SCLARC for a NHR assessment.

### Purpose of the Review

Case management services for regional center consumers with developmental disabilities were added as a medical benefit to the Medi-Cal State Plan in 1986 under Title XIX of the Social Security Act. TCM services are those “. . . services which will assist individuals in gaining access to needed medical, social, educational, and other services.” DDS implemented the TCM program statewide on July 1, 1988.

The NHR Pre-Admission Screening/Resident Review (PAS/RR) program involves determining whether an individual in a nursing facility with suspected developmental disabilities is developmentally disabled and requires specialized services.

### Overview of the TCM/NHR Compliance Monitoring Protocol

The review criteria for the TCM and NHR programs are derived from federal and state statutes and regulations and the Center for Medicare & Medicaid Services guidelines relating to the provision of these services.

### Findings

#### Section I – Targeted Case Management

Thirty seven consumer records, containing 2,510 billed units, were reviewed for three criteria. The sample records were 100% in compliance for criterion 1 (TCM service and unit documentation matches the information transmitted to DDS), 99% in compliance for criterion 2 (TCM service documentation is consistent with the definition of TCM service), and 100% in compliance for criterion 3 (TCM service documentation identifies the individual who wrote the note and the date the note was completed).

#### Section II – Nursing Home Reform

Ten consumer records were reviewed for three criteria. The ten sample records were 100% in compliance for all three criteria.

## SECTION I TARGETED CASE MANAGEMENT

### Criterion

1. The Targeted Case Management (TCM) service and unit documentation matches information transmitted to the Department of Developmental Services (DDS).

### Finding

SCLARC transmitted 2,510 TCM units to DDS for the thirty-seven sample consumers. All of the recorded units matched the number of units reported to DDS.

### Recommendation

None.

2. The TCM service documentation billed to DDS is consistent with the definition of TCM service.

Allowable TCM units are based on services which assist consumers to gain access to needed social, educational, medical or other services and include the following components: 1) assessment and periodic reassessment to determine service needs; 2) development and periodic revision of an individual program plan (IPP) based on the information collected through the assessment or reassessment; 3) monitoring and follow-up activities, including activities and contacts that are necessary to ensure that the IPP is effectively implemented and adequately addresses the needs of the consumer; and 4) referral and related activities to help the consumer obtain needed services. However, it is important to note that TCM does not include the direct provision of these needed services.

### Finding

The sample of thirty-seven consumer records contained 2,510 billed TCM units. Of this total, 2,486 (99%) of the units contained descriptions that were consistent with the definition of TCM services. Twenty-four of the billed units had descriptions of activities that were either not consistent with the definition of TCM services, did not support the amount of time claimed or were duplicative entries.

Recommendation	Regional Center Plan/Response
SCLARC should ensure that the time spent on the identified activities that are inconsistent with TCM claimable services (sent separately) is reversed.	<p><b><u>RESPONSE:</u></b>                      SCLARC reversed the unit(s) and modified the Activity Code to Miscellaneous (M) in compliance with DDS recommendation.</p>

	<b><u>PLAN:</u></b> SCLARC's trainer reviewed with SCs the TCM Protocol related to ID notes for administrative tasks and case management activities.
--	---

3. The TCM documentation identifies the service coordinator recording the notes and each note is dated.

**Finding**

The TCM documentation in the thirty-seven sample consumer records identified the case manager and the date the service was completed.

**Recommendation**

None

## SECTION II NURSING HOME REFORM

### Criterion

1. There is evidence of dispositions for the Department of Developmental Services' (DDS) Nursing Home Reform (NHR) referrals.

### Finding

The ten sample consumer records contained a copy of the Pre-Admission Screening/Resident Review (PAS/RR) Level I form, or NHR automated printout.

### Recommendation

None

2. The disposition is reported to DDS.

### Finding

The ten sample consumer records contained a PAS/RR Level II document or written documentation responding to the Level I referral.

### Recommendation

None.

3. The regional center submitted a claim for the referral disposition.

### Finding

The billing information for the ten sample consumers had been entered into the AS 400 computer system and electronically transmitted to DDS.

### Recommendation

None.

**SAMPLE CONSUMERS  
TCM Review**

#	UCI	#	UCI
1	XXXXXXXX	20	XXXXXXXX
2	XXXXXXXX	21	XXXXXXXX
3	XXXXXXXX	22	XXXXXXXX
4	XXXXXXXX	23	XXXXXXXX
5	XXXXXXXX	24	XXXXXXXX
6	XXXXXXXX	25	XXXXXXXX
7	XXXXXXXX	26	XXXXXXXX
8	XXXXXXXX	27	XXXXXXXX
9	XXXXXXXX	28	XXXXXXXX
10	XXXXXXXX	29	XXXXXXXX
11	XXXXXXXX	30	XXXXXXXX
12	XXXXXXXX	31	XXXXXXXX
13	XXXXXXXX	32	XXXXXXXX
14	XXXXXXXX	33	XXXXXXXX
15	XXXXXXXX	34	XXXXXXXX
16	XXXXXXXX	35	XXXXXXXX
17	XXXXXXXX	36	XXXXXXXX
18	XXXXXXXX	37	XXXXXXXX
19	XXXXXXXX		

**NHR Review**

#	UCI
1	XXXXXXXX
2	XXXXXXXX
3	XXXXXXXX
4	XXXXXXXX
5	XXXXXXXX
6	XXXXXXXX
7	XXXXXXXX
8	XXXXXXXX
9	XXXXXXXX
10	XXXXXXXX

## ATTACHMENT I

### TCM DISTRIBUTION OF FINDINGS

<b>CRITERION PERFORMANCE INDICATOR</b> Sample Size: 37 Records Billed Units Reviewed:	<b># OF OCCURRENCES</b>			<b>% OF OCCURRENCES</b>	
	YES	NO	NA	YES	NO
The TCM service and unit documentation matches the information transmitted to DDS.	2,510	0		100	0
The TCM service documentation billed to DDS is consistent with the definition of TCM service.	2,486	24		99	1
The TCM documentation identifies the service coordinator recording the notes and each note is dated	2,510	0		100	0

### NHR DISTRIBUTION OF FINDINGS

<b>CRITERION PERFORMANCE INDICATOR</b> Sample Size: 10 Records	<b># OF OCCURRENCES</b>			<b>% OF OCCURRENCES</b>	
	YES	NO	NA	YES	NO
1. There is evidence of dispositions for DDS NHR referrals.	10			100	
2. Dispositions are reported to DDS.	10			100	
3. The regional center submits claims for referral dispositions.	10			100	