

OCT 19 2012

Enclosure A

## San Diego-Imperial Counties Developmental Services, Inc. 2013 Performance Contract Plan Outcomes and Activities

**1. Outcome: Decrease percentage of Regional Center caseload in Developmental Centers.**

- Activity A:** Implement the Community Placement Plan (CPP).
- Activity B:** Assess and identify 20 persons residing in the developmental centers; develop community resources to move 10 into the community.
- Activity C:** Provide training for service providers' staff to increase the effectiveness of community services in serving clients with challenging behaviors.
- Activity D:** Enhance resources to provide support to persons at risk of committing a crime enabling them to reside in the community while keeping the community safe.
- Activity E:** Continue to utilize homes in the community as an alternate to admissions to state development centers.
- Activity F:** Develop one Intermediate Care Facility (ICF) with delayed egress, secure perimeters.

**2. Outcome: Increase percentage of minors residing with families.**

- Activity A:** Maximize the use of community resources that provide supports to families to assist them in maintaining their children at home.
- Activity B:** Provide information to clients and families about available community resources.
- Activity C:** Provide information and training to generic family counseling agencies and community service providers on the special needs of families with children with developmental disabilities.
- Activity D:** Provide training to families in how to be an effective advocate related to the IEP process and navigating other service systems (e.g. Child Welfare, Mental Health, IHSS, etc.)
- Activity E:** Continue crisis intervention services.

**3. Outcome: Increase percentage of adults residing in own homes.**

**Activity A: Continue implementation of the rental subsidy program.**

**Activity B: Contract with a nonprofit organization to develop and help people access affordable housing.**

**Activity C: Review living options, including related supports, with clients at the time of the annual review.**

**Activity D: Assist clients and families to access assistive technology.**

**Activity E: Provide services and supports to families of clients who are elderly and live with their family.**

**Activity F: Provide training to SDRC service coordinators so they can assist their aging clients to remain in their own homes.**

**4. Outcome: Increase the percentage of adults living in housing facilities for less than 7 people.**

**Activity A: Increase individual bedrooms for clients in residential facilities.**

**Activity B: Develop licensed homes for 4 or fewer people.**

**Activity C: Advocate for adequate reimbursement rates for services provided to clients.**

**5. Outcome: Increase the percentage of children living in housing facilities for less than 7 people.**

**Activity A: Increase individual bedrooms for clients in residential facilities.**

**Activity B: Develop housing facilities for 4 or more people.**

**Activity C: Advocate for adequate reimbursement rates for services provided to clients.**

**6. Outcome: Increase percentage of adults in supported and competitive employment.**

- Activity A:** Educate potential employers about the benefits of hiring people with developmental disabilities in conjunction with service providers and community groups, in Imperial and San Diego counties.
- Activity B:** Assist clients to network with potential employers.
- Activity C:** Provide information and training for parents to prepare their children for work.
- Activity D:** Increase the availability of volunteer opportunities.
- Activity E:** Collaborate with schools including colleges, employers and service providers, including the Department of Rehabilitation, regarding transition services for young adults exiting school programs.
- Activity F:** Advocate for improved public transportation.
- Activity G:** Develop additional work/day programs for persons who are medically fragile and/or have a mental health diagnosis.
- Activity H:** Collaborate with service providers to assist clients to develop their own business.

**7. Outcome: Access to medical and dental services.**

- Activity A:** Encourage healthy lifestyles and conduct prevention activities including public awareness, early intervention, access to health care and genetic counseling.
- Activity B:** Support families to fully access benefits provided by their health plan (e.g. behavioral health services).
- Activity C:** Continue to facilitate the Memorandum of Understanding (MOU) between SDRC and Healthy San Diego.
- Activity D:** Provide education and support to persons with developmental disabilities in San Diego County regarding Medi-Cal managed care.
- Activity E:** Increase the number of health providers who can effectively obtain authorizations for treatment, equipment and medications with emphasis on Imperial County.

**Activity F:** Educate families regarding the availability of Medi-Cal and health care insurance for their children.

**Activity G:** Advocate with legislators to establish adequate dental and medical programs for persons with developmental disabilities.

**8. Outcome: Reduce number of persons with developmental disabilities who are abused.**

**Activity A:** Maintain a Risk Management, Assessment and Planning Committee.

**Activity B:** Participate in Child and Adult Abuse Prevention Roundtables in San Diego and Imperial counties and maintain collaborative relationships with Adult Protective Services and Child Welfare Services.

**Activity C:** Continue the Peer Review Team to consider/monitor behavior management techniques including psychotropics.

**Activity D:** Continue to contract with the Victim Assistance Support Team (VAST) for people who have been abused, exploited, or victims of crime.

**Activity E:** Support self-advocacy councils and conferences for educating clients regarding abuse prevention.

**Activity F:** Provide information and training to clients regarding violence/abuse prevention.

**9. Outcome: Unqualified Independent Audit.**

**Activity A:** Comply with Generally Accepted Accounting Procedures (GAAP).

**Activity B:** Maintain internal accounting controls to facilitate the identification of errors.

**10. Outcome: Substantial compliance in the Department of Developmental Services Fiscal Audit.**

**Activity A: Conduct a self-assessment utilizing the Department of Developmental Services (DDS) standards for substantial compliance.**

**11. Outcome: Accurate fiscal projection.**

**Activity A: Review and refine strategies to accurately project Purchase of Service (POS) expenditures.**

**12. Outcome: Operate within Operations (OPS) budget.**

**Activity A: Monitor OPS expenditures.**

**Activity B: Adjust OPS expenditures to operate within OPS budget.**

**13. Outcome: Certified to participate in waiver.**

**Activity A: Add additional clients to Medicaid Waiver as allowed by DDS.**

**Activity B: Continue training for SDRC staff and providers regarding Medicaid Waiver requirements.**

**14. Outcome: Compliance with vendor audit requirements.**

**Activity A: Implement the vendor audit plan.**

**Activity B: Provide a summary of vendor audits to DDS in accordance with the contract requirements.**

**15. Outcome: CDER/ESR Currency.**

**Activity A: Monitor Client Development Evaluation Reports (CDERs) and Early Start Reports (ESRs) to ensure accurate and timely completion.**

**Activity B: Provide training for SDRC staff to ensure CDER/ESR accuracy and timeliness.**

**Activity C: Provide information to clients and families regarding the CDER/ESR.**

**16. Outcome: Intake/Assessment time lines (ages 0 to 3).**

**Activity A: Ensure Intake assessment time lines are met.**

**Activity B: Identify and expand utilization of outside generic resources.**

**17. Outcome: Intake assessment time lines (ages 3 and older).**

**Activity A: Ensure assessment time lines are met.**

**18. Outcome: Individual Program Plan (IPP) Development.**

**Activity A: Provide training for SDRC staff regarding the Person-Centered IPP process.**

**Activity B: Provide information and training to clients, families and service providers on the Person-Centered IPP processes.**

**Activity C: Provide training to clients to empower them to run their own IPP meetings.**

**Activity D: Provide training for SDRC staff regarding community resources and ensure that information is provided to clients and families.**

**19. Outcome: Individual Family Service Plan (IFSP) Development.**

**Activity A: Provide training for SDRC staff regarding the family-centered IFSP process with an emphasis on timely provision of services.**

**Activity B: Provide information to clients, families and service providers on the family-centered IFSP processes.**

**Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to clients and families.**

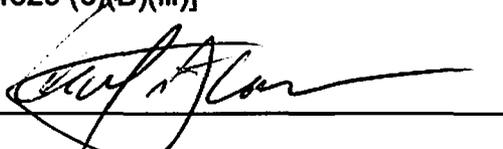
**STATEMENT OF ASSURANCES**

This is to assure that San Diego Regional Center Year 2013 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2013 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)]
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)]
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines)
- Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action [WIC 4629 (c)(B)(iii)]
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)]

Signature of RC Director:



Date:

12/15/12