



8<sup>TH</sup> ANNUAL

# DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER - SAN FRANCISCO, CA

This conference provides a practical and useful update for primary care and subspecialty physicians, nurses, and other health care professionals caring for children, youth, and adults with complex health care needs and developmental disabilities, including autism spectrum disorders. This year's conference features select topics addressing issues of dual diagnosis (developmental disabilities and emotional/behavioral disabilities). The course provides a variety of diagnostic and treatment perspectives, research findings, and clinical guidelines, plus an overview of relevant information for pediatricians, family physicians, internists, nurse practitioners, psychologists, psychiatrists, social workers, and other health professionals who are involved in the care of individuals with these special needs.

Topics for our annual courses are significantly based on feedback and evaluations from our past participants. By demand, this year's conference focuses on the co-morbidities of behavioral/emotional health within the population of individuals with developmental disabilities across the lifespan. Current treatment considerations for movement disorders, dermatologic conditions, and gastroenterology are included in our popular Clinical Pearls session. Attention is directed to evidence-based treatment outcomes for Autism, as well as overviews of psychopharmacology, diagnosis and treatment of anxiety disorders, and considerations for cognitive behavioral therapy.

Keynote presentations feature outstanding clinicians and experts in health policy research, and epidemiology. Current bioethical conundrums such as surrogate decision making will be featured, along with a legal potpourri of topics including commitments and conservatorship. Select multi-cultural community programs will present unique service approaches and the annual Shriver Lecture will again be presented.

The "Living with Disabilities" presentations will be a daily highlight, per specific request of past attendees. As in previous years, our concurrent exhibitors will address "Resources for Individuals with Developmental Disabilities and Dual Diagnosis Across the Lifespan". We hope that you will attend, and that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP and  
Geraldine Collins-Bride, RN, MS, ANP

## EDUCATIONAL OBJECTIVES

An attendee completing this course should be able to

1. Identify and know when and where to refer or manage various co-morbidities in children and adults with developmental disabilities, including behavioral and / or emotional disorders
2. Promote implementation of recommended screening and referral for children and adults with autism, developmental disabilities, and mental health concerns
3. Better understand the need for improving access to quality health care and transitioning from pediatric to adult health services
4. Promote quality assurance in primary care and mental health care
5. Demonstrate familiarity with clinical strategies in identification and management of mental health co-morbidities in children and adults with Autism Spectrum Disorders
6. Promote maximizing independence for individuals with Developmental Disabilities and dual diagnoses
7. Understand interaction of cultural and ethnic diversity relating to diagnosis and recommended treatment for individuals with Developmental Disabilities and dual diagnoses
8. Understand indications for guardianship, conservatorship, and competent decision making for individuals with Developmental Disabilities
9. Better understand risk factors of immunizations with certain genetic diseases
10. Become familiar with risks/benefits of prescriptive and non-prescriptive pharmaceuticals
11. Understand indications for and roles of community



0569  
**Office of Continuing  
 Medical Education**  
 UCSF Box 0742, LH-450  
 San Francisco, CA  
 94143-0742

♻️ Printed on Recycled Paper

**REGISTER TODAY!**

For early-bird registration, visit our website at [www.cme.ucsf.edu](http://www.cme.ucsf.edu) or call (415) 476-5808. For more information or to register online visit our website at [www.cme.ucsf.edu](http://www.cme.ucsf.edu). You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or emailing: [info@ocme.ucsf.edu](mailto:info@ocme.ucsf.edu).

Photos: Courtesy of Support For Families and Friends

**GENERAL INFORMATION**

Pre-registration is preferred to ensure that registrants receive a syllabus and CME certificate at the course.

**How to Enroll**

**Tuition: \$375** Practicing Physicians (\$450 if postmarked after 2/28/09)  
**\$250** Nurses and other Health Professionals (\$300 after 2/28/09)

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

Mail: Complete course registration form and send with payment to:  
**UCSF Office of CME**  
**P.O. Box 45368**  
**San Francisco, CA 94145-0368**

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

**ON-SITE REGISTRATION**

Generally we are able to accommodate on-site registration at our courses. To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

**REFUND POLICY**

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

**CONFERENCE LOCATION**

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

**CONFERENCE LOCATION (CONT'D)**

For your convenience guestrooms have been reserved at the following locations:

**The Laurel Inn**, 444 Presidio Avenue until February 1, 2009 \$189 per night (single/double). After this date, rooms will be provided on a space available basis only. Telephone 800-552-8735 or 415-567-8467; fax 415-928-1866. When placing reservations by phone or fax with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference.

**Queen Anne Hotel**, 1590 Sutter Street until January 31st, 2009 \$145 per night (single/double). After this date, rooms will be provided on a space available basis only. Telephone 800-227-3970 or 415-441-2828; fax 415-775-5212. When placing reservations by phone or fax with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference.

**RENTAL CAR**

**Hertz** is offering special rates for participants of this conference; simply call 800-654-2240 and refer to identification number 03BW0128, or call your travel agent. You may also make reservations at [www.Hertz.com](http://www.Hertz.com). Advance reservations are recommended.

**AIR TRANSPORTATION**

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at [www.montgomerytravel.com](http://www.montgomerytravel.com). In addition to offering lower rates than published fares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$50 service fee.

UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

American (800) 433-1790 code: 19686  
 United (800) 521-4041 code: 510CF

Presented by the  
UCSF SCHOOL OF MEDICINE and  
the UCSF SCHOOL OF NURSING



University of California  
San Francisco

10TH ANNUAL

# DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

COURSE CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, RN, MS, ANP



Approved for  
8.75 credits

A Society of Continuing Medical Education Course Approved by the  
University of California, San Francisco, School of Medicine  
The American Academy of Child and Adolescent Psychiatry  
The American Academy of Pediatrics  
The American Psychiatric Association  
The American Psychological Association  
The American Speech-Language-Hearing Association  
The American Nurses Association  
The American Nursing Association  
The American Psychiatric Nurses Association  
The American Psychiatric Society  
The American Psychological Society  
The American Psychological Society  
The American Psychological Society  
The American Psychological Society

**THURSDAY MARCH 5, 2009**

12:30-1:00pm *Registration*  
 1:00-1:10 **Welcome and Course Overview**

Lucy S. Crain, MD, MPH, FAAP  
 Geraldine Collins-Bride, RN, MS, ANP

**PART I: LEAST RESTRICTIVE ENVIRONMENTS**

1:10-1:40 **Early Childhood Mental Health and Developmental Disabilities: State of the State** Penny K. Knapp, MD  
 1:40-2:10 **What is Dual Diagnosis? Preview of the New DSM Classification** Ann R. Poindexter, MD, FAAP, FAAIDD  
 2:10-2:30 **Q&A**  
 2:30-3:00 *Break, Exhibits*  
 3:00-3:45 **Environmental Risk Factors and Autism** Judith K. Grether, PhD  
 3:45-4:15 **LIVING WITH DISABILITIES...** Elizabeth Grigsby  
 4:15-4:30 **Q&A**

**keynote session****ANNUAL SHRIVER LECTURE**

4:30-5:15 **Cross Cultural Mental Health Treatment and Collaboration Within a County Clinic** Barbara Devaney, MA, MFT, REAT  
 5:15-5:30 **Q&A**  
 5:30 *Adjourn*  
 5:30-6:30 **Hosted Wine and Cheese Reception**

**FRIDAY MARCH 6, 2009****MINI-SYMPOSIUM: AUTISM UPDATE**

7:00-7:50am *Registration and Continental Breakfast*  
 7:50-8:00 **Announcements**  
 8:00-8:40 **Drugs of Abuse and Dual Diagnosis** Judith C. Bjorndal, MD, MBA, FAAP  
 8:40-9:20 **P Recent Advances in the Psychopharmacologic Treatments for Individuals with DD** Antonio Y. Hardan, MD  
 9:20-9:30 **Q&A**  
 9:30-9:45 *Break, Exhibits*  
 9:45-10:25 **What To Do If Your Patients Won't Talk** Heidi M Feldman, MD, PhD  
 10:25-11:10 **P Anxiety: Diagnosis & Treatment in the Individual with Dual Diagnosis** Ann R. Poindexter, MD, FAAP, FAAIDD  
 11:10-11:50 **Evidence Based Treatment Options for Individuals with Autism** Lynne C. Huffman, MD  
 Heidi M. Feldman, MD, PhD  
 11:50-12:00pm **Q&A**  
 12:15-12:45 **Autism, Metabolic Diseases, and Immunizations** Gregory M. Enns, MB, ChB  
 12:45-1:30 *Box Lunches, Exhibits*  
**SPECIAL POST PRANDIAL PRESENTATION**  
 1:30-2:30 **The Regional "Early Childhood Mental Health Network: A Cross Cultural Approach"** Robert P. Cabaj, MD  
 Sai-Ling Chan-Sew, MA, LCSW  
 2:30-2:45 *Break, Exhibits*  
**THE CUTTING EDGE: PEARLS FOR PRACTICE**  
 (Each speaker will include 5 minutes for Q&A, and question cards will be submitted by attendees)  
 2:45-3:15 **New Treatment Considerations for Movement Disorders** Jonathan B. Strober, MD  
 3:15-3:45 **P Update on Dermatologic Disorders in Children and Adults with Dual Diagnosis** Julie V. Schaffer, MD  
 3:45-4:15 **P Up and Down the GI Tract** Karen C. Bagatelos, MSN, FNP  
 4:15-4:45 **LIVING WITH DISABILITIES.....** TBA  
 4:45-5:00 **Q&A**  
 5:00 *Adjourn*

**SATURDAY MARCH 7, 2009**

8:20-8:30am **Announcements**  
 8:30-9:15 **Dual Diagnosis: Family Issues Across the Lifespan** Leonard L. Magnani, MD, PhD  
 9:15-10:00 **Cognitive Behavioral Therapy for People with Developmental Disabilities** Chad LeJeune, PhD  
 10:00-10:15 **Q&A**  
 10:15-10:30 *Break, Exhibits*  
 10:30-11:15 **Surrogate Decision Making, Involuntary Retention, and Other Ethical Considerations for Individuals with Dual Diagnosis** Albert R. Jonsen, PhD  
 11:15-12:00pm **Legal Potpourri: Commitments, Conservatorship, and Other Conundrums** Alene M. Frankel, Esq  
 12:00-12:15 **Q&A**  
 12:15-1:00 **LIVING WITH DISABILITIES.....** Nina Krietzman  
 Connie Johnson (CPO)  
 1:00-1:15 **Q&A**  
 1:15-1:30 *Evaluations and Adjourn*

**P - Pain Credit**

#### COURSE CO-CHAIRS

**Lucy S. Crain, MD, MPH, FAAP**

Clinical Professor Emeritus  
Department of Pediatrics  
UCSF School of Medicine

**Geraldine Collins Bride, RN, MS, ANP**

Clinical Professor and Vice-Chair  
Department of Community Health Systems  
UCSF School of Nursing

#### GUEST FACULTY

**Judith C. Bjorndal, MD, MBA, FAAP**

Medical Director, Sonoma Developmental Center,  
Eldridge Ellen, CA

**Robert P. Cabaj, MD**

Director, San Francisco Department of Public  
Health's Community Behavioral Health Services;  
Associate Clinical professor in Psychiatry,  
University of California, San Francisco

**Sai-Ling Chan-Sew, MA, LCSW**

Director of Child, Youth & Family System of Care,  
Community Behavioral Health Services,  
San Francisco

**Barbara Devaney, MA, MFT, REAT**

Program Director, Anchor Program,  
San Francisco, CA

**Gregory M. Enns, MB, ChB**

Associate Professor of Pediatrics Stanford  
University, Stanford, CA Director, Biochemical  
Genetics Program

**Heidi M Feldman, MD, PhD**

Ballinger-Swindells Professor of Developmental  
and Behavioral Pediatrics  
Stanford University School of Medicine  
Palo Alto, CA

**Alene M. Frankel, Esq.**

Of Counsel  
Law Offices of Darcey L. Wong  
San Francisco, CA

**Judith K. Grether, PhD**

California CADDRE, Environmental Health  
Investigations Branch,  
California Department of Public Health

**Elizabeth Grigsby**

Consumer Rights Advocate, San Francisco, CA

**Antonio Y. Hardan, MD**

Assistant Professor Of Psychiatry  
Director, Autism and Developmental Disabilities  
Clinic Lucile Packard Children's Hospital Stanford  
university, Stanford, CA

#### GUEST FACULTY (CONT.)

**Lynne C. Huffman, MD**

Associate Professor of Pediatrics,  
Stanford University, Stanford, CA Director of  
Outcomes Measurement and Research,  
Children's Health Council

**Connie Johnson (CPO)**

San Francisco, CA

**Albert R. Jonsen, PhD**

Professor Emeritus of Ethics in Medicine, School  
of Medicine University of Washington;  
Co-Director and Senior Ethics Scholar in  
Residence, California Pacific Medical Center  
San Francisco, California

**Penny K. Knapp, MD**

Professor Emeritus, Psychiatry & Pediatrics,  
University of California Davis  
Medical Director, California Department of Mental  
Health; Director, California Child Mental Health  
Services, Sacramento, CA

**Nina Krletzman**

San Francisco, CA

**Chad LeJeune, PhD**

Professor of Psychology, University of  
San Francisco; Consultant Golden Gate  
Regional Center, San Francisco, CA

**Leonard L. Magnani, MD, PhD**

Medical Director  
Alta California Regional Center

**Ann R. Poindexter, MD, FAAP, FAAIDD**

Private Practice (Primary Care)  
Conway, AR

**Julie V. Schaffer, MD**

Assistant Professor of Dermatology and  
Pediatrics; Director of Pediatric Dermatology  
New York University School of Medicine, NY

#### UCSF FACULTY

**Karen C. Bagatelos, MSN, FNP**

Assistant Clinical Professor of Community Health  
Systems, Nurse Practitioner Gastroenterology

**Jonathan B. Strober, MD**

Associate Clinical Professor,  
Neurology & Pediatrics  
Director, Pediatric MDA Clinic  
UCSF Division of Child Neurology

faculty

#### ACCREDITATION

The University of California, San Francisco School of  
Medicine (UCSF) is accredited by the Accreditation  
Council for Continuing Medical Education to provide  
continuing medical education for physicians.

UCSF designates this educational activity for  
a maximum of 16.75 AMA PRA Category 1  
Credit(s). Physician should only claim credit  
commensurate with the extent of their participation  
in the activity.

This CME activity meets the requirements under  
California Assembly Bill 1195, continuing education  
and cultural and linguistic competency.

**Family Physicians:** Application for CME credit has  
been filed with the American Academy of Family  
Physicians. *Determination of credit is pending.*

**Licensed Clinical Social Workers:** This course  
meets the qualifications on an hourly-hour basis of  
continuing education credit for LICSWs and/or LCSWs  
as required by the California Board of Behavioral  
Sciences. Approval No. PCE 1277.

**Nursing:** For the purpose of recertification, the  
American Nurses Credentialing Center accepts  
AMA PRA category 1 credit issued by organizations  
accredited by the ACCME.

**Physician Assistants:** AAFP accepts category  
credit from AOA/ACCME. Prescribed credit from AAFP  
and AMA PRA category 1 credit from organizations  
accredited by the ACCME.

**Psychology:** This educational activity is recognized  
by the California Board of Psychology as meeting the  
continuing education requirements toward license  
renewal for California psychologists. Psychologists  
are responsible for reporting their own attendance  
to the California Board of Psychology. The MCEP  
credit reporting form will be available at the course  
registration desk. Psychologists from other states  
should check with their respective licensing board.

#### Pain Management and Care for the Terminally III

The approved credits shown above include (2.5)  
AMA PRA Category 1 credits towards meeting  
the requirement under California Assembly Bill 1197  
Pain Management and Care for the Terminally III.

# 8th Annual Developmental Disabilities: An Update for Health Professionals

MOC09001

March 5-7, 2009  
Laurel Heights Conference Center  
San Francisco, California

Mail to : UCSF Office of CME  
P.O. Box 45368  
San Francisco, CA 94145-0368

Fax: (415) 502-1795  
Registration Information: (415) 476-5808  
Course Information: (415) 476-4251  
Register online: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

Dr.  Mr.  Mrs.  Ms.

Last Name \_\_\_\_\_ First \_\_\_\_\_ M.I. \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

**Address Label Code Letter (see address label: example, A, B, C, D, etc.)**

Would you like to be on our priority email list?  Yes  No

Date of birth to be used as OCME registrant number: \_\_\_\_ / \_\_\_\_ / **XX**  
Month Day

Please indicate if you have any special needs:

**Registration Fees** (Receipt/Confirmation will be mailed within two to four weeks):

- \$375** Practicing Physicians (\$450 if postmarked after 2/28/09)
- \$250** Nurses and other Health Professionals (\$300 after 2/28/09)

Make checks payable to *UC Regents*

Please charge my credit card:  Visa  MasterCard  American Express for \$ \_\_\_\_\_

Card # \_\_\_\_\_ Expiration date \_\_\_\_\_

Name on Card (Please Print) \_\_\_\_\_ Authorized Signature \_\_\_\_\_

**Refund Policy:** Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

**UCSF Laurel Heights  
Conference Center**  
3333 California Street @ Walnut  
San Francisco, CA 94118

### PARKING

Limited parking is available at the Laurel Heights Conference Center for \$12/day on Thursday/Friday and \$5/day on Saturday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, 4 and 43).

