

Vendor name	The Arc of San Diego
Vendor number(s)	The Arc of San Diego (Sulpizio Family Arc Center, North Shores Vocational Center, East County Training Center, The Sol and Ruth Gerber Family Center, and Arc North County) Vendor numbers: H07971, H14862, H00571; H14812; H01251; H14811; H14604; HQ0143; HQ0443; HQ0383; HQ0385; HQ0386
Primary regional center	San Diego Regional Center
Service type(s)	<ul style="list-style-type: none"> <li>• Five (5) Adult Development Centers (ADC)</li> <li>• Four (4) Activity Centers (AC)</li> <li>• Three (3) Work Activity Centers (WAC)</li> </ul>
Service code(s)	<ul style="list-style-type: none"> <li>• 510, 505, 594</li> </ul>
Number of consumers currently serving	560 total consumers across the twelve (12) total programs
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	The concepts stated in this proposal were created in cooperation with The Arc of San Diego's Advocate Council to the President & CEO. The Advocate Council felt that communication among all stakeholders was an important component of the proposal. The Arc of San Diego's Advocate Council is comprised of participants (representatives) from every program within The Arc of San Diego. Members are responsible for bringing recommendations and/or concerns regarding programs to the President & CEO as well as meeting with local legislators.
Does the concept address unmet service needs or service disparities? If so, how?	<p><b>Unmet Need-</b> Education and support for consumer's family and support team regarding HCBS changes.</p> <p><b>Service Disparity-</b> Individuals with I/DD with a variety of ethnic backgrounds are underserved by the I/DD service system</p> <p><b>Addressed in concept-</b> Choice and Integration Specialists will schedule and facilitate outreach as well as provide HCBS training and HCBS support to participants, family members and other support team members. We will also hold sessions with local ethnic-focused community groups to increase awareness among underserved populations.</p>
Barriers to compliance with the HCBS rules and/or project implementation	<ul style="list-style-type: none"> <li>• Inadequate number of staff to comply with HCBS rules and maintain ratios</li> <li>• Settings rule concepts require WAC staff and consumer training and ongoing intentional focus from dedicated staff</li> <li>• Implementation of program participants' Choice and Integration Plans developed in previous grant requires both additional staff and staff training on implementation</li> </ul>

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddd.org/resource-library/person-centered-practices/>

<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>The Arc of San Diego seeks funding for continuation and expansion of a project that will support each program participant in defining the communities with which they would like to engage and participating in those communities. Outreach and information regarding HCBS rules will be provided to staff, consumers, members of consumer support teams and potential underserved stakeholders in the public.</p> <p>Upon execution, this project will ensure The Arc's compliance with Federal Requirement #1. Currently, The Arc's Activity Centers, Adult Development Centers and Work Activity Centers are not achieving full compliance with this particular requirement because: existing staff ratios don't support the identification and integration with individually-defined communities; program staff needs training on individually defined communities and how to incorporate integration and more staff is needed to implement consumer Choice and Integration Plans. The following three-phase Arc Choice and Integration Modernization Plan addresses these needs and will achieve compliance with HCBS rules:</p> <p><b><u>ARC'S CHOICE AND INTEGRATION MODERNIZATION PLAN</u></b></p> <p><b><u>Phase I. Enhance agency knowledge base and proficiency regarding HCBS rules and create tools for use by all staff.</u></b></p> <p>A. Create internal expert resources; expose all staff to HCBS</p> <ul style="list-style-type: none"> <li>• Hire and provide extensive HCBS training to 5 Choice and Integration Specialists (CIS) to serve as internal expert resources</li> <li>• Provide initial training to all staff on HCBS Rules</li> </ul> <p>B. Develop and implement person centered tools to assess participant choice and interests.</p> <p><b><u>Phase II. Develop Choice and Integration Plans with consumers.</u></b></p> <p>A. Use Choice and Integration tools to assist program participants in identifying communities and activities of choice.</p> <p>B. Create Choice and Integration Plan for each consumer</p> <p>C. Create a database of all consumers communities so that consumers with like interests can be identified for activities of choice</p> <p><b><u>Phase III. Implementation of Choice and Integration Plans</u></b></p> <p>A. Training direct service staff on the particulars of each individual's Choice and Integration Plan and how to implement the plans on a day-to-day basis.</p> <ul style="list-style-type: none"> <li>• Educate staff on specific opportunities to incorporate each participant's personal community-focused ideas and activities into the programs curriculum and scheduled activities.</li> </ul>
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	<ul style="list-style-type: none"> <li>• Train staff regarding how to initiate and coordinate participant’s access to their chosen activity.</li> </ul> <p>B. Implementing Choice and Integration Activities</p> <ul style="list-style-type: none"> <li>• Enable participants day-to-day choices when the participant prefers an alternative to a scheduled curriculum activity and would like to engage in co-located or nearby activity (i.e. accessing specific communities on-line in a computer lab)</li> <li>• Enable periodic personalized community integration events within participant’s community of interest. The grant-funded staff will assist with logistics and contribute to staffing allowing, for instance, an individual to access the geographic community with 1:1 staffing while maintaining ratio still on-site.</li> </ul> <p>Communication of HCBS rules and how programs are changing to increase consumer choice and integration is a key component of the Plan. Grant funding would help the Arc deliver the necessary outreach, training and support to staff, consumers, consumer families/support teams and underserved stakeholders in the public.</p> <p>The Arc’s 2017 HCBS Grant provided funding for Choice and Integration Modernization Plan Phases I &amp; II for Arc ADC and AC programs. Continuation of funding is needed for Phase III for these programs to accomplish implementation. This Phase was included in the 2017 proposal, but was removed due to funding constraints.</p> <p>For expansion of the Plan to Arc WAC programs, funding is needed for Phase II, &amp; III. Phase I funding is not needed as this Phase was accomplished under the 2017 grant. Identification of consumer choices and increased exposure to communities of choice are integral as we look to transition consumers out of WAC programs.</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p>See Attached</p>
<p>Requested funding for 2017-18</p>	<p>\$493,925</p>
<p>Estimated timeline for the project</p>	<p>Accomplish all goals above within 12-15 months. Continued achievement of certain community activities in Phase III will require ongoing additional funding.</p>

