

## Budget Tool Available

The Department of Developmental Services (DDS) has developed an Individual Budget Calculation and Certification tool to assist in calculating the individual budget for participants of the Self-Determination Program (SDP.) The tool is available on the DDS website Self-Determination page at: <https://www.dds.ca.gov/SDP/programDirectives.cfm>

The requirements for determining the amount of the individual budget are outlined in the Lanterman Act as well as in a January 11, 2019 DDS directive to regional centers on individual budget development.

Read about the Self-Determination Program in the Lanterman Act on the DDS website at [http://leginfo.ca.gov/faces/codes\\_displaySection.xhtml?lawCode=WIC&sectionNum=4685.8.#content\\_anchor](http://leginfo.ca.gov/faces/codes_displaySection.xhtml?lawCode=WIC&sectionNum=4685.8.#content_anchor)

Read the DDS directive on individual budget development at [https://www.dds.ca.gov/SDP/docs/IndividualBudget\\_Jan19.pdf](https://www.dds.ca.gov/SDP/docs/IndividualBudget_Jan19.pdf)



## Local Advisory Committee “Meet and Mingle”

The San Diego Regional Center Local Advisory Committee recently hosted a “Meet and Mingle” at which SDP participants were invited to come and meet with other participants in order to share information and resources, discuss their needs and challenges, develop support and learn together. Discussion tables focused on person-centered planning, developing the spending plan, resources, and other topics.

## Question of the Day

**Q. I am excited to be selected for the initial implementation of SDP, how do I know what to do first?**

**A.** Getting started with the new Self-Determination Program (SDP) is not exactly a “linear” or step by step process. Some activities, such as planning and individual budget certification can be happening at the same time or one can happen before the other. Everyone, from participants to the people who support them, is learning together at this time. It helps to have something to guide the process and remind all parties of the steps involved in getting started with SDP. DDS has developed a flow chart to support this process. This flow chart is now available in English and Spanish on the DDS website Self-Determination page at: <https://www.dds.ca.gov/SDP/sdpEnrollment.cfm>

Additional languages will be posted once available.



## WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office