

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

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| Vendor number(s) | H 17777, H 17994 |
| Primary regional center | North Los Angeles Country Regional Center (NLACRC) |
| Service type(s) | Community Site based day program (Day Training Activity Center – DTAC) |
| Service code(s) | Adult Developmental Center – Service Code 510 Day Training Activity Center – Service Code 505 Behavior Activity Center – Service Code 515 |
| Number of consumers currently serving and current staff to consumer ratio. | Adult Developmental Center # 29 Day Training Activity Center # 48 Behavior Activity Center # 72 |
| Have you or the organization you work with been a past recipient of HCBS Funding? | NO |
| Please provide a brief description of the service/setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules. | <p>AVFDD provides an instructional and training structure to address each participant's development in motor function; communication; emotional regulation and processing skills; cognitive skills; personal, self-care, and home-care skills; leisure/social skills; and prevocational/job readiness skills. This training takes place by using the nearby shopping, dining, and recreational facilities as a training ground.</p> <p>A typical day would consist of:</p> <ul style="list-style-type: none"> • Staff meets and prepares for the day. • Participants arrive and staff assists and supervises getting off buses, using the restroom, performing personal hygiene tasks, and put away lunches and personal items before beginning their day. • Staff assists with engaging in individual tasks and activities of their choice as described in the participant's ISP/IPP. • Consumers participate in Communication groups that may include reading newspaper articles, identification of survival signs, picture card communication and computer programs that require 1:1 assistance from staff. • Consumers are assisted in getting coffee, juice or purchasing a drink from the soda machine. They are also assisted in using the restroom and completing personal hygiene task if necessary. • Consumers participate in training dealing with hygiene, exercise, cooking, safety awareness, typing, and computer skills. • During lunch time, consumers are assisted by staff in cleaning up their areas, wiping tables down, getting |

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| | <p>placemats and lunch pails and other supplies. Staff microwave meals, cut up food and assist with opening packaged food and drinks.</p> <ul style="list-style-type: none"> • Consumers work on IPP/ISP goals and objectives with constant supervision and assistance from staff. • Consumers work on janitorial skills (clean placemats, sweep floor, empty trash, crush cans, load dishwasher and fold laundry). • Consumers participate in social skills, employment preparation, role-play, group activities, self-advocacy meetings and sign language classes. • Consumers clean up their workstation, are assisted with getting their lunch pails and jackets and prepare to go home. Staff provides assistance to those who require it. • Staff assists consumers with getting on the right bus to go home. • At the end of the day, staff debrief, document daily data, and communicate with parents/care providers and Regional Center Service Coordinators as needed. |
| Identify which HCBS federal requirements this concept addresses that are currently out of compliance. | <p>AVFDD is currently out of compliance, in part, with Federal Requirement #1. It has been difficult to integrate and support full access of our participants who wish to make money in seeking employment and working in competitive integrated settings, and controlling their personal resources. AVFDD participants have few if any opportunities to seek employment, work in competitive integrated settings, or volunteer as a result of the rural location and boundaries</p> |
| Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes. | <p>Participants at the AVFDD Foundation lack the opportunity to effectively seek employment, work in competitive integrated settings, or gain access to sites or organizations in the community where they could volunteer and solidify their skills and abilities in a natural work environment that could potentially lead to gainful employment. In order to meet this need, the AVFDD Foundation would require to create a position for a 'Community Liaison - Transition Coordinator' in order to engage with the community (i.e.: businesses, organizations, and community leaders) in order to</p> <ol style="list-style-type: none"> 1. Educate the community about the AVFDD Foundation, the individuals served and their abilities; 2. Assess the needs in the community that our participants can meet; 3. Work together with community leaders, businesses and organizations, to create and provide opportunities, and integrate persons with Developmental Disabilities as part of |

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| | <p>a volunteer / work force; 4. Check on reliability of community integration goals and objectives & of paid/volunteer work participation. The staff to consumer ratio will need to be 1-3 (1 staff for 3 participants).</p> <p>In order to meet this challenge, in the minimum, the following is required:</p> <ul style="list-style-type: none"> • Hire 1 coordinator at competitive rates • Hire 5-6 staff at competitive rates • Need for privacy and individual rights • Train staff on 1. Safety concerns, 2. Privacy, 3. Respect, 4. Social integration, 5. Uphold individual's rights | | | | | | | | | | | | | | | | | | | | | |
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| Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services? | <p>Consumers at the AVFDD Foundation participate at least once weekly in Self Advocacy meetings with peers and staff. Participants determine the direction and focus of these meetings, thus ensuring the meeting is for them and run by them. Staff merely serves as facilitators. During SAM meetings, individuals are able to express their needs, wants and expectations from the program and what goals and objectives they have for themselves. Some participants have expressed the desire to get a job, make money, and live independently. Individuals have also expressed what activities they want to participate in and how they would like to spend their time during program hours.</p> | | | | | | | | | | | | | | | | | | | | | |
| Does the concept address unmet service needs or service disparities? If so, how? | <p>Yes, the proposed concept enhances the individual's abilities and skills that they already possess by generalizing and integrating them into the community in a significant way (i.e.: going to a specific location in the community to provide a service or perform work, and possibly or potentially be remunerated).</p> | | | | | | | | | | | | | | | | | | | | | |
| Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable. | <table border="1"> <thead> <tr> <th colspan="3">Projected Prog. Costs are based on 15 Consumers</th></tr> <tr> <th>Need</th><th>1 time/recurrent</th><th>Yearly</th></tr> </thead> <tbody> <tr> <td>1:3 staff</td><td>Recurrent Cost</td><td>\$151,502.40</td></tr> <tr> <td>Coordinator</td><td>Recurrent Cost</td><td>\$58,560.00</td></tr> <tr> <td>Benefits</td><td>Recurrent Cost</td><td>\$36,540.00</td></tr> <tr> <td colspan="2">Consumer Rate + Overhead Daily</td><td>\$85.00</td></tr> <tr> <td colspan="2">Per Consumer Rate Monthly</td><td>\$1,785.00</td></tr> </tbody> </table> | Projected Prog. Costs are based on 15 Consumers | | | Need | 1 time/recurrent | Yearly | 1:3 staff | Recurrent Cost | \$151,502.40 | Coordinator | Recurrent Cost | \$58,560.00 | Benefits | Recurrent Cost | \$36,540.00 | Consumer Rate + Overhead Daily | | \$85.00 | Per Consumer Rate Monthly | | \$1,785.00 |
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| 1:3 staff | Recurrent Cost | \$151,502.40 | | | | | | | | | | | | | | | | | | | | |
| Coordinator | Recurrent Cost | \$58,560.00 | | | | | | | | | | | | | | | | | | | | |
| Benefits | Recurrent Cost | \$36,540.00 | | | | | | | | | | | | | | | | | | | | |
| Consumer Rate + Overhead Daily | | \$85.00 | | | | | | | | | | | | | | | | | | | | |
| Per Consumer Rate Monthly | | \$1,785.00 | | | | | | | | | | | | | | | | | | | | |

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasddds.org/resource-library/person-centered-practices.

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| | Per Consumer Costs Yearly | | \$21,420.00 |
| | Coordinator | One Time Cost | \$58,560.00 |
| Total requested amount. | \$ 305,162.40 (1 year cost for community based program) | | |
| What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding? | <p>The <i>one-time</i> cost will be covered by the funding that will provide compliance with the HCBS rules. <u>The one-time cost for the coordinator will be a contract position.</u></p> <p>Sustainability of the program requires restructuring of the rate schedule to accommodate a 1:3 staff to consumer ratio for those DTAC participants in this program. Current staff to consumer ratio in the DTAC program is 1:8, but a smaller ratio is necessary for this program to be successful in the community and to sustain the cost of the program beyond the initial start up funding.</p> <p>An alternative would be to restructure the current rate schedule for the 1:8 ratio DTAC program to a level that would support the increased cost of a 'Community Liaison - Transition Coordinator', additional staff, and transportation expenses on a sustainable basis.</p> | | |