

Labor Day Thoughts

This weekend we celebrate Labor Day, a national holiday dedicated to recognizing the contributions workers have made to the strength, prosperity, and well-being of our country. For direct care workers who support individuals with developmental disabilities, their contributions are essential, appreciated, and valued. As the Self-Determination Program (SDP) begins implementation statewide, the Financial Management Services (FMS) agency provides support to SDP Participants navigating the process of recruiting, hiring, and working with direct care workers and other professionals. See the latest information on FMS who are vended to provide services in SDP on the DDS website at <https://www.dds.ca.gov/SDP/FMSContactList.cfm>

Question of the Day

Q. What should the participant expect from an individual or organization providing person-centered planning services?

A. The individual or organization providing person-centered planning services are expected to demonstrate they have received training or certification in the person-centered facilitation process. The participant and their support team should determine how much time the planning process will take based on the needs of the participant, their own scheduling needs, as well as the recommendations of the individual or organization providing person-centered planning. Person-centered planning can range from one short and focused intensive meeting to several meetings, depending on the needs of the participant.

At the end of the planning process, the individual or organization providing person-centered planning services should ensure that there is a written document with clearly stated outcomes provided to the participant that captures the strengths, hopes and dreams of the participant, along with their vision for their future and the supports needed to have a meaningful life in the community. Read more about Person Centered Planning on the DDS website at: <https://www.dds.ca.gov/SDP/faq.cfm>



The Principle of Confirmation

Let's take a look at the principle of Confirmation, one of the five principles of Self Determination. This principle is rooted in the belief that all individuals should be valued for who they are and what they can contribute. Further, the principle of Confirmation communicates the belief that the individuals receiving services must play a leadership role in the implementation of their services, often phrased as "nothing about me without me." In California, this principle is in action through the role of the Local Advisory Committees as well as through the role new SDP participants can take on as they lead the way during this initial implementation phase. Read about all the Self Determination Principles on the DDS website at <https://www.dds.ca.gov/SDP/>

WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ◆ The State Council on Developmental Disabilities recently launched a Facebook page devoted to the Self Determination Program at <https://www.facebook.com/groups/CA.SDP.Forum/>