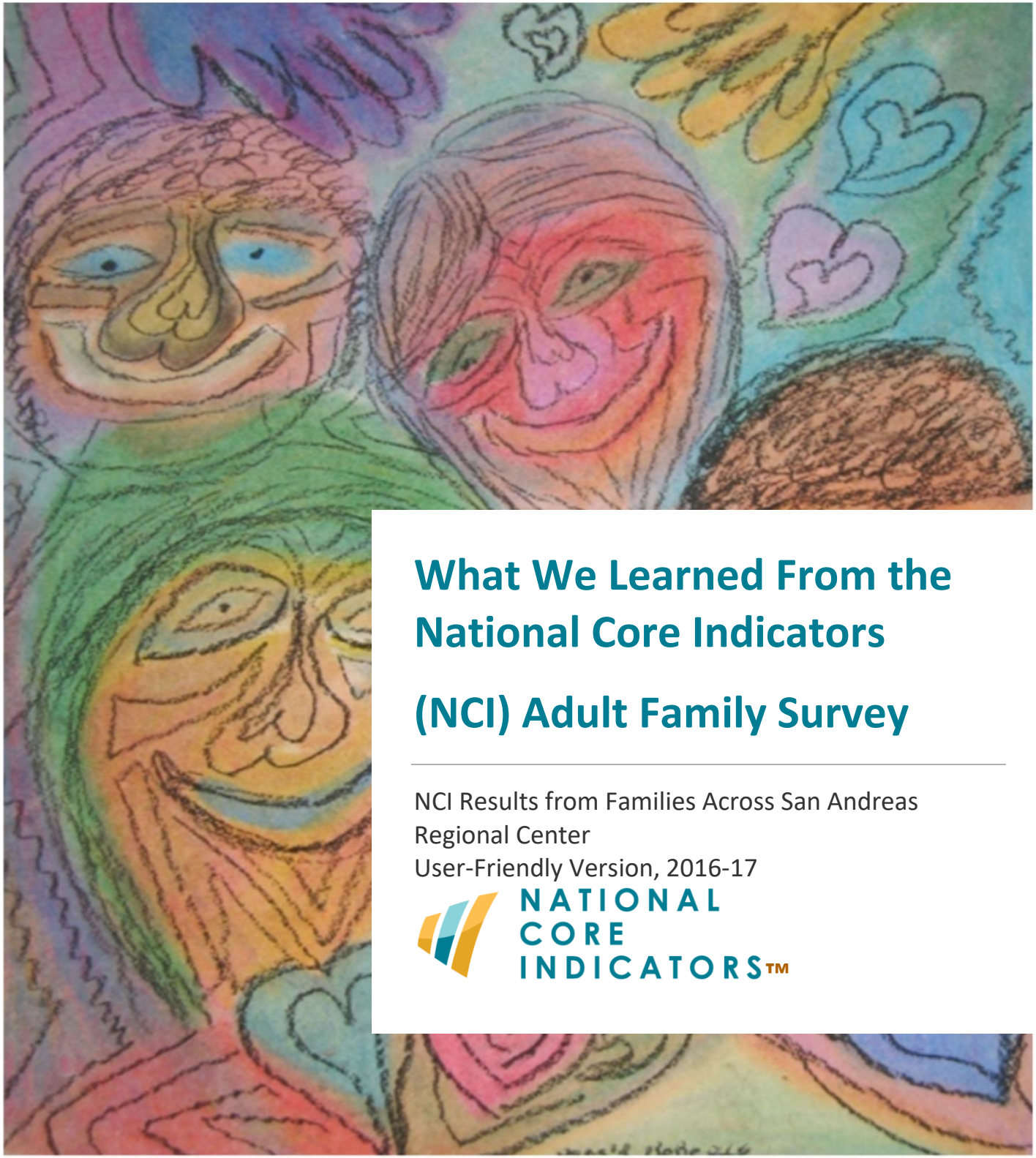


What We Learned From the National Core Indicators

(NCI) Adult Family Survey

NCI Results from Families Across San Andreas Regional Center
User-Friendly Version, 2016-17

NATIONAL CORE INDICATORS™

A Collaborative Effort of:

NASDDDS

National Association of State Directors of Developmental Disabilities Services

HSRI Human Services Research Institute

Cover art by Donald Roberts (1962 -2009)

Donald was a former member of the statewide Consumer Advisory Committee in California, Valley Mountain Regional Center Board of Directors, Olmstead Advisory Committee, California Memorial Project, and Self-Advocacy Council 6. Donald was dedicated to the empowerment of people with disabilities and expressed his experiences and dreams through his artwork.

Who helped with this report?

We'd like to thank the 2010 members of the California Developmental Disabilities Consumer Advisory Committee. Their ideas helped make this report easy to understand! We'd also like to thank everyone who let us take and use their pictures. They helped make this report interesting.

Michael Cornejo

Marcia Dinkelspiel

Joseph Flanagan

Krisi Franzone

Michelle Gordon

Sue Ann Hankensiefken

Lisa Krueger

Tracey Mensch

David Oster

Rene Rodriguez

Pattie Simpkins

Robert Taylor

Cindy White

Eduardo A. Zapata

What is the National Core Indicators (NCI) Adult Family Survey?

Each year, we try to find out how people with intellectual and developmental disabilities and their families feel about the services they get. We use surveys to ask people all around the country, and each year we ask different people. States can use the answers to find out if people like their services. They can also compare across years to see if this is changing over time.

The NCI Adult Family Surveys are mailed to families in many states. States use the surveys to find out if families are happy with the services their family member receive. California mails surveys to families across regional centers. Each regional center can use surveys to see how they are doing.

Who answers the questions on the Adult Family Survey?

The questions on the Adult Family survey are answered by a family member or guardian of an adult who gets services from the state (like a parent or other family member). The person who answered the survey lives with the person getting services from the state. The person who answered the questions *is not* the person who gets the services.

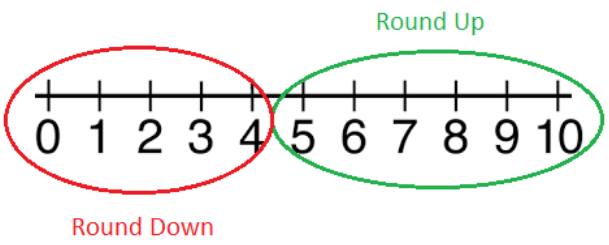
How do we show their answers?

We use words and figures to show the number of **yes** and **no** answers we got. Some of our survey questions have more than a **yes** or **no** answer. In fact, some ask people to pick: “always,” “usually,” “sometimes,” or “seldom/never.” For this report, we count all “always” or “usually” answers as **yes**. All others we count as **no**.

(If you want to see the full range of answers separately, you can find those here: http://www.dds.ca.gov/QA/rcReports.cfm.)

We also use graphs to show the answers in percentages. Percentages go from 0% to 100%. Higher percentages mean that more people answered a certain way. For example, 90% means 9 out of 10 people answered the same way. Lower percentages mean that fewer people answered in a certain way. For example, 20% means 2 out of every 10 people answered the same way.

For this report we round percentages to the nearest ten percent. To round, we look at the last digit in a number. If the digit is 5 or more, we "round up" to the next highest number with a zero. If the digit is 4 or less, we "round down" to the next lowest number with a zero.



For example:

If 87% of people say they feel safe at home, we "round up" 90%.

If 12% of people say they have a paid job, we "round down" to 10%.

Before you start reading…

The questions in this report were answered by someone who lives with the person with a disability who is receiving services and knows them well. Usually the person's parent answers the question.

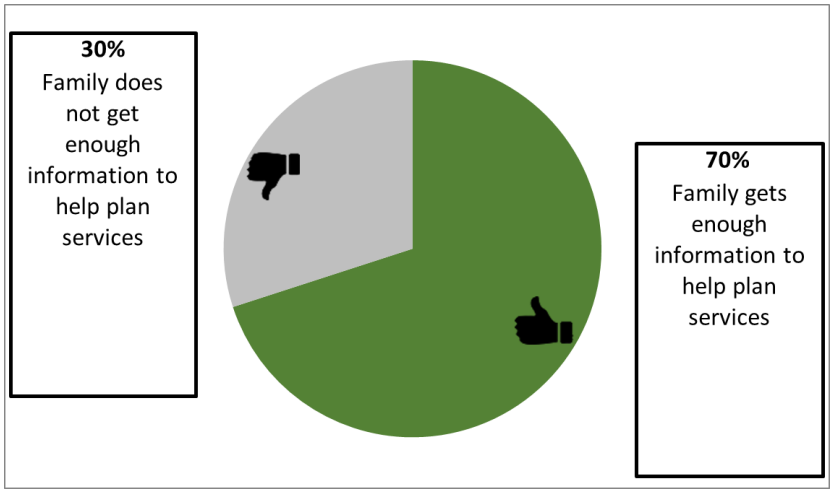
In this report, "family member," means the person with a disability receiving services from the state. "You" is the person who answered the question. The person who answers questions **is not** the person with a disability.

There are also a few words in this report that can mean different things:

- Service Coordinator can mean Case Manager or Support Coordinator
- IPP means Individual Program Plan
- Support Worker can mean staff

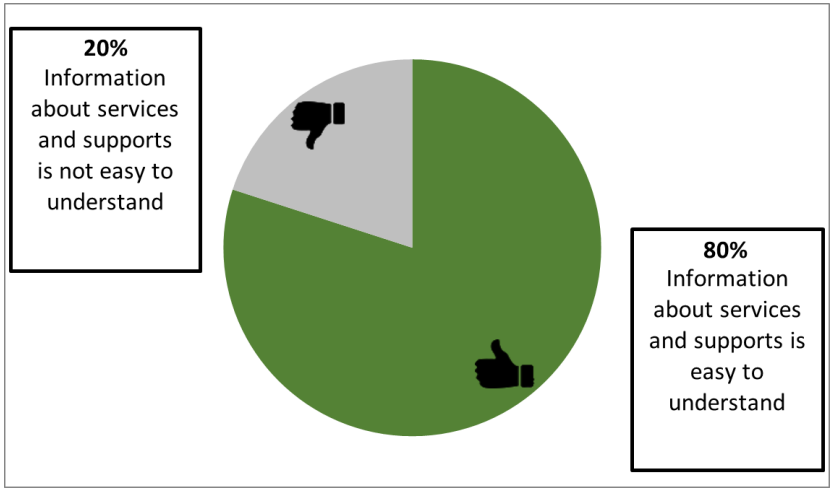
NCI asked families about the information they get to help plan services.

Do you get enough information to help plan services for your family member?



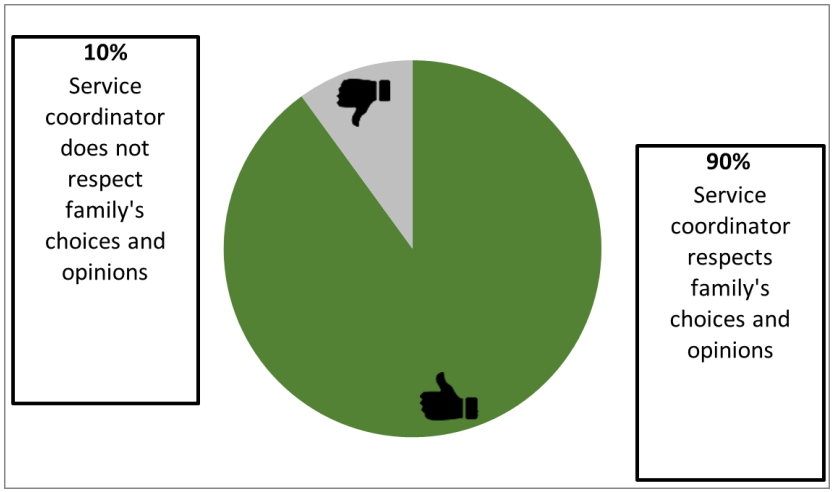
NCI tells us **7** out of every **10** people said **they always or usually get enough information to help plan services for their family member.**

Is the information you get about services and supports easy to understand?



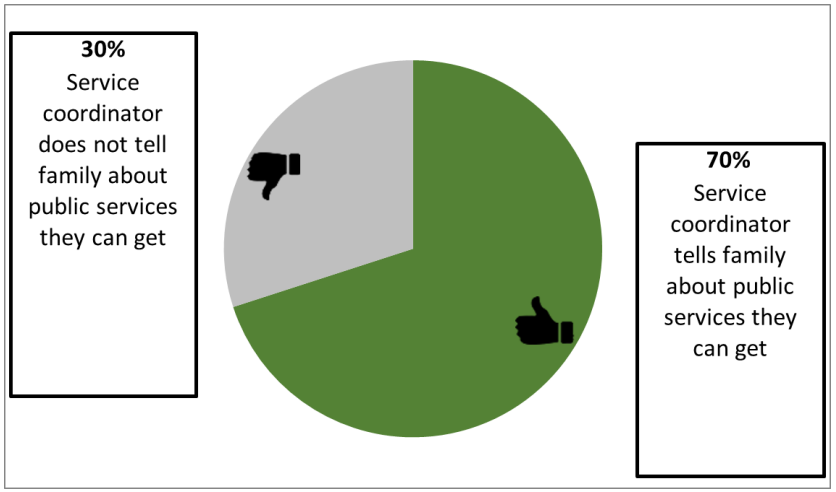
NCI tells us **8** out of every **10** people said **the information they get about services and supports is always or usually easy to understand.**

Does the service coordinator respect your family's choices and opinions?



NCI tells us **9** out of every **10** people said **the service coordinator always or usually respects the family's choices and opinions.**

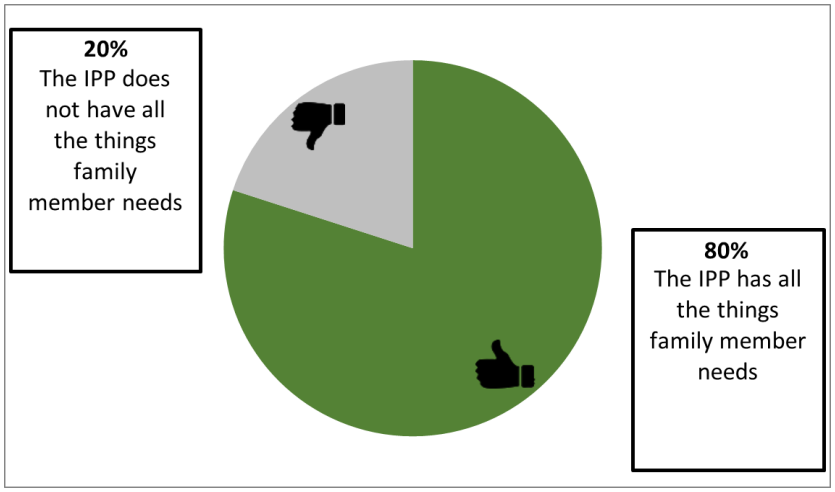
Does the service coordinator tell you about public services your family can get? Like food stamps or SSI.



NCI tells us **7** out of every **10** people said **the service coordinator always or usually tells family about public services they can get.**

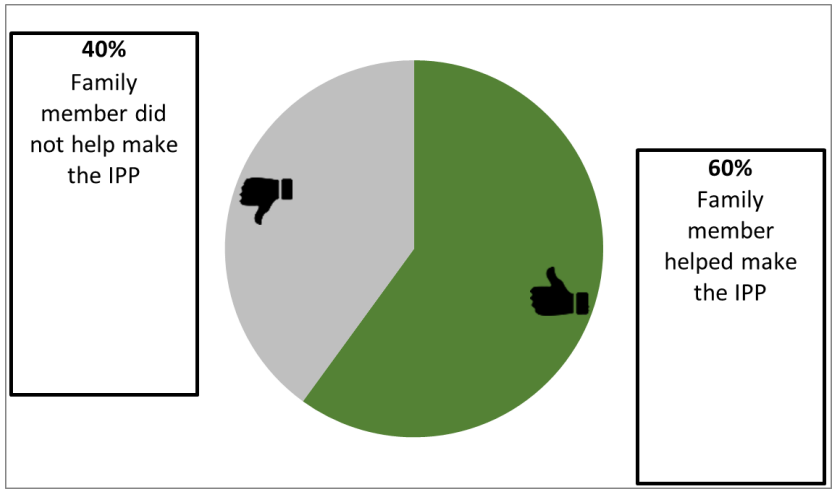
People receiving services have an Individual Program Plan (IPP). The IPP should include things the person wants and needs. NCI asked families about their family member's IPP.

Does the IPP have all of the things your family member needs?



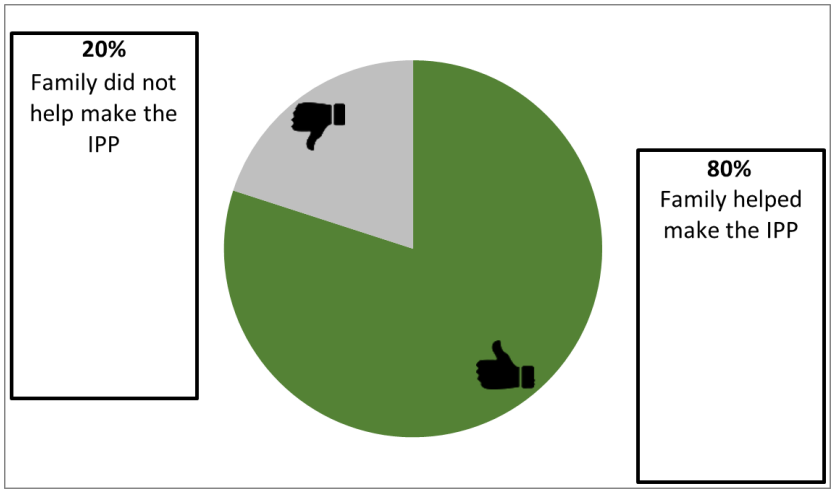
NCI tells us **8** out of every **10** people said **the IPP has all the things their family member needs.**

Did your family member help make the IPP?



NCI tells us **6** out of every **10** people said **their family member helped make the IPP.**

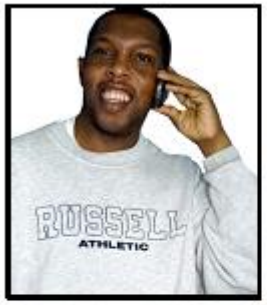
Did someone in your family, other than the person receiving services, help make the IPP?

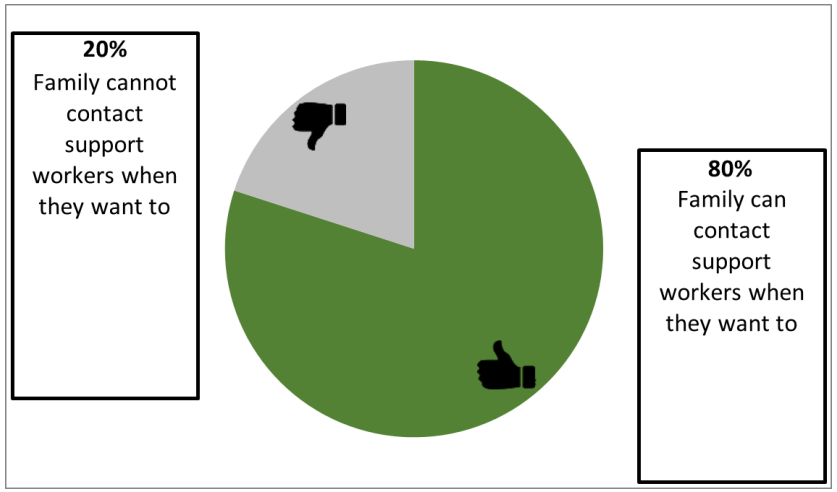


NCI tells us **8** out of every **10** people said **they or another family member (other than the person receiving services) helped make the IPP.**

Sometimes people want to talk with their service coordinators. NCI asked if family could contact service coordinators when they wanted to.

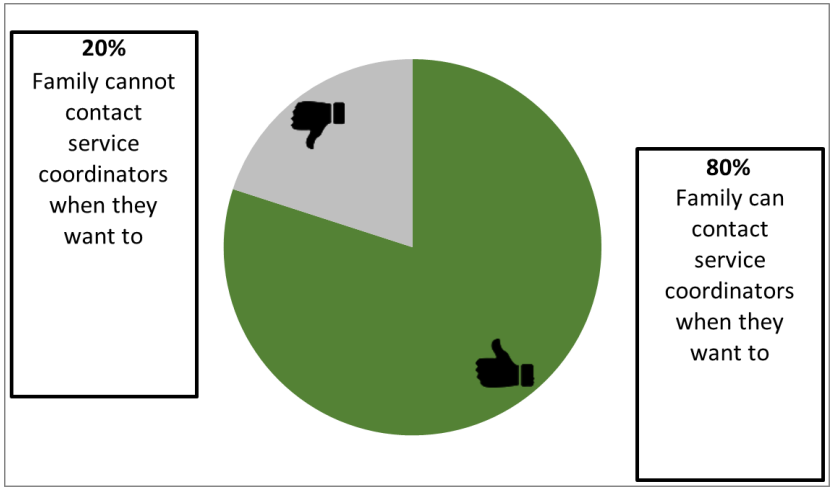
Can you or your family member contact support workers when you want to?





NCI tells us **8** out of every **10** people said **they or their family member can always or usually contact support workers when they want to.**

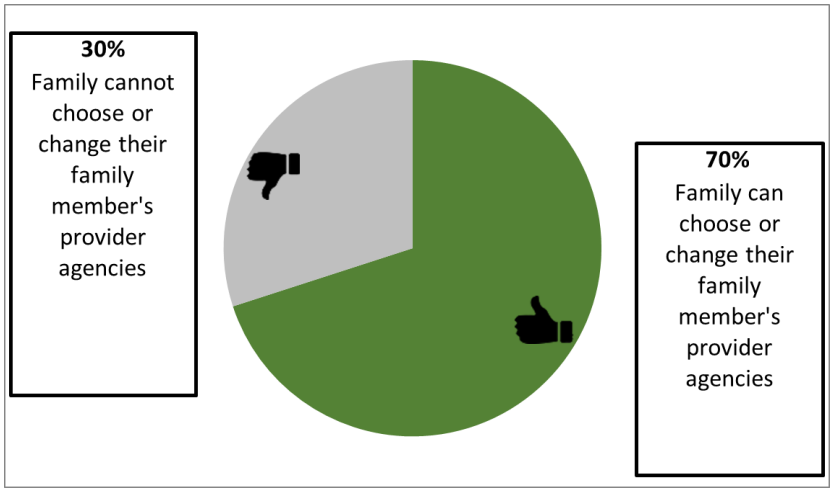
Can you or your family member contact your family member's service coordinator when you want to?



NCI tells us **8** out of every **10** people said **they or their family member can always or usually contact service coordinator when they want to.**

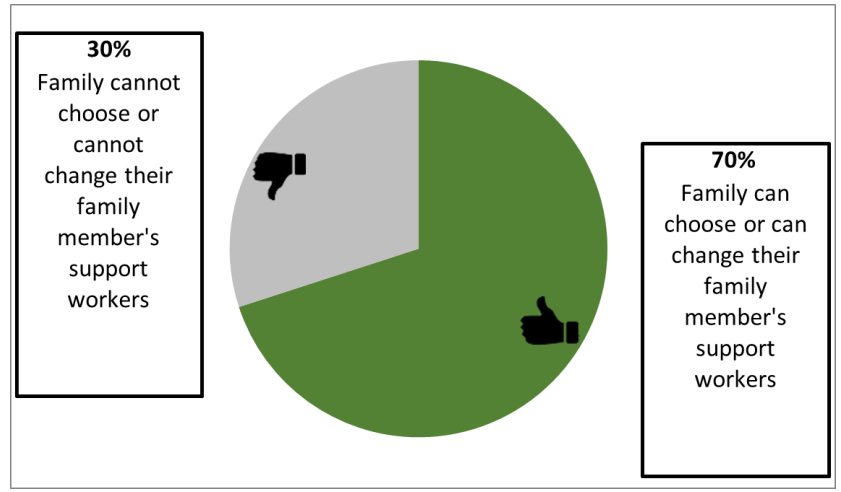
NCI asked if families can choose the support workers and service coordinators who work with their family member.

Can your family choose or change your family member's provider agencies?



NCI tells us **7** out of every **10** people said **they always or usually choose or change their family member's provider agencies.**

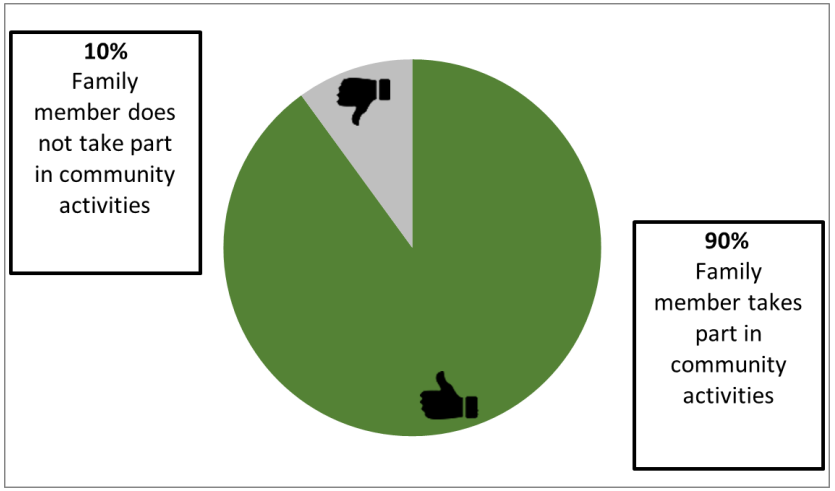
Can your family choose or change your family member's support workers?



NCI tells us **7** out of every **10** people said **they always or usually choose or change their family member's support workers.**

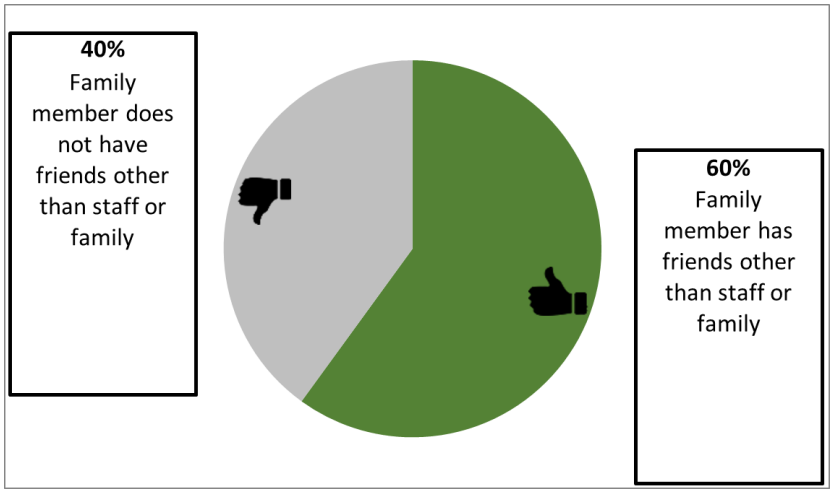
NCI asked whether family members take part in community activities (like go out to eat or do something for fun).

Does your family member take part in community activities?



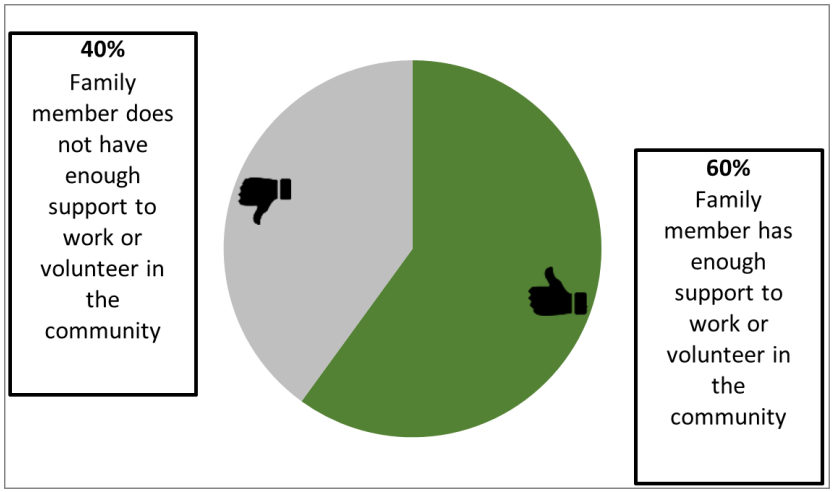
NCI tells us **9** out of every **10** people said **their family member takes part in community activities.**

Does your family member have friends other than staff or family?



NCI tells us **6** out of every **10** people said **their family member has friends other than staff or family.**

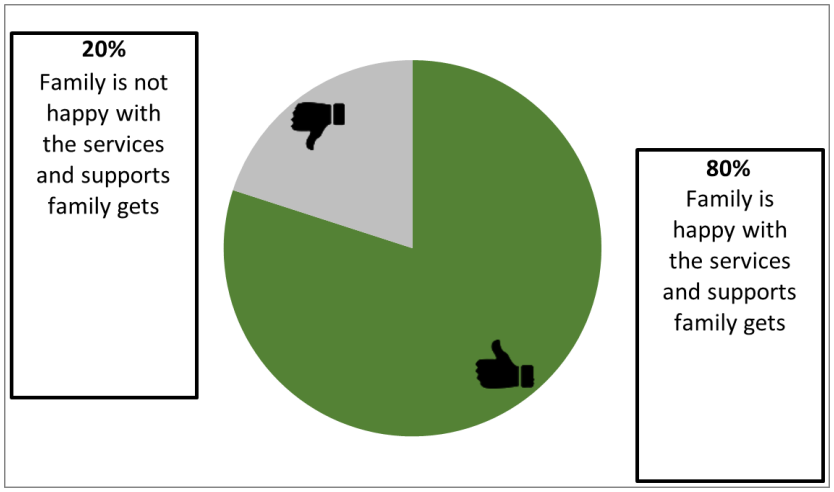
Does your family member have enough support to work or volunteer in the community?



NCI tells us **6** out of every **10** people said **their family member has enough support to work or volunteer in the community.**

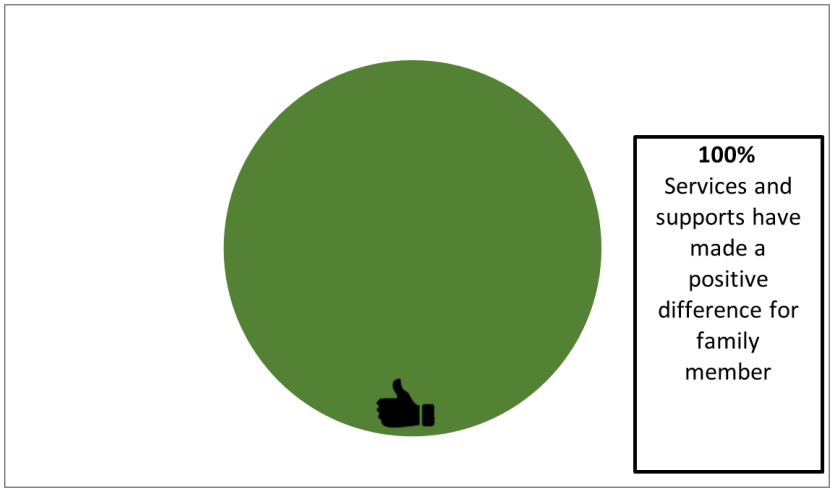
NCI asked how families feel about the services and supports their family member gets.

Are you happy with the services and supports your family gets?



NCI tells us **8** out of every **10** people said **they are always or usually happy with the services and supports their family gets.**

Have services and supports made a positive difference for your family?



NCI tells us **10** out of every **10** people said **services and supports have made a positive difference for their family member.**

What We Have Learned from the
National Core Indicators
Adult Family Survey

Results from Families Across San Andreas Regional Center
User-Friendly Version, 2016-17

NATIONAL CORE INDICATORS

http://www.nationalcoreindicators.org/

A Collaborative Effort of

NASDDDS

National Association of State Directors of Developmental Disabilities Services

Mary Lou Bourne
mlbourne@nasddds.org
301 N Fairfax Street, Suite 101
Alexandria, VA 22314-2633
703.683.4202

Human Services Research Institute

Alixe Bonardi
abonardi@hsri.org
2336 Massachusetts Avenue
Cambridge, MA 02140
617.876.0426