

Regional Center Regional Center of the East Bay

Calendar Year 2010

**Public Policy Performance Measures**

<b>Outcome Measure</b>	<b>Activities Regional Center will Employ to Achieve Outcome</b>
<p>1. Decrease number and percent of RC caseload in DC</p>	<ul style="list-style-type: none"> <li>• Assess consumers who reside in State Developmental Centers for placement in the community.</li> <li>• Develop new residential, program services and other community supports using the Community Placement Plan.</li> <li>• Deflect placements to the Developmental Centers for all except mandated court placements.</li> <li>• Expand community resources for consumers who have mental health and/or substances abuse problems.</li> </ul>
<p>2. Increase number and percent of minors residing with families</p>	<ul style="list-style-type: none"> <li>• Provide ongoing case management support to families and consumers.</li> <li>• Provide an array of family supports through referral and advocacy with generic services.</li> <li>• Provide support to families through RCEB funding.</li> <li>• Provide crisis intervention services through RCEB's mobile crisis team and Children's Crisis Home.</li> <li>• Community Service staff will continue to work with the Child Care Planning Council to develop additional inclusive child care resources.</li> <li>• Continue to conduct specialized clinics for families.</li> </ul>
<p>3. Increase number and percent of adults residing in independent living</p>	<ul style="list-style-type: none"> <li>• Continue to meet with ILS Consortium six times a year.</li> <li>• Provide two living options workshops a year for families and consumers.</li> <li>• Continue to train new case management staff on ILS Services.</li> </ul>

<b>Outcome Measure</b>	<b>Activities Regional Center will Employ to Achieve Outcome</b>
	<ul style="list-style-type: none"> <li>• Community Services will continue to provide technical assistance to ILS providers.</li> <li>• Continue to work closely with our Housing Consortium to increase affordable housing.</li> <li>• Continue to provide information on living options at 2 Transition Fairs annually and at the Transition Conference.</li> </ul>
<p>4. Increase number and percent of adults residing in supported living</p>	<ul style="list-style-type: none"> <li>• Continue to meet with SLS providers.</li> <li>• Provide two living options workshops a year for families and consumers.</li> <li>• Continue to train new case management staff on SLS.</li> <li>• Continue to work closely with our Housing Consortium to increase affordable housing.</li> <li>• Provide a workshop on SLS for families and consumers 2 times per year.</li> <li>• Continue to provide information on living options at 2 Transition Fairs annually and at the Transition Conference.</li> </ul>
<p>5. Increase number and percent of adults residing in Adult Family Home Agency homes</p>	<ul style="list-style-type: none"> <li>• Identify available providers within the nine Bay Area counties who are interested in providing FHA services.</li> </ul>
<p>6. Increase number and percent of adults residing in family homes (home of parent or guardian)</p>	<ul style="list-style-type: none"> <li>• Help families access generic community resources such as medical and dental care, IHSS services, mental health services etc.</li> <li>• Continue to provide funding for services and supports that assist families in keeping their adult son/daughter at home.</li> </ul>
<p>7. Increase number and percent of adults residing in home settings</p>	<ul style="list-style-type: none"> <li>• Increase efforts to establish coalitions that will advocate for the development of affordable housing i.e., Section 8 vouchers.</li> <li>• Provide information to consumers on affordable housing.</li> <li>• Continue to work with our Housing Consortium to develop accessible and affordable housing.</li> </ul>

<b>Outcome Measure</b>	<b>Activities Regional Center will Employ to Achieve Outcome</b>
8. Decrease number and percent of minors living in facilities serving > 6	<ul style="list-style-type: none"> <li>• The only children in facilities larger than six beds are those adolescents that are receiving treatment in mental health facilities. RCEB will work with families/guardians of children who are ready to move to other housing options such as return to family home or move into more natural living environments.</li> </ul>
9. Decrease number and percent of adults living in facilities serving > 6	<ul style="list-style-type: none"> <li>• Early identification and assessment of needs of consumers at risk of moving into more restrictive settings such as an SDC.</li> <li>• Through new vendor training emphasize the need for homes that provide services to fewer than six residents.</li> <li>• Continue to work with larger homes to downsize.</li> </ul>

**Local Public Policy Outcomes (optional)**

<i>Outcome</i>	<i>Baseline (or how Baseline will be obtained)</i>	<i>Plan for Measuring Progress in Achieving Outcome</i>
<p>1. Support multi-cultural family conferences that address the needs of our culturally diverse East Bay Community.</p>	<p>RCEB co-sponsored five events this past year.</p>	<ul style="list-style-type: none"> <li>• RCEB will co-sponsor at least two events</li> <li>• Staff will participate in the planning of these events</li> <li>• RCEB will actively participate in all events and conduct workshops.</li> </ul>
<p>2. Families and consumers will be assisted in preparing for transition from school to day/work services.</p>	<p>Three transition fairs and one transition conference were held this year.</p>	<ul style="list-style-type: none"> <li>• RCEB will partner with Education and the Developmental Disabilities Councils in each county to provide two Transition Fairs annually.</li> <li>• RCEB will continue to provide major support/staff time to put on one transition conference in Contra Costa County.</li> </ul>
<p>3. Given the rise in consumers diagnosed with autism, families have increased needs for training and support. RCEB will increase the number of educational programs and training supports available for families.</p>	<p>RCEB has an Autism Clinical Team which meets regularly and is available to case management and families for consultation. The Autism Resource Team focuses on the development of programs and services and conducts community outreach. Both the RCEB Autism Spectrum Disorder Specialist and the Autistic Disorder Coordinator conduct community outreach activities and staff training.</p>	<ul style="list-style-type: none"> <li>• RCEB will continue to develop education and training opportunities for families of children with autism.</li> <li>• RCEB will continue to utilize the Autism Clinical Team for support to families and children.</li> <li>• The RCEB Autism Resource Team, which includes Community Services staff, will continue to actively develop new resources and services in areas including family support, residential options and program opportunities for adults.</li> </ul>

## STATEMENT OF ASSURANCES

This is to assure that Regional Center of the East Bay's Year 2010 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2010 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)]
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)]
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
- Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action [WIC 4629 (c)(B)(iii)]
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]

Signature of RC Director:



Date:

10-29-09