

# **SELF-DETERMINATION**

UPDATE APRIL 26, 2019

# Local Advisory Committees

As the Self-Determination Program (SDP) begins statewide, local Self Determination Advisory Committees continue to meet on a regular basis. Per WIC 4685.8 (x){1,}, "Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program...the committee shall review the development and ongoing progress of the Self-Determination Program..."

Attend a meeting to get the latest information on SDP at your Regional Center. Contact your local Regional Center or Local State Council on Developmental Disabilities Regional Office regarding the date of the next Self-Determination Local Advisory Committee meeting in your community.

### Question of the Day

<u>Q</u>: I wasn't picked for the SDP when the first 2500 participants were selected in October of 2018, will I have another chance to participate?

A: Yes. If you attended an Informational Meeting and the organization hosting that meeting submitted your name to DDS for potential enrollment in SDP, your name is now on a list with DDS for future participation in the SDP. Your name will stay on the DDS list in the event space opens in the program. DDS will announce timing for future selections at a later date. After the first three years, the Self-Determination Program will be open to anyone who is interested.

Read more about SDP Enrollment at <a href="https://www.dds.ca.gov/SDP/sdpEnrollment.cfm">https://www.dds.ca.gov/SDP/sdpEnrollment.cfm</a>



## An Artist's Best Life

Wesly, twin brother to Denis, is 24, an artist, and was recently selected to participate in the Eastern Los Angeles Regional Center's SDP. His mom, Elizabeth shared that she is excited about SDP because "it is really about self ...self determination! He will have a chance to be a part of creating his best life, not just an 'appropriate' life but his best life. Everybody should have that chance." Freedom, the freedom to have a meaningful life is one of the principles of Self Determination, as is Support. "Even in our freest moments, we need support, support to make our visions happen, "shared Elizabeth. Read more about all five principles of Self Determination on the DDS website at <a href="https://www.dds.ca.gov/SDP/">https://www.dds.ca.gov/SDP/</a>

Artwork by new SDP
Participant, Wesly from
Temple City, California



#### WANT MORE INFORMATION ABOUT SELF - DETERMINATION?

- Visit the Self-Determination Page of the DDS website at https://www.dds.ca.gov/SDP/
- Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State
   Council on Developmental Disabilities Regional Office