

# SELF-DETERMINATION

UPDATE JANUARY 10, 2020

## What are Participant Directed Services?

“Participant-directed goods and services” is a service available to SDP participants. This service includes services, equipment or supplies not otherwise provided through the SDP Waiver or the Medicaid State plan that address an identified need in the Individual Program Plan (IPP), including accommodating, improving, and maintaining the participant’s opportunities for full membership in the community.

The participant-directed goods and services is assigned service code number 333. Service code 333 should only be used when no other service code fits both the need and desired outcome as documented in the IPP.

It is the place to end, not to start, when a team is finalizing the Spending Plan and designating service codes to items and services to be purchased from the participant’s Individual Budget. The item or service must meet the following requirements:

- ◆ it would decrease the need for other Medicaid services;
- ◆ promote interdependence, and inclusion in the community;
- ◆ and increase the person’s safety in the home environment;
- ◆ and the participant does not have the personal funds to purchase the item or service
- ◆ and the item or service is not available through another funding source.

The participant-directed goods and services must be documented in the participant’s IPP and Spending Plan, and must be purchased from the participant’s Individual Budget. Experimental or prohibited treatments are excluded. If you or your team have questions regarding Service Code 333, contact DDS for support at [SDP@dds.ca.gov](mailto:SDP@dds.ca.gov)



## “I am Optimistic”

Virgilio is the chair of the Eastern LA Regional Center’s Local Advisory Committee. He will soon begin participating in SDP. Here are his thoughts: “With Self-Determination, I am optimistic and I believe that this process of identifying and obtaining the services I need based on my disabilities will be more streamlined. I would be able to have my adaptive swimming at the YMCA funded. I would be able to go to any dentist, receive an estimate for dental plan and receive the services I need. I would be able to go to the right orthopedic center or clinic to get a physical therapy on my legs to expand the range of motion and increase independence. I like to attend camping. With Self-Determination I would be able to set aside budget to attend camping.” His advice to other advocates is “Though we have disabilities and limitations, we should keep a positive attitude about life and try to overcome many obstacles. I believe that disability is not a hindrance to our daily lives. We should continue to be active and participate in the community undertakings, participate in RC committee meetings and speak about what Self-Determination can do to improve the quality of life, achieve our goals, and dreams in life.”

## Question of the Day

- Q.** Can I still participate in Competitive Integrated Employment (CIE) or Paid Internship Programs (PIP) while in SDP?
- A.** Yes. However, due to federal rules, the cost of CIE Incentives and PIP payments cannot be included in the calculation of the individual budget. Though not included in the participant’s spending plan, CIE and PIP are still available for SDP participants. If you or your team need more information on how to do this, contact [SDP@dds.ca.gov](mailto:SDP@dds.ca.gov)

## WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting
- ◆ Contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ◆ SCDD hosts a SDP Facebook page at <https://www.facebook.com/groups/CA.SDP.Forum/>