

SELF-DETERMINATION

UPDATE DECEMBER 6, 2019

Second Selection Notice

On November 22, 2019, DDS made the second selection for participants to fill vacancies in the initial implementation of the Self-Determination Program (SDP). Individuals who were chosen have been mailed a notice. Selection was prioritized based on the following:

- The total number of participants at each regional center is consistent with the relative percentage of total consumers served by all regional centers
- Individuals who are age 42 years and older
- Siblings of individuals who were previously selected for SDP
- Members of SDP local volunteer advisory committees (as of October 8, 2019) or their family members
- Maintain as close as possible the relative ethnic diversity within each regional center catchment area

Since it is expected that over time more openings will occur, DDS did select a number of individuals over 2,500 slots. This over selection will allow for a quicker process to fill future openings. For more information, view the SDP implementation updates page of the DDS website at https://www.dds.ca.gov/SDP/SDPUpdates.cfm

Question of the Day

- Q. Where can I find out more about Financial Management Services (FMS)?
- A. The SDP page of the DDS website has information on the FMS: to learn about the roles and responsibilities, visit the FAQs page at https://www.dds.ca.gov/SDP/faq.cfm or read the directive at https://www.dds.ca.gov/SDP/docs/FMS.pdf; to view the FMS payment rates visit https://www.dds.ca.gov/SDP/Gocs/FMSRates.pdf; to view the most updated list of FMS providers vendored in California, go to https://www.dds.ca.gov/SDP/FMSContactList.cfm.



All in the Family

Michelle Smith has six children, three of whom are served by the Central Valley Regional Center. Michelle also serves as chair of the CVRC SDP Local Advisory Committee (LAC.) Here's her thoughts on SDP: "Years ago, my daughter with Down Syndrome at 17, she said she wanted to go to college. It tweaked my world, what our kids can do! This caused a paradigm shift for me...fast forward to six years ago, I went to the Self-Determination conference in LA. It was another paradigm shift for me! My daughter could have people around her who will really know her and help her develop to become more independent. Yet at the same time SDP is all about community... (I am on the LAC because) it is a direct line to the information. I like that everyone is at the table, parents, regional center, state council, self advocates... My advice to other parents (about SDP) is to gather as much information as possible and to start dreaming again. Dream about a different life for your kids, a life with lifelong learning. Parents need to be willing to re-learn and un-learn. Move out of your comfort zone and find others that think like this..."

WANT MORE INFORMATION ABOUT SELF - DETERMINATION?

- Visit the Self-Determination Page of the DDS website at https://www.dds.ca.gov/SDP/
- Attend a Self-Determination Local Advisory Committee Meeting
- ♦ Contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ♦ SCDD hosts a SDP Facebook page at https://www.facebook.com/groups/CA.SDP.Forum/