# FY 2018/19 DISPARITY FUNDS PROGRAM PROPOSAL COVER PAGE

**Note:** Complete this form for **each** proposed project. Please refer to the Proposal Submission Instructions for clarification for any of the following questions.

**Section I. Grantee Information and Cover Sheet** 

Please check the box that de	scribes your organizati	on	
☐ Regional Center (RC)			☐ CBO, non-501(c)(3) ☐ EIN or
	501(c)(3)		□ No EIN
a. Name of organization/Grou	In	-	b. Date
Public Health Foundation Enter Family Resource Center		dich	10-16-18
c. Primary contact (Name)			
Lily Paramaunt & Dominique D	eBorba		
d. Mailing address			
13300 Crossroads Parkway No	orth Suite 450 City of Inde	ustry,C	A 91746
e. Primary e-mail address		f. Prin	nary phone number
lparamaunt@helunahealth.org		562-2	22-7866
g. Secondary contact email a	nddress	h. Sec	condary contact phone number
deborba@ckfrc.org		310-3	25-7288
i. Brief description of the org	anization/group (organ	ization	type, group mission, etc.).
California supporting families was parent to parent support, training and professionals in locating, a social service organizations at Resource Center serves mostly Start facility in Harbor City. The resources. Our hope is to reaccenter through this grant. In the	with young children with ongs, resources, and assistancessing, and navigating the local level that help way Spanish speaking famile targeted population is in more families and also e six month period of times.	levelop st parer g servic vith out lies and n our ba build the e that w	reach and child find. Our d we are housed in a Early Head ackyard, but we have limited ne capacity of our familiy resource

**Section II. Proposal Summary** 

Good on the Foposal Galliniary	
a. Project title	Knowledge Is Power/ El Conocimiento es Poder
b. Total amount requested	\$ 110,382
c. Projected number of individuals impacted	500
d. Duration of project (months)	24 months Start date: 01/01/19 End date: 12/31/20
e. RC(s) in the project catchment area(s)	Harbor Regional Center Target zip code(s) for Los Angeles County*: 90710,90717,90731,90732,90744,90745,90501,90502
f. Did your organization receive funding for a project in FY	

## FY 2018/19 DISPARITY FUNDS PROGRAM PROPOSAL COVER PAGE

2017/18?	If no, skip to question "g."
	Grant # (CBOs only): 17-C45
f1. What is the current status of your project?	ongoing
f2. How is this proposal different from your current project?	We are requesting an increase in funding due to the greater need of services than expected. The budget proposed is aligned with the growth and demand for the program.
g. Will you be working with one or more CBO(s)?	□ Yes*** ⊠ No
h. Will the project require aggregate data from the RC(s)?	□ Yes*** ⊠ No

<sup>\*</sup>Zip code information for Los Angeles County can be found at:
https://www.dds.ca.gov/RC/regionMap.cfm?view=laCounty
\*\*\*If yes, please provide letter(s) indicating that the CBO(s) and/or RC(s) have reviewed the proposal and are in support of collaboration.

# FY 2018/19 DISPARITY FUNDS PROGRAM PROJECT INFORMATION

1. Project title
Knowledge Is Power/ El Conocimiento es Poder
2. Select the target group(s) the project intends to serve and provide a description of each group. Check all that apply.
<ul><li>☑ Ethnicity: Hispanic</li><li>☑ Language(s): Spanish</li></ul>
☑ Age group(s): 3-22
☐ Socioeconomic:
<ul><li>Other:</li><li>3. Which area(s) of focus does the project meet? Check all that apply.</li></ul>
<ul> <li>☑ 1. Increase access to information about services available through the RC system and</li> </ul>
processes to receiving those services.
☑ 2. Provide assistance during the intake process.
☑ 3. Empower consumers to advocate for needed services.
4. Increase access to services that meet the cultural and linguistic needs of consumers and their families.
□ 5. Other (explain):
4. Project Type. Check all that apply.
☐ Translation (equipment, translator services, translating brochures or materials, etc.)
<ul> <li>☑ Outreach (community events, website or social media design, materials, etc.)</li> <li>☑ Workforce capacity (staff training, incentives for bilingual employees, etc.)</li> </ul>
<ul> <li>☑ Parent education (online or in person trainings, workshops, etc.)</li> </ul>
☐ Promotores (para professionals to help develop relationships and trust with the Regional Center)
☐ Family/consumer support services (1:1 coaching, enhanced case management, service
navigation, etc.)  Other:
5. What experience does the organization/group have working with the target population?
Carolyn Kordich Family Resource Center (CKFRC) has a 25 year history of working with families of children with developmental disabilities. Approximately 98% of the families Carolyn Kordich Family Resource Center (CKFRC) serves are Spanish speaking. We are located in a heavily diverse area mainly populated by Hispanic families. Through our work on this disparity grant these past months, we have become well versed as to the families needs and lack of understanding of the service delivery system.
6. Explain how the target population(s) are underserved using POS data or other data as supporting evidence.

# FY 2018/19 DISPARITY FUNDS PROGRAM PROJECT INFORMATION

The Spanish speaking families that we target(in our specific service area) live in the communities where the Harbor Regional Center purchase of service disparities exist. Harbor Regional Center has determined through POS data that significant challenges exist for these families in accessing services, navigating the service system, understanding their childs diagnosis, and linquistic issues. These same challenges have been identified through public input from focus groups and trainings held at our family resource center.

#### 7. How will the project address the identified POS disparity?

This project will help reduce Regional Center purchase of service disparities by educating Spanish speaking families in recognizing and understanding their childs disability and their role in service decisions. We have also recognized a lack of advocacy skills in our Spanish speaking families which we have been working to strengthen through our Self-Advocacy support group and trainings. Our objective is to also educate these families on available services and supports, and improve ways to connect families with diverse backgrounds together through outreach, trainings, and collaboration with community groups in their local areas. This project will impact disparities as the families become more familiar with the service system and understand and engage in their role as advocate for their child with special needs.

8. How is the proposed project unique or different from a current effort (e.g., strategies, activities, goal) in this catchment area? If the project is similar to a current effort, how will the proposed project expand on the current effort?

While there are other organizations in our catchment area that serve our predominantly Spanish speaking population in general, Carolyn Kordich Family Resouce Center is the only CBO in this area that specifically serves predominatly Spanish speaking families with children with developmental disabilities. We have found this to be a unique population with unique cultural needs that require a tail ored approach and understanding in order to be effective. It has been our goal to find the areas of need and address them, through support groups, trainings, and community outreach and education.

# 9. How did your organization collect input from the community and/or target population to design the project?

Our project was driven by repeatedly hearing feedback from our Spanish speaking families about the lack of services and their lack of understanding of the service system. Through focus groups, support groups and trainings held at CKFRC we identified many components that create this disparity such as, language barriers, literacy issues, fear of authority, isolation and alck of guidance. The main topic that came up time and time again was the lack of advocacy skills in our Spanish speaking families and that has been our most prominant area of focus.

#### DISPARITY FUNDING PROPOSAL - SCHEDULE OF DEVELOPMENT/ACTIVITIES WORKSHEET

Completed worksheets shall be submitted with the funding proposal. List all key staff and activities, and identify the quarter that each activity will occur. More than one copy of each worksheet may be submitted if additional space is required. *Please see Attachment C-1 for a sample worksheet*.

		2018		2	019			2020	
Activity	Staff	Q4 10/1/18- 12/31/18	Q1 1/1/19- 3/31/19	Q2 4/1/19- 6/30/19	Q3 7/1/19- 9/30/19	Q4 10/1/19- 12/31/19	Q1 1/1/20- 3/30/20	Q2 7/1/19- 9/30/19	Q3 10/1/19- 12/31/19
Continue to gather and translate existing training curriculums and written information for our Spanish speaking families. Create, and disseminate advertising materials for project.	Director and Bilingual family support specialist	⊠	⊠	×	Ø	×			
Continue to expand Spanish materials in existing resource library	Director and Bilingual family support specialist	Ø	×	Ø	×	×			
Monthly Self Advocacy support group for Spanish speaking families located at Health and Wellness Activity Center in Wilmington,CA	Bilingual family support specialist.	⊠	×	Ø	⋈	×			
Monthly community outreach and trainings (including but not	Director and Bilingual Familiy support specialist.	Ø	×	×	×	×		0	

		2018	2019				2020		
Activity	Staff	Q4 10/1/18- 12/31/18	Q1 1/1/19- 3/31/19	Q2 4/1/19- 6/30/19	Q3 7/1/19- 9/30/19	Q4 10/1/19- 12/31/19	Q1 1/1/20- 3/30/20	Q2 7/1/19- 9/30/19	Q3 10/1/19- 12/31/19
limited to,parent advocacy, child development, disability, and milestones training, parents rights and regional center navigation and support groups).									
Ongoing staff development through local and state trainings.	Director and Bilingual family support specialist	×	×	×	Ø	Ø			
Prepare quarterly reports to DDS	Director	×		×	×				
Gather and maintain pre/post evaluation data and sign in sheets of Spanish speaking parents who attend, trainings, workshops and support groups designed for this program. Will provide basic statistics in an evaluation summary at the end of each quarter, measuring knowledge gained on services and supports	Director and Bilingual family support specialist		×	×	Ø	×			

		2018		2	019			2020	
Activity	Staff	Q4 10/1/18- 12/31/18	Q1 1/1/19- 3/31/19	Q2 4/1/19- 6/30/19	Q3 7/1/19- 9/30/19	Q4 10/1/19- 12/31/19	Q1 1/1/20- 3/30/20	Q2 7/1/19- 9/30/19	Q3 10/1/19- 12/31/19
and measurement of Regional Center POS satisfaction.									
	1					0	0		

Note: Monthly intervals may also be used, rather than quarterly as shown in this sample. For projects shorter than 6 months, DDS may require monthly reporting. Please use as many copies of this worksheet as needed

#### DISPARITY FUNDING PROPOSAL - PROJECT MEASURES WORKSHEET

Completed worksheets shall be submitted with the funding proposal. Check the types of qualitative and quantitative outcome measures you will use. For each type, describe the activity to be measured and the data collection method. More than one copy of each worksheet may be submitted if additional space is required. *Please see Attachment D-1 for a sample worksheet*.

Measures of Outcomes	Type of Measure(s). Check all that apply.	Activity To Be Measured; Data Collection Method
	⊠ Count	Report the number of community outreach/ trainings, and support groups we conduct and the number of attendees.
	□ POS	
	☑ Pre/post survey/assessment	Pre/post survey(evaluation) for trainings and support groups to assess knowledge gained and measurement of Regional Center POS satisfaction
	☐ Stakeholder feedback	
	⊠ Materials	Report the number and type of Spanish training and advertising materials created, translated and/or distributed by the project. Advertising can include flyers, outreach materials, and Website, Facebook and other social media posts.
	☐ Other: PLEASE DESCRIBE:	

## PROJECT BUDGET WORKSHEET

Budget worksheet should reflect the total amount of funding needed for the duration of the project. More than one worksheet may be submitted if additional space is needed. Full time equivalent (FTE) typically means 40 hours per week. For example, .5FTE means 20 hours per week.

Organization Name			
Heluna Health/Caroly	n Kordich Family Resource	e Center	
Project Title			
Knowledge is Power/	El Conocimiento es Poder		
Project Duration (sta	art and end date)		
Start Date: 1-1-19	End Date: 12-31-19	Number of Months: 12	

Description	Year 1 Annual Cost	Year 2 Annual Cost*	Total Cost
Salary/Wages and Benefits			
Name: Dominique DeBorba Title/Position: Project Director  ☑ Existing Position or ☐ New Position ☐ Full Time Equivalent (FTE): .14	\$11311	\$	\$11311
Name: Otilia Salgado Title/Position: Family Support Specialist  ☑ Existing Position or ☐ New Position ☐ Full Time Equivalent (FTE): .60	\$29181	\$	\$29181
Name:  Title/Position:  □ Existing Position or □ New Position  □ Full Time Equivalent (FTE):	\$	\$	\$
Name: Title/Position: □ Existing Position or □ New Position □ Full Time Equivalent (FTE):	\$	\$	\$
Name:  Title/Position:  □ Existing Position or □ New Position  □ Full Time Equivalent (FTE):	\$	\$	\$
Name:  Title/Position:  □ Existing Position or □ New Position □ Full Time Equivalent (FTE):	\$	\$	\$
Name:  Title/Position:  □ Existing Position or □ New Position  □ Full Time Equivalent (FTE):	\$	\$	\$
Salary/Wages and Benefits Total	\$40492	\$	\$40492

Operating Expenses	Region and	
Equipment	\$1500	\$ \$1500
Outreach Supplies	\$1500	\$ \$1500
Training Consultants (Speakers)	\$1000	\$ \$1000
Office Supplies	\$1000	\$ \$1000
Transportation/Travel	\$1500	\$ \$1500
Food for Workshops/Trainings	\$1000	\$ \$1000
	\$	\$ \$
Operating Expenses Total	\$7500	\$ \$7500

Indirect Rate 13%	\$6239	S	\$6239
	\$	\$	\$
	\$	\$	\$
	\$	\$	\$
	\$	\$	\$
<b>高</b> 東京	\$	\$	\$
Administrative Expenses Total	\$	\$	\$
Project Budget Total	\$54231	\$	\$54231

<sup>\*</sup>As applicable. If the period for year 2 is less than 12 months, provide budget for the amount of months that services will be provided.

Proposer (applicant): Authorized by (print name): Signature:	Date: 12
Sub-grantee (subcontractor):**  Authorized by (print name):	
Signature:	Date:
**As applicable	

## PROJECT BUDGET NARRATIVE WORKSHEET

The items and descriptions in this worksheet must correspond to the items listed in the Budget Worksheet (Attachment E-1).

Organization Name				
Public Health Founda	tion Enterprises, Inc Car	olyn Kordich Family Resource Center		
Project Title				
Knowledge is Power/	El Conocimiento es Poder			
Project Duration (sta	art and end date)		<u>.</u> 1	
Start Date: 1-1-19	End Date: 12-31-19	Number of Months: 12		

Salary/Wages and Benefits - Line Item	Description of Duties
Title/Position: Project Director	See Attachment
Title/Position: Family Support Specialist	
Title/Position:	

Operating Expenses – Line Item	Description
Equipment \$1500	See Attachment
Outreach Supplies \$1500	
Training Consultant \$1000	
Office Supplies \$1000	
Transportation/Travel \$1500	
Food for Workshop/Trainings \$1000	
	(Feet/I

Administrative Expenses – Line Item	Description

Indirect Rate 13%	See Attachment
Proposer (applicant):  Authorized by (print name):  Signature:	Date: \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Sub-grantee (subcontractor):**	
Authorized by (print name):	
Signature:	Date:
**As applicable.	

## **Description of Duties - Personnel**

**Project Director:** The Project Director is responsible for the day to day operations of the Family Resource Center, community relations, trainings and supervising staff. Director is also responsible for managing the grant deliverables, ensuring the project is on track for spending and adhering to the Scope of Work and producing the interim and final reports as needed. The position will also manage all logistics for trainings, workshops and marketing efforts.

Total Cost: \$11,311

Family Support Specialist: The Family Support Specialist provides written and verbal translation of materials for paents, co-facilitates support groups, provides support at trainings and workshops and conducts outreach in the community.

Total Cost: \$29,181

#### **Description - Operating Expenses**

**Equipment:** These costs are for general expenses in maintaining the Carolyn Kordich Family Resource Center office space which may include but is not limited to furniture, equipment, and meeting supplies.

Total Cost: \$1.500

Outreach Supplies: This cost will cover printing costs, program and marketing materials used for outreach.

Total Cost: \$1,500

**Training Consultants:** This will cover the cost of speakers and other facilitators that will be needed during our parent training and workshop sessions.

Total Cost: \$1,000

Office Supplies: These costs will include general office supplies such as copy paper, printing, ink, stamps, files, pens, pencils, notebooks, and products for organizing.

Total Cost: \$1,000

**Transportation/Travel:** This cost will cover transportation costs for families attending trainings, workshops, and support groups. Cost will also cover mileage and other travel costs as needed for staff to attend meetings, trainings, and staff development.

Total Cost: \$1,500

Food for Workshops/Trainings: These costs include food and beverages, purchased in-store or through catering vendors, for parents attending our support groups, trainings, and workshops.

Total Cost: \$1000

# **Description – Administrative Expenses**

Indirect Rate: Public Health Foundation Enterprises, Inc. administrative costs include headquarters infrastructure costs, communications, facility/lease, depreciation, equipment expenses, in-kind services, professional fees, office expenses and rent, calculated using a 13.00% federally approved indirect rate.

Total Cost: \$6239