

# What We Learned From the National Core Indicators (NCI) Adult Consumer Survey

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NCI Results From People Across San Diego  
Regional Center in  
2014-15  
User-Friendly Version



**NATIONAL  
CORE**

## Who helped with this report?

We thank the California Developmental Disabilities Consumer Advisory Committee. Their ideas help make this report easy to understand! Thanks also to everyone who let us take and use their pictures. They helped make this report interesting.

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## A Collaborative Effort of:



## Cover art by Donald Roberts (1962 -2009)



Donald was a former member of the statewide Consumer Advisory Committee in California, Valley Mountain Regional Center Board of Directors, Olmstead Advisory Committee, California Memorial Project, and Self-Advocacy Council 6. Donald was dedicated to the empowerment of people with disabilities and expressed his experiences and dreams through his artwork.

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# What Is National Core Indicators (NCI)?

Each year, NCI asks people with intellectual and developmental disabilities (ID/DD) and their families about the services they get and how they feel about them. NCI uses surveys so that the same questions can be asked to a large group.

## Who is interviewed?

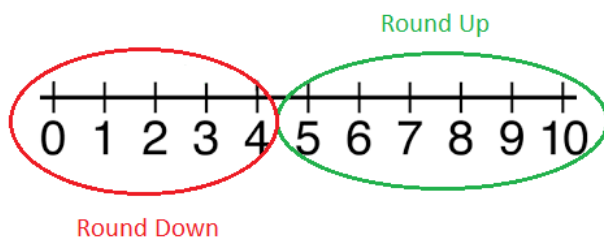
Each year people in many states take part in an NCI meeting. Every year a new group of people are asked to meet. During the meeting people are asked the NCI survey questions. The questions are asked to the person who gets services from the state. For some questions, a family member, friend, or staff member who knows the person well can answer.

## What is this report?

This report shows how people in Inland Regional Center answered some of the NCI questions. This report we show the answers to the questions that people are most interested in. Like, “Did you choose your job?”

Each page shows a different question and the answers. Each page also has a pie graph. It shows how many people said **yes** and how many said **no**. There are also words and stick figures that show how many yes and no answers there were for each question. The answers are whole numbers (like 60% or 90%).

For this report we round percentages to the nearest ten percent. To round, we look at the last digit in a number. If the digit is 5 or more, we “round up” to the next highest number with a zero. If the digit is 4 or less, we “round down” to the next lowest number with a zero.



For example:

If 87% of people say they feel safe at home, we “round up” 90%.

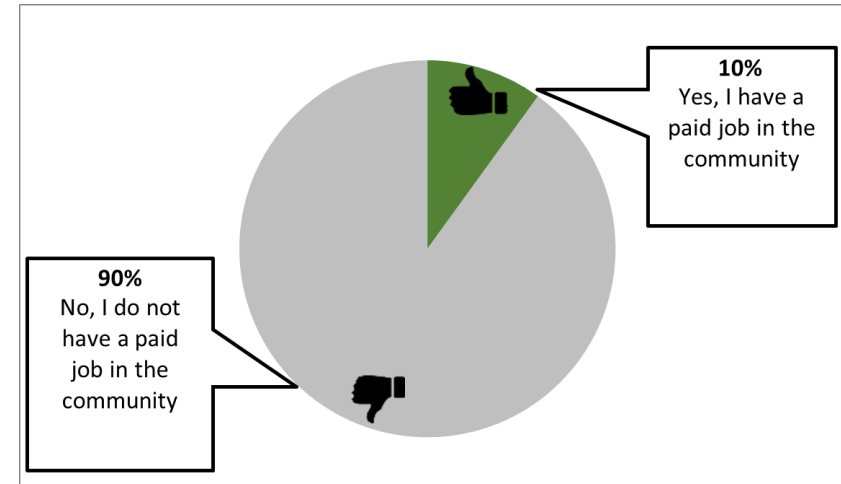
If 12% of people say they have a paid job, we “round down” to 10%.

This report can help people talk about services and supports. If you want more information, you can look up the full report at:

<http://www.dds.ca.gov/QA/rcReports.cfm>

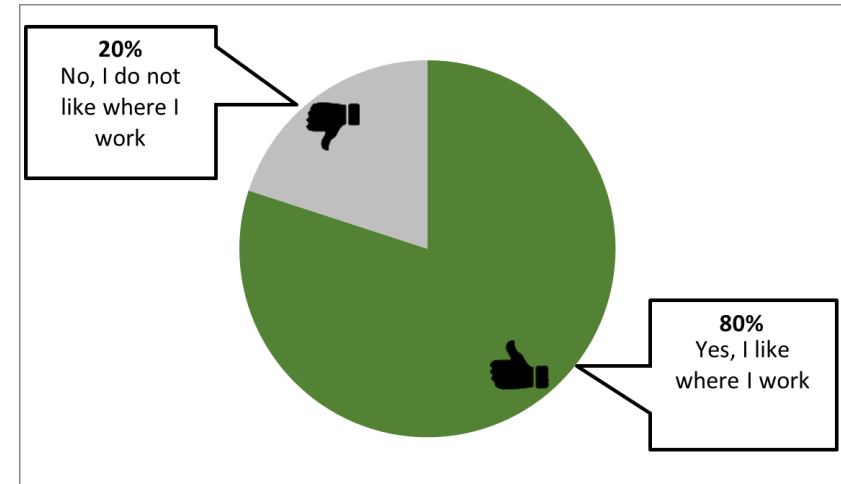


## Do you have a paid job in your community?



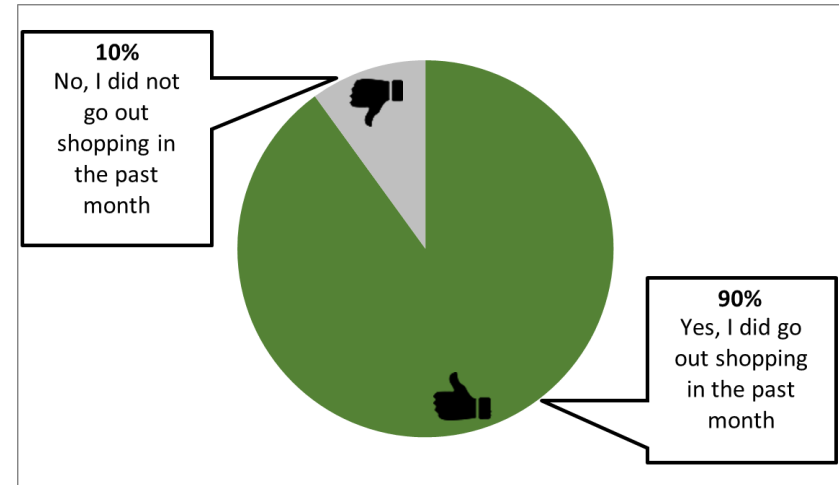
NCI Tells us **1** out of every **10** people have a **paid job in the community.**

## Do you like where you work?



NCI tells us **8** out of every **10** people who have a paid job in the community said they like where they work.

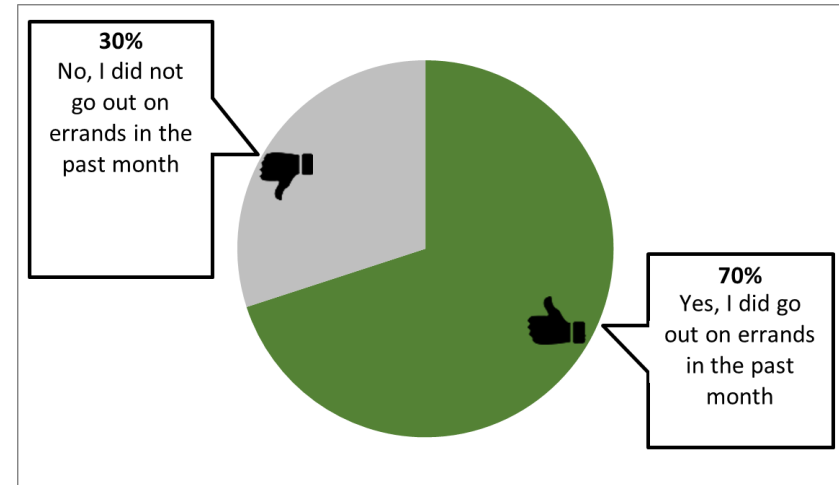
## Did you go out shopping in the past month?



NCI tells us **9** out of every **10** people said **they went out shopping in the past month**

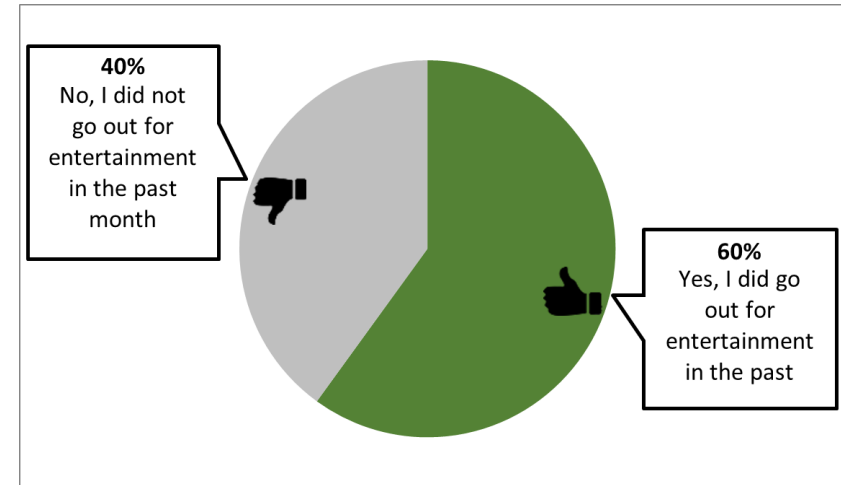


## Did you go out on errands in the past month?



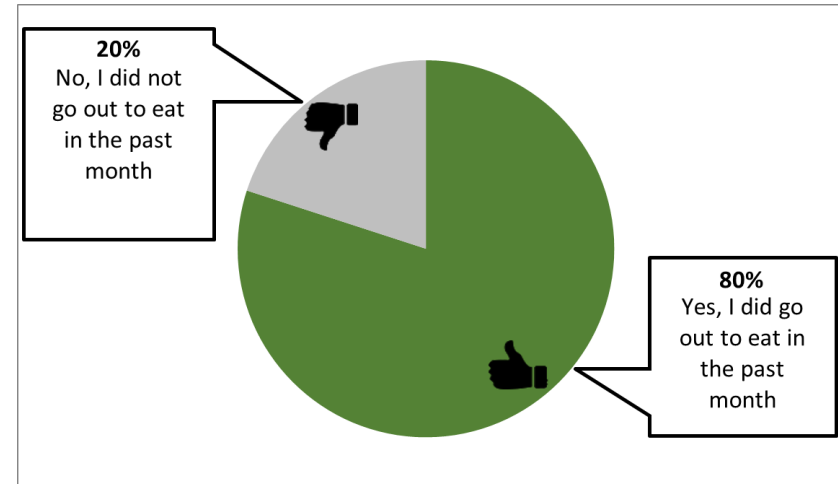
NCI tells us **7** out of every **10** people said they went out on errands in the past month.

## Did you go out for entertainment in the past month?



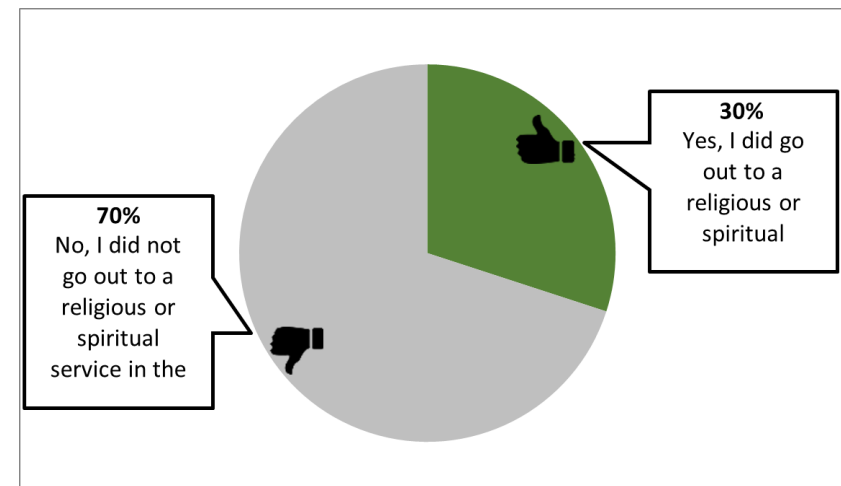
NCI tells us **6** out of every **10** people said **they** went out for entertainment in the past month.

## Did you go out to eat in the past month?



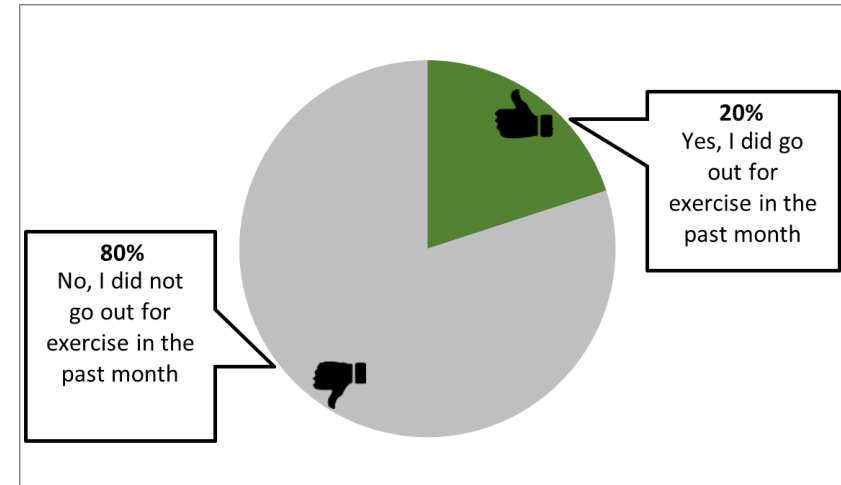
NCI tells us **8** out of every **10** people said **they went out to eat in the past month.**

## Did you go out for a religious or spiritual service in the past month?



NCI tells us **3** out of every **10** people said **they** went out to a **religious or spiritual** service in the past month.

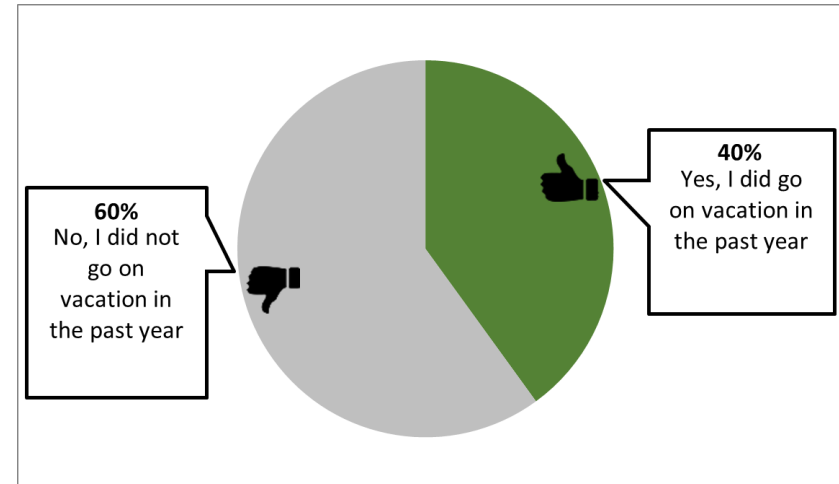
## Did you go out for exercise in the past month?



NCI tells us **2** out of every **10** people said **they went out for exercise in the past month.**

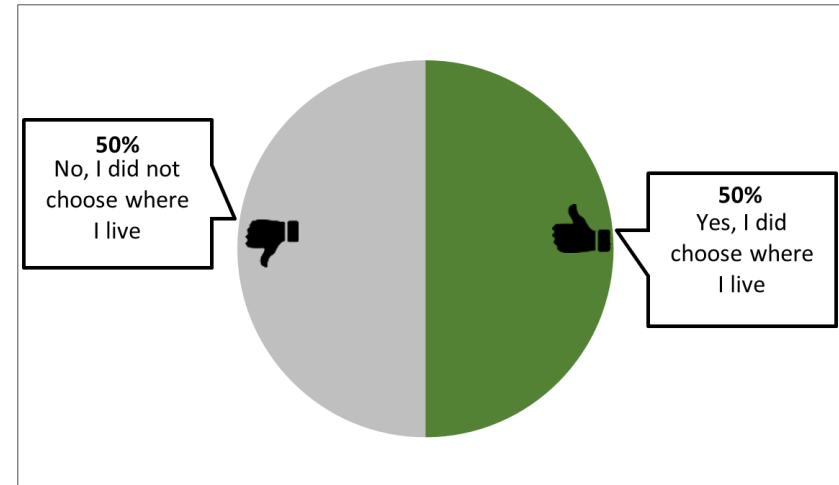


## Did you go on vacation in the past year?



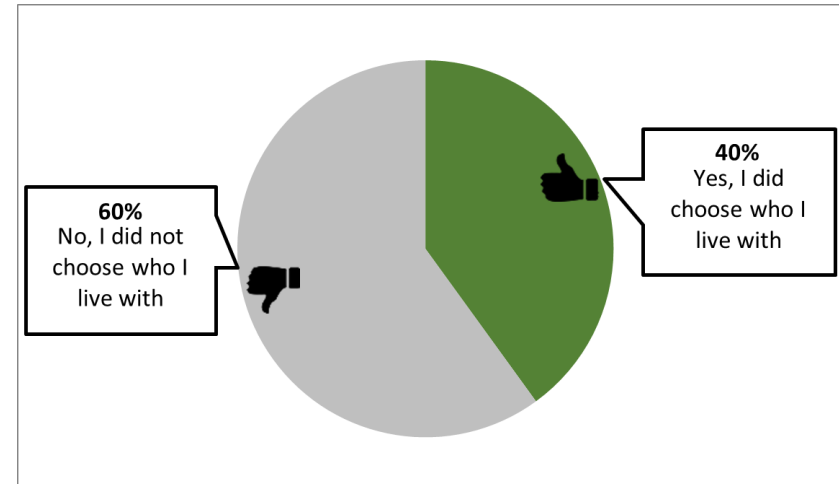
NCI tells us **4** out of every **10** people said **they went on vacation in the past year.**

## Did you choose where you live?



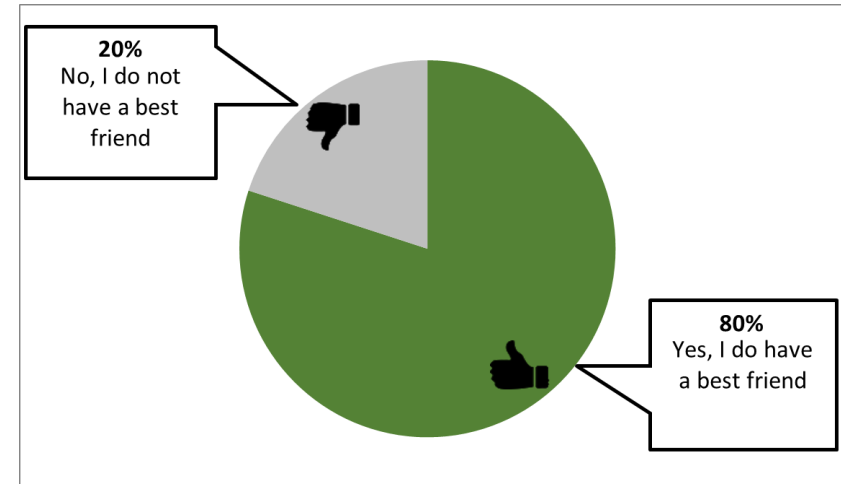
NCI tells us **5** out of every **10** people said **they chose where they live.**

## Did you choose who you live with?



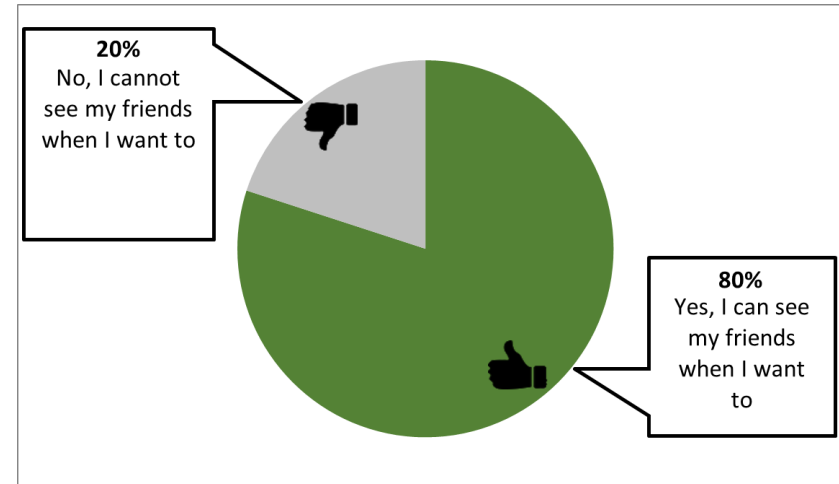
NCI tells us **4** out of every **10** people said **they chose who they live with.**

## Do you have a best friend?



NCI tells us that **8** out of every **10** people said **they have a best friend**.

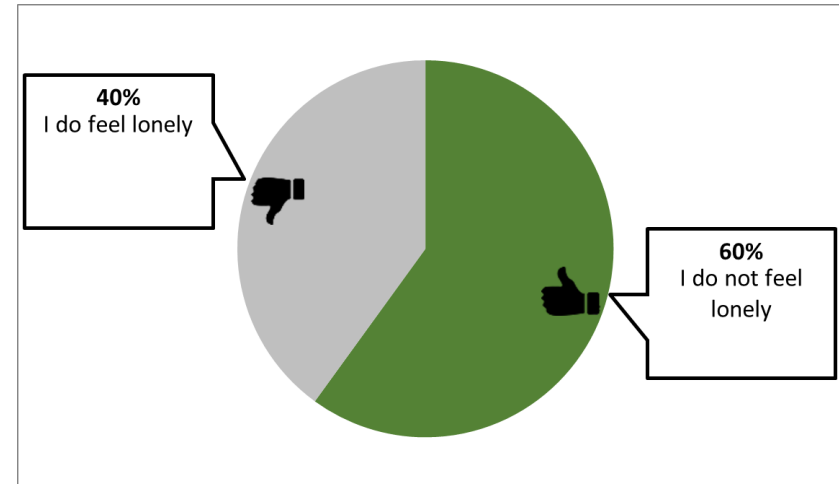
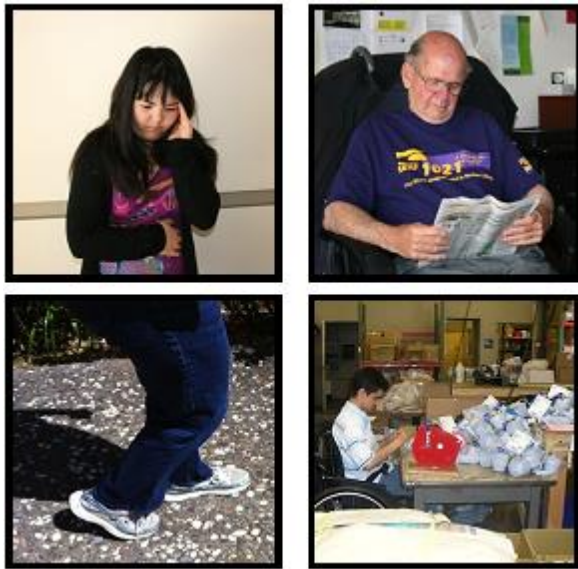
## Can you see your friends when you want to?



NCI tells us that **8** out of every **10** people said **they can see their friends when they want to**.

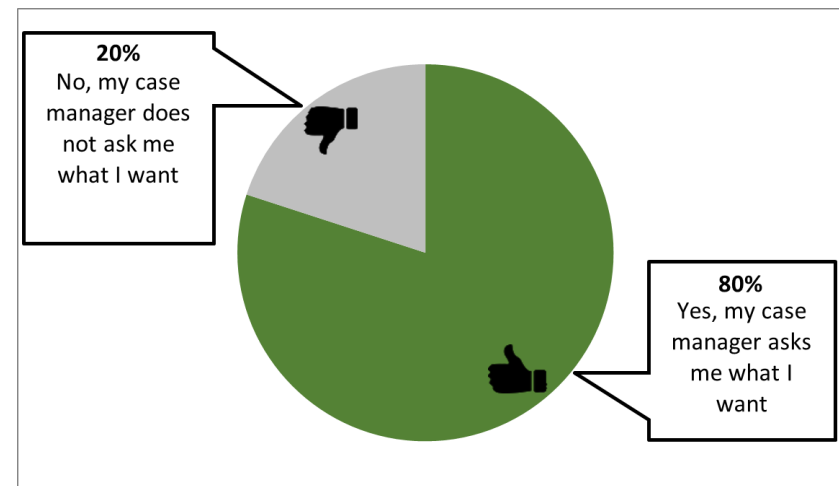


## Do you ever feel lonely?



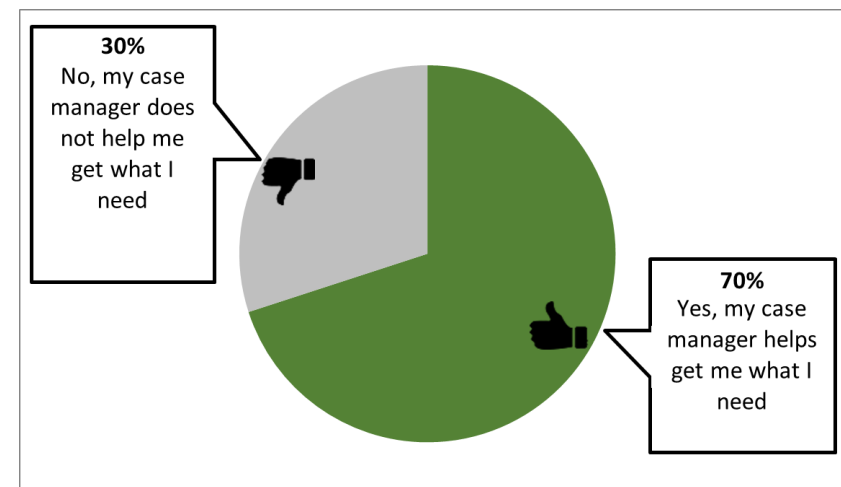
NCI tells us that **6** out of every **10** people said **they do not feel lonely**.

## Does your manager/service coordinator ask what you want?



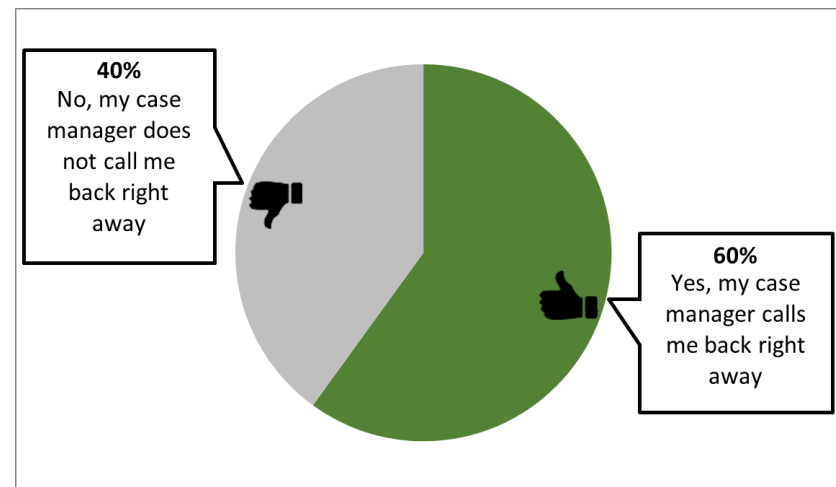
NCI tells us **8** out of every **10** people said **their case manager asks them what they want.**

## Does your manager/service coordinator help get what you need?



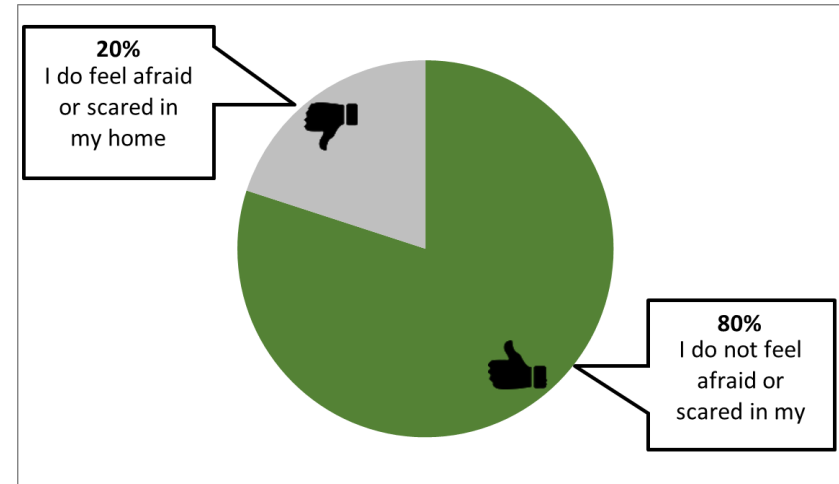
NCI tells us that **7** out of every **10** people said **their case manager helps get them what they need.**

## Does your manager/service coordinator call you back right away when you call and leave a message?



NCI tells us **6** out of every **10** people said **their case manager calls them back right away.**

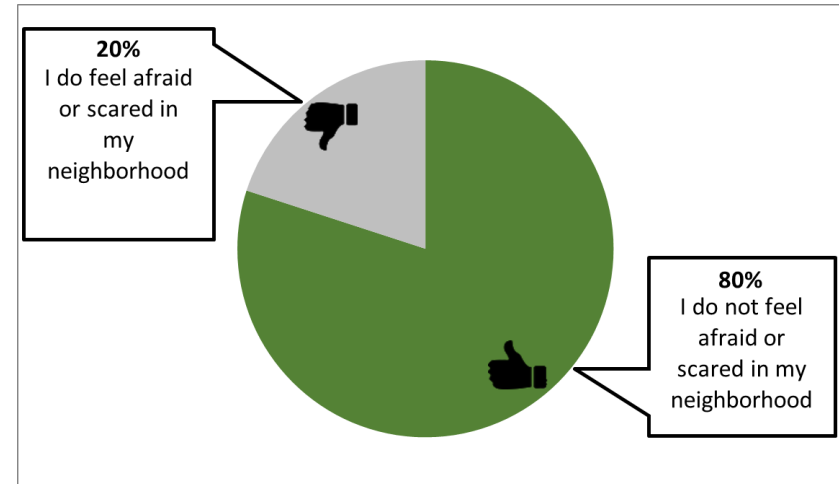
## Do you feel safe in your home?



NCI tells us **8** out of every **10** people said **they do not feel afraid or scared in their home.**

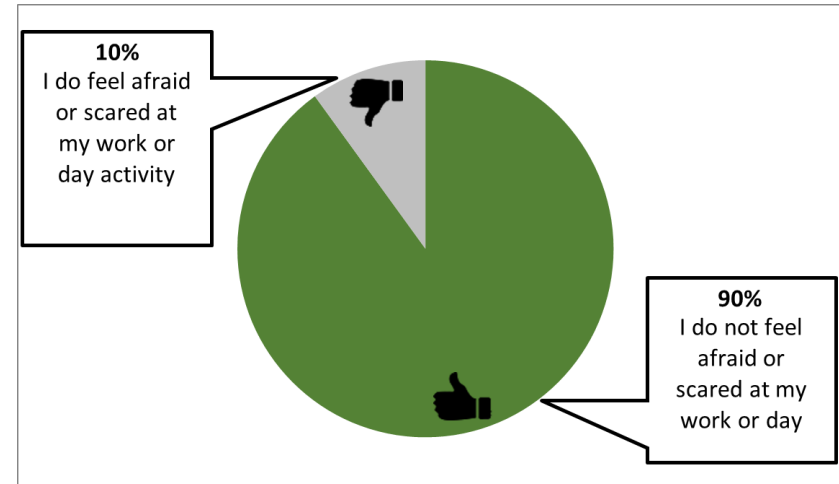


## Do you feel safe in your neighborhood?



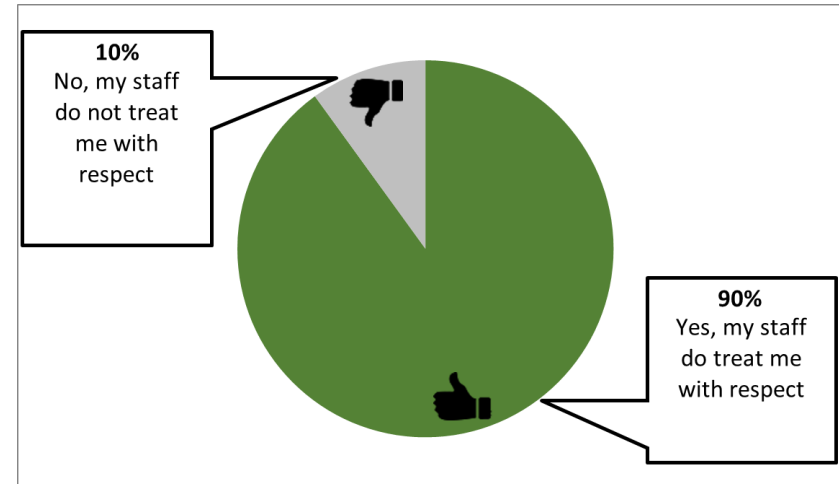
NCI tells us **8** out of every **10** people said **they do not feel afraid or scared in their neighborhood.**

## Do you feel safe at your work and day activity?



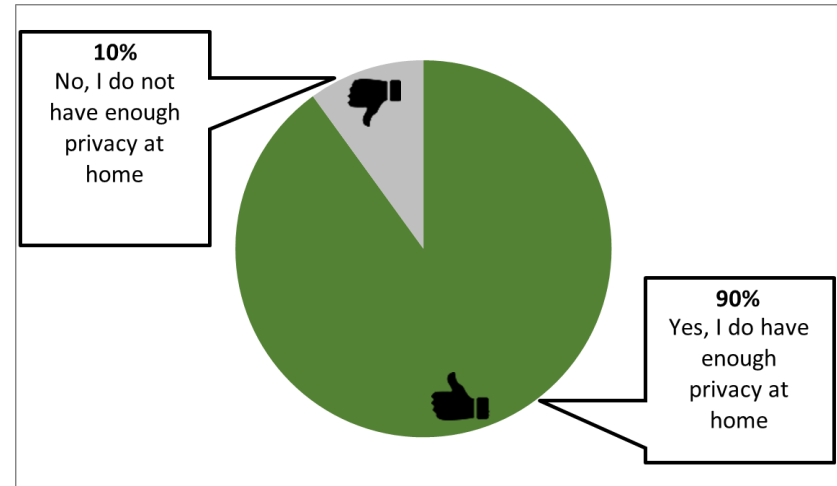
NCI tells us **9** out of every **10** people said **they do not feel afraid or scared at their work or day activity.**

## Do your staff treat you with respect?



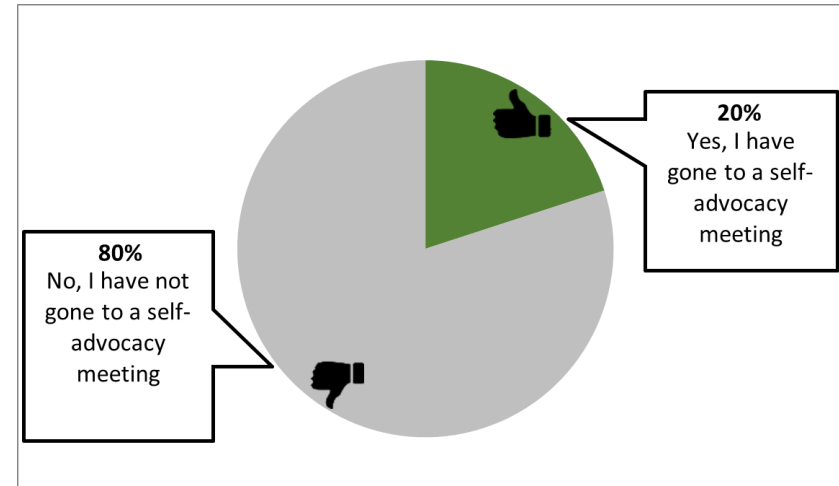
NCI tells us that **9** out of every **10** people said **their staff treat them with respect.**

## Do you have enough privacy at home?



NCI tells us **9** out of every **10** people said **they have enough privacy at home.**

## Have you gone to a self-advocacy meeting?



NCI tells us **2** out of every **10** people said **they have gone to a self-advocacy meeting.**



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<http://www.nationalcoreindicators.org/>

**A Collaborative Effort of**

**NASDDDS**

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