

SELF-DETERMINATION

UPDATE OCTOBER 11, 2019

Initial Orientation Deadline

Have you been selected to participate in the Self-Determination Program (SDP)?
If so you must complete your SDP orientation by November 15, 2019.

On October 1, 2018, 2,500 individuals were selected to participate in the SDP. Since that time, approximately 450 individuals have decided not to continue in SDP. In addition, approximately 500 individuals have not yet completed an orientation which provides the information participants need as they begin their self-determination journey. Those selected on October 1, 2018 must complete an orientation by November 15, 2019, unless there are specific reasons that prevent this from occurring. Those who do not complete an orientation by this date will not be able to continue with the SDP at this time, but may choose to be considered for selection and/or enroll in the future. DDS will select additional participants to replace those who are not continuing with SDP. More details about the additional participation selection, including the date of the selection, will be announced soon. To receive SDP updates send your email address to SDP@dds.ca.gov.

Question of the Day

Q. When will the Self-Determination Program be open statewide? **A.** After June 7, 2021, the program will be available to all eligible consumers. If you are interested in SDP enrollment, visit www.dds.ca.gov/SDP/



"Start Dreaming"

"Start dreaming," that's the advice that Central Valley Regional Center (CVRC) Service Coordinator (SC) Everett Poore-Cokley has for other SCs about the Self-Determination Program (SDP). He, Maria Klassen, and Jamie Gonzalez are the three SCs working with the new SDP participants at CVRC. Jamie, who has been a SC for 15 years likes the fact that "people can make their own choices...(they) have the flexibility to figure things out and are in control of their services." Maria loves being a SC and really likes connecting people with services and seeing "the people I support make victories." What Everett likes best about SDP is that it is "a natural extension of person centered philosophy." He observes that participants are "bringing new ideas and new trains of thought to the table." The SCs are working together to hold a community potluck for SDP participants "to come together, share resources, and provide feedback and ideas to us," according to Everett. "I am excited to see what the future holds for the individuals we support," shares Maria. Read more about the role of the Regional Center in Self Determination at https://www.dds.ca.gov/SDP/SDPMaterials.cfm.

WANT MORE INFORMATION ABOUT SELF-DETERMINATION?

- Visit the Self-Determination Page of the DDS website at https://www.dds.ca.gov/SDP/
- Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ◆ The State Council on Developmental Disabilities recently launched a Facebook page devoted to the Self-Determination Program at https://www.facebook.com/groups/CA.SDP.Forum/