



Eldridge Press

Special Edition

Message from the Executive Director

by Karen Faria

As I discussed at the Town Halls earlier this month, residence descriptions were created as guides to help teams make sound recommendations on referrals. Exceptions may occur based on unusual individual need. The point of having more homogenous groups of individuals is to assist with client protection, active treatment, client outings, dining experience, staff training, and many other areas that ultimately benefit the residents we serve. Most residence descriptions reflect the current demographics. However, there are a few residence descriptions that are the desired outcomes after some client moves have occurred. Please know that these descriptions will be the basis for assessing clients for the best possible residence with the best possible service to each person's need.



Karen Faria

Nursing Facility (NF) Residences

Nursing Facility (NF) services provides individualized and high quality nursing care for the promotion of physical and emotional health. The majority of individuals served have experienced acute or chronic medical conditions. Common medical conditions may include neuromuscular and sensorimotor deficits, feeding and respiratory difficulties necessitating supplementary oxygen, gastrostomy or tracheostomy care, end of life care, and other nursing conditions which require 24-hour care from skilled level of care staff.

Nursing Facility services provides highly skilled staff trained in restorative nursing care, alternative positioning, range of motion, respiratory support, and assistance in activities of daily living. Adaptive equipment is utilized to maximize independence and self-reliance. Individuals participate in a variety of activities which focus on sensory stimulation, communication, socialization, and leisure. Staff provide a compassionate, calm, and supportive environment.

Nursing Facility services includes two programs—Program Two and Program Three. Program Two has seven residences that focus on treating acute or chronic severe medical conditions. Program Three has four residences that focus on treatment for acute and chronic medical conditions.

• Program Two:

◦ Regamey A, B and C

Regamey A, B and C provide services to individuals with severe chronic medical conditions that require staff that specialize in nursing care. Regamey staff focus on maintaining or improving current capabilities, communication, and independence, while providing a high quality of life in a supportive, active, and comforting environment. All activities of daily living and nursing supports



Regamey

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Nursing Facility Residences

Regamey A, B & C, continued from previous page

are performed by staff with minimal or no assistance by the individual. Some individuals are able to eat by mouth provided assistance from their staff. Others receive nutrition and hydration needs via enteral pumps. There are opportunities for socialization and activities, such as People's First, community outings and activities on grounds.

◦ **Ordahl A and B**

Ordahl A and B provide services to individuals who require a high level of skilled nursing supervision and intervention. All activities of daily living and nursing supports are performed by staff with minimal or no assistance by the individual. Some individuals are able to eat by mouth provided assistance from staff, while others receive nutrition and hydration needs via enteral pumps. The focus is placed on maintaining or improving current capabilities, communication, and independence, empowering and providing a high quality of life in a supportive and comforting environment.



Johnson & Ordahl

◦ **Johnson B and C**

Johnson B and C provide services to individuals with high needs for nursing and medical supports. All activities of daily living and nursing supports are performed by staff with minimal or no assistance by the individual. The majority of Johnson B and C residents receive nutrition and hydration needs via enteral pumps. The focus is placed on improving or maintaining the individual's physical health while enhancing their environmental awareness and social responsiveness. This also increases stamina and endurance so that more intensive training may be possible. Licensed staff are highly trained in acute and chronic respiratory management such as suctioning, breathing treatments, and tracheostomy care. The focus is placed on maximizing and improving the individual's current level of health and wellbeing and providing the highest quality of life in a compassionate and comforting atmosphere.

• **Program Three:**

◦ **Nelson B**

Nelson B provides services to a geriatric population. The focus of care is maintaining the individual's basic self-help skills, and providing opportunities for recreation and leisure. At times, hospice care is provided. Staff focus on providing opportunities for socialization, leisure and activities. Individuals may also display mild behavioral challenges which require formal plans.



Nelson

◦ **Nelson C**

Nelson C focuses on providing nursing services with active individuals who enjoy socialization. Individuals are non-ambulatory and are provided mobility opportunities via customized wheelchairs. Nelson C focuses on socialization and leisure activities including activities on grounds. Nelson C makes every attempt to maintain medical stability while providing services to individuals who are more physically active. Several clients have mild behavioral challenges which may require behavior plans.

◦ **Nelson D**

Nelson D focuses on restorative care to improve neuromuscular and sensorimotor functioning, mobility, and sensory awareness, GT care, and hospice care. Skilled staff assist residents with self-awareness, basic self-help skills, leisure skills, and social behavioral functioning. Some individuals may display mild behavioral challenges which require formal plans.



Cromwell

◦ **Cromwell**

Cromwell serves individuals who are blind or have limited vision and/or hearing. The focus is on sensory integration, restorative care to improve their communication skills and independence. Individuals may display mild SIB and other behavioral challenges which require formal plans.

Program Four Residences

• Program Four:

Program Four includes five residences that provide positive behavioral supports to assist individuals in living more independent lives and opportunities for personal growth. Age ranges from early adulthood to mature adults. The Interdisciplinary Teams and caretakers focus on social skills development, fostering interpersonal relationships, and development of independent living skills. Program Four provides services to adults with intellectual developmental disorders and behavioral and psychiatric conditions such as autism spectrum disorder, pica, mood disorders and behaviors that interfere with living in a less restrictive setting. Individuals served are provided training opportunities to achieve their life goals, attain increase independence, self-advocacy, and make choices in their daily lives. All individuals are provided opportunities to attend daily programs provided by Central Programing Services (CPS) and on unit and off-campus activities. Program Four is committed to utilizing positive supports that include the individuals we serve.

◦ Bemis

Bemis provides services to individuals in the profound to moderate intellectual developmental range with moderate to severe behavioral conditions that require intense behavioral supports. Residents require few nursing interventions and supports. Bemis serves many individuals with autism spectrum disorder. Most individuals receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Positive behavior supports are provided in a structured setting. Bemis provides full access to individuals.



Bemis

◦ Corcoran

Corcoran provides a highly structured treatment setting for individuals with severe to mild intellectual developmental disorders and moderate to severe behavioral conditions that require intense behavioral supports. Residents have few nursing interventions and supports. Corcoran serves individuals with psychiatric conditions that include autism spectrum disorder and intermittent explosive disorder,

and mood disorders. Most individuals are social and active, and receive training in positive social interactions. Skills training in self-care skills, social and communication skills are provided to residents for positive personal growth. Corcoran has a locked courtyard, front door and dining room for the safety of the residents.



Corcoran

◦ Lathrop

Lathrop provides services for individuals with profound to moderate intellectual developmental disorders and low to moderate behavioral conditions that require positive behavioral supports. Individuals on Lathrop may have histories of severe behaviors; however the current frequency and intensity of behaviors are low. Residents have low to moderate intensity of nursing interventions and supports. Lathrop serves individuals with psychiatric conditions that include autism spectrum disorder and mood disorders. Most individuals receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Lathrop provides full access to individuals.



Lathrop

◦ Malone

Malone provides services for individuals with profound to moderate intellectual developmental disorders and low to moderate behavioral conditions that require positive behavioral supports. Residents have low to moderate intensity of nursing interventions and supports. Malone serves individuals with psychiatric conditions that include autism spectrum disorder and mood disorders. Most individuals are social and receive training on initiation and maintenance of positive social interactions. Skills

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Intermediate Care Residences

Malone, Program 4, continued from previous page
 training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Malone provides full access to individuals.



Malone

• **Smith**

Smith provides services for individuals with profound to severe intellectual developmental disorders and severe pica conditions that require intense supports and access restrictions for their safety.

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Residents have low to moderate behavioral conditions that require positive behavioral supports. Individuals have few needs for nursing interventions and supports. Smith serves individuals with psychiatric conditions that include autism spectrum disorder and mood disorders. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Smith has locked courtyard, front door and dining room and other access restrictions for the safety of the residents.



Smith

Medical/Nursing Supports
 Autism Spectrum Disorder
 Residents' Social Preference
 Behavioral Supports
 Pica Supports
 Access Restrictions

• **Program Six:**

Program Six includes five residences that provide behavioral supports with highly specialized medical and nursing supports to assist individuals in living more independent lives and provides opportunities for personal growth. Age ranges from early adulthood to elderly adults. The Interdisciplinary Teams and caretakers focus on sensory integration, social skills development, fostering interpersonal relationships and development of independent living skills. Program Six provides services to adults with intellectual developmental disorders and behavioral and psychiatric conditions such as autism spectrum disorder and mood disorders. Individuals served are provided training opportunities to achieve their life goals, attain increase independence,

exercise their rights, and make choices in their daily lives. All individuals are provided opportunities to attend daily programs provided by Central Programing Services (CPS) and on-unit and off-campus activities. Program Six is committed to utilizing positive supports that include the individuals we serve.

• **Bentley**

Bentley provides services to middle-aged to elderly individuals in the severe to moderate intellectual developmental range with high medical and nursing needs. Many residents have chronic medical issues who use a wheelchair exclusively. Bentley serves individuals with mood disorders, however

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Intermediate Care Residences

Bentley, continued from previous page

behavioral severity and frequency is low. Most individuals are social and receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Positive behavior supports are provided in a structured setting. Bentley provides full access to individuals.



Bentley

◦ *Cohen*

Cohen provides services to middle-aged to elder individuals in the profound to moderate intellectual developmental range with high medical and nursing needs. Many residents have chronic medical issues who use a wheelchair exclusively. Cohen serves individuals with mood disorders and dementia, however behavioral severity and frequency is low to moderate. Most individuals are social and receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, social and communication skills are provided to residents for positive personal growth. Positive behavior supports are provided in a structured setting. Cohen provides full access to individuals.



Cohen

◦ *Poppe*

Poppe provides services for individuals with profound to severe intellectual developmental disorders who are visually and hearing impaired. Orientation and mobility and sensory integration training is integrated into the daily lives. Individuals on Poppe have low intensity of



Poppe

behaviors. Residents have low to moderate intensity of nursing interventions and supports. Poppe serves individuals with psychiatric conditions that include autism spectrum disorder and mood disorders. Most individuals receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Poppe provides full access to individuals.

◦ *Roadruck*

Roadruck provides services for individuals with profound to moderate intellectual developmental disorders and need for sensory integration and social skills treatment. Residents have low to moderate intensity of nursing interventions and supports, with some individuals needing wheelchair and gait assistance. Roadruck serves individuals with psychiatric conditions that include autism spectrum disorder and mood disorders. Most individuals receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Roadruck provides full access to individuals.



Roadruck

◦ *Stoneman*

Stoneman provides services for individuals with profound to severe intellectual developmental disorders who are visually and hearing impaired. Orientation and mobility and sensory integration training is integrated into their daily lives. Individuals on Stoneman have low to moderate intensity of behaviors, such as self-injurious behavior. Residents have low to moderate intensity of nursing interventions and supports. Stoneman serves individuals with psychiatric conditions that include autism



Stoneman

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Intermediate Care Residences

Stoneman, continued from previous page

spectrum disorder and mood disorders. Most individuals receive training on initiation and maintenance of positive social interactions. Skills training in self-care skills, sensory integration, social and communication skills are provided to residents for positive personal growth. Stoneman provides full access to individuals.



Stoneman's new yard

	Bentley	Cohen	Poppe	Roadruck	Stoneman
Medical/Nursing Supports	High	High	Low-Moderate	Low-Moderate	Low-Moderate
Autism Spectrum Disorder	Low-Moderate	Low-Moderate	Moderate	Moderate	Moderate
Residents' Social Preference	Highly Social	Highly Social	Low initiation	Low initiation	Low initiation
Behavioral Supports	Low	Low-Moderate	Low	Low-Moderate	Low-Moderate
Pica Supports	Low	Low	Low	Low-Moderate	Low
Access Restrictives	No	No	No	No	No

Note:

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Submitting articles to the *Eldridge Press*:

The *Eldridge Press* gladly accepts submissions of articles about events at Sonoma Developmental Center, news about the Center's departments and programs, employee recognition, and other information of interest to the Center's employees, consumers and other stakeholders. Articles may be edited for grammar, punctuation, and clarity. To submit your article, send it to the Office of Planning and Communications, Room 102, Sonoma Developmental Center, P.O. Box 1493, Eldridge, CA 95431. Deadlines are the 15th of the month prior to the publication date (for instance, September 15 is the deadline for the October 2013 issue).

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