COMMUNITY LIVING OPTIONS

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Community Living Options

The level of support an individual needs to be safe, healthy, and happy in their living situation is one of the most important issues Interdisciplinary Teams must review and discuss at a person's annual Individual Program Plan meeting.

Community Living Options

- This presentation gives a quick overview of what types of residential models are available in the community.

- Everyone might not be eligible for all options.

- Work with your Regional Center representatives to identify which options are most appropriate for your loved one.

- Need help getting in touch with your regional center representative?
  - **The Porterville Regional Project can help**. **Call (559) 782-2120, or email: Porterville.closure@dds.ca.gov**

Community Care Facilities

CCFs are licensed by the State Department of Social Services to provide 24-hour non-medical residential care.

Alternative Residential Model (ARM)

- **Level 1**: Care and supervision for persons with self-care skills.

- **Level 2**: Care, supervision and incidental training for persons with some self-care skills and no major behavior challenges.

- **Level 3:** Care, supervision and ongoing training for persons with significant deficits in self-help skills, and/or some limitations in physical coordination and mobility, and/or disruptive or self-injurious behavior.

- **Level 4 A-I**: Care, supervision and training for persons with deficits in self-help skills, and/or severe impairments in physical coordination and mobility, and/or severely disruptive or self-injurious behavior. Service Level 4 is subdivided into Levels 4A through 4I in which staffing levels are increased to correspond to the individual needs.

Specialized Residential Facilities

Specialized Residential Facilities: Provide care, supervision and training for persons whose needs cannot be appropriately met within the array of other community living options available as determined by the planning team.

ARFPSHN Homes

Adult residential facility that provides 24-hour health care and intensive support services in a homelike setting, licensed by Community Care Licensing, certified by DDS, and vendored by Regional Centers associated with the closure of any developmental center statewide. (Also known as 962/853 homes.)

Although the home is fully equipped for consumers with serious health care needs, the design, décor and furnishings make this facility feel homelike. Note the extra wide hallway designed to accommodate two wheelchairs side-by-side. The therapeutic sensory stimulation area off the kitchen looks like a play area at home.
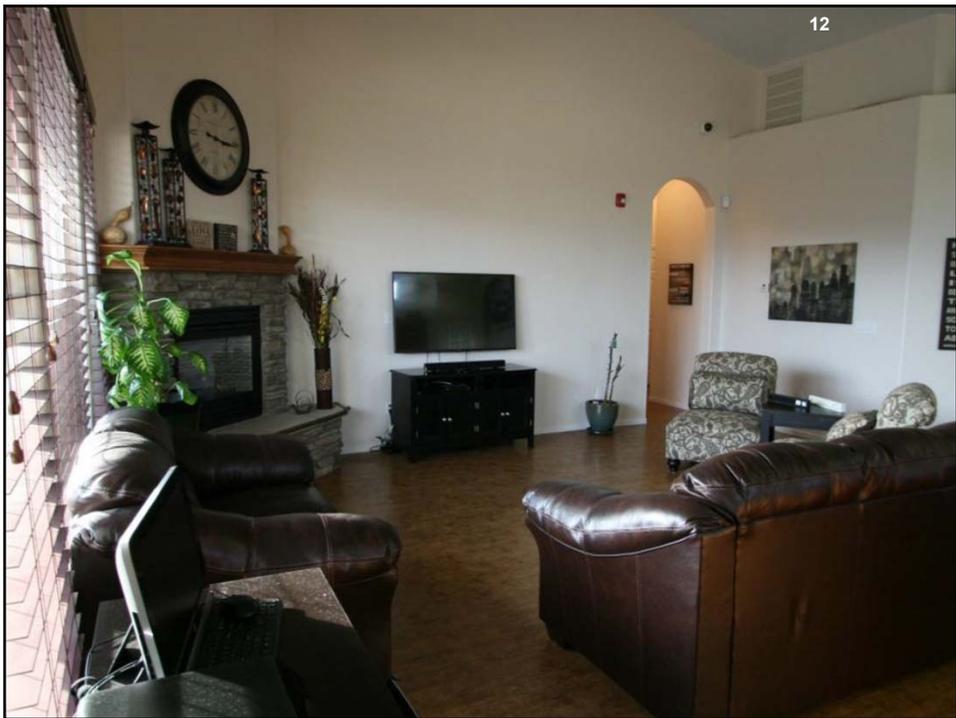
Each consumer has a customized queen or twin sized bed of their own. These beds have retractable side rails that disguise their function as hospital beds. Each bedroom is outfitted with an overhead tracking system and its own wheelchair accessible door leading to the yard outside. Besides having hidden side rails, these beds also have settings to provide vibration and massage to provide the consumers with increased blood circulation while they rest.

Delayed Egress/Secured Perimeter Homes

- Limited authority now exists for residential facilities to be equipped with both delayed egress devices and secured perimeter fences.

- These safety features are carefully designed for individuals who, due to difficult-to-manage behaviors or a lack of hazard awareness and impulse control, would pose a risk of harm to themselves or others. The addition of a secured perimeter ensures that individuals are supervised when they wish to go outside the property limits.

Enhanced Behavioral Support Homes

- These homes provide non-medical care for individuals who require enhanced behavioral supports, staffing and supervision in a homelike setting.

- They also have enhanced monitoring by regional center case managers, regional center behavior professionals, and DDS.

- Additional enhancements include more staffing and staff training.

Community Crisis Homes (CCH)

- A facility certified as an adult residential facility, providing 24-hour non-medical care to individuals in need of crisis intervention services, who would otherwise be at risk of admission to the acute crisis center at Fairview Developmental Center, Sonoma Developmental Center, or other acute care facility.

Health Facilities and Intermediate Care Facility (ICF-DD)

- Health Facilities: These facilities are licensed by the Licensing and Certification Division of the California Department of Public Health to provide 24 hours per day services
- Intermediate Care Facility – Developmentally Disabled (ICF-DD): An ICF-DD is a 24-hour health care facility that serves 15 or more people and provides personal care, habilitation, developmental and supportive health services to consumers.

Intermediate Care Facility – Developmentally Disabled/Habilitative (ICF-DD/H)

- Intermediate Care Facility – Developmentally Disabled/Habilitative (ICF-DD/H): An ICF-DD/H provides 24-hour personal care, developmental services, and nursing supervision.

Intermediate Care Facility – Developmental Disabled/Nursing (ICF-DD/N)

- An ICF-DD/N provides 24-hour personal care, developmental services, and nursing supervision for consumers who have intermittent recurring needs for skilled nursing care
- These consumers may have chronic, non-acute medical conditions that require more regular nursing and monitoring.

Intermediate Care Facility – Developmentally Disable/Continuous Nursing (ICF-DD/CN)

- The ICF-DD/CN program provides continuous nursing care to medically fragile beneficiaries in a small community-based residential setting

- Nursing Facility (NF): A NF provides continuous skilled nursing and supportive care to consumers whose primary need is for skilled nursing care on an extended basis.

Other Community Living Options

- Parent/Family Member's Home: Some consumers may live with parents or relatives. Regional centers generally provide additional supports for the family which include, but are not limited to: Day Services; In-Home or Out-of-Home Respite Services; Consultant Services; Behavior Intervention; Transportation; and/or, Independent Living Training.

- Independent Living Skills (ILS): Regional centers provide ILS services to an adult consumer consistent with his or her IPP, that provide the consumer with functional skills training that enables him or her to acquire or maintain skills to live independently in his or her own home, or to achieve greater independence while living in the home of a parent, family member, or other person

- Supported Living Services (SLS): SLS consist of a range of services to adults with developmental disabilities who, through the IPP process, choose to live in homes they themselves own, rent or lease in the community.

Other Community Living Options….

- Family Home Agency (FHA): An agency that approves Adult Family Homes and Family Teaching Homes for individuals with developmental disabilities. An Adult Family Home may serve two individuals in the same home; a Family Teaching Home may serve up to three individuals. These individuals reside with a family and share in the interaction and responsibilities of being part of a family.

- Self-Determination Program: The Department of Developmental Services is developing a new program that will let participants have more control over selecting their services and supports.

Questions?

- **Porterville Regional Project (PRP)**
  - Angie Smith, (559) 782-2120

- **Tri-Counties Regional Center (TCRC)**
  - Diva Johnson, (805) 884-7262
  - Patrick Brown, DC Liaison, (805) 962-7881

- **Central Valley Regional Center (CVRC)**
  - Cleora Ditommaso, (559) 276-4320

- **Kern Regional Center (KRC)**
  - Cherylle Mallinson, (661) 852-3207
  - Michelle Farley, DC Liaison, (661) 852-3290

- **Department of Developmental Services (DDS)**
  - (916) 654-1706; Porterville.closure@dds.ca.gov