



The Mental Health / Developmental Services Collaborative

Carlos Flores, Chair

February 3, 2010 Minutes

In Attendance:

Bob Baldo	Keith Penman	Lisa Rosene	Jeanie Thurston
Jo Ellen Fletcher	David Riester	Beth Robey	Stephen Mouton
Tom Keenen	Peggie Webb	Carlos Flores	Eliana Lois
Kathy Lee	Ken Carabello	Olivia Balcao	Renee Carnes
Ann Christen	Andrew Cavagnaro	Nicole Weiss	Michael Januse
Dori Riggs	Tom Kelly	Wendy Desormeaux	Penny Reed
Matthew Santana	Amy Urbanowicz		

I. Introductions

Meeting called to order by Chairman Carlos Flores.

II. Approval of Minutes/Agenda

Minutes of the October 21, 2009 meeting were approved by consensus and a presentation about the Anchor Project was added to the agenda.

III. Special Announcement

Carlos announced that the Collaborative had received a letter of resignation from Co-Chair Leslie Tremaine whose work obligations no longer afforded her the opportunity to serve. CMHDA is in the process of identifying a new Co-Chair.

IV. Report from Consultants

David and Beth gave a report on activities since the last meeting with most of the discussion focusing on the first Children's Summit which was held on October 28, 2009 in Redding. The Summit was for all of the counties in the far Northern and Redwood Coast service areas. Over 100 people registered and nearly every county was represented. Included in the packet was a synopsis of the comments on the post-Summit evaluation form. Overall the comments were very positive. The next Summit will be for the counties in the Golden Gate, East Bay, North Coast, and San Andreas Regional Center service areas on February 18, 2010 in Emeryville. There were approximately 120 registered for that event. Given the success of the first two Summits, the same format will be used: A panel of representatives from a regional center, mental health department, social services department, SELPA, and First Five to make a brief 5-

10 minute presentation on their mandates, limitations, and current challenges. Next, we present models of working programs to inspire the crowd. Based on feedback received in Redding that there was not enough discussion about transition-age youth, Beth arranged for a speaker running the TAY program at "The Village" in Long Beach. We also asked the Fresno Multi-Disciplinary Assessment Center to present their program. In the afternoon, the participants divide into smaller groups to discuss what is currently working well in their respective counties, what are their challenges and barriers, and what steps come next. There was discussion about the remaining Summits which will be in the Central Valley, San Diego area, and finally the Los Angeles area. At least two more summits must be held by June 30, 2010 in order to be compliant with the grant. Another component which was added includes a pre and post-test to measure whether our goals were accomplished. The Emeryville Summit will be the first group to pilot the pre and post-test. Beth and David noted what a wonderful job ARCA staff member Anh Nguyen has done in making all the arrangements for the Summits and setting up the electronic registration process.

V. Budget/Legislative/Policy Update

- A. **Developmental Services** – Bob Baldo spoke about the announcement of the closure of the Lanterman Developmental Center, impacting 398 clients. They are proposing a two-year process and anticipate more of the clients will be transferred to other Developmental Centers than with the Agnews Developmental Center. Twelve regional centers have clients at Lanterman with five have 70-81 clients each. Keith Penman noted that they are working on moving clients to smaller facilities. Bob also explained that the Governor's budget was based on three big assumptions: 1) that the voters will approve the redirection of Proposition 63 (MHSA) and Proposition 10 (First 5) funds to help pay for the State's share of EPSDT and MediCal programs, 2) that the State will prevail on all of its current lawsuits regarding cuts to IHSS, and 3) that there will be \$8 billion in new federal dollars coming to California. If these three things do not occur, the Governor proposed additional "trigger" cuts which include the complete elimination of the IHSS program.
- B. **Mental Health** – Patricia Ryan spoke about the Governor's proposed budget which includes a redirection of Proposition 63 (MHSA) funding to pick up the State's share of EPSDT and MediCal Managed Care programs. This redirection of \$452 million for 2 years would have to be approved by the voters. If the voters do not approve the measure, the Governor has his "trigger" proposals which include taking all of the MHSA money including no dispersal to counties next year. Even if neither of the Governor's proposals occur, due to the generation of money and the economy, they are already planning for substantially less money for programs in 2011/12. Patricia noted that throughout the discussion of these devastating cuts, there are no proposals to cut the State's 5% share of MHSA dollars. CMHDA is trying to collect anecdotes on how MHSA dollars are making a difference in peoples' lives such as less hospitalization, incarceration, increased school attendance, etc. Pat also discussed a new State policy decision regarding persons who are placed at IMDs – locked residential facilities. In California, MediCal has historically paid for medical ancillary costs for these patients. Mental health departments have just been informed that this will no longer be the case and that the responsibility for all medical and pharmacy needs

of these patients will fall to the counties. It is unknown how counties will be able to pay for these costs. It is also unknown whether this constitutes a new unfunded mandate.

V. Old Business:

- A. Update on San Diego's Solutions Building Collaborative. Peggie Webb gave a brief historical overview of the project and how the target group of clients is served by a team which includes experts from the Regional Center, Mental Health, and Substance Abuse systems. They also rely on "navigators" whose job is to help clients access the various systems and services. Phase II of their project, which created a certificate program in dual diagnosis, is well underway. The classes include: 1. Understanding Dual Diagnosis, 2. Dignity and Respect, 3. Clinical Diagnosis, 4. Support and Treatment Strategies, and 5. Cross Systems: Making a Difference. The instructors are now available to take the trainings "on the road" to other areas in the state. Peggie also reminded everyone that the Solutions Building Conference will be held on March 10 in San Diego and will feature presentations on Dialectical Behavior Treatment.

- B. Resource Development
 - 1. Willow Glen Priorities Project. While Jeff Payne wasn't able to attend he sent an email which gave the good news that Priorities will be opening February 8th. They were already conducting new employee orientation/trainings in anticipation of the first clients arriving on February 8-10. Priorities is a 16-bed short-term crisis residential program for regional center clients. On the same campus are an acute psychiatric health facility and an adult residential facility to accommodate clients who decompensate or who are ready to step down. Alta Regional has been the lead on this project.
 - 2. Telecare Projects. Ann Christen spoke about the 15-bed Mental Health rehabilitation Center (MHRC) in Sanger near Fresno for clients of Central Valley, Kern, and Tri-Counties Regional Centers. They have already broken ground on this project and are planning to break ground in June on an MHRC on the property of Fairmont Hospital in Alameda County. Ann said she would provide the Collaborative with an analysis of their Assertive Community Treatment program in Sacramento at our next meeting.
 - 3. California Psychiatric Transitions. David Riester reported that the new 45-bed forensic and competency restoration facility in Delhi will serve regional center clients with serious mental illness and with some involvement in the criminal justice system.

- C. Update on DDS Projects: Renee Carnes provided an update on the MHSA funded projects. Her report is attached. Tom Kelly and Stephen Mouton provided additional information about the projects funded by the grants to Westside and San Gabriel Regional Centers.

- D. Anchor Project – Dori Riggs gave a brief report on the history of the Anchor Project in San Francisco which serves 75 dually diagnosed clients referred by GGRC.

- E. Ken Carabello announced the Forensic Mental health training on March 24-26 in Monterey. The keynote speaker is Dr. Sage who is an expert in dual diagnosis. They are hoping to attract attendees representing a wide variety of disciplines – from criminal justice to service providers. To register, go to www.fmhac.net

VI. New Business

- A. Andrew Cavagnaro provided information on the high costs of emergency room visits and incarceration when the needs of individuals with mental illness are not dealt with effectively. Dr. Cavagnaro is focused on gathering data on service needs and costs associated with dual diagnosis in California.
- B. Carlos led a discussion on how the Collaborative can more effectively get the word out on the various accomplishments, strategies, resource development, etc. that have been accomplished in the last few year. One suggestion was to include information on the DDS and/or ARCA website. Carlos also questioned where the Collaborative should go from here. **The members decided to dedicate a significant amount of time at the next meeting to develop a Strategic Plan.**

VI. Schedule Next Meeting Time & Place –

Next meeting scheduled for Wednesday, May 26, 2010, 10-2, at the following location:

Holiday Inn Capitol Plaza
300 J Street
Sacramento, CA 95814
(916) 446-0100

VII. Meeting Adjourned

Updates on DDS' MHA Training Projects

Golden Gate Regional Center is developing and implementing an innovative training focusing on infant mental health.

DEVELOPMENT PHASE: The interagency collaborative has been meeting regularly and has developed and distributed an electronic survey to gain an understanding of what participants would like to learn. The curriculum committee is currently developing the training program based on the survey results.

Harbor Regional Center is conducting a project entitled *Promoting Optimal Service Delivery to the Dually Diagnosed Individual and Cross-Systems Collaboration*. **DEVELOPMENT PHASE:** The interagency collaborative is meeting. After reviewing the training schedule, the interagency collaborative eliminated one of the panel discussions and added a third, all-day workshop for DMH service providers on adaptations of *Trauma Focused Therapy for persons with intellectual disabilities*.

San Andreas Regional Center is offering the *Santa Clara County Infant Family Early Childhood Mental Health Certificate Program*.

IMPLEMENTATION PHASE: To date, four trainings have convened. Surveys were distributed to participants and their supervisors following each training inquiring about the program and recommended changes. The planning committee is meeting to assess the program outcomes and to begin planning for Year 2. The committee is using the survey results in the planning process.

San Diego Regional Center in collaboration with ARCA and the MH/DD Collaborative is convening Regional Planning Summits statewide to promote and facilitate collaboration between RCs and county mental health programs in meeting the needs of individuals with developmental disabilities and mental illness.

IMPLEMENTATION PHASE: As of December 31, 2009, SDRC convened two Regional Planning Summits. See report of consultants in the minutes.

SG/PRC is presenting Best Practices for Medication, Treatment, and Monitoring of Individuals with Developmental Disabilities and Mental Illness.

IMPLEMENTATION PHASE: Update provided by Dr. Mouton.

SG/PRC –The Infant Project will provide extensive training focusing on the best strategies for working with and supporting the children and families of consumers at risk for abuse and trauma.

DEVELOPMENT PHASE: Contracts have been signed, securing the two presenters developing and presenting the curriculum for the training. Training locations and dates have also been secured.

WRC is convening *Los Angeles Mental Health and Developmental Disabilities Education (LA MHaDDe)*.

DEVELOPMENT PHASE: The projects interagency collaborative has created four subcommittees (Needs Assessment, Recruitment, Curricula, and Evaluation). A short needs assessment was developed to assist the interagency collaborative learn about the target audience.

Additionally, a task force consisting of 19 representatives from each stage of the delivery system was created to oversee the activities of the subcommittees. The task force will also develop and implement the final area-wide south