Home and Community-Based Services (HCBS) CONCEPT FORM

Vendor name	Bethesda Lutheran Communities-Reflections
Vendor number(s)	PF 3041
Primary regional center	Far Northern Regional Center
Service type(s)	Community Integration Training Program
Service code(s)	055
Number of consumers currently serving	13
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	Bethesda continually solicits feedback and input from the individuals we support to ensure we utilize a person-centered philosophy and system to support people in achieving their desired outcomes designed around where and with whom they chose to live, where they desire to work, the people and relationships that are most important in their lives, and how they choose to be involved in their community. As such, recently we have been responding to requests and are evaluating the desires of people we support to utilize technology to enhance their independence and access to integrated activities in the community including employment.
Does the concept address unmet service needs or service disparities? If so, how?	The concept will utilize technology to expand choice making, interactions and a knowledge of the community around them for the individuals supported in the program. Technology aids in filling the gap in the awareness of opportunities available to us. Many of the individuals we support would benefit from the availability of technology. From the awareness, communication and choice making, we will move into real community integration and successful community integrated vocational experiences and jobs.
Barriers to compliance with the HCBS rules and/or project implementation	The limited resources for technology to increase communication and choice making, staff training, funds to optimize community access and employment opportunities.
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	HCBS federal requirements #1,3,4 and 5 are not fully met in the current program. The funding received would be utilized to make changes to service delivery in the program through a step three approach. The completions of the three steps along with staff training through the process would bring the program into compliance with HCBS regulations.

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit http://www.nasddds.org/resource-library/person-centered-practices/

Step 1: Communication and Choice: a huge obstacle is the lack of a functional communication in all settings: home, community and program. Have a voice is much larger than answering questions, it is making choices and becoming the person in the center of your world; the decision maker. We have begun a collaboration with Far Northern Regional Center to complete assessments for communication devices and obtain technology devices for those who would benefit.

- Staff training on use of communication devices and choice
- Staff time to set up communication systems
- Purchase of Tap-It for mobile interactive instruction within program setting
- Purchase of two desktop computers for consumer use within program setting
- Purchase of Boardmaker Online to develop visual supports for both facility and community based programming

The ability to integrate technology into programming allows everyone to have a voice and the visual and auditory supports that are needed to make choices and be the "driver" in their lives.

Step 2: Community Integration and Choice: inclusion into their communities comes from an exploration of the community along with choices based on individual desires and interests. A person cannot determine what they would like to do in their community if they have limited exposure to the options available.

- Staff training on utilization of person center planning and use of Positive Personal Profiles
- Utilization of Profiles to determine interests in the community and programming based on those interests
- Utilization of technology to make choices about activities in the community and in facility
- Membership in community activities based on interests from profiles and community exploration activities
- Community exploration activities with individuals and staff
- Staff training on flexible scheduling of programming options within the facility

Step 3: Exploration of Volunteer and Employment Opportunities: moving towards community integrated employment (CIE) is a goal that Bethesda holds for all individuals that we support. We believe that exploration and networking are the first steps to be taken for the individuals in this program. Once established, we will work with the whole support team to move towards connections with VR and CIE.

Estimated budget; identify all major costs and benchmarks — attachments are acceptable	 Staff training on volunteer options and employment goals Staff time to establish volunteer opportunities within the community Career exploration goals to be included in all individual plans Implementation of volunteer opportunities in the community for a minimum of 3 days per week Build community partnerships to increase volunteer footprint and vocational training opportunities Bethesda Lutheran Communities has the experience, structure and innovation to enhance the supports for people supported in this program and to expand the service for others in the Redding area. The model of communication and technology along with community integration and employment options is what we believe HCBS is looking for in these services. We believe that all people have the right to live, love, work, play and pursue their dreams in the community. Technology: Tap-It (mobile accessible interactive board platform and laptop) \$11,000; 2 desktops systems \$1500; Boardmaker Online \$250 Staff Training and staff time for training classes on person centered planning, community inclusion and visual supports with communication through choices: \$20,000 Staff time for creating visual supports and establishing community options: \$2500 Memberships and activities within the community: \$6000 Transportation costs for volunteer and community activities: \$5000 Family and guardian training for community inclusion: \$2500
Requested funding for 2017-18	48,750
Estimated timeline for the project	The anticipated timeline for the activities to be in place and functioning is 12-18 months of receiving the fully executed agreement.