

Vendor name	Adaptive Learning Center
Vendor number(s)	Z14438
Primary regional center	Regional Center of the East Bay
Service type(s)	Community Access
Service code(s)	055
Number of consumers currently serving	35
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	It is the goal of the Adaptive Learning Center (ALC) to provide individualized services based on the individual needs and desires of each person serviced. Unfortunately, funding constraints does not always allow us to provide the intensive 1:1 support that is often needed to help an individual reach their optimal level of community integration and engagement in truly meaningful activity. We recently conducted client, staff and family member surveys and although the vast majority are quite satisfied with the services they are currently receiving, it is clear that individuals served would like to engage in more activities, classes, volunteer opportunities and paid work that could better meets their individualized needs.
Does the concept address unmet service needs or service disparities? If so, how?	ALC serves a unique group of individuals with diagnosis such as high functioning autism, Asperger's Syndrome, PDD-NOS, and other nonverbal learning disabilities. These individuals typically do not do well in traditional services for individuals with other types of developmental disabilities and rely on the specialized services that ALC provides to meet their unique needs. There are not many programs that have the expertise to effectively serve this population.
Barriers to compliance with the HCBS rules and/or project implementation	Although it has always been the goal of ALC to individualize all services based on individual needs, funding constraints and lack of intensive 1:1 staffing have made it very challenging to do this as well as we would like and it makes it challenging to meet Federal Requirement #1.
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	The Adaptive Learning Center (ALC) was founded in 1988 with the mission to provide a safe and healthy community for adults with ASD and neurodevelopment disabilities. Our goal is to help individuals realize their potential for self-reliant living as defined by the ability to engage in productive work, to socialize successfully, to attend to their own physical and emotional health, and to experience on-going personal growth.

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddds.org/resource-library/person-centered-practices/>

	<p>ALC has quite a unique model where individuals served live in their own apartments and have the opportunity to work or volunteer in the community, attend educational classes (both onsite at our Center or at the local community college), participate in community outings and activities, or a combination of all. Each person served in our “community living program” has a very individualized schedule that reflects their interests and needs. In many ways, we believe our program is very much in compliance with the Final Rule and strongly support the philosophy and values associated with person centered planning.</p> <p>Over the past five years, ALC has changed in many positive ways to better reflect the importance of community integration and person centered planning. However, for some of the individuals we serve, it is hard for them to truly express what is important to them and what their dreams are. Although we start off each client’s annual meeting with asking them what their long-term goals are, most are unable to articulate what they really want and often rely on family members or staff to come up with these goals.</p> <p>All stakeholders, especially those individuals served would benefit from true client centered planning. ALC staff need to be better trained on how to facilitate conversations that will help those served learn how to better advocate for their needs and their desires. ALC is requesting funding in order to hire a professionally trained expert/consultant in this area to train staff on how to be more effective in this area. Some of the individuals served have a very hard time articulating what it is they want and training staff to use techniques such as motivational interviewing would be very beneficial. We would use this consultant (or consultants) to also work with clients and families as we move to a program model that fully embraces the belief that individuals served could and should decide what it is they want and need and ALC helps/supports them to achieve their goals and dreams.</p> <p>ALC is also requiring funding to hire a full-time Community Integration/Employment Specialist who can better support our clients who are not yet volunteering, working or attending classes in the community. It is our goal for 100% of those served in our Community Living Program to participate in meaningful activities that help them to become more self-sufficient, more integrated in the community, and most importantly, maximizing their potential and sense of self-worth. We also have a number of clients who do volunteer or work minimally and our goal would be to help them increase time spent in these endeavors. It is our desire that all individuals served will feel connected to and fully included in their</p>
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**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

Enclosure C

	community. We want to empower individuals served to make real and concrete improvements in their lives.
Estimated budget; identify all major costs and benchmarks — attachments are acceptable	\$10,000 for Consultant to train staff/clients/family members on effective Person Centered Training and Motivational Interviewing Techniques. \$49,400 for Community Integration/Employment Specialist (\$39,520 for salary and \$9880 for benefits).
Requested funding for 2017-18	\$59,4000
Estimated timeline for the project	12-18 months