

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	UCP of Sacramento and Northern California
Vendor number(s)	H09818;H10371;HA0867;HA0868;H09668;HA0491;PA1935;H24186
Primary regional center	Alta California Regional Center
Service type(s)	Adult Day Program
Service code(s)	510/055
Number of consumers currently serving and current staff to consumer ratio.	280 Consumers 1:3 Staffing Ratio
Have you or the organization you work with been a past recipient of HCBS Funding?	Yes 2017-2018
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	UCP currently operates 8 Adult Day Programs that are primarily facility based. UCP's programs offer community based instruction (CBI) opportunities where groups of clients can access the community using UCP's lift equipped buses for 2-3 hours. These outings are generally offered 2-5 times per week to 6-9 clients, depending on the availability of drivers and buses. UCP has determined we need to expand and individualize the opportunities offered to our clients while out in the community. The services currently provided do not allow clients the opportunity to choose or the choices are limited in to where they can access the community.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	Federal Regulations #1 & #4-Would provide the opportunity for clients who have a similar goals to access community resources/activities of their needs, preferences and abilities.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Community Resource Specialist</p> <ul style="list-style-type: none"> • Work with the community to connect with outside activities/resources for the clients • Collaborate with clients to arrange outings of similar interest and that are meaningful and correlate with the client's goals.

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- Investigate and set up opportunities to volunteer in their community
- Developing programs that will positively benefit the community and clients
- Solve problems, address concerns and ensure clients are aware of services/opportunities available to them.
- Create a unified sense among a group and strengthen relationships between clients and the community who can offer them assistance
- Establish meaningful relationships across the local communities
- Establish a resource database for volunteer opportunities, activities and community resources

The Community Resource Specialist would work closely with each Program Manager and the individual clients to network with each programs community. Setting up volunteer activities, making community connections, establishing a resource database and arranging transportation for those who are interested in a particular activity/destination that correlates with their IPP. This position would give the clients in our 8 day programs to do meaningful/purposeful CBI's that are in their community and other communities. Instead of having clients go on outings "because it is their turn", with the assistance of the Community Resource Specialist, they can have input through the Person Centered Process to access activities/places that are important to them. The outings could be structured to fit each individual. If someone has medical/behavior needs these outings or resources could be tailored for that particular individual/s.

In order for our clients to access the community they will need specialized transportation. We would contract with UCP transportation to provide access to the community and provide the required Class B drivers, so that our clients can be in the community safely.

We are asking for funds for activities so that clients who do not have the financial means, may access the community and participate in activities of their choice. They will also have the opportunity to explore other venues, which otherwise may not have been an option to them. If a volunteer opportunity presents itself, they will have the funds to purchase needed shirts and ID badges, etc.

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<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>By allowing our clients to actively participate in their person centered plan will empower them to make decisions in regards to wants and needs, likes, dislikes and personal choices when it comes to accessing their community and the activities they want to participate in.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Currently, UCP does not have the resources to implement a Community Resource Specialist. With this position, it would provide resources/activities to our clients as to what is available in their communities. It would empower our clients to make choices as to where & what they want to participate in. This position would provide our clients to be more involved in the community. Due to limited funding, UCP day programs do not have access to the transportation services needed to provide specialized</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Total Budget for all 8 programs: \$ \$175,030</p> <ul style="list-style-type: none"> • \$75,000 for new Community Resource Specialist (Includes FT salary and benefit costs) • \$10,000 for Activities/Materials while in the community, Pay for Classes, etc- \$1250 per program • \$67,200 for transportation (to access the community)-7 trips per month-per program @ \$100 (minimum 2 hours)X 8 programs • \$22,830 for other administrative, program or material costs (15% allocation)
<p>Total requested amount.</p>	<p>\$ \$175,030</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>UCP plans of having a community resource database established. As the Community Resource Specialist makes contacts and establishes relationships with the community, these will be added to the database so that if UCP is unable to sustain the position, others will have access to the information. The value of this project that it will afford UCP the opportunity to establish and network the opportunities that are available in each community, thus providing an opportunity for our clients to fully be a part of their community. UCP also hopes that once the community resource database is</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	established it can be shared with families and care providers. This database will also be readily available to our clients.
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