

Draft #2

San Diego-Imperial Counties Developmental Services, Inc. 2010 Performance Contract Plan Outcomes and Activities

1. Outcome: Decrease percentage of Regional Center caseload in Developmental Centers.

- Activity A: Implement the Community Placement Plan (CPP).
- Activity B: Assess and identify 20 persons residing in the developmental centers; develop community resources to move 8 into the community.
- Activity C: Provide training for service providers' staff to increase the effectiveness of community services in serving consumers with challenging behaviors.
- Activity D: Collaborate with San Diego County Mental Health to develop a wraparound program for adolescents.
- Activity E: Continue to utilize deflection homes in the community as an alternate to admissions to state development centers.

2. Outcome: Increase percentage of minors residing with families.

- Activity A: Maximize the use of community resources that provide supports to families to assist them in maintaining their children at home.
- Activity B: Provide information to consumers and families about available community resources.
- Activity C: Provide information and training to generic family counseling agencies and community service providers on the special needs of families with children with developmental disabilities.
- Activity D: Continue crisis intervention services.

3. Outcome: Increase percentage of adults residing in own homes.

- Activity A: Continue implementation of the rental subsidy program.
- Activity B: Contract with a nonprofit organization to develop affordable housing for persons with developmental disabilities.
- Activity C: Review living options, including related supports, with consumers at the time of the annual review.

Activity D: Facilitate peer counseling support for people interested in independent living and supported living.

Activity E: Assist consumers and families to access assistive technology.

4. Outcome: Increase the percentage of adults living in housing facilities for less than 7 people.

Activity A: Increase individual bedrooms for consumers in residential facilities.

Activity B: Develop licensed homes for 4 or fewer people.

Activity C: Advocate for adequate reimbursement rates for services provided to consumers.

Activity D: Explore developing additional specialty residential facilities for consumers who are elderly and have health care needs.

5. Outcome: Increase the percentage of children living in housing facilities for less than 7 people.

Activity A: Increase individual bedrooms for consumers in residential facilities.

Activity B: Develop housing facilities for 4 or more people.

Activity C: Advocate for adequate reimbursement rates for services provided to consumers.

6. Outcome: Increase percentage of adults in supported and competitive employment.

Activity A: Educate potential employers about the benefits of hiring people with developmental disabilities in conjunction with service providers and community groups, in Imperial and San Diego counties.

Activity B: Provide information and training for parents to prepare their children for work.

Activity C: Collaborate with schools and employers regarding transition services for young adults exiting school programs.

Activity D: Hire people with developmental disabilities to work at San Diego-Imperial Counties Developmental Services, Inc.

Activity E: Advocate for improved public transportation.

Activity F: Develop additional work/day programs for persons with developmental disabilities who are medically fragile and/or have a mental health diagnosis.

Activity G: Collaborate with service providers to assist consumers to develop their own business.

Activity H: Collaborate with the Governor's office and the Department of Developmental Services to implement the Governor's work initiative to create more jobs for persons with developmental disabilities.

7. Outcome: Access to medical and dental services.

Activity A: Encourage healthy lifestyles and conduct prevention activities including public awareness, early intervention, access to health care and genetic counseling.

Activity B: Identify and recruit additional health care resources, including specialists, therapists and multi-disciplinary assessment resources, to serve people with developmental disabilities.

Activity C: Continue to facilitate the Memorandum of Understanding (MOU) between SDRC and Healthy San Diego.

Activity D: Collaborate with other service organizations to develop greater access to generic services for persons with developmental disabilities.

Activity E: Increase the number of health providers who can effectively obtain authorizations for treatment, equipment and medications.

8. Outcome: Reduce number of persons with developmental disabilities who are abused.

Activity A: Maintain a Risk Management, Assessment and Planning Committee.

Activity B: Participate in Child and Adult Abuse Prevention Roundtables in San Diego and Imperial counties and maintain collaborative relationships with Adult Protective Services and Child Welfare Services.

Activity C: Continue Peer Review Team to consider/monitor behavior management techniques including psychotropics.

Activity D: Continue to contract with the Victim's Assistance Support Team (VAST) for people who have been abused, exploited, or victims of crime.

Activity E: Support self-advocacy councils and conferences for educating consumers regarding abuse prevention.

Activity F: Provide information and training to consumers regarding abuse prevention.

9. Outcome: Unqualified Independent Audit.

Activity A: Comply with Generally Accepted Accounting Procedures (GAAP).

Activity B: Maintain internal accounting controls to facilitate the identification of errors.

10. Outcome: Substantial compliance in the Department of Developmental Services Fiscal Audit.

Activity A: Conduct a self-assessment utilizing the Department of Developmental Services (DDS) standards for substantial compliance.

11. Outcome: Accurate fiscal projection.

Activity A: Review and refine strategies to accurately project Purchase of Service (POS) expenditures.

12. Outcome: Operate within OPS budget.

Activity A: Monitor Operations (OPS) expenditures.

Activity B: Adjust OPS expenditures to operate within OPS budget.

13. Outcome: Certified to participate in waiver.

Activity A: Maintain service coordination staff-to-consumer ratios as required by Medicaid Waiver.

Activity B: Add additional consumers to Medicaid Waiver as allowed by DDS.

Activity C: Continue training for SDRC staff and providers regarding Medicaid Waiver requirements.

14. Outcome: Compliance with vendor audit requirements.

Activity A: Implement the vendor audit plan.

Activity B: Provide a summary of vendor audits to DDS in accordance with the contract requirements.

15. Outcome: CDER/ESR Currency.

- Activity A: Monitor Client Development Evaluation Reports (CDERs) and Early Start Reports (ESRs) to ensure accurately and timely completion.
- Activity B: Provide training for SDRC staff to ensure CDER/ESR accuracy and timeliness.

16. Outcome: Intake/Assessment time lines (ages 0 to 3).

- Activity A: Ensure Intake assessment time lines are met.
- Activity B: Identify and expand utilization of outside resources.
- Activity C: Develop and implement a Prevention Program.

17. Outcome: Intake assessment time lines (ages 3 and older).

- Activity A: Ensure assessment time lines are met.

18. Outcome: Individual Program Plan (IPP) Development.

- Activity A: Provide training for SDRC staff regarding the Person-Centered IPP process.
- Activity B: Provide information and training to consumers, families and service providers on the Person-Centered IPP processes.
- Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to consumers and families.

19. Outcome: Individual Family Service Plan (IFSP) Development.

- Activity A: Provide training for SDRC staff regarding the family-centered IFSP process with an emphasis on timely provision of services.
- Activity B: Provide information to consumers, families and service providers on the Family-Centered IFSP processes.
- Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to consumers and families.

ENCLOSURE B

STATEMENT OF ASSURANCES

This is to assure that San Diego Regional Center's Year 2010 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2010 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)]
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)]
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
- Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action [WIC 4629 (c)(B)(iii)]
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]

Signature of RC Director:



Date:

12/16/09
