

SELF-DETERMINATION

UPDATE SEPTEMBER 27, 2019

"Suspended" Services

Some individuals get confused when thinking about camp and social recreational services and how they fit into the individual budget and the spending plan. Camp and social recreational services can not be included in the calculation of the individual budget. However, camp and social recreational services may be included in the spending plan. In 2009, in response to the impact of the recession at the time, legislation was passed barring the Regional Centers from purchasing camp and social recreational services, "suspending" these services. The individual budget is calculated based on the amount spent for services over the past 12 months. As planning occurs, adjustments can be made based on individual circumstances. When reviewing these adjustments, regional centers must consider if the service would have been funded regardless of participation in the SDP. Services that regional centers would not have funded cannot be included in the calculation and final certification of the individual budget. Due to that 2009 legislation, regional centers are prohibited from purchasing camp and social recreational services. Therefore, regional centers would not have funded these services so the cost of such services cannot be included in the individual budget calculation. However, once an individual is in the SDP, services such as camp and social recreational services may be purchased and therefore can be included in the spending plan. Read more about the budget and spending plan at https://www.dds.ca.gov/ SDP/docs/IndividualBudget Jan19.pdf

Question of the Day

Q. Is there a cap on the budget? An amount that cannot be exceeded?

A. Every individual budget is certified based on the expenditure history and needs of each individual. The individual budget amount cannot exceed the amount that services would have cost if the individual was not in the SDP. Read more about the Individual Budget at https://www.dds.ca.gov/SDP/faq.cfm



Financial Management Services Representatives on hand to answer questions

SDP Resource Fair

The Westside Regional Center recently hosted a Resource Fair in Hawthorne for SDP participants. Participants from as far as Orange County turned out to learn about Person-Centered Planning, meet FMS agency representatives, Independent Facilitators, and talk with Los Angeles area Local Advisory Committee members.



South Central and Lanterman Regional Centers' Local Advisory Committee Representatives

WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- Visit the Self-Determination Page of the DDS website at <u>https://www.dds.ca.gov/SDP/</u>
- Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- The State Council on Developmental Disabilities recently launched a Facebook page devoted to the Self-Determination Program at <u>https://www.facebook.com/groups/CA.SDP.Forum/</u>