## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Climb, Inc		
Vendor number(s)	H05731, HP6383		
Primary regional center	San Gabriel/Pomona Regional Center		
Service type(s)	Adult Residential Facility		
Service code(s)	915		
Number of consumers currently serving	40 at Sierra Madre level 3 facility, 6 at RCFE level 4C facility		
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	Our concept was developed using a sample of consumers currently enrolled in the day program. Selected consumers and supporting staff were interviewed and person centered tools (good day/bad day, important to/for forms) were used to get a better understanding of needs, wants, and goals and how to best achieve them in a viable way while focusing on leveraging the supportive and accessible local community.		
Does the concept address unmet service needs or service disparities? If so, how?	This concept is a preliminary effort at addressing unmet service needs by focusing on implementing person-centered approaches to the daily services available at the facilities to enable greater choice and individualization in services provided.		
Barriers to compliance with the HCBS rules and/or project implementation	Federal Req #2: Person-Centered Planning tools are currently not utilized and in place for consumer ISPs due to the number of consumer supported and the lack of previous training on PCT.  Federal Req #4: Individualizing meal service and activities for 40 residents is not always possible due to supervision requirements of consumers, staff ratios, efficiency, food costs and preparation time.  Federal Req #6: As a licensed ARF, the facility must follow Title 22 guidelines for termination of services. Residents do not have individual lease agreements, only a general admission agreement.  Federal Req #7: Facility is licensed for 40, has a census of 40, and only has 20 bedrooms. All bedrooms are shared so currently no private rooms can be made available to individuals not wanting a roommate. Bedroom doors do not have locks per Title 22, section 80087, since they serve as exit doors.  Federal Req #8: As with other limitations due to the number of consumers at this location, individuals currently do not have the ability to prepare meals at any time they wish, only at the scheduled times. Extra food/substitutions are available upon request.  Federal Req #9: House rules, visiting hours, and licensing fingerprint clearance requirements currently restrict visitors on the premises.		

<sup>&</sup>lt;sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <a href="http://www.nasddds.org/resource-library/person-centered-practices/">http://www.nasddds.org/resource-library/person-centered-practices/</a>

Federal Req #10: Facility currently does not have any ADA wheelchair accessible bathrooms, showers, or ramp/lift access to the front entrance. The facility has wheelchair consumers in residence

There are many barriers to compliance for Climb's Sierra Madre facility that currently houses 40 residents. Despite its size, the facility is ideally located is small town that since the inception of the program in 1977 has been incredibly embracing and inclusive. The facility has 20 shared bedrooms. Nearly all bedrooms have a small attached private or shared (jack&jill) toilet room. Four shower rooms are shared in the facility and accessed from the main hallway. The facility contains a full kitchen, family style dining room, living room, laundry room, and full outdoor patio area with seating for activities and meal service. Simply stated, due its ideal central location on the town's main street with numerous shops and restaurants easily accessible by foot, the very safe and inclusive community, and the property costs in the area, the program could not be replicated. If the program were to be downsized to allow for single occupancy rooms, the current residents would likely have to seek placement in another city as licensed facilities are rare and even rental properties would be prohibitively expensive for clients in a SLS placement. With this in mind, together with the fact that this facility has been home to many of these residents for 40 years now, Climb cannot easily imagine a plan to remove residents that have truly come to be family. Climb proposes the following program modifications in order to come into compliance:

Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request

- 1. The facility will immediately implement Person-Centered Thinking planning for all residents and incorporate that into ISPs that reflect greater individual preferences and choice. PCT tools will be used to assess residents' ability to manage personal resources on a regular basis. A resident council will be formed that will meet monthly to discuss concerns and convey feedback to the program Administrator. All staff will receive training in the PCT process as well as clients confidentiality requirements (HIPAA). (Addresses Req #1, #2, #4)
- 2. The facility will implement a new individualized dietary/meal system called My25, which enables consumer dietary restrictions and preferences to be factored into all meals, which will be prepared fresh on site. The facility will create a 24 hour food access area in the dining room with a stocked refrigerator, snacks, and fresh fruit available to residents at all times.(Addresses Fed Req #8)
- 3. A private area will be created for residents' personal communications. The area will contain a telephone and computer with internet access for emailing. (Addresses Fed Req #4 & #5)
- 4. With assistance from the regional center, the facility will develop a residency agreement for all consumers that reflects the standards for general tenant agreements. (Addresses Fed Reg #6)

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## **Enclosure C**

Estimated budget; identify all major costs and benchmarks — attachments are acceptable	Hire a PCT Consultant to train all residential staff at both the large facility and smaller Pride facility. The consultant will also assist with developing person-centered ISPs for all 46 residents and assist with optimizing resident choice in daily services. \$8,000	
Requested funding for 2017-18	\$8,000	
Estimated timeline for the project	Within 3 months of funding being made available, the consultant will be identified and hired. Within the first 6 months, all staff will be trained in person-centered approaches. Within the first year,	

Vendor name	Climb Work Activity Center
Vendor number(s)	H28730
Primary regional center	San Gabriel/Pomona Regional Center
Service type(s)	Adult Development Center
Service code(s)	510
Number of consumers currently serving	54
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	Our concept was developed using a sample of consumers currently enrolled in the day program. Selected consumers and supporting staff were interviewed and person centered tools (good day/bad day, important to/for forms) were used to get a better understanding of needs, wants, and goals and how to best achieve them in a viable way while focusing on leveraging the supportive and accessible local community.
Does the concept address unmet service needs or service disparities? If so, how?	The concept addresses two main areas of unmet service need. Primarily, the concept addresses community integration by providing a higher level of care to current participants through changing the ratio of staff to consumers from 1:4 to 1:3 and 1:1. These new ratios will allow for more community integration opportunities for all consumers, and especially a small group previously unable to access the community due to health and behaviors, and it will promote greater flexibility in activity choice for everyone. Secondly, the concept provides a means to achieve off-site supported employment for a number of individuals by providing a new business opportunity that turns our consumers' blindness into a true business strength.
Barriers to compliance with the HCBS rules and/or project implementation	The following barriers are present impeding compliance with the HCBS rules: Federal Req #1: Due to the current ratios and our consumers' blindness requiring staff physical guidance, health issues, and behaviors, all individuals cannot access the community to their full potential. Additionally, work opportunities are only currently available on site and not in integrated settings. Federal Req #2: Person centered planning is currently not in place due to the need for staff training and implementation of PCT planning materials. Federal Req #4: Current staff ratios (1:4) do not allow for all consumers to be safely integrated in the community on a regular basis.

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Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request Climb's licensed day program in Sierra Madre is a community-based pre-vocational program that is also licensed as an adult day center for 60 people and currently serves 54 individuals with blindness and developmental disabilities from the local community. The community is a very unique small town that has been incredibly supportive of the population since the program was founded in 1977. The program currently operates out of a leased workshop space and provides support in a 1:4 ratio. Consumers are divided into groups based on interests and abilities. Most groups travel daily to recreational and volunteer sites in the community by public transportation buses and program-operated vans. Some consumers (approximately 4) are employed in clerical positions by Climb on site answering and directing calls on the main phone system. Contract work consisting of piecework assembly and packaging is available to consumers on an intermittent basis and is brought into the workshop space to complete. 22 consumers participate and receive paychecks for this work. This contract work (from aerospace parts manufacturer Alcoa) must be done on-site as Alcoa will not allow our consumers on their property for liability reasons. Due to blindness (90% or higher of the caseload is fully blind), work opportunities that can be completed safely and without tremendous staff assistance (ie.,1:1) are very rare. Because of the specialized population we work with, Climb has found this work is a unique niche for individuals in the program. Some groups (approximately 7 consumers) currently stay back at the workshop during the day due to consumer limitations (medical fragility/behaviors). There are 3 consumers attending who are in wheelchairs. Climb proposes the following program modifications in order to come into compliance:

- 1. The program will convert completely to a community-based program for all participants. The workshop space will be used for administrative offices, staging, and existing contract work completion only. The goal will be for the consumers who currently stay back at the workshop to be out in the community as frequently as desired once staff support is in place to enable safe access. (Addresses federal requirement 1 and 4).
- 2. A project lead consultant will be hired to develop new program plans and revamp the daily schedules to be consumer-choice driven. The program will request to be re-vendored at 1:3 ratio in order to be able to provide a higher level of support to all participants and enable those who have not been able to access the community regularly to do so. (Addresses federal requirement 1, 2, and 4).
- 3. The project lead will develop materials to enable Climb pursue 1:1 staffing vendorization for approximately 5 consumers who require higher level support to access the community due to using wheelchairs, behaviors, or medically fragile status. (Addresses federal requirement 1, 2, and 4)

	4. The program will train all staff (director, supervisor, and job coaches) in person-centered thinking by hiring a PCT consultation will work with the project lead consultant to integrate PCT mat into program plans and will also oversee the development of Pmaterials which will be incorporated into all consumer ISPs. (Addresses federal requirement 2).  5. The program will create a new supported employment opport of all individuals that desire to work as additional daily choice the outcome goal of creating 6 new jobs in the first year of ope and 12 new jobs within 18 months of operating. Climb investig work that can be safely done by blind individuals and discover operating a commercial shredding business would provide saft conditions for consumers and is a job that nearly all ability lever complete due to very basic operating requirements. It will also market our consumers' blindness as a strength as we can ensour future customers that their confidentiality with respect to a sensitive shredding materials would not be breached during the shredding process. Furthermore, this job would allow communintegration as consumers would solicit business from other loc businesses in the community that are already very supportive. It is fortunately located on the town's main commercial street with walking access to many types of businesses. Consumers wou up shredding orders and collect payment with staff assistance the local recycling center, where they would have a second so regular community integration and interaction. Consumers wou paid hourly for the work completed shredding, and also receive valuable training in finance management through completing stransactions in the community. The business would require mit start-up funds to purchase two commercial shredding units wit safety features appropriate for our consumers (the Destroyit 4 means to remotely process credit cards (smart phones with caswipe capability), and accessories for picking up orders and returning shredded product to the recycling center. Participant int	erials PCT  ortunity with erating, ated ed that els can ure ny e hity all Climb heasy ld pick pluct to orunce of uld be els cales nimal h user 002), a ard see may
Estimated budget; identify all major costs and benchmarks — attachments are acceptable	Hire project lead consultant to develop new program designs and 1:3 ratio programs to be submitted to the regional center for vendoring and oversee implementation  Hire PCT Consultant to certify all staff in PCT methods and as project lead with development/implementation of PCT program materials  Two Destroyit model 4002 commercial shredders	or \$7,500 sist

	2 smart phones equipped with mobile cc billing function Miscellaneous program equipment TBD Advertising/Promotion & brochure publishing for	\$1,500 \$546
	consumer operated shredding business Total	\$1,000 \$20,000
Requested funding for 2017-18	\$20,000	Ψ20,000
Estimated timeline for the project	During the first three months of funding being made available project lead and PCT consultants will be identified and selected. Within the next 3-6 months, new program plans will be created and submitted to the regional center for vendoring and PCT training will be completed for all staff. Within 9 months, it is hoped that new 1:1 and 1:3 ratio programs will be approved by the regional center. New work opportunity would be available within 9-12 months of funding, with the outcome goal of 6 employed consumers by the end of the first year and 12 new employed consumers within 18 months of funding.	