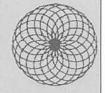
# North Bay Regional Center promotes opportunities and supports choices for people with developmental disabilities in Solano, Sonoma, and Napa Counties



Performance Goals are Achieved (  $\nearrow$  ) when NBRC data exceeds the statewide average or has improved over the prior year

North Bay Regional Center			
Performance Plan- 2012: Public Policy Measures	Statewide Averages	NBRC Outcomes	Strategic Achievements & Planned Activities for 2012
Fewer clients reside in state	.91%	2.22%/160	NBRC's vendor, North Bay Housing Coalition, owns
developmental centers	2009	2009	6 properties with Community Placement Plan funding, resulting in stable secured housing for 9 consumers
	.83%	<b>1.94%/142</b> 2010	NBRC will continue to develop new homes to meet intensive health, mental health, and behavioral needs
	.78%	1.74%/131	NBRC continues to partners with community agencies to develop residential resources to provide deflection and
	2011	2011	Develop crisis intervention and deflection support for NBRC case managers
More children live with families	98.4%	98.16%/3035	NBRC provides New Parent Orientations including
(including own family, foster family, and/or guardian)	2009	2009	resources for and referrals to community agencies, IHSS, Kaiser Autism Case Management services, and Family Resource Centers
	98.6%	98.18%/2969	NBRC Early Intervention collaborates with First Five to meet family needs
	2010	2010	NBRC will continue to provide family support as needed including: respite, daycare supplement, and behavioral services that include the family
	98.64%	97.98%/3008	NBRC will implement two Mental Health Services
	2011	2011	Act proposals to provide training to families regarding consumers with dual mental health and developmental disability diagnoses; and Project Connect will establish a collaborative community groups to address the early intervention needs of
	. 47		children 0-5 with mental health diagnoses

Fewer children live in licensed	0.13%	0.23%/7	NBRC will continue to develop alternative living
homes serving more than 6 children	2009	2009	arrangements that meet health and behavioral needs for four or fewer residents
	0.13%	0.23%/7	NBRC will improve crisis intervention services
	2010	2010	through the RFP process and resource developmen for temporary placement of children
	0.11%	0.10%/3	The state of the s
	2011	2011	
More adults live in home settings	73.20%	67.04%/2648	NBRC continues to advocate for and develop a wid
(includes living with	2009	2009	array of living arrangements for adults
family/parent/conservator, adult family home agency-FHA,			North Bay Housing Coalition develops Individual
independent living, or supported			Housing Plans working with families and
living arrangements)	73.99%	69.98%/2852	consumers to identify and coordinate affordable
	2010	2010	housing options including Mainstream Vouchers (30 in Napa), 811 project development
	2010	2010	Over 500 consumers and families attend Transition
			Fairs to become informed and supported in making
	74.1%	70.62%/3045	choices for living arrangements
	2011	2011	NBRC works with community transportation and vendored providers to advocate for and collaborate to meet transportation access needs cost effectively
			NBRC will monitor residential services to ensure
			living arrangements continue to meet consumer
			needs, modifying and/or reducing services as appropriate to need
More adults reside in	12.43%	10.38%	NBR will continue to work with consumers and
Independent Living arrangements	2009	2009	families to identify appropriate living arrangement
urrungements	12.19%	10.93%	NBRC will identify independent living resource needs and develop ILS services
	2010	2010	NBRC will work with NBHC and local ILS agencies t
	2010	2010	develop and access affordable residential options
	11.94%	10.74%/463	NPPC will develop and use housing data to support
	2011	2011	NBRC will develop and use housing data to suppor development of appropriate independent living arrangements

More adults reside in Supported	5.3%	12.58%	NBR will continue to work with consumers and
Living arrangements	2009	2009	families to identify supported living options
	2003	2003	NBRC will identify supported living resource needs
ह्य	5.47%	12.04%	and develop SLS services
4	2010	2010	NBRC will work with NBHC and local SLS agencies
	5.56%	42 550/ /500	to develop and access affordable residential
(CEP)	5.56%	13.66%/589	options including expanded use of Section 8  vouchers
	2011	2011	Vouchers
			NBRC will develop and use housing data to support
			development of appropriate supported living arrangements
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More adults reside in Family	0.55%	0.10%	NBRC will continue to educate staff and
Home Agency (FHA) living arrangements	2009	2001	consumers/families in use of FHA living arrangements
urrungements	0.50%	100/	~
	0.59%	.18%	NBRC will continue to use needs-based assessments and IDT planning teams to refer
	2010	2010	consumers/families to FHA living arrangements
	0.70%	.67%/29	
	2011	2011	
	2011	2011	
Fewer adults live in licensed	4.10%	2.30%/91	NBRC develops homes that serve 4 adults or less
homes serving more than 6	2009	2009	while meeting health and behavioral needs
adults	220752000		NBRC will continue to monitor and assess service
- 8	3.8%	1.98%/82	needs to advocate for and transition adults into
	2010	2010	less restrictive/more integrative living arrangements
	3.65%	2.02%/87 📈	
		2	
	2011	2011	
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Compliance Measures: NBRC is in compliance with Performance Contract when CDER and Intake timelines are met and NBRC passes auditing and budget management criteria

Compliance Measure	Statewide Average	NBRC Outcomes	Planned Activities
Intake/Assessment is completed in a timely manner:  142 days or less	97.85%- 2009 98.64%- 2010 98.56%- 2011	88.08%- 2009 97.35%- 2010 95.65%- 2011	NBRC will continue to provide timely completion of intake/assessment for children 3 years old and above, and adults
143-240 days	1.89%- 2009 1.24%- 2010 1.30%0 2011	8.29%- 2009 1.59%- 2010 4.35%- 2011	NBRC will continue to work with intake and assessment vendors to ensure timely completion of intake and assessment  NBRC continues to work closely with
Over 240 days	0.26%- 2009 0.15%- 2010 <b>0.13%- 2011</b>	3.63%- 2009 1.06%- 2010 0%- 2011	local SELPA's to facilitate timely and seamless transitions to school services
Intake/assessment and Individual Family Service Plans are completed in a timely manner	Statewide data co development	llection under	NBRC will continue to provide timely completion of intake/assessments for infants and toddlers under 3 years
Client Development Evaluation Reports (CDERs) and Early Start Reports (ESRs) are current	95.67%	93.81%	NBRC will continue monitoring reports and ensure all CDERS and ESRs are completed when due  NBRC will use internal auditing to identify staff training and supports needs to meet deadlines

Compliance Measure	2010	2011	Planned Activities
NBRC passes unqualified independent audit with no material findings	YES	YES	NBRC will continue to utilize business practices in compliance with audits
NBRC is in substantial compliance with DDS Fiscal Audits	YES	YES	NBRC will continue to utilize business and fiscal practices in compliance with audits
NBRC POS fiscal % projections are accurate (based on February SOAR)	YES	YES	NBRC monitors POS spending monthly to make accurate projections. Service Coordination assessment and service monitoring uses cost-effective and needs-based criteria for purchasing of services
NBRC Operates within the POS budget	YES	YES	See above
NBRC participates in the Federal Waiver	YES	YES	NBRC Internal Quality Monitor conducts internal audits for monitoring of Waiver to ensure reporting compliance and identify staff training needs
NBRC complies with Vendor Audit requirements	YES	YES	NBRC will continue to meet vendor audit requirements
NBRC develops IPPs that meet Welfare & Institutions Codes (WIC) requirements	99.78% are compliant per DDS review	NBRC is substantially compliant with Biennial DDS review per Welfare & Institutions Code section 4646.5 (c)(3)	NBRC will continue to monitor IPP reports per Supervisor review and approval to ensure all IPPS meet Lanterman Act and WIC requirements.
NBRC completes IFSPs to meet Title 17 requirements in compliance with timelines	86.69%	NBRC's IFSP Development meets family and Title 17 requirements	NBRC will continue to comply with Title 17 requirements for timely completion of IFSPs per Supervisor review

## Public Policy Outcomes for which Statewide Data Collection is <u>Not Yet Available</u> Data provided here stems from NBRC internal measures

Data provided here stems from NBRC internal measures			
Measure	Planned Activities		
Number and percent of adults with earned income and average wage (aggregate)	<ul> <li>One of NBRC's Strategic Goals is: Individuals will achieve economic influence through employment</li> <li>Current data suggests that 223 individuals earn at least minimum wage, 52 individuals earn \$10.00 per hour or more, and 194 individuals earn less than minimum wage working at "piece" or productivity rates based on NBRC employment services survey data</li> <li>NBRC continue meets with employment services providers and conducts community outreach to educate businesses on merits of employing more individuals with disabilities</li> <li>NBRC collaborates with school districts, Dept. of Rehabilitation, Project Search, and the College to Career programs to promote workforce development and assist in service coordination</li> <li>Consumer input suggests that there should be more</li> </ul>		
	opportunities to earn money doing janitorial, filing, recycling, and shredding work to earn money.		
Number and percent of adults in supported employment and/or competitive employment	<ul> <li>Current data suggests that 496 consumers work in group or individual supported employment programs with NBRC vendors</li> <li>Consumer input suggests increasing jobs in the community for janitorial work, at the veteran's buildings, and as bingo callers</li> </ul>		
Access to medical and dental service	<ul> <li>NBRC contracts with a dental services coordinator, generating over 355 referrals for dental services</li> <li>NBRC advocates for and assists consumers and families with accessing Medi-Cal using Institutional Deeming, resulting in over 500 consumers being referred over past 3 years</li> <li>NBRC collaborates with managed care plans, Partnership Health Plan, and community health resources including Indian Health, California Children's Services, and Kaiser to meet needs</li> <li>NBRC Community Resource Consultant identifies needs and develops resources for accessing services</li> <li>NBRC will continue to monitor and advocate for legislation around insurance companies covering ABA therapies for autism</li> <li>Consumer input suggests need for more Medi-Cal</li> </ul>		

providers

Number of consumers per 1,000 who are victims of abuse.

- NBRC works with victims advocates, domestic violence agencies, and local law enforcement agencies providing training and awareness outreach
- Consumer input suggests increasing awareness to travel in groups, getting to know neighbors, and fostering relationship with the police department to stay safe in the community

#### NBRC Local Policy Outcomes & Strategic Achievements

Individuals achieve self-reliance and independence
 NBRC has published 12 volumes of the NBRC Press
 highlighting independence and 4 feature articles in our
 2010 Annual Report

NBRC works with North Bay Housing Coalition to transition consumers from developmental centers using CPP; 6 properties have been purchased housing 9 consumers; NBHC manages 30 mainstream vouchers for Sec. 8 housing in Napa county and continues to advocate for and develop additional affordable housing NBRC continues to see an increase in independent and supported living arrangements, from 858 to 1071

 <u>Individuals achieve economic influence through</u> employment

over the past three years

NBRC has over 614 consumers working in supported employment programs. Santa Rosa Junior College began the College to Career program for 21 consumers in collaboration with NBRC and the Dept. of Rehabilitation. 223 consumers earn at least minimum wage

#### <u>Individuals are the principal decision-makers in</u> their lives

NBRC coordinates Transition Fairs with county school districts, providing over 500 consumers and families with resources to make informed decisions; 118 students have toured NBRC facilities

Over 270 consumers participate in consumer advocacy groups and consumer advocates hold quarterly meetings

400 consumers statewide participated in the Supported Life conference; NBRC Consumer Advocate was keynote speaker

#### Planned Activities for 2012

Based on Community Input Meetings & Internal data

- Promote choice and foster consumer leadership through continued advocacy and support groups
- Consumer input suggests they want support in achieving independence through managing their own money, shopping, and choosing their own clothes; attending to their personal hygiene and cooking their own meals.
- NBRC service coordinators will continue advocating for and monitoring services to maximize choice in these activities
- Continue work with businesses and employers on increasing access for people with disabilities including presentations on CA Employment First policy
- Consumer input suggests that there should be more opportunities to earn money doing janitorial, filing, recycling, working in restaurants, and shredding work to earn money.
- Increase media and public awareness around the "Big Picture" and historical milestones of people with disabilities
- Promote choice and foster consumer leadership through continued advocacy and support groups
- Consumer input suggests choosing a boyfriend/girlfriend, other friends, their instructor(s), their clothes, TV shows, movies, sports activities, and the foods they eat are paramount to decision-making

### <u>Family Support services result in health family environments</u>

NBRC collaborates with county medical, IHSS, and First Five and children's services agencies to advocate for and coordinate seamless service delivery NBRC conducted 27 community outreach presentations drawing attention to the needs for healthy family resources and supports

Early Start meets monthly with LEA's to coordinate services and ensure a smooth transition for 480 cases NBRC provides supports for parent training on behavior intervention, 15 families participating

 <u>Individuals and families have access to community</u> resources

Over 880 consumers and families have IHSS services
Autism Community Team (ACT) coordinates autism
services, activities, symposiums, and meetings resulting
in over 200 people receiving information and support
MOUs are in place between NBRC and Napa and
Solano Mental Health to ensure service needs are met
and provide consistent support to address needs
NBRC collaborates with local SELPA's to streamline
delivery of behavioral services

- Improve crisis intervention services to facilitate coordinated service delivery & collaborations
  - RFP for Crisis Intervention Services currently being processed through Community Resources Unit
- Increase outreach and information dissemination to minority groups
- Increase referrals to community resources, e.g., Easter Seals inclusion groups and FRCs, for children & families who are at risk but do not meet Regional Center Early Start eligibility criteria
- Improve training/interaction for law enforcement including an overview of rights of consumers, the role of choice and strategies for improved behavior interventions
- Consumer input suggests increasing access to community events and getting involved with community, e.g., access to volunteer opportunities

### STATEMENT OF ASSURANCES

Perfo Welfa	s to assure that
The p	erformance contract was developed through a public process which included:
0	Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)]
8	Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)]
	Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
9	Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action [WIC 4629 (c)(B)(iii)]
۰	Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]
Signa	ture of RC Director: Bel Harl

Date: