

# Health/Day Program Services

## May 6, 2017

REGIONAL CENTER OF THE EAST BAY



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## ► Primary Care Physicians

- Bay Area Home Care Medical Group provides routine and as needed visits to each client at their new community home
- Available to residential care staff by phone 24/7 for triage, assessment of health changes and treatment advice
- Refers and consults with Specialists and Hospitalists as needed



## ► Community State Staff Program

- Regional Center of the East Bay is currently contracting with two Registered Nurses, employed by DDS, who formerly worked at Sonoma Developmental Center
- Regional Center of the East Bay is in process of seeking additional clinical staff, including:
  - Occupational Therapist/Physical Therapist
  - Physician
  - Psychologist
- These clinicians will provide assessment, assist with planning, provide consultation with community providers and monitor the health of individuals who move from SDC



## ➤ Mental Health Treatment

- The Schreiber Clinic in Alameda County provides mental health services to Regional Center clients
- Developing mental health services in Contra Costa County in conjunction with Contra Costa Health Plan and County Mental Health
- Providers may also contract with Mental Health providers for additional consultation



## ► Dental Services

- Currently contract with several registered dental hygienists in alternative practice providing dental cleanings to regional center clients at home
- Regional Center is in contract with a Dental provider, Altruistic Dental Smiles, to provide Mobile Dental Services, in-home assessment and treatment of clients dental needs
  - Routine Visits
  - Cleanings
  - Treatment as needed
- Sedation or Hospital Dentistry – Dentists will provide dental treatment while individual is sedated by Anesthesiologist
  - Alameda County > Valley Care Medical Center
  - Contra Costa County > Contra Costa Regional Medical Center



## ► Specialty Care

- Specialty care will be provided by physicians contracted with Medicare or MediCal Managed Care Plans in county of residence. (Contra Costa Health Plan, Alameda Alliance)
- Medical Centers such as Contra Costa Regional Medical Center, John Muir Medical Center, Sutter Delta, Valley Care Medical Center, Washington Medical Center, UCSF or Stanford provide acute care, specialized care and treatments.
- Primary Care Physician coordinates with these specialists and medical centers.



## ➤ Hospitalizations

- All residential care homes will be located in close proximity to medical centers.
- The residential provider ensures staff knowledgeable about the individual's needs accompany and remain with individual during hospital stays to communicate needs to clinicians.
- Staff brings updated medical information about individual to all medical appt., emergency visits and hospitalizations



## ➤ Health Insurance

- Medi-Cal
  - W&I code, section 4474.6: DDS and DHCS coordinate the transition of health care services for MediCal eligible consumers who are transitioning from a developmental center into the community.
  - Managed Care Plans, in Alameda County > Alameda Alliance for Health or Anthem Blue Cross Partnership Plan, in Contra Costa County > Contra Costa Health Plan or Anthem Blue Cross Partnership
  - Medi-Cal Managed Care Plans cover Doctor Visits, Emergency Room Care, Hospital Care, Covered Prescription Drugs, Durable Medical Equipment
- Medicare
  - Medicare Part A (Hospital Insurance)
  - Part A covers inpatient hospital stays, care in a skilled nursing facility, hospice care, and home health care.
  - Medicare Part B (Medical Insurance)
  - Part B covers certain doctors' services, outpatient care, medical supplies, and preventive services.
  - Medicare Part C (Medicare Advantage Plans)
  - A type of Medicare health plan offered by a private company that contracts with Medicare to provide you with all your Part A and Part B benefits.
  - Medicare Part D (prescription drug coverage)
  - Part D adds prescription drug coverage to Original Medicare.





## ► Day Programs

- Deaf Plus:
  - A Community Integration Training Program in Alameda County
  - serves clients who are deaf or have a significant hearing impairment
  - 1:2 staff to client ratio
  - Provides behavioral supports if needed
  - In center activities include educational activities, communication using sign language, recreational activities, health and nutrition education, independent living skills development and self advocacy development.
  - Strong focus on community outings and activities (volunteer opportunities, bowling, cultural festivals and parades, museums, trips to local parks and the zoo, plays and concerts)



## ➤ Day Programs

- The Open House Center
  - A Community Integration Training program in Contra Costa County.
  - 1:2 staff to client ratio
  - Serves clients who have medical care needs
  - Licensed LVN or RN staff on site
  - In center activities include educational, recreational, independent living skills development, stretching gentle exercise, healthy aging, sensory activities.
  - Community outings and activities may include volunteer opportunities, cultural festivals, trips to local parks, dining out experiences, shopping excursions, farmer's market trips, based on interests of the clients.



## ► Day Programs

- Hand in Hand for Progress
  - Located in Contra Costa County
  - Provides community-based Behavior Management services for clients with sensory impairments.
  - 1:2 staff to client ratio
  - Other program features include: sensory activities, composure/relaxation room, vocational activities, sports and fitness area, arts & crafts area, ADL training, Computer area, cooking, and an entertainment area.
  - Program geared towards community integration and building social/recreational networks and choices.



## ➤ Day Programs

- Cole Vocational Services
  - Located in Alameda County
  - Provides community-based Behavior Management services to clients with intense behavioral needs.
  - Program features include enhanced staffing (1:2 ratio), vocational activities, arts & crafts, recreational activities, Computer lab area and community integration.
  - Small and large group activities are integrated into the program schedule of activities.



## ➤ Day Programs

- Way of the Elders
  - Located in Alameda County.
  - Provides community-based services to seniors who need a high level of support due to involved self care needs, ambulatory issues or non-ambulatory status.
  - Staffing ratio is 1:2.
  - Onsite activities include recreational, social, arts and crafts and ADL/self care support.
  - Community integration activities also provided.



## ► Day Programs

- Community Integrated Work Program (CIWP)
  - Located in Contra Costa County.
  - Provides community-based Behavior Management and vocational services to adults 18 and over.
  - Volunteer, training and competitive employment opportunities are available.



## ► Day Programs

- ARC Access (In-home) Program
  - Mobile day program delivering services to adults in both Alameda and Contra Costa counties.
  - Program is home based for adults with health/medical needs that preclude them from being able to attend a site based program.
  - Highly individualized program with typically 1:1 staffing and a strong collaboration between program instructor and residential care staff.
  - Activities include personal interests of participant, sensory stimulation activities, range of motion exercises, modified ADL's and community integration activities.
  - Transportation services available.