

Vendor name	A Better Chance Day Program
Vendor number(s)	H14294 and PB0558
Primary regional center	Regional Center of the East Bay
Service type(s)	Adult Behavior Management Day Program Community Integration Training Program
Service code(s)	515 and 055
Number of consumers currently serving	64 Total (59-BMP and 5-CIT)
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	CAF's A Better Chance Day Program's management team has been working with staff and program participants to review each person's ISP in relation to the IPP with the goal of educating all team members about their roles. This process, which utilizes person centered principles, has created the opportunity for dialogue about service preferences and provided input into this proposal.
Does the concept address unmet service needs or service disparities? If so, how?	CAF's A Better Chance Day Program currently offers a continuum of services to individuals who have complex challenges such as behavioral excesses, mental health diagnoses, developmental disabilities, and dual diagnosis (intellectual disability and psychiatric diagnosis). This is a group that many other organizations are opting not to serve as they implement employment and community integrated models. CAF has a history of working with individuals with complex needs and intends to continue to develop services to these individuals.
Barriers to compliance with the HCBS rules and/or project implementation	CAF's A Better Chance Day Program offers participants opportunities for community access for a portion of their day in conjunction with services they receive on site. Participants of this program all have behavior support plans designed to increase their success in a variety of settings but the implementation of more person-centered planning processes are believed to be key to enhancing each person's success. The agency recognizes that barriers exist in regard to accomplishing true person-centered planning. These include the need to empower individuals to make choices about their services and efforts to train staff to follow the lead of persons served.  The first barrier is the need to more fully develop person centered planning tools and procedures so that participants have greater input into their services. The agency also needs to create targeted

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasdds.org/resource-library/person-centered-practices/>

	<p>opportunities for “discovery” on behalf of persons served to make educated and informed choices about their personal interests. It is believed that by empowering individuals to lead their own lives, many barriers to community integration will be diminished. Barriers that may be reduced include the reduction of maladaptive behaviors that may be the result of participation in activities that are not personally meaningful for individuals served.</p> <p>The second barrier is the need for additional staff training in areas such as positive behavioral supports, self-advocacy, self-determination, person-centered planning, peer mentoring, “self-discovery” processes, community relationships and how to be “ambassadors” on behalf of persons served to the community. While CAF leadership is committed to transitioning individuals from site to more community-based services, there is a need for training to ensure that staff engage with participants in ways that are meaningful, individualized, and goal-oriented.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>While CAF has begun steps to develop a more integrated experience for persons served, it is clear that education for participants and training for staff are essential components of the transition. These components will also increase compliance in the area of Federal Requirement #4. It should also be noted that fulfillment of this request will support ABC Day Program to more fully meet the intention of other requirement areas where person-centered planning and participation in activities of choice are indicated. The two project components are outlined below:</p> <ol style="list-style-type: none"> <li>1) <b>Implementation of Person Centered Planning</b>                  CAF proposes to utilize funds to invest in the development and implementation of person centered planning. This will be accomplished by utilizing local trainers/tools to assist the agency in the creation of a process that will fit the unique needs of CAF participants. The agency also proposes the development of a new position to be shared between CAF’s Day Program and Work Activity Program with responsibility for implementation and oversight of the person-centered planning project.</li> <li>2) <b>Staff Training and Development</b>                  CAF proposes to utilize funds to invest in creating a more robust competency based training for staff that includes areas such as positive behavioral supports, self-advocacy, self-determination, person-centered planning, peer mentoring, “self-discovery” processes, community relationships and being “ambassadors” to persons served in the community. The goal will be to develop additional training beyond current practice by using a variety of consultants/trainers, purchasing</li> </ol>

	<p>off the shelf external training opportunities, and developing internal trainers. CAF proposes a portion of the Clinical Director’s time be dedicated to this project and requests funds to pay for training professionals/consultants, training materials, and a laptop to be used for training purposes.</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p><u>Staff Salaries</u>  <b>Clinical Director</b>-10% Training Development/Oversight-<b>\$7,200</b>  <b>Project Coordinator</b>-50% PCP Implementation/Oversight-<b>\$20,124</b></p> <p><u>Staff Development:</u>  <b>Consultants/Professional Services</b>-<b>\$15,000</b>  <b>External Training</b>- <b>\$4,000</b></p> <p><u>Tools</u>  <b>Lap Top Computer</b> <b>\$2,500</b></p>
<p>Requested funding for 2017-18</p>	<p>\$48,824</p>
<p>Estimated timeline for the project</p>	<p>7/2018-12/2019</p>