



Trainer Resource Guide

Resources



Trainer Resource Guide

Resources

<u>Resource</u>	<u>Source or Website</u>
<p><u>AARP Health and Wellness</u> Healthy tips on exercise, eating right, and personal care for persons over the age of 50.</p>	aarp.org
<p><u>ADA Hot links and Document Center</u> Plain language description of ADA and its content. (International Center for disability Information at West Virginia University)</p>	askjan.org
<p><u>Alliance for Direct Support Professionals</u> Oldest & largest interdisciplinary organization of professionals concerned about intellectual & related disabilities.</p>	nadsp.org
<p><u>American Association on Intellectual and Developmental Disabilities</u> Oldest & largest interdisciplinary organization of professionals concerned about intellectual & related disabilities.</p>	aaidd.org
<p><u>American Dietetic Association</u> Provides nutrition information with news releases and consumer tips. Nutrition Fact Sheets and the Good Nutrition Reading List.</p>	eatright.org
<p><u>American Red Cross</u> Provides locally relevant humanitarian services that help people within the community be safer, healthier and more self-reliant.</p>	redcross.org
<p><u>American Speech–Language Hearing Association</u> To ensure that all people with speech, language, and hearing disorders have access to quality services to help them communicate more effectively.</p>	asha.org
<p><u>ARC (National)</u> Works to include all children and adults with cognitive, intellectual, and developmental disabilities in every community.</p>	thearc.org

Resources

<u>Resource</u>	<u>Source or Website</u>
<p><u>Assistive Technology</u> Tobii Assistive Technology, Inc. serves the disability and special education markets by providing innovative software and hardware solutions for people with special needs and for the professionals who work with them.</p>	<p>tobii.com</p>
<p><u>Association for Persons with Severe Handicaps</u> Association of people with disabilities, their family members, advocates & professionals concerned with independence for all individuals with disabilities.</p>	<p>tash.org</p>
<p><u>Association for Positive Behavior Support</u> An organization dedicated to the advancement of positive support behavior.</p>	<p>apbs.org</p>
<p><u>Association of Regional Center Agencies</u> Advocate in promoting the continuing entitlement of individuals with developmental disabilities to all services that enable full community inclusion.</p>	<p>arcnet.org</p>
<p><u>Association of University Centers on Disabilities</u> AUCD members train and educate the next generation of leaders in disability-related research, training, service delivery, and policy advocacy.</p>	<p>aucd.org</p>
<p><u>Best Buddies of California</u> Educate high school & college students, corporate and community citizens, & employers about the needs and abilities of people with intellectual disabilities.</p>	<p>bestbuddiescalifornia.org</p>
<p><u>California Community Care Licensing Division</u> Promote the health, safety, and quality of life of each person in community care.</p>	<p>cclid.ca.gov</p>
<p><u>California Dental Association</u> Value oral health and expand the communities' understanding of the importance of preventative and restorative and dental care services.</p>	<p>cda.org</p>
<p><u>California Department of Aging</u> Working primarily with the area agencies on Aging who serves seniors, adults with disabilities, and caregivers.</p>	<p>aging.ca.gov</p>
<p><u>California Department of Education</u> Headquarters for the California education system.</p>	<p>cde.ca.gov</p>

Resources

<u>Resource</u>	<u>Source or Website</u>
<p><u>California Poison Control System</u> By calling 1-800-222-1222 anywhere in California, you can obtain emergency information.</p>	calpoison.org
<p><u>California State Independent Living Council</u> Philosophy of people with disabilities who work for self-determination, equal opportunities and self-respect.</p>	calsilc.org
<p><u>Centers for Disease Control and Prevention</u> Lead federal agency for protecting the health and safety of people. Providing credible information to enhance health decisions, and promoting health through strong partnerships.</p>	cdc.gov
<p><u>Community Services for Autistic Adults and Children</u> Autism links.</p>	csaac.org
<p><u>Consumer Corner</u> Information about the Consumer Advisory Committee (CAC); information and links for consumers, families and professionals.</p>	dds.ca.gov
<p><u>Consumer Product Safety Commission</u> Works to save lives and keep families safe by reducing the risk of injuries and deaths associated with consumer products.</p>	cpsc.gov
<p><u>Council for Exceptional Children</u> Improve educational outcomes for individuals with exceptionalities.</p>	cec.sped.org
<p><u>Deaf Education</u> Educational enhancement for the field of Deaf Education.</p>	deafed.net
<p><u>Department of Developmental Services</u> Is the agency through which the State of California provides services and supports to children & adults with developmental disabilities.</p>	dds.ca.gov
<p><u>Department of Rehabilitation</u> DOR provides Vocational Rehabilitation Services to Californians with disabilities who want to work. Services include employment counseling; training & education; mobility and transportation aids, job search and placement assistance.</p>	rehab.cahwnet.gov

Resources

Resource

Source or Website

Disability Resources on the Internet (California):

Organization that monitors, reviews, and reports on hundreds of disability-related topics.

disabilityresources.org

Disability Rights California

Advancing the human and legal rights of persons with disabilities.

disabilityrightscalifornia.org

Educational Resources Information Center

Provides information on the education of individuals with disabilities as well as those who are gifted.

eric.ed.gov

Epilepsy Foundation

Seeks to ensure that people with seizures are able to participate in all life experiences and prevent, control and cure epilepsy.

epilepsyfoundation.org

Feeling Safe Being Safe

Emergency preparedness worksheets to plan and support individuals before, during and after a natural or man-made disaster.

Emergency Preparedness

Healthy People

Illustrate individual behaviors, physical and social environmental factors, and important health systems issues that greatly affect the health of individuals and communities.

healthypeople.gov

Independent Living Resource Center of San Francisco

To ensure that people with disabilities are full social and economic partners, both within their families and in a fully accessible community.

ilrcsf.org

Institute for Community Inclusion

Supports the rights of children and adults with disabilities to participate in all aspects of the community.

communityinclusion.org

Mayo Clinic

Information on health and medical topics.

mayoclinic.com

National Down Syndrome Society

The Internet's most comprehensive information source on Down Syndrome.

ndss.org

National Dual Diagnosis Association

Advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

thenadd.org

Resources

<u>Resource</u>	<u>Source or Website</u>
-----------------	--------------------------

National Rehabilitation Information Center

Comprehensive database for disability and rehabilitation resources.

naric.com

Office of Special Education & Rehabilitative Services

Committed to improving results and outcomes for people with disabilities of all ages.

ed.gov

President's Committee for People with Intellectual Disabilities

Provide a variety of links and valuable information that may assist the public in learning more about intellectual disabilities or accessing needed support and services in one's own local community.

acf.hhs.gov

Prevention Institute

Preventing crime and violence in California communities.

preventioninstitute.org

Quality Mall

Collect and disseminate information related to or useful in promoting quality of life for persons with developmental disabilities.

qualitymall.org

Regional Centers

Regional centers are nonprofit private corporations that contract with the Department of Developmental Service to provide or coordinate services and support for individuals with developmental disabilities.

dds.ca.gov

RJ Copper & Associates

Software and hardware for Persons with Special Needs.

rjcooper.com

Safe Medication

Database can help you find the important information you need to use medications safely and effectively.

safemedication.com

SafetyNet

Articles, presentations and tools based directly on trends among Californian individuals with developmental disabilities and intended to ensure that they are safe and healthy.

ddssafety.net

Special Education Resources on the Internet

Is a collection of Internet accessible information resources of interest to those involved in the fields related to Special Education.

seriweb.com

Special Olympics of California

Sports training & competition in a variety of Olympic type sports for people eight years and older with developmental disabilities.

sonc.org

Resources

Resource

Source or Website

Spine Universe

Maintaining a healthy spine through good body mechanics and accurate information.

spineuniverse.com

State Council on Developmental Disabilities

Assist in planning, coordinating, monitoring & evaluating services for individuals with developmental disabilities and their families.

scdd.ca.gov

State Office of Emergency Services (California)

Supporting special needs and vulnerable populations in disasters.

calema.ca.gov

UC Berkeley Wellness Letter

Variety of subjects related to food and nutrition, exercise, self-care, preventive medicine, and emotional well-being.

berkeleywellness.com

UCSD Healthguide

Comprehensive collection of features and health news; all you need to know to keep you and your family healthy.

health.ucsd.edu

U.S. Fall Prevention Program for Seniors

Selected programs using home assessment and modification.

stopfalls.org

U.S. Fire Administration

Information you need to decide what you must do to protect your family from fire.

usfa.fema.gov

U.S. Food & Drug Administration

Reviewing clinical research; promote public health to ensure foods are safe sanitary and properly labeled.

fda.gov

United Cerebral Palsy (Sacramento)

Is the leading source of information of cerebral palsy and is a pivotal advocate for the rights of persons with any disability.

ucpsacto.org

Web MD

Valuable health information, tools for managing your health, and support to those seeking information.

webmd.com