

# Eastern Los Angeles Regional Center Performance Contract 2011

**Approved by the Board of Directors  
October 12, 2010**

**Performance Contract**  
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**Regional Center Eastern Los Angeles Regional Center**

**Calendar Year(s) 2011**

<b>Measure</b>	<b>Activities Regional Center will Employ to Achieve Outcome</b>
Number and percent of RC caseload in DC	<p><b><u>Statement:</u></b> The Eastern Los Angeles Regional Center (ELARC) is committed to providing assistance to individuals and their families, who choose to move from a state developmental center (SDC) into a less restrictive environment within their home communities. It is our belief that through our efforts the percentage of people living in a SDC will decrease throughout the next five years.</p> <p><b><u>Activities:</u></b> (Continue with 2010 Activities) To be developed based on Community Placement Plan</p>
Number and % of minors residing with families (includes in their own home, in a foster home or with a Guardian)	<p><b><u>Statement:</u></b>  ELARC will ensure that children, whose health and safety will not be compromised, will reside with their families by providing the needed supports and services regardless of the severity of his/her disability.</p> <p><b><u>Activities:</u></b> Placement Specialist (PS) will submit a monthly report to outcome coordinator on the number of children placed out of home and/or requests for out of home placement. By establishing closer communication with PS trends and patterns that lead to out of home placement may be better identified.</p> <p>Increase the development and expansion of services that have been identified as necessary to maintain the child in the home when living at home is the preferred objective in the child's individual program plan.</p> <p>Continue to expand alternative respite options such as foster family homes and children's crisis beds</p> <p>Service Coordinators will update accurate and current residential type on CDER annually</p> <p>Work with case management staff to increase Person Centered Thinking skills. The utilization of these skills will promote partnerships with consumer's, families and vendors as well as increase contributions to the Individual Program Plan. Continue to find ways to bring the Inclusion and Person Centered Thinking</p>



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	message to families and vendors. By continuing to promote community inclusion, increased communication, increased collaboration and improved circles of support, families will identify both natural and generic resources in the community that may assist them with maintaining their goal of keeping their child at home.
Number and percent of adults residing in home settings	<p><b>Statement:</b> ELARC will ensure consumers are encouraged to assert their rights to determine and control the living arrangement of their choice. This may include owning, renting, or leasing the home where the consumer resides. The availability of assistive technology services to maximize consumer participation will be explored annually at the IPP and as needed, and implemented and monitored on a case by case basis.</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Work with existing FHA vendors to increase developments of certified families within the catchment area.</li> <li>• Work with housing resources in order to be better informed and have access to affordable housing developments in Los Angeles County. Include and identify developments for special needs population such as the elderly, homeless, mental health and battered women in order to integrate consumers based on these needs.</li> <li>• The regional center will identify needs and coordinate developments related to independent living, supported living and supports for adults residing in home settings.</li> <li>• Work with Non Profit Housing Organization(s) to demonstrate affordable funding feasibility for new apartment units within the catchment area.</li> </ul>
Number and percent of minors living in facilities serving > 6	<p><b>Statement:</b> ELARC is intent upon maintaining children residing in residential facilities in a family-like environment as much as possible. It is our belief that through our efforts, the percentage of children residing in facilities with seven or more beds will be maintained or decreased from its currently low level (1) throughout the next five years</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Current residential resources, available beds for minors in facilities &lt; 6 beds, appear to be sufficient to meet reported needs. On a quarterly basis, needs assessment will be conducted by Outcome Coordinator,</li> </ul>

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	<p>and any unmet needs will be relayed to Community Services Division as appropriate.</p> <ul style="list-style-type: none"> <li>• ELARC will provide information and explore training opportunities for Service Coordinators to increase their knowledge base on the profile of medically fragile/high medical needs children, understand risk factors and identify services and supports that benefit the child.</li> <li>• Service Coordinators will conduct ongoing evaluation of cases in order to identify medically fragile/high medical needs children as early as possible.</li> <li>• Service Coordinators will provide information and referrals to less restrictive community living options as appropriate.</li> <li>• ELARC will continue to collaborate with the community in identifying resources (natural, generic and funded) available to assist families in mitigating stressors as a result of caring for a medically fragile/high medical needs child.</li> </ul>
<p>Number and percent of adults living in facilities serving &gt; 6</p>	<p><b><u>Statement:</u></b> ELARC will ensure that individuals with developmental disabilities have more choices in living options regardless of the severity of his/her disability.</p> <p><b><u>Activities:</u></b></p> <ul style="list-style-type: none"> <li>• Service Coordinators will continue to provide information on the array of community living options to all adult consumers and/or their families promoting informed and preferred choices.</li> <li>• Current residential resources, available beds for adults in facilities of &lt; 6 beds, appear sufficient to meet overall needs however in instances where a viable living option is not available, responsible ELARC staff will collaborate with Community Services staff in making known unavailable resources and promote development of such.</li> <li>• ELARC will continue to support downsizing efforts of large group facilities in our catchment area.</li> <li>• Service Coordinators will continue to discuss and provide information to consumers on all available living options, including certified FHA homes, ILS, SLS, and small group homes as alternatives to living in large group home settings</li> <li>• Outcome Coordinator to develop living options FAQ booklet for distribution to staff and consumers seeking more information about out-</li> </ul>



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	<b><i>Activities Regional Center will Employ to Achieve Outcome</i></b>
	<p>of-home placement living options.</p> <ul style="list-style-type: none"> <li>• Continue to collaborate with Community Services and vendors regarding development of facilities 6 or less beds as well as other services and supports designed to maintain the consumer in less restrictive living arrangements.</li> <li>• Placement Specialist will periodically attend unit meetings, participate in committees and review and disseminate information on less restrictive, more inclusive living options during living options staffing meetings at ELARC.</li> <li>• Consumer and Community Services will begin discussion of resources, grants, and other innovative living options for elderly (i.e. the Green House® Project) and alternatives to nursing facility placements in future.</li> </ul>

**Public Policy Performance Measures**

The following measures are under development for future incorporation in the Performance Contract Pilot Project, upon availability of relevant data:

<b><i>MEASURE</i></b>	<b><i>Activities Regional Center Will Employ to Achieve Outcome</i></b>
Number and percent of adults in supported employment	<b>Under Development by DDS</b>
Number and percent of adults with earned income and average wage (aggregate).	<b>Under Development by DDS</b>
Number and percent of adults in competitive employment.	<b>Under Development by DDS</b>
Access to medical and dental services.	<b>Under Development by DDS</b>
Number of consumers per thousand who are victims of abuse.	<b>Under Development by DDS</b>

**Compliance Measures**

<b><i>Measure</i></b>
Unqualified independent audit with no material finding(s)

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<i>Measure</i>
Substantial compliance with DDS fiscal audit
Accuracy percent of POS fiscal projections (based on February SOAR)
Operates within OPS budget
Certified to participate in Waiver
Compliance with Vendor Audit Requirements per contract, Article III, Section 10

<b>Measure</b>	<b>Activities Regional Center Will Employ to Achieve Outcome</b>
CDER/ESR Currency	<p><b>Statement:</b> ELARC will ensure that ESR/CDER information is entered into SANDIS in a timely and accurate manner.</p> <p><b>Activities:</b>  SC will enter accurate and current ESR/CDER information for consumers during birth month.</p> <ul style="list-style-type: none"> <li>Supervisors will monitor accuracy and accountability via the CDER error report.</li> <li>Utilize a tracking form to alert SCs of ESR/CDERs due the following month.</li> </ul>
Intake/assessment and IFSP time lines (0-3). Under Development by DDS	<b>Under Development by DDS</b>

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Measure	Activities Regional Center Will Employ to Achieve Outcome
Intake/assessment time lines for consumers ages 3 and above	<p><b><u>Statement:</u></b> ELARC will ensure that intake and assessment time lines for applicants ages three and above are met.</p> <p><b><u>Activities:</u></b> Will continue to maintain timeline compliance throughout the year.</p>



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Measure	Activities Regional Center Will Employ to Achieve Outcome
IPP Development (WIC requirements)	<p><b><u>Statement:</u></b> All active cases will have a current IPP which is reflective of a person- centered approach and adheres to all WIC requirements</p> <p><b><u>Activities:</u></b></p> <ul style="list-style-type: none"> <li>• Continue to offer and provide ongoing IPP training and Person Centered Thinking (PCT) training opportunities for all service coordinators</li> <li>• Continue to support organizational changes to implement PCT, piloting an automated PCT IPP, and continued collaboration with Tri Counties Regional Center on PCT learning opportunities.</li> <li>• Continue to implement Medicaid Waiver Training</li> <li>• Supervisors to provide on the job training and support regarding Person Centered Planning and IPP management</li> <li>• Continue to require new staffing training on IPP and Person Centered Thinking</li> <li>• Continue to incorporate families and other natural supports into the IPP process.</li> </ul>



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Measure	Activities Regional Center Will Employ to Achieve Outcome
IFSP Development (Title 17 requirements)	<p><b><u>Statement:</u></b> All early start consumers will have a current IFSP which will reflect a family-centered approach.</p> <p><b><u>Activities:</u></b></p> <ul style="list-style-type: none"> <li>• ELARC will develop more educational and training opportunities for parents.</li> <li>• Meet with local school districts on an annual basis as to ensure smooth transition from Early Start to school district services.</li> <li>• Implementation of natural environments as stated on the program advisory distributed by DDS June 2008. Meet with Community Services and OT/PT/SLP consultants to develop a plan to transition infant programs to provide services in natural environments</li> <li>• Invite all infant development programs to meet and discuss this transition to services within natural environment</li> <li>• All Early Start vendors that are clinic and center based attend a natural environment training conducted by DDS.</li> <li>• Due to the increased number of referrals due to the CAPTA requirements and lack of infant mental health professionals to provide services Early Start will still continue to attend the Early Identification and Intervention Collaborative meetings that include the Dept. of Children and Family Services and Dept of Mental Health SPA meetings.</li> <li>• Due to the lack of resources in the areas of Occupational Therapy, Physical Therapy and Speech Therapy services, the Early Start Depart. will continue to provide unavailable resource forms to the Community Services Dept. to recruit vendors</li> <li>• Continue to work with ELARC Community Services, center based infant programs and clinic based therapy providers to transition to natural environments.</li> <li>• Transitioning IFSP reviews to every six months with new incoming cases.</li> </ul>

## STATEMENT OF ASSURANCES

This is to assure that Eastern Los Angeles Regional Center Year 2011 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2011 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations  
[WIC 4629 (c)(B)(i)]
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community  
[WIC 4629 (c)(B)(ii)]
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
- Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action  
[WIC 4629 (c)(B)(iii)]
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]

Signature of RC Director: \_\_\_\_\_

Glacia Wang

Date: \_\_\_\_\_

10/18/10