

**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

Enclosure C

Vendor name	Choices R Us Inc
Vendor number(s)	HX0172, HX0196, HX0232, HX0233, HX0510, HX0550, HX0589, HX0663, HX0892
Primary regional center	South Central Los Angeles Regional Center
Service type(s)	Residential
Service code(s)	113
Number of consumers currently serving	51
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	In developing our concept for meeting HCBS requirements we talked to some of our consumers and asked them how they felt about their living environment, their opportunity to advocate for themselves, and how comfortable they were with the rules in their homes and their ability to make changes to their liking. Consumers were also asked how they felt about their involvement in and exposure to the community. We also got information from the staff with regards to the consumer's comments and stated issues or concerns over time.
Does the concept address unmet service needs or service disparities? If so, how?	Yes our concept specifically addresses the unmet service needs and or disparities, because it provides for the ability to fulfill these vacancies. The requested staffing positions will highly assist in identifying and addressing the specific needs, provide for person centered thinking and planning for staff and consumers, and update and implement person centered program improvements. The vehicles and materials will provide the method, opportunity and ability to specifically address the needs and desires of our consumers.
Barriers to compliance with the HCBS rules and/or project implementation	Choices R Us Residential Program is designed based on pre-existing rules, some of which need to be updated to meet HCBS requirements. In our programs we strive to provide excellent choices in housing and community integration for our consumers. However, the expanded rules now cause us to reevaluate our settings and programs and we find that most of the changes identified as necessary require funding not readily available to us. In our residential program we strive to meet and exceed the HCBS requirements for creating choices for consumers and provide greater community integration. We also strive to meet the person-centered planning approach presented by HCBS. However, we find that most of our consumers do not really understand the choices they may have in both their living environment and in the community. While

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddd.org/resource-library/person-centered-practices/>

	<p>consumers are able to make some choices about their daily activities, some basic things such as meals, are on a set schedule. At this time it is not possible to provide individual schedules on certain things or to provide person-centered programming mostly due to limited or lack of necessary, additional staffing, person centered thinking and planning, and updates to our IPPs to reflect HCBS requirements. In addition, an expansion of our transportation plan/program and the cost of implementing any changes the consumer may desire are barriers due to cost. The limitations of some of our consumers, especially those requiring one-to-one assistance, those requiring special transportation methods and those with specific special needs, places a strong burden on staffing requirements. Additional staffing and transportation would allow for greater opportunities and experiences.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>Choices R Us proposes several components for enhancing our program and meeting the HCBS requirements # 1,2,4,5,7,8,9.</p> <p>In an effort to provide person centered thinking and planning as a backdrop to our program implementation, and to increase consumer understanding of choices for the individual's living environment and community as well as teach the consumer how to make good choices for him/herself a Choices Coordinator position needs to be established and funded. The primary purpose of this position is to establish a clear understanding and implementation of the requirements for HCBS, specifically the person centered approach to planning and implementation of our programs. This person would work with all our consumers and staff on a one-to-one and group basis over time to assure that staff and consumers know and understand the elements of HCBS and consumer rights. The Coordinator would also work with all staff members and train them how to teach consumers about choices and making decisions. The Coordinator will also teach consumers how to recognize available choices and make decisions that best benefit them. In addition, this person will take over full responsibility for our Consumer Council in terms of scheduling and leading meetings, and assuring follow up on all decisions, suggestions to implementation and making sure that all actions are in the spirit of the person centered ideal. This would assure that the Council remains active and more responsive to the consumers and sets a model for staff to follow.</p> <p>To expand the opportunity to move consumers around throughout the community for work and entertainment as well as engagement with the community and its environment, two (2) transportation drivers are needed along with two new vans with wheel chair lifts. Creating the option for more mobility for our consumers would greatly enhance our ability to meet the HCBS requirements. This would allow consumers more opportunity to fulfill their desire for</p>

	<p>options while at the same time allow the overall program to function, meeting person centered goals, without disruption.</p> <p>The expanded HCBS person centered rules on file requirements for Admission Agreements and IPPs requires that a lawyer be attained to assure that the proper language and inclusions are provided for the privacy, respect and wellbeing of the consumer.</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p>Choices R Us proposes the following components for enhancing our program to meet the HCBS requirements and advance our program as more person-centered:</p> <p><u>Choices Coordinator</u> : to train and coordinate with existing staff and consumers in order to increase staff and consumer understanding of the rules of HCBS, the dedication of person centered thinking, planning and requirements, and choices for the individual’s living environment and community as well as train the staff and teach the consumer how to make good choices for him/herself. \$70,000</p> <p><u>Transportation Drivers</u> (2): to expand the opportunity to move consumers around throughout the community for work and entertainment as well as engagement with and greater integration into the community and its environment. \$50,000</p> <p><u>Service Vehicles</u>: Two new Vans with wheel chair access are needed in order to be able to provide our consumers with the greatest opportunity to experience the community for work, entertainment and participation in community activities. \$210,000</p> <p><u>Compliance Lawyer</u> to assist in developing and reviewing language in documents to assure that consumers’ rights are protected and that all documents meet HCBS regulations. \$25,000</p> <p>Materials necessary for changes to physical environment to meet consumer requests when appropriate and possible. \$50,000</p>
<p>Requested funding for 2017-18</p>	<p>\$410,000</p>
<p>Estimated timeline for the project</p>	<p>The estimated timeline for completion of the project is 2 years:</p> <p>First 6 months > Hire Coordinator and begin training, purchase service vehicles, hire drivers and compliance lawyer</p> <p>Next 6 months > training of staff on person centered thinking and planning, initiate consumer training; begin implementation of some new options for consumers regarding work and living choices.</p> <p>Next 6 months > complete all training of staff and consumers; implemented by staff with Coordinator supervision and oversight,</p>

	<p>Continue to add elements to our person centered program for implementation. With success eliminate Coordinator position at end of this period.</p> <p>Final 6 months > Continue person centered programming, planning and implementation with management oversight to assure we have met HCBS requirements and are set for the future.</p>
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