



## San Diego Regional Center

*Serving Individuals with Developmental Disabilities in San Diego and Imperial Counties*

4355 Ruffin Road, San Diego, California 92123 • (858) 576-2996 • www.sdrc.org

Mark For Tracking Matrix  
Give to Sharon

October 16, 2013

Armando Parra  
Regional Center Operations Section  
Department of Developmental Services  
PO Box 944202, MS 3-9  
Sacramento CA 94244-2020



RE: 2014 Calendar Year Performance Contract Plan

Dear Mr. Parra:

Enclosed are the San Diego-Imperial Counties Developmental Services, Inc. (SDICDSI) Calendar Year 2014 Performance Contract Plan Outcomes and Activities for the San Diego Regional Center (SDRC) (Enclosure A) and the signed Statement of Assurances (Enclosure B). The SDICDSI Board of Directors adopted the plan outcomes and activities at their board meeting on October 8, 2013.

The activities were developed using input from our local communities and address each of the public policy measures agreed upon by the Regional Centers and the Department of Developmental Services (DDS). The outcomes of supported and competitive employment are combined, as the activities are identical. No locally developed public policy outcomes were added.

An overview of Regional Center services and supports with baseline data, budget information and current demographic data was provided at two public meetings jointly sponsored by the SDRC and the Developmental Disabilities Area Board XIII held in San Diego and Imperial counties during September 2013 (Enclosure C). Notice of the public meetings was sent to each consumer and family ten days prior to the public meetings and announced in the San Diego Union-Tribune and the Imperial Valley Press (Enclosure D). The draft of the proposed Performance Contract Plan Outcomes and Activities was circulated throughout the community and added to the SDRC website at the time of the public notice. In addition to the public meetings, two focus group meetings were held at the SDRC—the Consumer Advisory Committee meeting on September 10, 2013, and the SDRC Vendor Advisory Committee meeting on September 26, 2013.

If you have questions or need additional information, please contact Dan Clark or me.

Sincerely yours,

  
Carlos Flores  
Executive Director

DC:CF/bjl SDCAA\Reports\Performance Contract\2014\PC14-Pccontrdds.Ltr.Docx

Enclosures

xc: Shirley Nakawatase, Chair, Board of Directors  
Members, Board of Directors  
Dan Clark, Judy Wallace-Patton, Michael Bell

**East County Office**  
8760 Cuyamaca St., #100  
Santee, CA 92071  
(619) 596-1000

**Imperial County Office**  
512 W. Aten Rd.  
Imperial, CA 92251  
(760) 355-8383

**North County Office**  
5931 Priestly Dr., #100  
Carlsbad, CA 92008  
(760) 736-1200

**South County Office**  
2727 Hoover Ave., #100  
National City, CA 91950  
(619) 336-6600

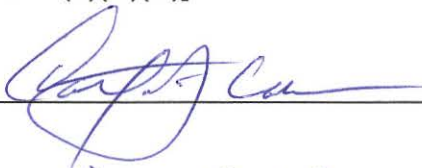
## STATEMENT OF ASSURANCES

This is to assure that San Diego Regional Center Year 2014 Performance Contract was developed in accordance with the requirements specified in Welfare and Institutions Code section 4629 and the Department of Developmental Services' (DDS) Year 2014 Performance Contract Guidelines.

The performance contract was developed through a public process which included:

- Providing information, in an understandable form, to the community about regional center services and supports, including budget information and baseline data on services and supports and the regional center operations [WIC 4629 (c)(B)(i)];
- Holding at least one public meeting to solicit input on performance objectives and using focus groups or surveys to collect information from the community [WIC 4629 (c)(B)(ii)];
- Providing at least 10 calendar days advance public notice of the date(s) of the public meeting (DDS Guidelines);
- Circulating a draft to the community of the performance contract plan relative to the public policy and compliance outcomes identified in the DDS Performance Contract Guidelines, and any locally developed policy outcomes prior to presenting the contract to the regional center board for action [WIC 4629 (c)(B)(iii)];
- Providing an opportunity for additional public input and consideration of that input at the regional center board meeting prior to board action on the proposed performance contract [WIC 4629 (c)(B)(iii)].

Signature of RC Director: \_\_\_\_\_



Date: \_\_\_\_\_

10-25-13

## San Diego-Imperial Counties Developmental Services, Inc. 2014 Performance Contract Plan Outcomes and Activities

1. Outcome: Decrease percentage of Regional Center caseload in Developmental Centers.

- Activity A: Implement the Community Placement Plan (CPP).
- Activity B: Assess and identify persons residing in the developmental centers; develop community resources to move 12 into the community.
- Activity C: Provide training to increase the effectiveness of community services in serving clients with challenging behaviors.
- Activity D: Enhance resources to provide support to persons at risk of committing a crime enabling them to reside in the community while keeping the community safe.
- Activity E: Develop one licensed home with delayed egress, secure perimeters.

2. Outcome: Increase percentage of minors residing with families.

- Activity A: Maximize the use of community resources that provide supports to families to assist them in maintaining their children at home.
- Activity B: Provide training regarding self-advocacy to service coordinators, teachers, parents, and providers working with transition aged youth 14 years and up.
- Activity C: Provide information and training to community service providers on the special needs of families with children with developmental disabilities.
- Activity D: Provide training to families in how to be an effective advocate related to the IEP process and navigating other service systems (e.g. Child Welfare, Mental Health, IHSS, etc.)
- Activity E: Continue crisis intervention services.

3. Outcome: Increase percentage of adults residing in own homes.

- Activity A: Continue implementation of the rental subsidy program.
- Activity B: Contract with a nonprofit organization to develop and help people access affordable housing.
- Activity C: Review living options, including related supports, with clients at the time of the annual review.
- Activity D: Assist clients and families to access assistive technology.
- Activity E: Provide services and supports to families of clients who are elderly and live with their family.
- Activity F: Provide training for parents regarding the importance of promoting opportunities for independence for their child within the family structure so as to prepare their child for future independent living opportunities.

4. Outcome: Increase the percentage of adults living in housing facilities for less than 7 people.

- Activity A: Increase individual bedrooms for clients in residential facilities.
- Activity B: Develop licensed homes for 4 or fewer people.
- Activity C: Advocate for adequate reimbursement rates for services provided to clients.

5. Outcome: Increase the percentage of children living in housing facilities for less than 7 people.

- Activity A: Increase individual bedrooms for clients in residential facilities.
- Activity B: Develop housing facilities for 4 or more people.
- Activity C: Advocate for adequate reimbursement rates for services provided to clients.

6. Outcome: Increase percentage of adults in supported and competitive employment.

- Activity A: Develop video highlighting successful client employment situations and distribute it on the SDRC website, YouTube, etc.
- Activity B: Provide information and training for parents to prepare their children for work.
- Activity C: Increase client access to college.
- Activity D: Collaborate with schools including colleges, employers and service providers, including the Department of Rehabilitation, regarding transition services for young adults exiting school programs.
- Activity E: Advocate for improved public transportation.
- Activity F: Develop additional work/day programs for persons who have severe behavioral challenges or have a mental health diagnosis.
- Activity G: Conduct Focus Groups in both San Diego and Imperial counties for clients, families, and service providers regarding what clients want and expect from their regional center funded day programs.

7. Outcome: Access to medical and dental services.

- Activity A: Encourage healthy lifestyles and conduct prevention activities including public awareness, early intervention, access to health care and genetic counseling.
- Activity B: Implement a structure for copayments and coinsurance associated with health care service plans as allowed under law and regulation.
- Activity C: Continue to facilitate the Memorandum of Understanding (MOU) between SDRC and Healthy San Diego.
- Activity D: Conduct community forums in both San Diego and Imperial counties, highlighting the changes affecting clients with regard to health care.
- Activity E: Increase the number of health providers who can effectively obtain authorizations for treatment, equipment and medications with emphasis on Imperial County.



Activity F: Educate families regarding the availability of Medi-Cal and health care insurance for their children.

Activity G: Advocate to establish adequate dental and medical programs for persons with developmental disabilities.

8. Outcome: Reduce number of persons with developmental disabilities who are abused.

Activity A: Maintain a Risk Management, Assessment and Planning Committee.

Activity B: Participate in Child and Adult Abuse Prevention Roundtables in San Diego and Imperial counties and maintain collaborative relationships with Adult Protective Services and Child Welfare Services.

Activity C: Continue the Peer Review Team to consider/monitor behavior management techniques including psychotropics.

Activity D: Continue to contract with the Victim Assistance Support Team (VAST) for people who have been abused, exploited, or victims of crime.

Activity E: Support self-advocacy councils and conferences for educating clients regarding abuse prevention.

Activity F: Provide information and training to parents, providers, and service coordinators regarding "Knowing the Signs of Abuse/Neglect."

9. Outcome: Unqualified Independent Audit.

Activity A: Comply with Generally Accepted Accounting Procedures (GAAP).

Activity B: Maintain internal accounting controls to facilitate the identification of errors.

10. Outcome: Substantial compliance in the Department of Developmental Services Fiscal Audit.

Activity A: Conduct a self-assessment utilizing the Department of Developmental Services (DDS) standards for substantial compliance.

11. Outcome: Accurate fiscal projection.

Activity A: Review and refine strategies to accurately project Purchase of Service (POS) expenditures.

12. Outcome: Operate within Operations (OPS) budget.

Activity A: Monitor OPS expenditures.

Activity B: Adjust OPS expenditures to operate within OPS budget.

13. Outcome: Certified to participate in waiver.

Activity A: Continue training for SDRC staff and providers regarding Medicaid Waiver requirements.

14. Outcome: Compliance with vendor audit requirements.

Activity A: Implement the vendor audit plan.

Activity B: Provide a summary of vendor audits to DDS in accordance with the contract requirements.

15. Outcome: CDER/ESR Currency.

Activity A: Monitor Client Development Evaluation Reports (CDERs) and Early Start Reports (ESRs) to ensure accurate and timely completion.

Activity B: Provide training for SDRC staff to ensure CDER/ESR accuracy and timeliness.

Activity C: Provide information to clients and families regarding the CDER/ESR.

16. Outcome: Intake/Assessment time lines (ages 0 to 3).

Activity A: Ensure Intake assessment time lines are met.

Activity B: Identify and expand utilization of outside generic resources.

17. Outcome: Intake assessment time lines (ages 3 and older).

Activity A: Ensure assessment time lines are met.

18. Outcome: Individual Program Plan (IPP) Development.

- Activity A: Provide training for SDRC staff regarding the Person-Centered IPP process.
- Activity B: Provide information and training to clients, families and service providers on the Person-Centered IPP processes.
- Activity C: Provide training to clients to empower them to run their own IPP meetings.
- Activity D: Provide training for SDRC staff regarding community resources and ensure that information is provided to clients and families.

19. Outcome: Individual Family Service Plan (IFSP) Development.

- Activity A: Provide training for SDRC staff regarding the family-centered IFSP process with an emphasis on timely provision of services.
- Activity B: Provide information to clients, families and service providers on the family-centered IFSP processes.
- Activity C: Provide training for SDRC staff regarding community resources and ensure that information is provided to clients and families.





## San Diego Regional Center

*Serving Individuals with Developmental Disabilities in San Diego and Imperial Counties*

4355 Ruffin Road, San Diego, California 92123 • (858) 576-2996 • [www.sdrc.org](http://www.sdrc.org)

Enclosure C

# 2014 Performance Contract Public Meeting

**TUESDAY**

**9/10/13**

**12:15 p.m. – 12:45 p.m.**

San Diego Regional Center  
Board Room, Suite 101  
4355 Ruffin Road  
San Diego CA

**THURSDAY**

**9/19/13**

**6:30 p.m. to 7:00 p.m.**

San Diego Regional Center  
Imperial Office  
512 West Aten Road  
Imperial CA

Information, including the first draft of the Performance Contract, will be shared at the public meetings and will be available after 8/30/13 through the SDRC Department of Community Services, 858-576-2966, or on the SDRC website at [www.sdrc.org](http://www.sdrc.org).

You may submit written comments by **9/27/13** to:

Dan Clark, LCSW  
Director, Community Services  
San Diego Regional Center  
4355 Ruffin Road, Suite 104  
San Diego CA 92123  
or by e-mail: [2014pc@sdrc.org](mailto:2014pc@sdrc.org)

**East County Office**  
8760 Cuyamaca St #100  
Santee CA 92071  
619-596-1000

**Imperial County Office**  
512 W Aten Rd  
Imperial CA 92251  
760-355-8383

**North County Office**  
5931 Priestly Dr #100  
Carlsbad CA 92008  
760-736-1200

**South County Office**  
2727 Hoover Ave #100  
National City CA 91950  
619-336-6600

# Communicator



San Diego Regional Center

*San Diego-Imperial Counties Developmental Services, Inc.*  
 4355 Ruffin Road, Suite 200, San Diego, CA 92123  
 www.sdrc.org Phone: (858) 576-2996  
 www.facebook.com/pages/San-Diego-Regional-Center

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## 2014 Performance Contract Meetings Reuniones Públicas de Contrato de Desempeño del 2014

Tuesday (martes), 9/10/13  
 12:15 p.m. – 12:45 p.m.

San Diego Regional Center—SAN DIEGO  
 Board Room, Suite 101  
 4355 Ruffin Road, San Diego CA 92123  
 or (o)

Thursday (jueves), 9/19/13  
 6:30 p.m. – 7:00 p.m.

San Diego Regional Center—IMPERIAL  
 512 West Aten Road, Imperial CA 92251



*Issue Date:* 7/29/13  
*Frequency:* 3x/Year  
*Issue #:* 2-Summer

## IEP Tips for Back-to-School and Beyond

—Office of Clients' Rights Advocacy

An IEP is your child's Individualized Education Program. It is to be a mutually agreed upon plan for how to best provide a free and appropriate public education (FAPE) to your child.

- ☛ All of an IEP must be in writing, and the IEP should be individually drafted during the IEP meeting as you and the rest of the team discuss and reach agreement about each issue.
- ☛ When the IEP team makes a decision, the IEP should read: "The IEP team agreed to ..." not "The parent requested..." The IEP document should accurately express what the team agreed to. That way, if the school fails to follow the IEP, you can enforce it with a Compliance Complaint to the Department of Education.
- ☛ An IEP team must include at least the following individuals:
  - ☛ the parent(s);
  - ☛ a general education teacher;
  - ☛ the special education teacher;
  - ☛ a school district representative who is authorized to make decisions regarding all services to which the student is entitled;
  - ☛ therapists or any individual who conducted an assessment of the student or works with the student;
  - ☛ the student if appropriate (age 14 or older); and
  - ☛ anyone else you wish to invite, such as a friend or advocate.
- ☛ You do not have to sign the IEP right away. You can take it home to review or have someone else read it before you sign.
- ☛ You do not have to agree to the entire IEP. You can sign that you agree to only certain parts of the IEP.
- ☛ If you do not agree with an assessment done by the school district, you can request an independent assessment at the district's expense.
- ☛ You may record an IEP meeting after giving the school at least 24-hour notice.
- ☛ You may review or get copies of your child's educational records within five business days of making either an oral or written request.

You can get more information about your child's special education rights on the Disability Rights California's website at:

[www.disabilityrightsca.org/pubs/PublicationsSpecialEducation.htm](http://www.disabilityrightsca.org/pubs/PublicationsSpecialEducation.htm)

For more information about other ways to help clients take an active role in managing their lives, please call OCRA at 619-239-7877 or visit our web page at [www.disabilityrightsca.org](http://www.disabilityrightsca.org).

## 2014 Performance Contract Public Meetings

*Sponsored by San Diego Regional Center and Area Board XIII/Office of the State Council on Developmental Disabilities*

San Diego Regional Center (SDRC) contracts with the California State Department of Developmental Services (DDS) to provide services to persons with developmental disabilities in San Diego and Imperial counties. Beginning in calendar year 1994, DDS entered into a new contracting process with all 21 regional centers. This new process focused on the achievement of outcome-based goals.

SDRC is developing the Performance Contract for calendar year 2014. Currently, DDS and the regional centers have agreed upon outcomes by which regional centers' performance will be evaluated. With public input, regional centers must develop a list of activities which will assist regional centers in meeting the Performance Contract outcomes. Additionally, regional centers can add outcomes for their regional center.

SDRC, in collaboration with Area Board XIII/Office of the State Council on Developmental Disabilities, is hosting public meetings to discuss our current growth and services, and receive input regarding the Performance Contract.

**Tuesday, 9/10/13**

**12:15 p.m. – 12:45 p.m.**

**San Diego Regional Center—SAN DIEGO**

Board Room, 4355 Ruffin Road, Suite 101  
San Diego CA 92123

~ or ~

**Thursday, 9/19/13**

**6:30 p.m. – 7:00 p.m.**

**San Diego Regional Center—IMPERIAL**

512 West Aten Road  
Imperial CA 92251

The draft of the proposed 2014 Performance Contract activities will be shared at public meetings and available on the SDRC website at [www.sdrc.org](http://www.sdrc.org) after 8/30/13, or can be obtained through SDRC Community Services, 858-576-2966.

**You may submit written comments by 9/27/13 to:**

Dan Clark, Director, Community Services  
San Diego Regional Center  
4355 Ruffin Road, Suite 104  
San Diego, California 92123  
or by e-mail: [2014pc@sdrc.org](mailto:2014pc@sdrc.org)





AUG 21 2013

P.O. Box 120191, San Diego, CA 92112-0191

## AFFIDAVIT OF PUBLICATION

SAN DIEGO REGIONAL CENTER  
4355 RUFFIN RD., STE. 325  
ATTN: SANDRA BISHOP  
SAN DIEGO, CA 92123

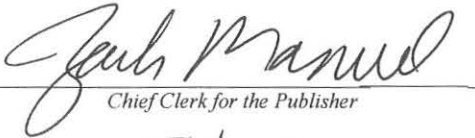
STATE OF CALIFORNIA} ss.  
County of San Diego}

The Undersigned, declares under penalty of perjury under the laws of the State of California: That he is a resident of the County of San Diego. That he is and at all times herein mentioned was a citizen of the United States, over the age of twenty-one years, and that he is not a party to, nor interested in the above entitled matter; that he is Chief Clerk for the publisher of

**The San Diego Union-Tribune**

a newspaper of general circulation, printed and published daily in the City of San Diego, County of San Diego, and which newspaper is published for the dissemination of local news and intelligence of a general character, and which newspaper at all the times herein mentioned had and still has a bona fide subscription list of paying subscribers, and which newspaper has been established, printed and published at regular intervals in the said City of San Diego, County of San Diego, for a period exceeding one year next preceding the date of publication of the notice hereinafter referred to, and which newspaper is not devoted to nor published for the interests, entertainment or instruction of a particular class, profession, trade, calling, race, or denomination, or any number of same; that the notice of which the annexed is a printed copy, has been published in said newspaper in accordance with the instructions of the person(s) requesting publication, and not in any supplement thereof on the following dates, to wit:

Aug 17, 2013

  
Chief Clerk for the Publisher

8/19/13

Date

**NOTICE OF PUBLIC MEETINGS**

The San Diego Regional Center and Developmental Disabilities Area Board XIII/Office of the State Council on Developmental Disabilities is hosting meetings for public input into the 2014 Performance Contract between the State Department of Developmental Services (DDS) and the San Diego Regional Center (SDRC). The purpose of the meetings is to receive public input regarding the 2014 Performance Contract activities.

The draft of the proposed Performance Contract will be available at the public meetings. Copies can also be requested through SDRC Community Services by calling 858-576-2966 or can be viewed at our website [www.sdrc.org](http://www.sdrc.org) after 8/30/13. Written comments may be submitted to Dan Clark, Director of Community Services, SDRC, 4355 Ruffin Rd. #104, San Diego, California 92123 or by e-mail: [2014pc@sdrc.org](mailto:2014pc@sdrc.org). Written comments must be received by 9/27/13

9/10/13,  
12:15pm-12:45pm  
San Diego Regional  
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Board Room,  
Suite 101  
4355 Ruffin Rd.  
San Diego, CA 92123

9/19/13,  
6:30pm-7:00pm  
San Diego Regional  
Center  
Imperial Office  
512 W. Aten Rd.  
Imperial, CA 92251

**Affidavit of Publication of**

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STATE OF CALIFORNIA

County of Imperial

I am a resident of the County aforesaid;  
I am over the age of eighteen years, and  
not a party to or interested in the above  
entitled matter. I am the principal clerk\*  
of the printer of the

IMPERIAL VALLEY PRESS

a newspaper of general circulation,  
printed and published daily in the City of  
El Centro, County of Imperial and which  
newspaper has been adjudged a  
newspaper of general circulation by the  
Superior Court of the County of Imperial,  
State of California, under the date of  
October 9, 1951, Case Number 26775;  
that the notice, of which the annexed is  
a printed copy, has been published in  
each regular and entire issue of said  
newspaper and not in any supplement  
thereof on the following dates, to-wit:

August 17

all in the year 2013.

I certify (or declare) under penalty of  
perjury that the foregoing is true and  
correct.

ASendw

SIGNATURE

\* Printer, Foreman of the Printer, or  
Principal Clerk of the Printer

Date August 19 2013  
at El Centro, California.

Enclosure D

This space is for the County Clerk's  
Filing Stamp:

AUG 21 2013

Proof of Publication of:

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Board Room, Suite 101  
4355 Ruffin Rd.  
San Diego, CA 92123

9/19/13, 6:30pm-7:00pm  
San Diego Regional Center  
Imperial Office  
512 W. Aten Rd.  
Imperial, CA 92251  
L193

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