

Vendor name	Absolute Managed Care I and II
Vendor number(s)	HX0738 and HX0836
Primary regional center	South Central Los Angeles Regional Center
Service type(s)	Residential
Service code(s)	915
Number of consumers currently serving and current staff to consumer ratio.	8/14
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Absolute Managed Care residential facility provides exemplary services and care for the individuals in our homes. A typical day includes assisting with hygiene care, prepping and cooking meals with the consumers that like to participate. We have assist the consumers with their laundry. We provide the consumers choices of educational and social activities. Relaxation time to watch television, read, do puzzles or listen to music. Not having a separate visiting location for family, friends, medical professionals and service coordinators that to visit creates a barrier, in that the consumer with visitors have no privacy to talk about personal matters or entertain their company. We only have one common television and seating area.</p> <p>There are community outings planned as a group. The barrier for this, is that consumers do not always want to go to the same places that others go. In order for us to address this barrier, we are asking for funding for an additional small vehicle to split outings.</p>

<p>Identify which HCBS federal requirements this concept addresses that are currently out of compliance.</p>	<p>Absolute Managed Cares residential home is designed based on pre-existing rules and regulations, some of which need to be updated to meet HCBS requirements. We will be able to meet the HCBS requirements #1,2,3,4,5,7,8,10 with compliance funds by enhancing, developing and providing needed person-centered trainings to our leadership team, consumers, direct-care staff and families, technology tools, adaptive bathroom equipment, an additional vehicle and updating the facility to meet privacy and aging requirements.</p> <p>The new HCBS rules now cause us to reevaluate our home settings, training and desires of the individuals we care for. We find that most of the changes identified as necessary, require funding not readily available to us.</p> <p>Absolute Managed Care strives to provide choices to the individuals we serve. During our concept development planning for this proposal, we identified that the consumers would like more choices regarding their community outings. We found that they would like to have a choice to go somewhere different from the group from time to time. The majority group may want to go to the movies and one consumer may want to go on a different outing. An additional vehicle would allow us to meet the desires and choices of the consumers to make community outing choices.</p> <p>Our project will include:</p> <ul style="list-style-type: none"> • Multiple training sessions for residents, leadership, direct care staff and families. • Purchase a vehicle to provide the consumers choices of individual community outings. • Walk-bathtub addresses the consumers need for dignity, privacy and safety • Enclosed visiting area addresses the consumers desire for privacy while visiting with family or friends.
--	---

<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>Absolute Managed Care will be able to meet the HCBS requirements #1,2,3,4,5,7,8,10 with compliance funds by enhancing and developing new person-centered trainings to our leadership team, consumers, direct-care staff and families.</p> <p>In an effort to provide person-centered thinking and planning to our program implementation, and to increase consumer understanding of choices for their living environment and community as well as teach the consumer how to make good and healthy choices for him/herself we need official Person Centered Thinking Training done by, "The Learning Community" and a Choice Coordinator funded. The primary purpose of this position is to establish a clear understanding once the training has been implemented and sustainability of the HCBS requirements. This person would work with the all our consumers and staff on a one-to-one and group basis over time to assure sustainability. The Coordinator will work with all levels of staff and train them how to teach the consumers about choices and making decisions. The expert consultant will provide several training sessions and evaluate ways in which we can restructure how we are serving the individuals residing in our homes to achieve stronger outcomes. The Coordinator will also teach the consumer how to recognize available choices and make decisions that are safe and beneficial. Funding will be used for multiple training sessions and to cover backfills for staff while they train.</p> <p>In order to meet HCBS requirements, we will need to address the consumers need for privacy. At location 1, consumers expressed the need for a separate visiting space when their visitors come over. Funding will be used to create a covered closed back porch area professionally, to provided an additional visiting area for privacy.</p> <p>As our consumers age, their mobility requires staff to physically assist them into the bathtub for bathing and/ or showering due to poor mobility and unsteady gait. While working developing this concept, we were told by consumers that they desire a more accessible walk-in bathtub. This upgrade allows staff to assist individuals with bathing/cleaning without obstacles and unnecessary potential injury to either staff or the individuals we serve.</p>
---	--

	These funds will also be used to update the home with other ADA requirements for our aging , such as wheelchair ramps and safety bars.
Please describe your person-centered approach in the concept development process; how did you involve the individuals for whom you provide services?	In developing our concept for meeting HCBS requirements, we met with our consumers and asked them how they felt about their living environment and opportunities to advocate for themselves and their ability to make changes they liked. We also asked them how they felt about their involvement in and exposure to the community and activities. In addition to the individuals we serve, we also engaged parents, guardians and staff with regards to the consumers comments and concerns.
Does the concept address unmet service needs or service disparities? If so, how?	Yes. Our concept specifically addresses the unmet service needs and disparities because our concept focuses on outcomes that promote individuality, participation, needs and desires of the consumers. Our concept most importantly addresses the Person Centered training and skill building by expert consultants to our staff, parents and consumers. The Person Centered consultant will also provide program evaluations and recommendations that will help us with sustainability. The vehicles, home improvements/ updates and training consultant will allow us to specifically address the needs and desires of our consumers based on the feedback directly from them.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<ul style="list-style-type: none"> • Person Centered Thinking Training by The Learning community - \$25,000.00 • Choice Coordinator and staff backfill - \$15000.00 • Company vehicle - \$15,000 • Updated walk-in bathtub - \$6000,00 • Update/convert common space for privacy- \$35,000
Estimated timeline;	<ul style="list-style-type: none"> • <u>February - March</u> Person Centered Thinking Training by The Learning community • <u>March - August</u> - Choice Coordinator and staff backfill • <u>March - Company</u> vehicle • <u>April- May</u> - Updated walk-in bathtub • <u>May-June</u> - Update/convert common space for privacy
Total requested amount.	\$ 96,00.00

<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Absolute managed Cares plan for sustaining the HCBS benefits is to change the way we think and interact with the consumers we service and to utilize the Choice Coordinator for a 6 months period to work one-on-one with all staff and consumers to make sure we have successfully implemented the Person-Centered-thinking plan and continue to work the plan that was put into place. We will have the coordinator trainer the trainer so that there will always be trained staff available.</p>
---	--