

# California Regional Center Report: Valley Mountain

2011

National Association of State Directors of Developmental Disabilities Services
Human Services Research Institute



## **Table of Contents**

Quality Assessment Project and National Core	Graph 7B. Other Disabilities (Continued)	10
Indicators1	Graph 8. Type of Residence	11
indicators	Graph 9. Primary Means of Expression	11
What is the NCI Adult Consumer Survey?1	Graph 10. Primary Language	12
What is the NCI Addit Consumer Survey?	Results: Individual Outcomes	13
How were people selected to participate?2	Choice	14
Proxy Respondents2	Graph 11. Chose Home	14
Froxy Respondents2	Graph 12. Looked at More Than One Home	14
What topics are covered by the survey?3	Graph 13. Chose Home Staff	15
	Graph 14. Chose Roommates	15
Table 1. NCI Adult Family Survey Indicators – Domains	Graph 15. Chose Job	16
and Sub-Domains4	Graph 16. Looked at More Than One Job	16
Mhat is contained in this renewt?	Graph 17. Chose Job Staff	17
What is contained in this report?5	Graph 18. Chose Day Activity	17
Results: Demographics6	Graph 19. Looked at More Than One Day Activity	18
Graph 1. Age7	Graph 20. Chose Day Staff Staff	18
Graph 2. Gender7	Graph 21. Chooses Daily Schedule	19
Graph 3. Race8	Graph 22. Chooses How to Spend Free Time	19
Graph 4. Ethnicity8	Graph 23. Chooses What to Buy	
Graph 5. Level of MR9	Graph 24. Chose Service Coordinator	
Graph 6. CA Qualifying Conditions9	·	
Graph 7A. Other Disabilities10		

Work21	Graph 40. Average Times Went Out to Eat in the	e Past
Graph 25. Has a Job in the Community21	Month	28
Graph 26. Type of Job in the Community21	Graph 41. Went Out for Exercise in the Past Mo	nth 29
Graph 27. Worked 10 Out of 12 Months in a Community	Graph 42. Average Times Went Out for Exercise	e in the
Job22	Past Month	29
Graph 28. Average Months ay Current Community Job.22	Graph 43. Went Out to Religious Services in the	Past
Graph 29. Received Benefits at Community Job23	Month	30
Graph 30. Wants a Job in the Community23	Graph 44. Average Times Went to Religious Ser	rvices in
Graph 31. Has Integrated Employment as a Goal in IPP24	the Past Month	30
Graph 32. Does Volunteer Work24	Graph 45. Went on Vacation in the Past Year	31
	Graph 46. Average Times Went on Vacation in t	he Past
Community Inclusion25	Year	31
Graph 33. Went Shopping in the Past Month25		
Graph 34. Average Times Went Shopping in the Past	Relationships	32
Month25	Graph 47. Has Friends	32
Graph 35. Went Out on Errands in the Past Month26	Graph 48. Has a Best Friend	32
Graph 36. Average Times Went on Errands in the Past	Graph 49. Able to See Friends	33
Month26	Graph 50. Able to See Family	33
Graph 37. Went Out for Entertainment in the Past Month	Graph 51. Can Go On a Date	34
27	Graph 52. Feels Lonely	34
Graph 38. Average Times Went Out for Entertainment in	Graph 53. Gets to Help Others	35
the Past Month27		
Graph 39. Went Out to Eat in the Past Month28	Satisfaction	36
	Graph 54. Likes Home	36

Graph 55. Likes Neighborhood	36	Graph 71. Had a Hearing Test in the Past Five Years	45
Graph 56. Wants to Live Somewhere Else	37	Graph 72. Has a Pap Test in the Past Three Years fo	r
Graph 57. Likes Job	37	Women	46
Graph 58. Wants to Work Somewhere Else	38	Graph 73. Had a Mammogram in the Past Two Years	for
Graph 59. Likes Day Activity	38	Women Over 40	46
Graph 60. Wants to Go Somewhere Else During th	e Day	Graph 74. Had a PSA Test in the Past Year for Men of	over
	39	50	47
		Graph 75. Had a Colorectal Cancer Screening in the	Past
Service Coordination	40	Year for Those Over 50	47
Graph 61. Has Met Service Coordinator	40	Graph 76. Had a Flu Vaccination in the Past Year	48
Graph 62. Service Coordinator Asks What Person	Wants	Graph 77. Had a Vaccination for Pneumonia	48
	40		
Graph 63. Service Coordinator Helps Get What Pe	rson	Medications	. 49
Needs	41	Graph 78. Takes Medication for Mood, Behavior, Anx	iety,
Graph 64. Service Coordinator Calls Back Right Av	way41	or Psychotic Disorder	49
Graph 65. Helped Make IPP	42		
		Wellness	. 50
Health	43	Graph 79. Engages in Moderate Physical Activity	50
Graph 66. Has a Primary Doctor	43	Graph 80. Uses Tobacco	50
Graph 67. In Poor Health	43		
Graph 68. Had an Annual Physical Exam in the Pa	st Year	Respect and Rights	. 51
	44	Graph 81. Has Enough Privacy at Home	51
Graph 69. Had a Dental Exam in the Past Year	44	Graph 82. Bedroom is Entered Without Permission	51
Graph 70. Had a Vision Screening in the Past Year	r45	Graph 83. Home is Entered Without Permission	52

	Graph 84. Can Be Alone With Visitors At Home52
	Graph 85. Mail or Email is Opened Without Permission.53
	Graph 86. Can Use Phone and Internet Without
	Restrictions53
	Graph 87. Staff at Home are Nice and Polite54
	Graph 88. Staff at Work are Nice and Polite54
	Graph 89. Staff at Day Activity are Nice and Polite55
	Graph 90. Has Participated in a Self-Advocacy Event55
Saf	fety56
	Graph 91. Never Feels Scared at Home56
	Graph 92. Never Feels Scared in Neighborhood56
	Graph 93. Never Feels Scared at Work or Day Activity57
	Graph 94. Has Someone to Go to for Help if Scared57
<b>Ac</b>	cess58
	Graph 95. Has Adequate Transportation58
	Graph 96. Gets Needed Services58
	Graph 97. Staff Have Adequate Training59

## **Quality Assessment Project and National Core Indicators**

This report contains regional center level results from California's first statewide National Core Indicators (NCI) Adult Consumer Survey, in accordance with Welfare and Institutions Code (WIC) 4571. WIC 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as consumer outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance<sup>1</sup>. This first year of data collection will serve as a basis for regional centers to monitor changes and guide strategic planning.

## What is the NCI Adult Consumer Survey?

The NCI Adult Consumer Survey is an interview conducted with a person who is receiving services from DDS. The NCI Survey is used to gather data on approximately 100 consumer outcomes and is regularly refined and tested to ensure it is valid and reliable. In California, interviewers hired by the area boards met with individuals and asked them questions about where they live and work, the kinds of choices they make, the activities they do in the community, their relationships with friends and family, and their health and well-being. Interviews were conducted between May 2010 and January 2011.

<sup>&</sup>lt;sup>1</sup> Refer to the California Adult Consumer Survey Report for detailed information about Quality Assessment Project implementation, the NCI, and California's statewide results.

### How were people selected to participate?

Based on the total number of adults (age 18 and over) who are receiving DDS services, it was determined that a target number of 400 surveys per regional center would provide a valid sample for this analysis.<sup>2</sup> People who were presently living in a developmental center were not part of the sample.

An additional group of people who had moved from developmental centers to the community in the past five years was selected so that their results could be looked at separately<sup>3</sup>. Overall, the total number of surveys completed across the State of California was 8,726.

## **Proxy Respondents**

Across the State, proxy respondents were used only where the individual surveyed either could not effectively communicate with the interviewer or chose to have a proxy respondent. Only people who knew the individual well (such as family, friends, or staff) were acceptable respondents, and to avoid conflict, service coordinators are not allowed to respond for individuals. Proxy respondents were only viable respondents to a particular set of questions in Section II, which were based on objective and/ or measurable behaviors: Community Inclusion, Choices, Rights, and Access to Needed Services. As well, some background information may have been collected from the Regional Center.

The percentages of proxy respondents ranged depending on the particular section. The Choice questions had the lowest number of proxy responses (39%), and the other sections had about the same rates: Community Inclusion (48%), Rights (48%), and Services Received (50%).

<sup>&</sup>lt;sup>2</sup> A randomly selected group of 400 people meets the accepted standard for a representative sample with a +/-5% margin of error and a 95% confidence level. For additional details on sampling and administration methods, please see the California Adult Consumer Survey Report.

<sup>3</sup> Refer to the Movers section in the California Adult Consumer Survey Report.

The issue of the validity of proxy responses is an important consideration in the interpretation of survey responses among individuals with intellectual and developmental disabilities. While it is generally accepted that proxy responses are not fully in concordance with individual responses, this acknowledgement does not mean proxies are unreliable or their answers unimportant.

## What topics are covered by the survey?

The National Core Indicators are organized by "domains" or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates what concerns are being measured. Each sub-domain includes one or more "indicators" of how the State or regional center is doing in this area. The following table lists the domains and sub-domains covered by the NCI Adult Consumer Survey indicators.

TABLE 1. NCI ADULT FAMILY SURVEY INDICATORS - DOMAINS AND SUB-DOMAINS

Domain	Sub-Domain	Description of Sub-Domain
Individual Outcomes	Work	People have support to find and maintain community integrated employment.
	Community Inclusion	People have support to participate in everyday community activities.
	Choice and Decision- Making	People make choices about their lives and are actively engaged in planning their services and supports.
	Self Determination	People have authority and are supported to direct and manage their own services.
	Relationships	People have friends and relationships.
	Satisfaction	People are satisfied with the services and supports they receive.
Health, Welfare, and Rights	Safety	People are safe from abuse, neglect, and injury.
	Health	People secure needed health services.
	Medications	Medications are managed effectively and appropriately.
	Wellness	People are supported to maintain healthy habits.
	Respect/Rights	People receive the same respect and protections as others in the community.
Staff Stability and Competence	Staff Competence	Direct contact staff are competent to provide services and support.
System Performance	Service Coordination	Service coordinators are accessible, responsive, and support the person's participation in service planning.
	Access	Publicly-funded services are readily available to individuals who need and qualify for them.

## What is contained in this report?

This report illustrates all demographic and individual outcome results from Valley Mountain regional center's 2010 NCI data collection cycle. All results are shown in chart form along with descriptive text to the right of each chart.

A California Adult Consumer Survey Report is available on the DDS website. This report includes results for the entire state by regional center, separate results for people who moved from developmental centers to the community ("movers"), and breakouts by qualifying condition. Additional reports of NCI Family Survey data collected during the second year of the project will be produced and made available on the website.

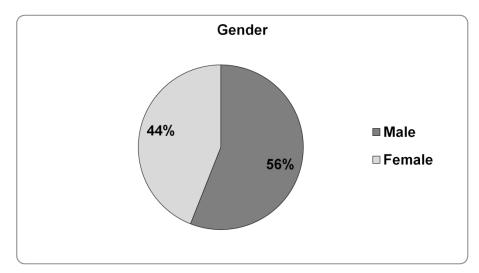
Results: Demographics

GRAPH 1. AGE



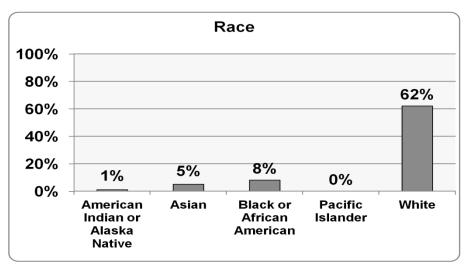
The average age of people surveyed was 42.0 years old.

GRAPH 2. GENDER



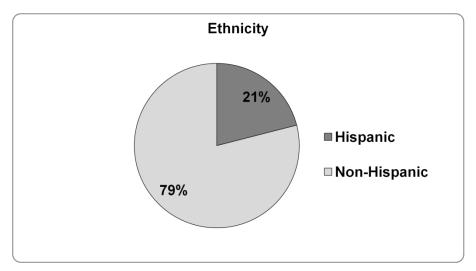
The graph illustrates that of the people surveyed, 56% were Male and 44% were Female.

#### **GRAPH 3. RACE**



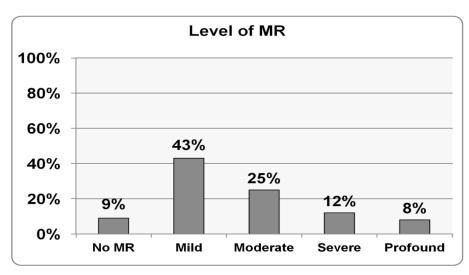
The graph illustrates that of the people surveyed, 1% were American Indian/Alaska Native, 5% were Asian, 8% were Black or African American, 0% were Pacific Islander, and 62% White.

**GRAPH 4. ETHNICITY** 



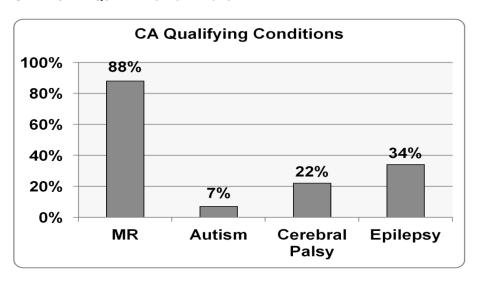
The graph illustrates that of the people surveyed, 21% were Hispanic, and 79% were not.

#### GRAPH 5. LEVEL OF MR



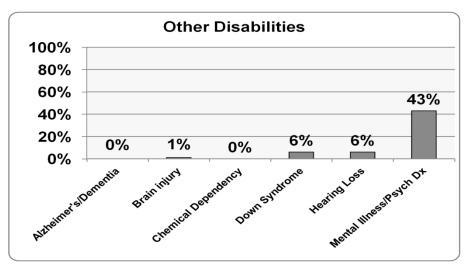
The graph illustrates the Level of MR of the people surveyed, 9% had no MR label, 43% were diagnosed with mild MR, 25% with moderate MR, 12% with severe MR, and 8% had profound MR.

**GRAPH 6. CA QUALIFYING CONDITIONS** 



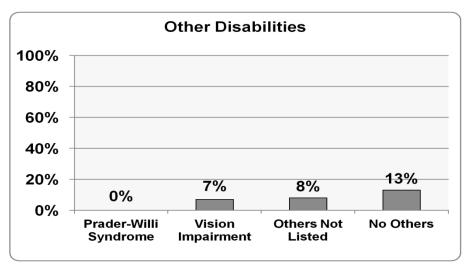
The graph illustrates that of the people surveyed, 88% had a diagnosis of mental retardation (MR), 7% were diagnosed with autism, 22% with cerebral palsy, and 34% had epilepsy.

#### **GRAPH 7A. OTHER DISABILITIES**



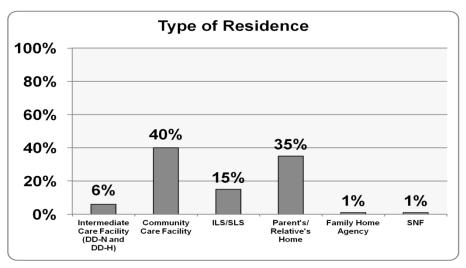
The graph illustrates that of the people surveyed, 0% had Alzheimer's or Dementia, 1% had a brain injury, 0% had a chemical dependency, 6% were diagnosed with Down Syndrome, 6% had severe hearing loss, and 43% had a mental illness diagnosis.

**GRAPH 7B. OTHER DISABILITIES (CONTINUED)** 



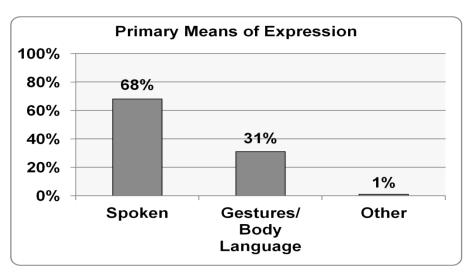
The graph illustrates that of the people surveyed, 0% had Prader-Willi Syndrome, 7% had vision impairment, 8% had other disabilities not listed, and 13% had no other disabilities.

#### **GRAPH 8. TYPE OF RESIDENCE**



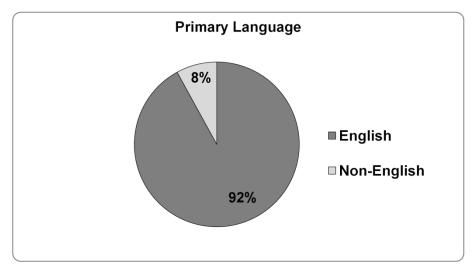
The graph illustrates that of the people surveyed, 6% live in an Intermediate Care Facility (DD-N and DD-H), 40% in a Community Care Facility, 15% in an Independent Living Setting/Supported Living Setting (ILS/SLS), 35% lived with their parent's or a relative's home, 1% in a Family Home Agency, and 1% in a Skilled Nursing Facility (SNF).

**GRAPH 9. PRIMARY MEANS OF EXPRESSION** 



The graph illustrates the primary means of expression of the people surveyed: 68% is spoken, 31% use gestures or body language, and 1% other.

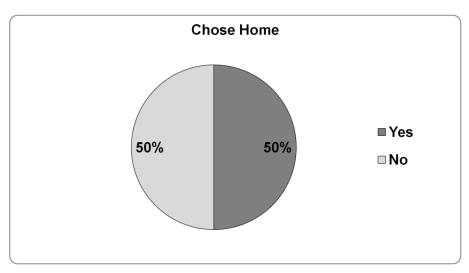
**GRAPH 10. PRIMARY LANGUAGE** 



The graph illustrates the primary language of 92% of the people surveyed is English and 8% speak a language other than English. Results: Individual Outcomes

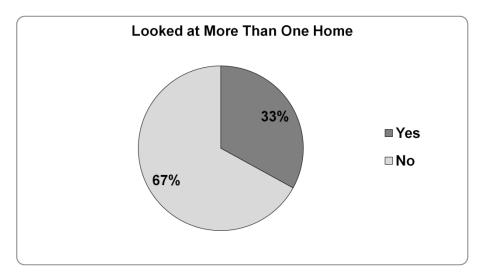
## Choice

#### **GRAPH 11. CHOSE HOME**



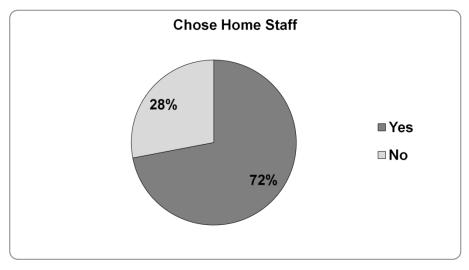
The graph illustrates 50% of the people surveyed chose or had some input in choosing their home, and 50% did not.

GRAPH 12. LOOKED AT MORE THAN ONE HOME



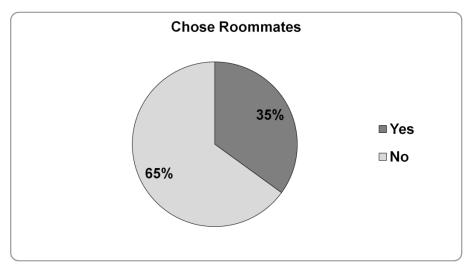
The graph illustrates 33% of the people surveyed looked at more than one home, and 67% did not.

**GRAPH 13. CHOSE HOME STAFF** 



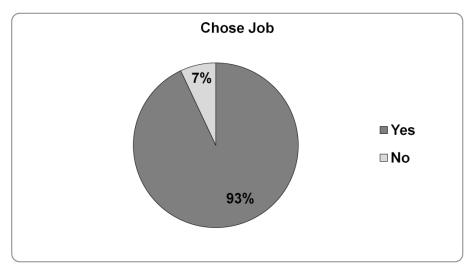
The graph illustrates 72% of the people surveyed chose or reported being aware they could choose their home staff, and 28% did not.

**GRAPH 14. CHOSE ROOMMATES** 



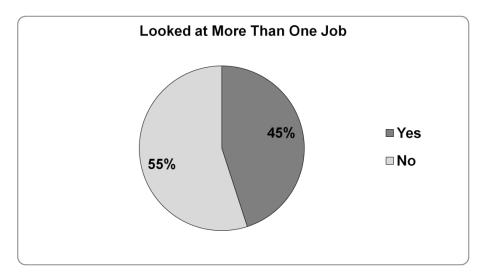
The graph illustrates 35% of the people surveyed chose or had some input in choosing their roommates, and 65% did not.

#### **GRAPH 15. CHOSE JOB**



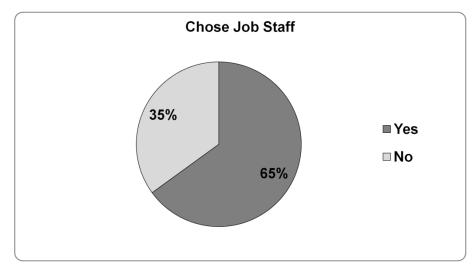
The graph illustrates 93% of the people surveyed chose or had some input in choosing their job, and 7% did not.

**GRAPH 16. LOOKED AT MORE THAN ONE JOB** 



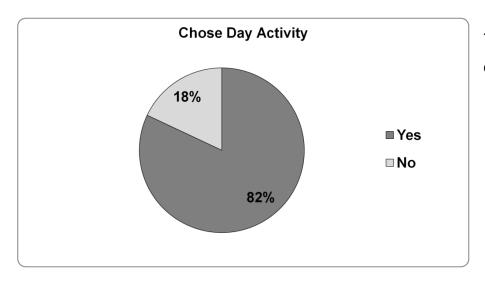
The graph illustrates 45% of the people surveyed looked at more than one job, and 55% did not.

**GRAPH 17. CHOSE JOB STAFF** 



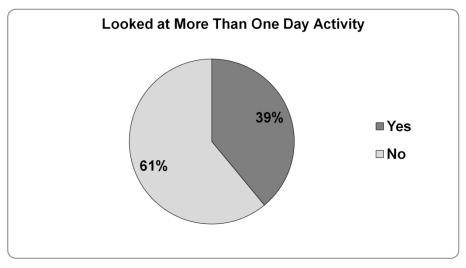
The graph illustrates 65% of the people surveyed chose or reported being aware they could choose their job staff, and 35% did not.

**GRAPH 18. CHOSE DAY ACTIVITY** 



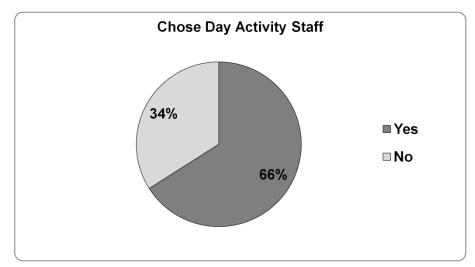
The graph illustrates 82% of the people surveyed chose or had some input in choosing their day activity, and 18% did not.

GRAPH 19. LOOKED AT MORE THAN ONE DAY ACTIVITY



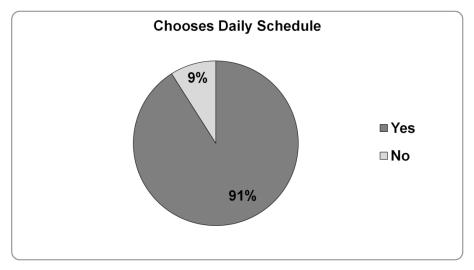
The graph illustrates 39% of the people surveyed looked at more than one day activity, and 61% did not.

**GRAPH 20. CHOSE DAY STAFF STAFF** 



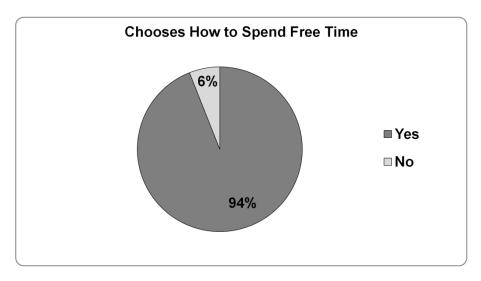
The graph illustrates 66% of the people surveyed chose or reported being aware they could choose their day activity staff, and 34% did not.

**GRAPH 21. CHOOSES DAILY SCHEDULE** 



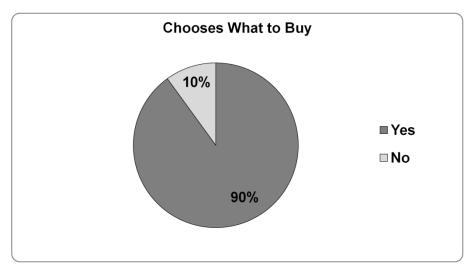
The graph illustrates 91% of the people surveyed choose their daily schedule, and 9% do not.

**GRAPH 22. CHOOSES HOW TO SPEND FREE TIME** 



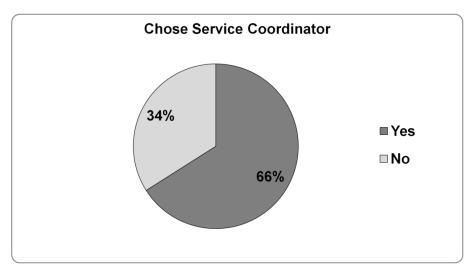
The graph illustrates 94% of the people surveyed choose or have some input in choosing how to spend their free time, and 6% do not.

**GRAPH 23. CHOOSES WHAT TO BUY** 



The graph illustrates 90% of the people surveyed choose what to buy, and 10% do not.

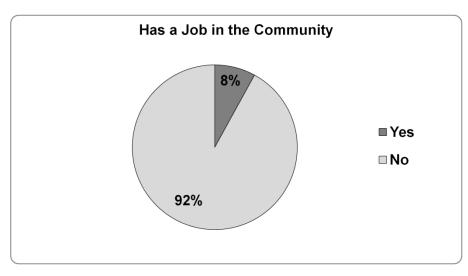
**GRAPH 24. CHOSE SERVICE COORDINATOR** 



The graph illustrates 66% of the people surveyed chose their service coordinator or are aware they can request a change, and 34% did not.

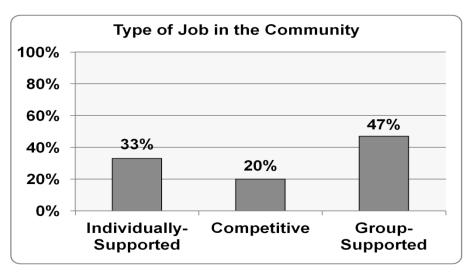
## Work

#### GRAPH 25. HAS A JOB IN THE COMMUNITY



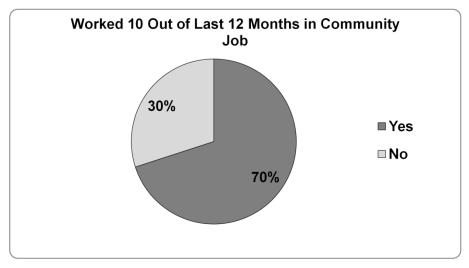
The graph illustrates 8% of the people surveyed have a job in the community, and 92% do not.

GRAPH 26. TYPE OF JOB IN THE COMMUNITY



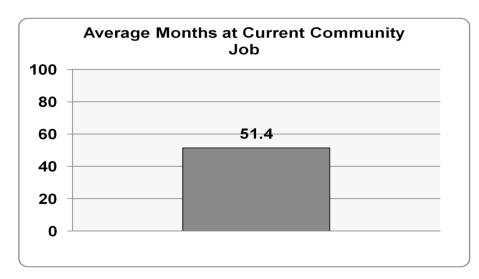
The graph illustrates of those with jobs in the community, 33% are in individually-supported employment, 20% are in competitive employment, and 47% work in group-supported employment.

GRAPH 27. WORKED 10 OUT OF 12 MONTHS IN A COMMUNITY JOB



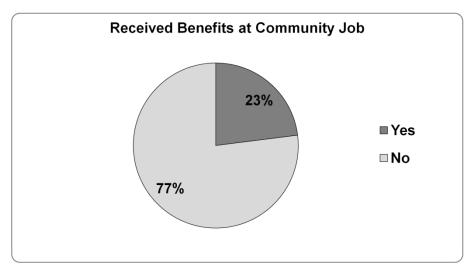
The graph illustrates 70% of the people surveyed worked 10 of the last 12 months in community employment, and 30% did not.

GRAPH 28. AVERAGE MONTHS AY CURRENT COMMUNITY JOB



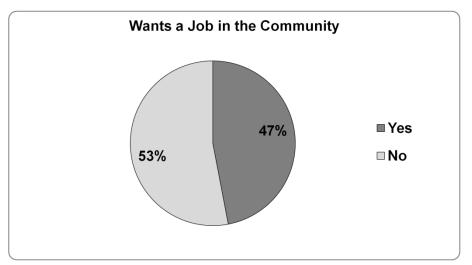
The graph illustrates on average, the people surveyed have been at their current community job for 51.4 months.

**GRAPH 29. RECEIVED BENEFITS AT COMMUNITY JOB** 



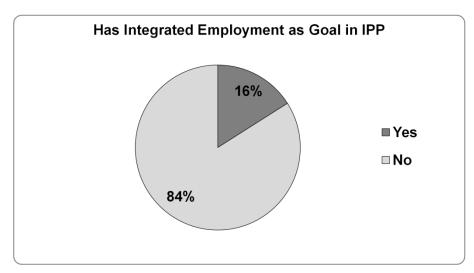
The graph illustrates 23% of the people surveyed received benefits from their community employment, and 77% did not.

**GRAPH 30. WANTS A JOB IN THE COMMUNITY** 



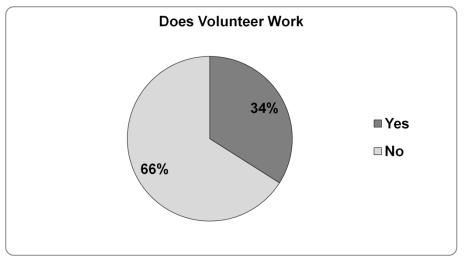
The graph illustrates 47% of the people want a job in the community, and 53% do not.

GRAPH 31. HAS INTEGRATED EMPLOYMENT AS A GOAL IN IPP



The graph illustrates 16% of the people surveyed have integrated employment as a goal in their Individual Program Plan (IPP), and 84% do not.

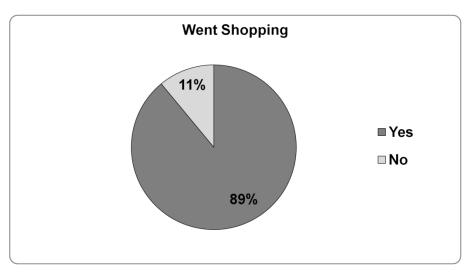
**GRAPH 32. DOES VOLUNTEER WORK** 



The graph illustrates 34% of the people surveyed do volunteer work, and 66% do not.

# **Community Inclusion**

GRAPH 33. WENT SHOPPING IN THE PAST MONTH



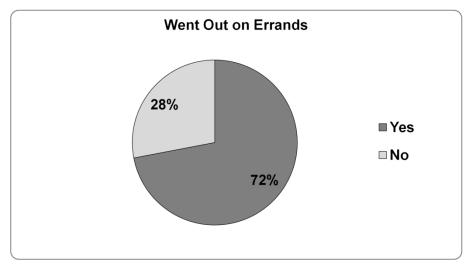
The graph illustrates 89% of the people surveyed went shopping in the community in the past month, and 11% did not.

GRAPH 34. AVERAGE TIMES WENT SHOPPING IN THE PAST MONTH



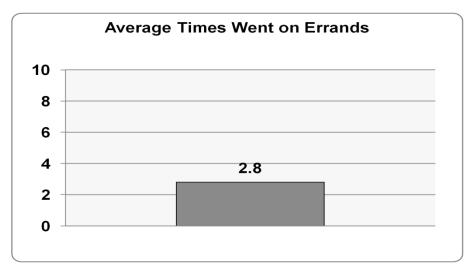
The graph illustrates on average, the people surveyed went out shopping 4.3 times in the past month.

GRAPH 35. WENT OUT ON ERRANDS IN THE PAST MONTH



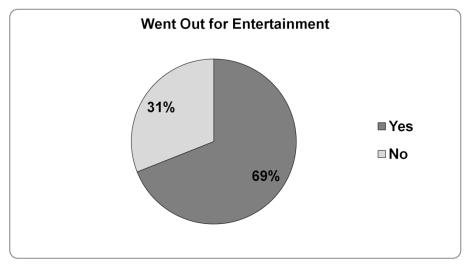
The graph illustrates 72% of the people surveyed went out on errands in the past month, and 28% did not.

GRAPH 36. AVERAGE TIMES WENT ON ERRANDS IN THE PAST MONTH



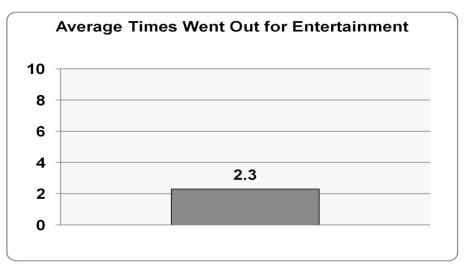
The graph illustrates on average, the people surveyed went out on errands 2.8 times in the past month.

GRAPH 37. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH



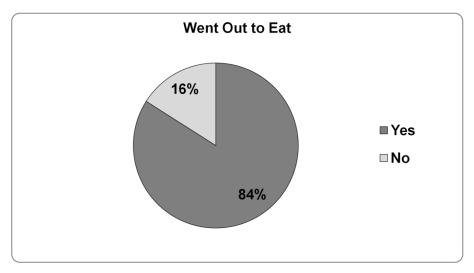
The graph illustrates 69% of the people surveyed went out for entertainment in the past month, and 31% did not.

GRAPH 38. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH



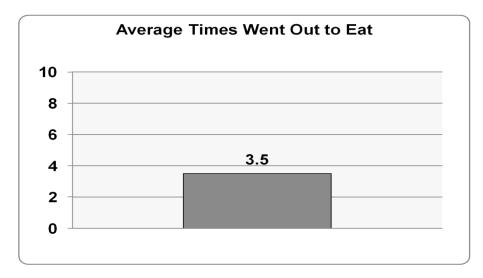
The graph illustrates on average, the people surveyed went out for entertainment 2.3 times in the past month.

GRAPH 39. WENT OUT TO EAT IN THE PAST MONTH



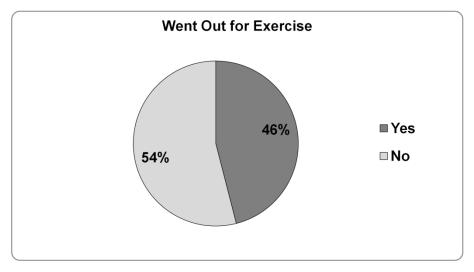
The graph illustrates 84% of the people surveyed went out to eat in the past month, and 16% did not.

GRAPH 40. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH



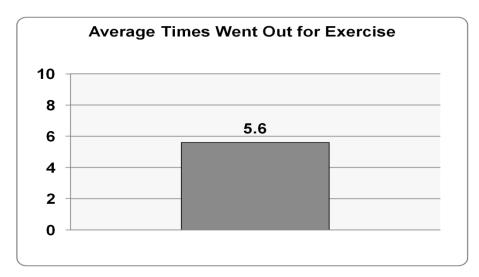
The graph illustrates on average, the people surveyed went out to eat 3.5 times in the past month.

GRAPH 41. WENT OUT FOR EXERCISE IN THE PAST MONTH



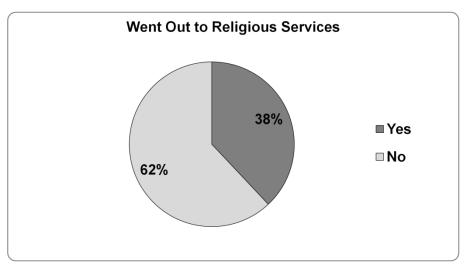
The graph illustrates 46% of the people surveyed went out for exercise in the past month, and 54% did not.

GRAPH 42. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH



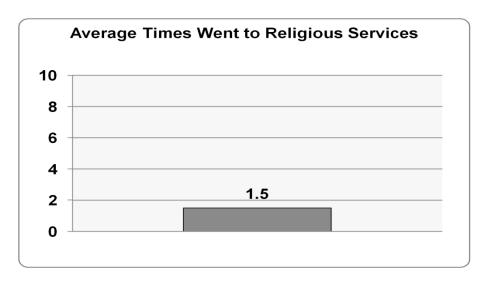
The graph illustrates on average, the people surveyed went out for exercise 5.6 times in the past month.

GRAPH 43. WENT OUT TO RELIGIOUS SERVICES IN THE PAST MONTH



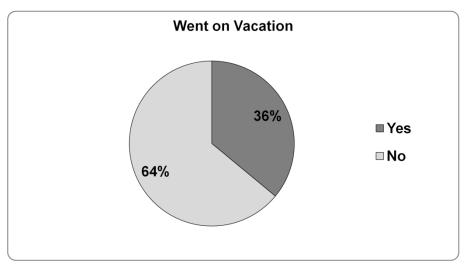
The graph illustrates 38% of the people surveyed went out to religious services in the past month, and 62% did not.

GRAPH 44. AVERAGE TIMES WENT TO RELIGIOUS SERVICES IN THE PAST MONTH



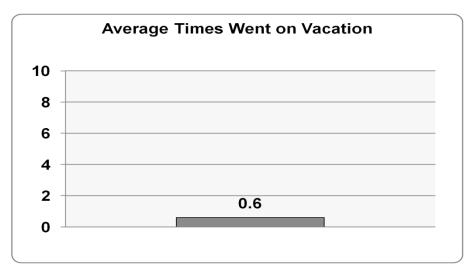
The graph illustrates on average, the people surveyed went out to religious services 1.5 times in the past month.

GRAPH 45. WENT ON VACATION IN THE PAST YEAR



The graph illustrates 36% of the people surveyed went on vacation in the past year, and 64% did not.

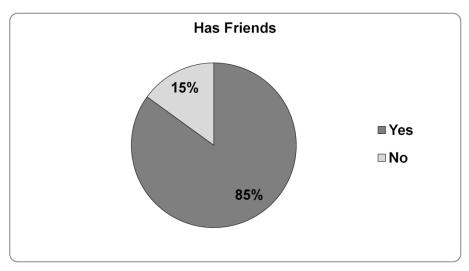
GRAPH 46. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR



The graph illustrates on average, the people surveyed went on vacation 0.6 times in the past year.

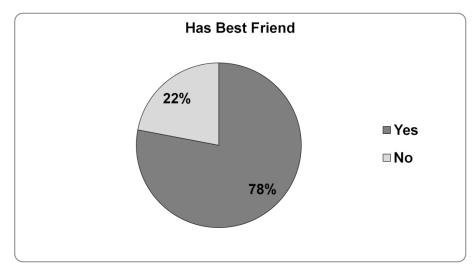
# Relationships

### **GRAPH 47. HAS FRIENDS**



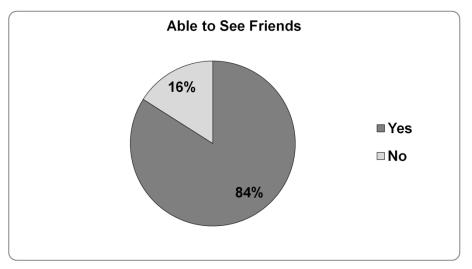
The graph illustrates 85% of the people surveyed have friends, and 15% do not.

GRAPH 48. HAS A BEST FRIEND



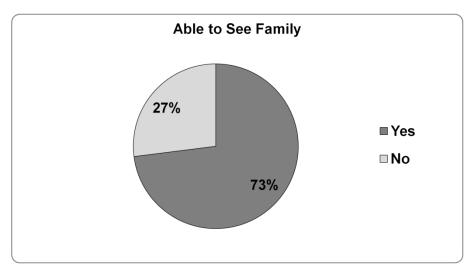
The graph illustrates 78% of the people surveyed have a best friend, and 22% do not.

GRAPH 49. ABLE TO SEE FRIENDS



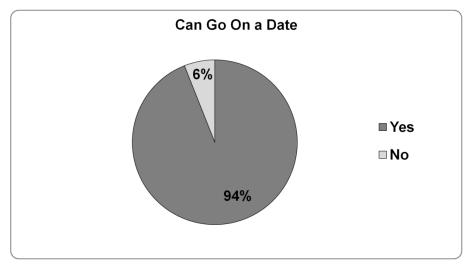
The graph illustrates 84% of the people surveyed are able to see friends when they want, and 16% are not.

GRAPH 50. ABLE TO SEE FAMILY



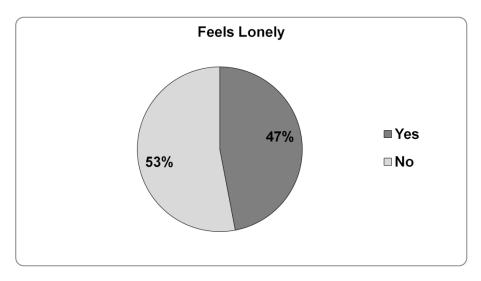
The graph illustrates 73% of the people surveyed are able to see their family when they want, and 27% are not.

GRAPH 51. CAN GO ON A DATE



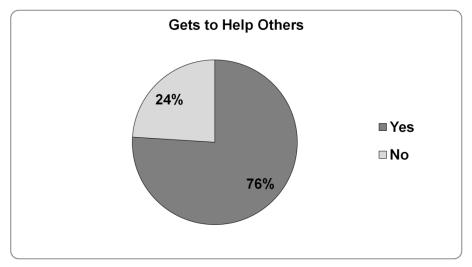
The graph illustrates 94% of the people surveyed are able to go on a date if they choose, and 6% are not.

**GRAPH 52. FEELS LONELY** 



The graph illustrates 47% of the people surveyed feel lonely at least some of the time, and 53% do not.

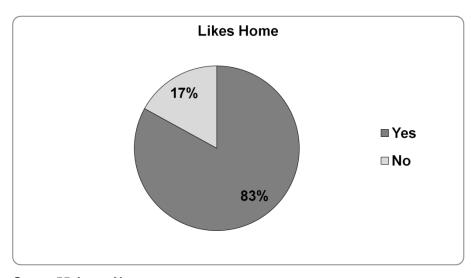
**GRAPH 53. GETS TO HELP OTHERS** 



The graph illustrates 76% of the people surveyed get to help others, and 24% do not.

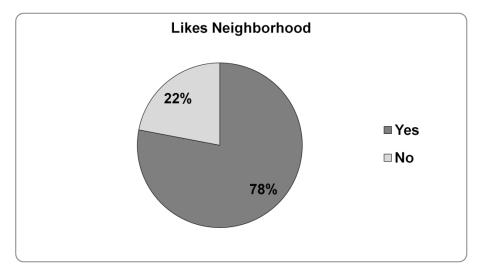
# **Satisfaction**

#### **GRAPH 54. LIKES HOME**



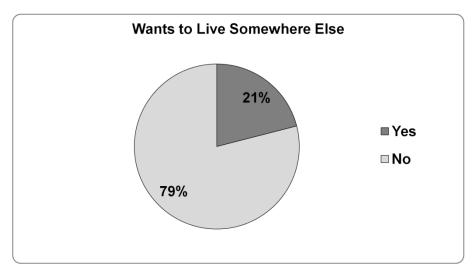
The graph illustrates 83% of the people surveyed like their home, and 17% do not.

**GRAPH 55. LIKES NEIGHBORHOOD** 



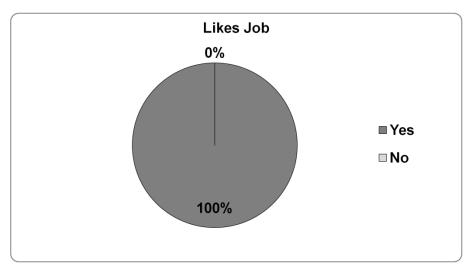
The graph illustrates 78% of the people surveyed like their neighborhood, and 22% do not.

GRAPH 56. WANTS TO LIVE SOMEWHERE ELSE



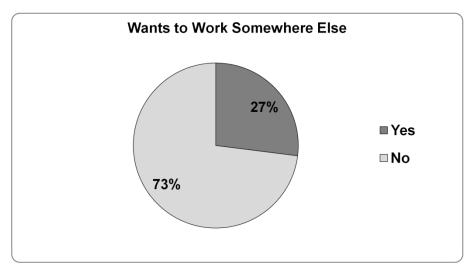
The graph illustrates 21% of the people surveyed want to live somewhere else, and 79% do not.

**GRAPH 57. LIKES JOB** 



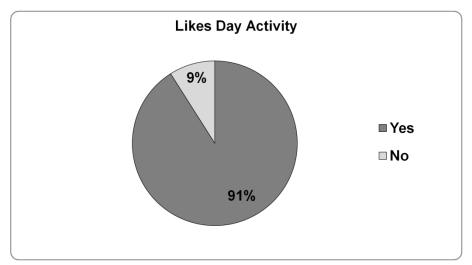
The graph illustrates 100% of the people surveyed like their job, and 0% do not.

GRAPH 58. WANTS TO WORK SOMEWHERE ELSE



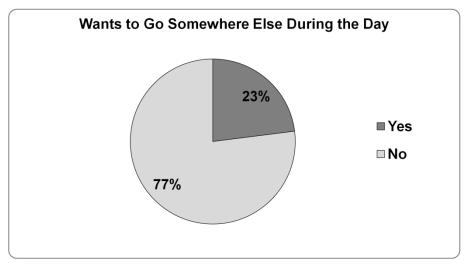
The graph illustrates 27% of the people surveyed want to work somewhere else, and 73% do not.

**GRAPH 59. LIKES DAY ACTIVITY** 



The graph illustrates 91% of the people surveyed like their day activity, and 9% do not.

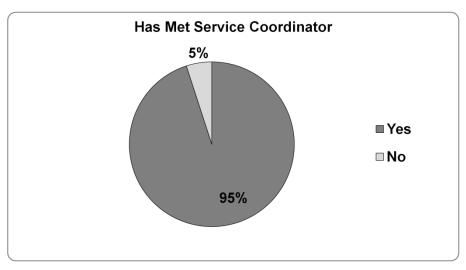
GRAPH 60. WANTS TO GO SOMEWHERE ELSE DURING THE DAY



The graph illustrates 23% of the people surveyed want to go somewhere else during the day, and 77% do not.

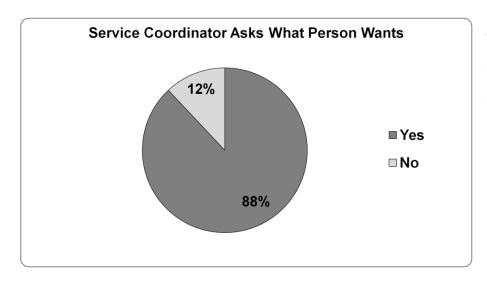
## **Service Coordination**

**GRAPH 61. HAS MET SERVICE COORDINATOR** 



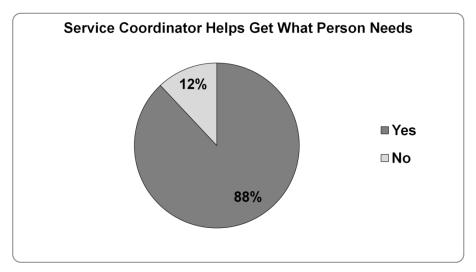
The graph illustrates 95% of the people surveyed have met their service coordinator, and 5% have not.

**GRAPH 62. SERVICE COORDINATOR ASKS WHAT PERSON WANTS** 



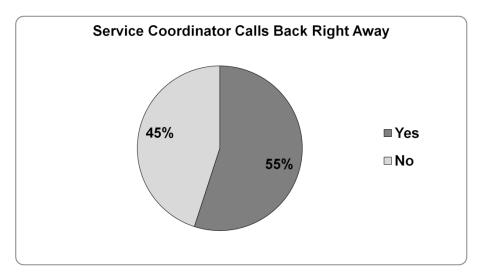
The graph illustrates 88% of the people surveyed have a service coordinator who asks them what they want, and 12% do not.

**GRAPH 63. SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS** 



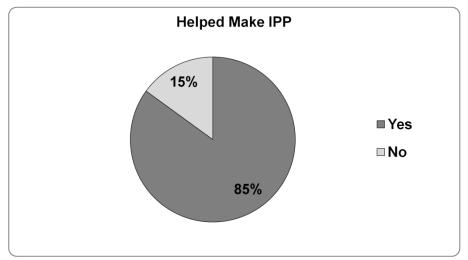
The graph illustrates 88% of the people surveyed have a service coordinator who helps get them what they need, and 12% do not.

GRAPH 64. SERVICE COORDINATOR CALLS BACK RIGHT AWAY



The graph illustrates 55% of the people surveyed have a service coordinator who calls back right away, and 45% do not.

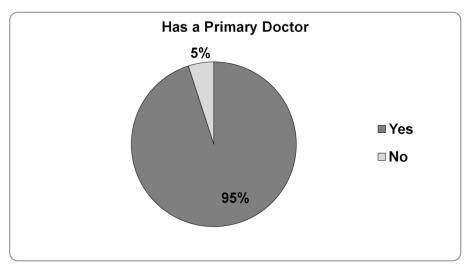
GRAPH 65. HELPED MAKE IPP



The graph illustrates 85% of the people surveyed helped make their Individual Program Plan (IPP), and 15% did not.

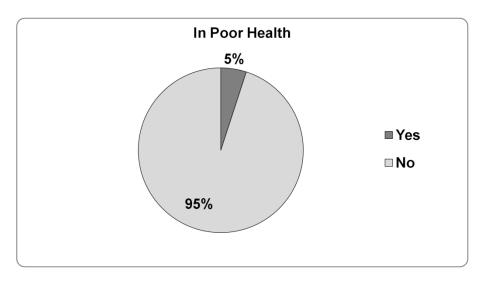
## Health

### **GRAPH 66. HAS A PRIMARY DOCTOR**



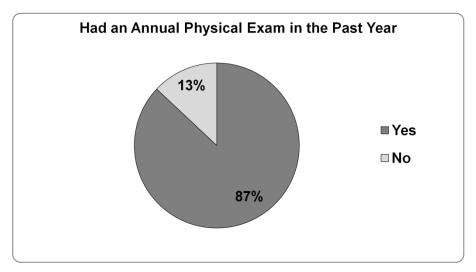
The graph illustrates 95% of the people surveyed have a primary doctor, and 5% do not.

**GRAPH 67. IN POOR HEALTH** 



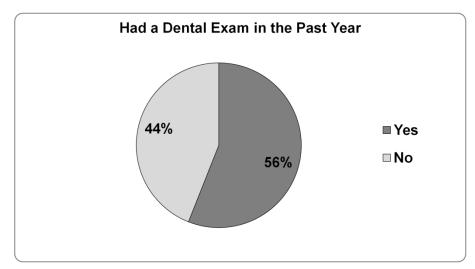
The graph illustrates 5% of the people surveyed are in poor health, and 95% are not.

GRAPH 68. HAD AN ANNUAL PHYSICAL EXAM IN THE PAST YEAR



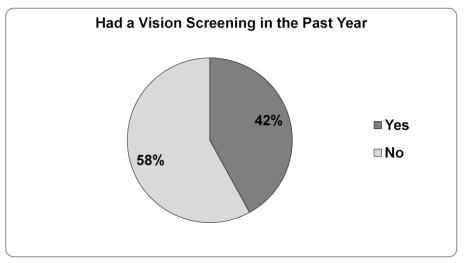
The graph illustrates 87% of the people surveyed had an annual physical exam in the past year, and 13% did not.

GRAPH 69. HAD A DENTAL EXAM IN THE PAST YEAR



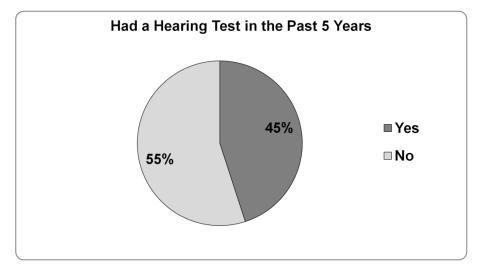
The graph illustrates 56% of the people surveyed had a dental exam in the past year, and 44% did not.

GRAPH 70. HAD A VISION SCREENING IN THE PAST YEAR



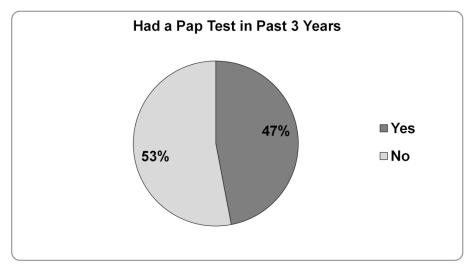
The graph illustrates 42% of the people surveyed had a vision screening in the past year, and 58% did not.

GRAPH 71. HAD A HEARING TEST IN THE PAST FIVE YEARS



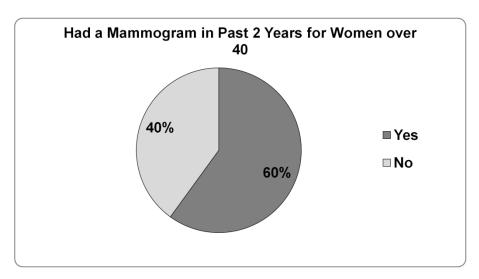
The graph illustrates 45% of the people surveyed had a hearing test in the past 5 years, and 55% did not.

GRAPH 72. HAS A PAP TEST IN THE PAST THREE YEARS FOR WOMEN



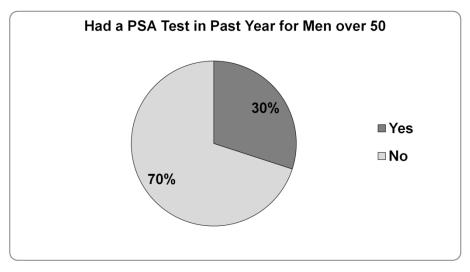
The graph illustrates 47% of the women surveyed had a pap test in the past 3 years, and 53% did not.

GRAPH 73. HAD A MAMMOGRAM IN THE PAST TWO YEARS FOR WOMEN OVER 40



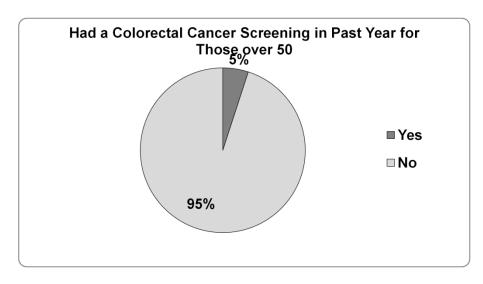
The graph illustrates 60% of the women over 40 surveyed had a mammogram in the past 2 years, and 40% did not.

GRAPH 74. HAD A PSA TEST IN THE PAST YEAR FOR MEN OVER 50



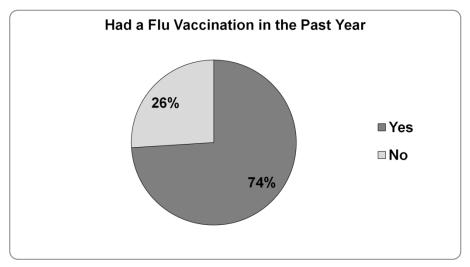
The graph illustrates 30% of the males over 50 surveyed had a PSA test in the past year, and 70% did not.

GRAPH 75. HAD A COLORECTAL CANCER SCREENING IN THE PAST YEAR FOR THOSE OVER 50



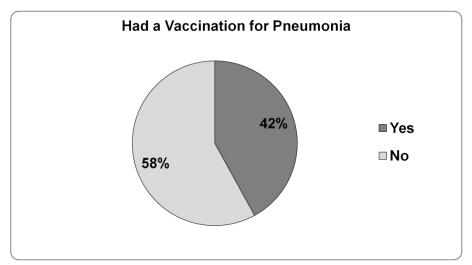
The graph illustrates 5% of the people over 50 surveyed had a colorectal cancer screening in the past year, and 95% did not.

GRAPH 76. HAD A FLU VACCINATION IN THE PAST YEAR



The graph illustrates 74% of the people surveyed had a flu vaccination in the past year, and 26% did not.

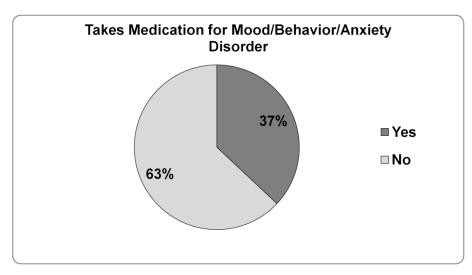
**GRAPH 77. HAD A VACCINATION FOR PNEUMONIA** 



The graph illustrates 42% of the people surveyed had a vaccination for pneumonia, and 58% did not.

# **Medications**

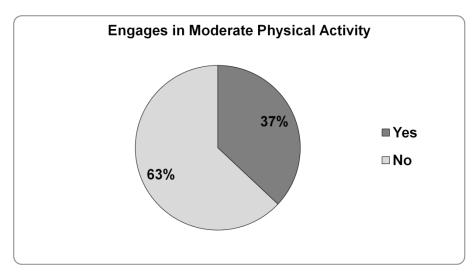
GRAPH 78. TAKES MEDICATION FOR MOOD, BEHAVIOR, ANXIETY, OR PSYCHOTIC DISORDER



The graph illustrates 37% of the people surveyed take medication for a mood, behavior, or anxiety disorder, and 63% do not.

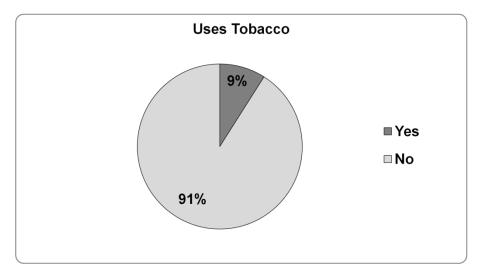
### Wellness

**GRAPH 79. ENGAGES IN MODERATE PHYSICAL ACTIVITY** 



The graph illustrates 37% of the people surveyed engage in moderate physical activity (at least 30 minutes, 3 times a week), and 63% do not.

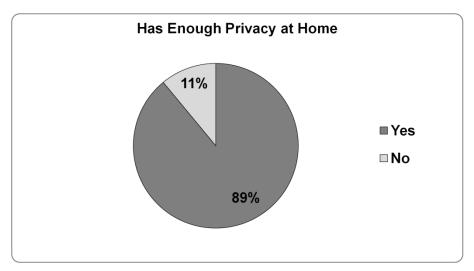
**GRAPH 80. USES TOBACCO** 



The graph illustrates 9% of the people surveyed use tobacco, and 91% do not.

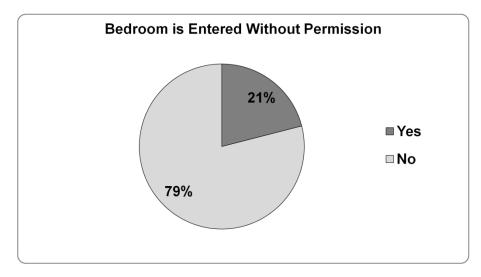
# **Respect and Rights**

**GRAPH 81. HAS ENOUGH PRIVACY AT HOME** 



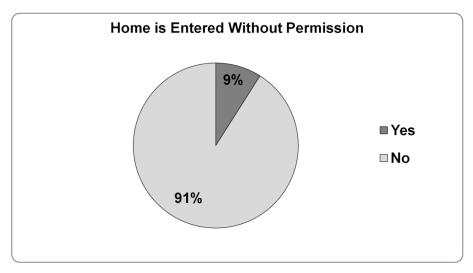
The graph illustrates 89% of the people surveyed have enough privacy at home, and 11% do not.

GRAPH 82. BEDROOM IS ENTERED WITHOUT PERMISSION



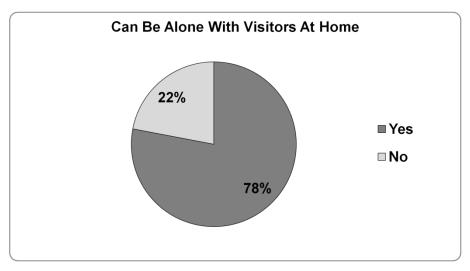
The graph illustrates 21% of the people surveyed have others enter their bedroom without their permission, and 79% do not.

**GRAPH 83. HOME IS ENTERED WITHOUT PERMISSION** 



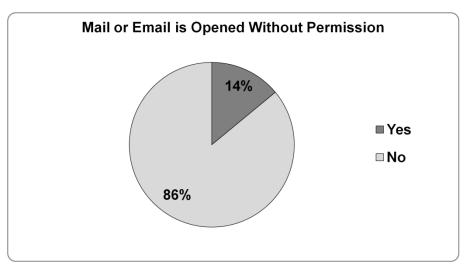
The graph illustrates 9% of the people surveyed have others enter their home without their permission, and 91% do not.

GRAPH 84. CAN BE ALONE WITH VISITORS AT HOME



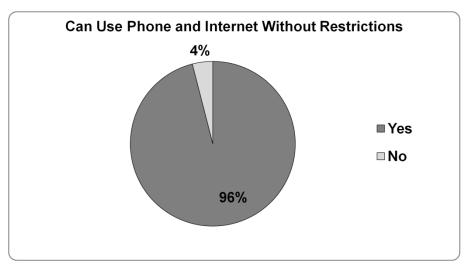
The graph illustrates 78% of the people surveyed can be alone with visitors at home, and 22% cannot.

Graph 85. Mail or Email is Opened Without Permission



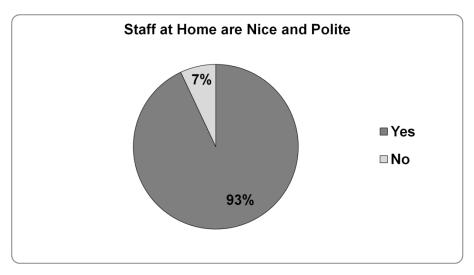
The graph illustrates 14% of the people surveyed have their mail or email opened without their permission, and 86% do not.

**GRAPH 86. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS** 



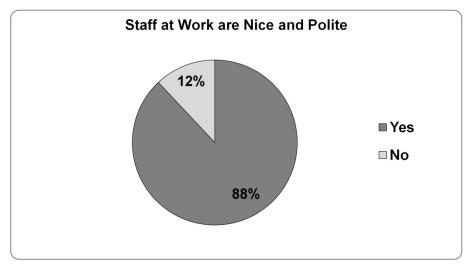
The graph illustrates 96% of the people surveyed can use the phone and internet without restrictions, and 4% cannot.

**GRAPH 87. STAFF AT HOME ARE NICE AND POLITE** 



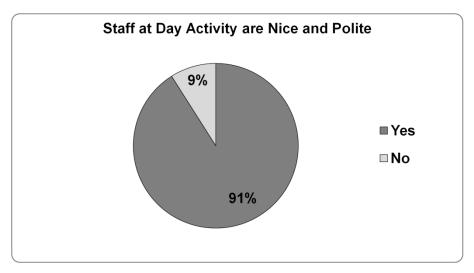
The graph illustrates 93% of the people surveyed reported their staff at home are nice and polite, and 7% did not.

GRAPH 88. STAFF AT WORK ARE NICE AND POLITE



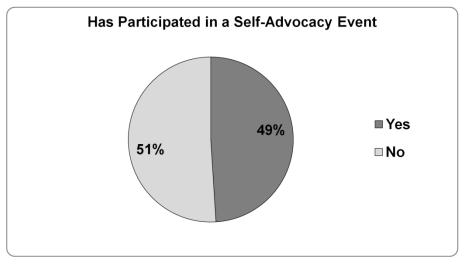
The graph illustrates 88% of the people surveyed reported their staff at work are nice and polite, and 12% did not.

GRAPH 89. STAFF AT DAY ACTIVITY ARE NICE AND POLITE



The graph illustrates 91% of the people surveyed reported their staff at day activity are nice and polite, and 9% did not.

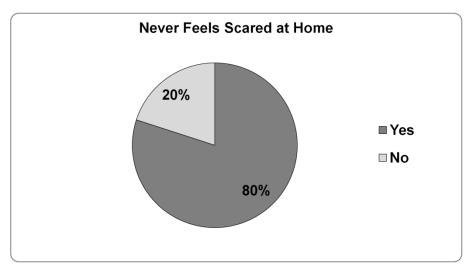
GRAPH 90. HAS PARTICIPATED IN A SELF-ADVOCACY EVENT



The graph illustrates 49% of the people surveyed participated in a self-advocacy event, and 51% have not.

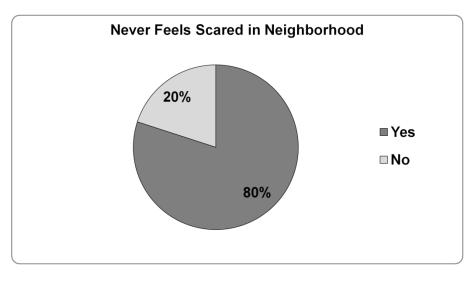
# **Safety**

**GRAPH 91. NEVER FEELS SCARED AT HOME** 



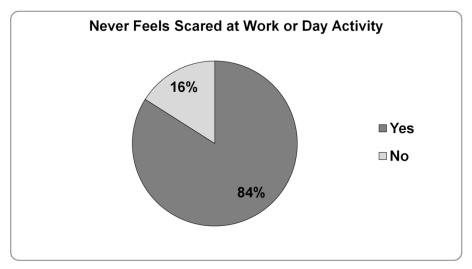
The graph illustrates 80% of the people surveyed never feel scared at home, and 20% do feel scared at home.

**GRAPH 92. NEVER FEELS SCARED IN NEIGHBORHOOD** 



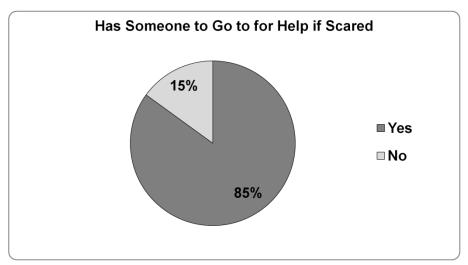
The graph illustrates 80% of the people surveyed never feel scared in their neighborhood, and 20% do feel scared in their neighborhood.

GRAPH 93. NEVER FEELS SCARED AT WORK OR DAY ACTIVITY



The graph illustrates 84% of the people surveyed never feel scared at their work or at their day activity, and 16% do feel scared at their work or day activity.

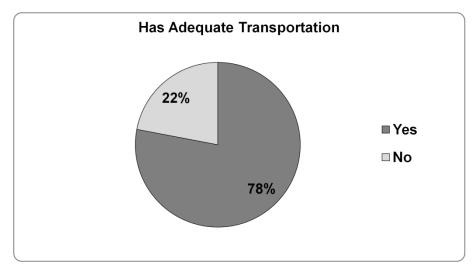
GRAPH 94. HAS SOMEONE TO GO TO FOR HELP IF SCARED



The graph illustrates 85% of the people surveyed have someone to go to for help if scared, and 15% do not.

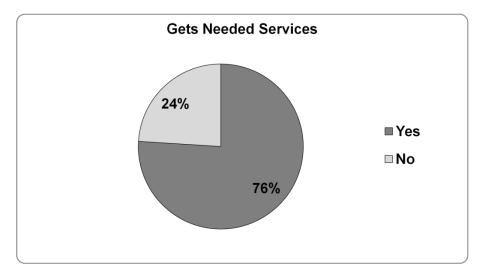
### Access

#### **GRAPH 95. HAS ADEQUATE TRANSPORTATION**



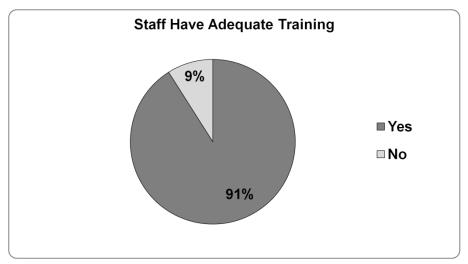
The graph illustrates 78% of the people surveyed have adequate transportation, and 22% do not.

**GRAPH 96. GETS NEEDED SERVICES** 



The graph illustrates 76% of the people surveyed get needed services, and 24% do not.

**GRAPH 97. STAFF HAVE ADEQUATE TRAINING** 



The graph illustrates 91% of the people surveyed have adequately trained staff, and 9% do not.