## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Heiwa House, Heiwa Growth House
Vendor number(s)	HB0601, PB2012, PB1291, HB1083, HB0984
Primary regional center	Regional Center East Bay
Service type(s)	Adult Residential Facility, Residential Facility Serving Children
Service code(s)	905, 910
Number of consumers currently serving	18
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	Our person centered approach places residents at the center of decision making which relates to their lives. Our goal is to understand what each individual wants and needs to live their own personally defined healthy life. It involves listening to our residents, thinking together, coaching, mentoring, and sharing ideas with them. The positive feedback we gain from them, help us provide better care and ongoing support towards their goals even as they continue to evolve and change throughout their life. We involve family, friends, and the community who support the process that will identify and develop the individuals strengths to help make a difference in someone's life. We work with each resident as a specific individual to make sure we keep their strengths and interests, their communication preference, and whom the person would like to involve in their care, top priority. We instill person centered values to help them grow and live healthy lives. These values consist of belonging, being respected, learning to share, contributing, and choosing. Each individual is involved and belongs in family and friend relationships. They are respected for who they are, and their abilities that are expressed through their valued social roles. They gain the ability to share with other residents by living, working, learning and playing together in everyday community settings. They personally contribute his or her own personal gift to make a positive difference in others. And lastly, by teaching them how to choose they will gain control over their own lives in making decisions that over time will influence their valued lives. Our person centered approach is an ongoing process that will continue to show our commitment to our valued individuals.
Does the concept address unmet service needs or service disparities? If so, how?	The concept does address service disparities. By receiving funding, it helps to reduce disparities in regards to access to quality health care
Barriers to compliance with the HCBS rules	1) Funding for our programs is based on staff to client ratio which creates a significant barrier to the person centered focus in regards

<sup>&</sup>lt;sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <a href="http://www.nasddds.org/resource-library/person-centered-practices/">http://www.nasddds.org/resource-library/person-centered-practices/</a>

and/or project
implementation

to HCBS regulations. We currently serve a population of non-verbal clients who are unable to communicate their wants and needs. Communication challenges can lead to increased negative behavioral expressions and can be a barrier to success. Our residents would benefit from the ability to communicate their needs and wants. Funding would be used for hiring, training staff purchasing supplemental assistive devices, such as iPads, smart boards, and speech generating devices that would allow communication skills to be developed, that will encourage them to learn to make choices they might not otherwise be able to portray. These improvements would greatly benefit our individuals with respect to the person centered approach.

- 2) Individuals are involved and participate in activities such as movies, bowling, shopping, walking, going to the zoo, and volunteering. Our facility vans are in need of constant repair in order to keep them safe and operating. Funding for new vans will help get our clients in the community
- 3) Insufficient training for person centered planning and lack of staff. This barrier negatively impacts the ability of how the individual can be served and their everyday life schedules. Funding will help provide hiring/training staff, family members, and residential service providers, it will help put us to become compliant with federal and state mandates for services and supports that are available. Limited hours and time for consultants/administrative staff, i.e. trainers, as well as the high level of need in the program, force training to be fragmented and done by multitasking staff that simultaneously provide services.
- 4) Our individuals are not able to pick their roommate or have access to their own personal bedroom. Funding will allow to add a new addition to our homes to make it possible for each individual to have their own private room.

Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request The following explains which HCBS federal requirements are currently out of compliance and how funding will make us compliant. # 1 Our Facility is in great need of reliable vans to help get our individuals out in the community. Funding will allow us to purchase reliable transportation and make us compliant to HCBS rules. # 2 Funding will allow us to remodel the homes to give the individual the opportunity for their own private room.

- # 3 The purchase of support equipment such as iPads, smart boards, to help enable our clients to better communicate their needs and wants. Funding will help our staff and clients be able to communicate more effectively and make us compliant to HBSC rules.
- # 7 Do individuals have a choice regarding private accommodations: Funding will allow us to remodel the homes to give the individual the opportunity for their own private room.

	First, funding would allow a variety of different types of staff training
	for the benefit of the individual. Funding could be used for additional consultation hours for staff training and in-community support. Specialist such as occupational therapists, behaviorists, or a community development could be hired to use their knowledge and expertise person-centered planning and community integration to achieve each individuals goals. These consultants would also be used to work in conjunction with the community coordinator and help with training staff.
	Second, funding will be used for training on and the purchase of supplemental assistive devices such as iPads, smart boards, and speech generating devices. Communication challenges can lead to increased negative behavioral expressions and can be a barrier to success. Funding will help us break down that barrier. Training and using assistive technology will be implemented throughout the entire program and would allow individuals to learn communication skills that will develop and encourage them to learn to make choices they might not otherwise be able to portray.  Third, funding will allow for remodeling and adding additions to the
	homes in order to make it possible for each individual to have access to their own room and privacy.  Lastly, funding would allow us to purchase safe and reliable vehicles giving our individuals the opportunity to allow them to be able to get out into the community.
Estimated budget; identify all major costs and benchmarks — attachments are acceptable	<ol> <li>Extension for homes to accommodate 6 residents with private rooms- City permit \$18,000—Engineer \$5,000City \$8,500School district- \$3,000Remodel House 1 \$250,000House 2 \$150,000 house-3 \$150,000</li> <li>The purchase of 3 vehicles- \$90,000</li> <li>Consultants/Administrative Support/Staff training 3 houses total \$90,000</li> <li>Purchase of assisted devices i.e. Ipads, smart boards, speech generating devices- total for 3 housesLiving room and bedroom furniture \$60,000</li> </ol>
Requested funding for 2017-18	\$824,500
Estimated timeline for the project	April - September 2018  1. Hire consultants/administrative support to train staff  2. Train staff on HCBS regulations  3. Purchase and deliver vehicles  4. Start remodel of expansion for single occupancy rooms  5. Purchase assistive technology  6. Hire more staff for one to one help with clients  7. Training and implementation of assisted devices