## PERFORMANCE CONTRACT – 2010 Far Northern Regional Center

**Public Policy Performance Measures** 

#### **MEASURE**

# ACTIVITIES REGIONAL CENTER WILL EMPLOY TO ACHIEVE OUTCOME

 Decrease number and percent of regional center caseload in developmental centers.



### Statement:

All people are valuable and have gifts and abilities. All people are best supported in an inclusive community.

- Participate in the Community Placement Plan to assist developmental center residents to move into the community.
- Continue development of new homes in FNRC area to meet the need of individuals transitioning from developmental centers.
- Develop services that build inclusive and supportive communities.

Increase number and percent of minors residing with families.



#### Statement:

Families will receive support services to prevent inappropriate out-of-home placements. Families will have access to information and education.

- Continue to develop and provide families with the services and supports as described in the Lanterman Act and needed to keep children at home.
- Provide group parent training and supports to reduce behaviors that interfere with a child's abilit to interact with their family and community.
- Evaluate and provide accommodations and modifications to family homes and vehicles.
- Continue to identify and promote best practices in assessment and treatment of autism so families can access appropriate resources.

3. Increase the number and percent of **adults** residing in home settings.



### Statement:

Home can be defined in many different ways, but it is the place where a person wants to be.

- Continue to develop and provide a variety of effective services and supports that make it possible for consumers to live in the community.
- Continue to develop innovative day activity programs to provide increased options for daytime support.
- Provide low-cost training to community based service providers and their staff to promote safe supports and services.
- Monitor supported living environments to ensure safe supports and services.
- Provide ongoing training to Supported Living service providers and their staff to promote client health and safety.
- Continue to provide families with the services and supports needed to assist them in providing home services, respite, hospice care, and crisis services.

#### **MEASURE**

# ACTIVITIES REGIONAL CENTER WILL EMPLOY TO ACHIEVE OUTCOME

 Decrease number of **minors** living in facilities serving six or more people:



### Statement:

Far Northern has no children in large facilities. Children belong in loving inclusive homes.

#### **Activities:**

 When children are at risk, FNRC may utilize an intensive service residence for short-term crisis stabilization. Services can be identified and provided to allow the child to successfully transition back to their home. If our efforts fail, we will place the child in a small home, with six or fewer children. Decrease number and percent of adults living in facilities serving more than six people.



## Statement:

Far Northern supports living arrangements that are small. Our choices for adults are homes that serve four or fewer people and provide adults with private bedrooms and baths.

- FNRC will identify all consumers living in large skilled nursing facilities and assess their needs to see if they can be appropriately served in a small home serving six or fewer people.
- FNRC will share value-based preferences at Residential Provider orientation classes to continue to develop homes for four or fewer people.

Client Development Evaluation Report (CDER) or Early Start Report (ERS) is current.

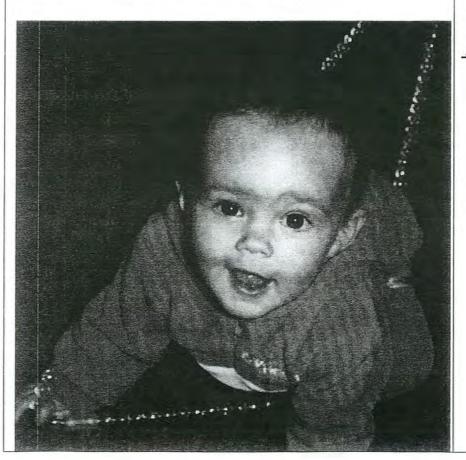


### Statement:

FNRC will ensure that critical information is entered into SANDIS in a timely and accurate manner.

- SC will enter accurate and current CDER information for consumers during birth month or ERS information within 45 days of the initial referral.
- Supervisors will monitor accuracy and accountability via quality assurance reviews of randomly selected records.
- Supervisors review the monthly notification of delinquent CDERs/ERS.
- CDERs are reviewed for accuracy whenever there is a request for out-of-home placement or respite, or for supported living services.

7. Intake and assessment will be provided within 45-days of referral and an Individual Family Service Plan (IFSP) shall be developed within 45 calendar days of the referral as required by the Lanterman Act Section 95020(b).



## Statement:

Children aged birth to three years shall be evaluated and assessed for the purpose of determining eligibility and service planning within 45 days as required by Part C.

- Children determined eligible shall have an initial IFSP completed with service identification within 45 days of the initial referral.
- Supervisors review progress of intake/assessment timelines monthly.
- Continue collaborative Intake process with local SELPA's

MEASURE	ACTIVITIES REGIONAL CENTER WILL EMPLOY TO ACHIEVE OUTCOME
8. Intake/assessment time lines for consumers age three and above are met.	Statement:  FNRC will ensure that intake and assessment time lines for applicants three and older are met.
	<ul> <li>Activities:         <ul> <li>Continue to assess and develop local resource needs related to intake/assessments.</li> </ul> </li> <li>Supervisors review progress of intake/assessment timelines monthly.</li> </ul>
<ol> <li>Individual program plans will be developed and required by the Lanterman Act Section 4646.5 (c)(3).</li> </ol>	Statement: The individual planning process is conducted to determine the life goals, strengths, gifts and concerns of the person we serve.
	• FNRC will develop individual plans in the spirit and to meet the requirements of WIC 4646.5

#### **Compliance Measures**

# THE FOLLOWING MEASURES ARE UNDER DEVELOPMENT FOR FUTURE INCORPORATION IN THE PERFORMANCE CONTRACT PILOT PROJECT, UPON AVAILABILITY OF RELEVANT DATA. FNRC HAS STARTED ACTIVITIES TO IMPROVE THESE AREAS

MEASURE	ACTIVITIES REGIONAL CENTER WILL EMPLOY TO ACHIEVE OUTCOME
Number and percent of adults in supported employment:	Statewide data collection methodology is under development
Number and percent of adults with earned income and average: wage (aggregate):	Statewide data collection methodology is under development

Number and percent of adults in competitive employment:	Statewide data collection methodology is under development			
	Activities Already Started:			
	<ul> <li>Develop community integration training programs that are actual businesses to promote employment opportunities.</li> </ul>			
	<ul> <li>Continue self-employment project for individuals to own their business</li> </ul>			
MEASURE	ACTIVITIES REGIONAL CENTER WILL EMPLOY TO ACHIEVE OUTCOME			
Access to medical and dental services:	Statewide data collection methodology is under development			
	Activities Already Started:			
	<ul> <li>Continue to assist consumers and families to access medical support resources by developing partnerships with medical and dental providers.</li> </ul>			
Number of consumers per thousand who are victims of abuse:	Statewide data collection methodology is under development			

## **Activities Already Started:**

- Continue to provide training to consumers, families and service providers through the use of peer advocates in the Abuse Prevention Team, Consumer Abuse Awareness Team (CAAT), "Respect Yourself" for men and women and "You and Me".
- Continue to provide Personal Care Guidelines to consumers who require help eating, bathing, dressing, and toileting.

# How is Far Northern Regional Center Performing?

These are the 5 areas where DDS wants each Regional Center to continually improve. You can see FNRC's performance in each area.

Have fewer consumers in developmental centers	<b>State Avg. June 2009</b> 0.95%	FNRC June 2009 0.6%	Lower is better	
Have more children live with families	98.47%	98.60%	Higher is better	

Have more adults live in home

settings (IL/SLS, AFHA, family home)	72.70%	74.85%	Higher is better
Have fewer children live in large facilities (more than 6 residents)	0.13%	0.0%	Lower is better
Have fewer adults live in large facilities (more than 6 residents)	4.30%	3.43%	Lower is better

# Did Far Northern Regional Center meet DDS Standards?

The following shows how well Far Northern Regional Center did in meeting DDS compliance standards:

Areas Measured	Last Year	Current Year
Successful independent audit with no major problems	Yes	Yes
Successful DDS audit	Yes	Yes
Stayed within operations budget	Yes	Yes
Certified to participate in the Federal Waiver	Yes	Yes

Successfully audits vendors	Yes	Yes
CDERs are updated as required (CDER is the Client Development Evaluation Report with information about the consumer's diagnosis)	89.88%	89.85%
Intake/Assessment timelines for consumers age 3 or older are met *	100%	99.24%

#### STATEMENT OF ASSURANCES

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This is to assure that Park Normannia Regional Care 2010 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2010 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)]
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)]
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
- Circulating a draft to the community of the performance contract plan relative to the public
  policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and
  any locally developed policy outcomes prior to presenting the contract to the regional center
  board for action [WIC 4629 (c)(B)(iii)]
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]

Signature of RC Director:

Date:

Ether 26, 2009