

**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

Enclosure C

Vendor name	TRILOGY CARE HOMES INC
Vendor number(s)	HS0552; HS0553; HS0554
Primary regional center	SAN ANDREAS REGIONAL CENTER
Service type(s)	ARF
Service code(s)	515
Number of consumers currently serving	6 @ two locations; 9 @ one location TOTAL 21
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	A random sampling of currently identified Individuals attending our LEVEL IV-I programs. Specific questions were asked regarding activities, community integration, their personal thoughts and desires. In some cases questions were asked in order to facilitate responses, both positive and negative. When Individuals were/are unable to provide input, agency personnel were consulted who knew Individuals the best and who were able to provide responses which would lead to person-centered achievable goals.
Does the concept address unmet service needs or service disparities? If so, how?	<p>WALK IN TUB: Federal Requirement # 1 is met at each of our locations, but, in order to facilitate Individuals as they age, encounter age related disabilities, limited mobility, etc maintaining compliance will be difficult. Federal Requirement # 3 is easily maintained by the addition of this item as Individuals are more easily able to complete their health care needs and maintain levels of personal physical privacy that are otherwise not attainable (ie: sitting in a tub with a wrap) This product will also potentially reduce incidence of injury to both Individuals and Staff when required to physically assist during bathing activity.</p> <p>AIR CONDITIONING: Even though our homes are located on the Monterey Bay the changing weather patterns during the past several years have required us to increasingly utilize ceiling and portable fans to cool the living environments. Because of changing weather patterns we are finding those environments to be generally uncomfortable for several days at a time. As our population ages it becomes increasingly important that the physical environment be comfortable, in addition to our ability to continually meet Community Care Licensing Regulatory requirements. Weather fluctuations that we have experienced over the past several years makes our compliance extremely difficult, especially when trying to maintain interior temperatures between 68 and 72 degrees.</p> <p>ACTIVITY COORDINATOR: This is a full time position. Due to the extreme limitations upon current staff, who are addressing everyday living situations, the addition of this one position, covering our entire</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddd.org/resource-library/person-centered-practices/>

	<p>agency. (This includes HS 0555; for a total of 50+ individuals benefiting from this allocation). This person would be solely responsible for working directly with individuals living in our agency and developing a monthly, community based, activity schedule. It would be designed to specific client wants/needs/desires. The Coordinator would be responsible for all aspects of each scheduled activity, including arrangement for funding, transportation and supervision. This position will require a considerable amount of coordination between the Director/Administrator at each facility.</p> <p>LIFT VAN: With the aging population of individuals currently served, their ability to safely ambulate (arthritis, hip, knee limitations, physical impairment) and participate in community based activities becomes more difficult as they are increasingly unable to get into large passenger vans. When limitations begin to occur the necessity of assistance is required which places additional risk for the individual and the assisting staff member. The potential for physical injury is significant. The addition of a Lift Van will greatly reduce the injury potential and make the ability for individuals to get in and out of the vehicle much safer. Additionally, due to the decreased difficulties encountered boarding and disembarking vehicles the use of this lower sitting van will increase the ease and participation of those utilizing community resources.</p>
<p>Barriers to compliance with the HCBS rules and/or project implementation</p>	<p>Current funding levels limit or prevent compliance</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>WALK IN TUB: HCBS 3A 3B; 3C; 3D: Dignity, Privacy & Care-- Purchase and install walk in tub at each ARF (3). Although we are in compliance with regulations this addition will facilitate Safety, Independence, Convenience, and Comfort for the individuals served. Our aging population requires staff to physically assist individuals when bathing due to poor mobility, unsteady gait, etc. This upgrade graciously allows staff to assist individuals in the bathing/cleaning task without causing unnecessary physical assistance and potential injury to either staff or the individual served. This provides a bath like environment but without the obstacles to a regular bath. For those who do not like this option a second bathtub / shower is still available.</p> <p>AIR CONDITIONING: HCBS # 2 &4: Individual Needs & Preferences Overall health and comfort, which further promotes social activities and personal health at the individuals home. Regulatory compliance.</p> <p>ACTIVITY DIRECTOR: HCBS # HCBS # 1A, B, D, 4, 8. Hire one full time person to oversee and work directly with individuals in our homes in the development and implementation of a</p>

	<p>monthly activity calendar. Current staff requirements prevent staff from 100% focus on activities as they maintain general compliance with regulations in the work setting. The Activity Director would focus on individual client desires, wants, needs, IPP goals, etc and establish an activity calendar. The activities would then be the A.D.'s responsibility for implementation, which might include oversight for funding, transportation, etc.</p> <p>LIFT VAN: HCBS # 1 & 4 Access, Engaging in Community Life, Interactions</p> <p>The addition of lowered lift type vans would facilitate our ability to safely board, disembark individuals who are now aging in place in our homes. As we age our bodies become less agile and our current population is feeling the effects of less mobility and the challenges of pulling themselves into and out of larger vehicles. By reducing the obstacles the ability to transport more easily results in increased community integration (as the physical limitations are reduced) and the potential to injury to both clients and staff has lessened. d</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p>WALK IN TUB: \$ 50,700.00 (\$16,900 ea) installed (see estimates)</p> <p>AIR CONDITIONING: \$ 26,964 (see itemization/estimates attached);</p> <p>ACTIVITY DIRECTOR: \$65,000.00(This is approx. \$32.00 per hr but is inclusive of employee benefits, workers comp, employer liabilities).</p> <p>LIFT VAN: \$195,000.00 (\$65,000 ea facility)</p>
<p>Requested funding for 2017-18</p>	<p>2018</p>
<p>Estimated timeline for the project</p>	<p>2018—once funded all aspects of our proposal would be completed before year end 2018. With the exception of the Activity Director position all components of this proposal would not carry over into 2019. The Activity Director component could be reduced or eliminated in 2019 if all aspects of the job requirement were then assumed by agency staff, as long as the template remained in place. This is our long range plan.</p>