## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	UCPLA Thousand Oaks ADC
Vendor number(s)	H15399
Primary regional center	TCRC
Service type(s)	ADC
Service code(s)	510
Number of consumers currently serving	22
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	People served within the existing program were engaged in personal interest interviews and group activities to provide input regarding their interests and support requirements. Communication occurred through verbal discussion, picture boards, communication devices, gestures, and sign language with each individual. Willing members of the IDT, staff, and consultants provided insight to potential areas of interest and the supports required to meet goals. Advocacy meetings and small community trainings and discussions were a source of input for this concept development.
Does the concept address unmet service needs or service disparities? If so, how?	UCPLA provides skills training and support to people with some of the most medically fragile diagnoses and complex physical needs in Southern California. Our concept would mitigate several disparities and inequities that exist within the local community. People currently served as well as those awaiting services through TCRC and NLACRC have needs that demand a wide spectrum of resources daily. The range of persons served is significant in age, educational background, communication systems and primary language, physical/medical/behavioral diagnoses, socio-economic resources, cultural associations, and living situations. Our concept targets issues of accessibility within the community, and largely, the workforce, for people whose capabilities have not been integrated or included into those settings in which adult citizens live, work, and spend most of their time. In addition to overcoming evident physical barriers, UCPLA's concept drives at true social integration, so that a heterogeneous mix of people will inhabit and contribute in any community environment. Our concept and future efforts in service delivery seek to expand the social and professional experiences of those who have historically lived, learned, and worked in segregated settings within the developmental disability community. Our effort to address unmet service needs by increasing access and integration will have a significant impact on existing definitions of 'ability' and 'disability' across the general community.

<sup>&</sup>lt;sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <u>http://www.nasddds.org/resource-library/person-centered-practices/</u>

Barriers to compliance with the HCBS rules and/or project implementation	Barriers to compliance with HCBS rules include inadequate resources to meet the staffing ratios, person-centered training standards, and accessible design required to achieve full community integration. At a minimum, the typical person supported by UCPLA requires the assistance of two staff to safely support their personal care needs. To enable mobility, personal choice, and independence within community settings, person-centered training must be facilitated with all UCPLA staff, participants and their families, and partners in the community. Finally, it is noted that most community settings require increased adaptive environmental design to become
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	<ul> <li>truly accessible to people with significant physical challenges.</li> <li>UCPLA proposes to create a program that empowers existing artists to work in community-based settings. To transition to these settings, we require additional training and tools to be provided by short-term, specialized staff and consultants. The following concepts delineate how UCPLA plans to transition to settings that are integrated within the community to address the needs of underserved populations, optimize individual autonomy, and facilitate individual choice.</li> <li>Solutions and Accommodations to Community Integration (Including opportunities to seek employment)</li> <li>Start-up funding:</li> <li>For a Small Business Specialist, Job Developer (CESP), and Transportation Coordinator to support individuals interested in paid work and to support a microenterprise via speaking engagements promoting the advancement of the Americans with Disabilities Act, Universal Design concepts, and incentives for creating truly accessible businesses and bathrooms in the community.</li> <li>For an Adaptive and Custom Device Consultation Team staffed by a Resource Developer, an Adaptive Design Mentor [Paid Internship Program (PIP)/ Competitive Integrated Employment (CIE) opportunity], and an OT to design adaptive tools, products, and environments.</li> <li>Start-up funding for an Adaptive and Custom Device Consultation Team staffed by a Resource Developer, an Adaptive Design Mentor [Paid Internship Program (PIP)/ Competitive Integrated Employment (CIE) opportunity], and an OT to design adaptive tools, products, and environments.</li> <li>Develop successive training and educational steps to develop skills in additional vocational settings of choice.</li> <li>Train-the-Trainer program to develop community partners, person-centered planning, and customized employment.</li> <li>To create train-the-trainer programs related to benefits management for participants and families to address</li> </ul>

Estimated timeline for the project	June 2018 – June 2020
Requested funding for 2017-18	\$226,800
Estimated budget;	<ul> <li>to provide information related to HCBS, PIP, and CIE.</li> <li>To build partnerships and volunteer opportunities with nonprofits in underserved communities to help individuals gain professional experiences while also creating visibility of our services to help reduce purchase of service disparities.</li> <li><b>Optimize Autonomy and Independence</b> Start-up funding to:</li> <li>Build a UCPLA Mobile Personal Care Unit for community locations where accessibility and privacy are not currently supported.</li> <li>Develop Ambassadors for ADA Advancement Group to facilitate self-employment options as speakers and advocates.</li> <li>Create adaptive tools to enable artmaking and fine motor dexterity to operate computers, machines, and other equipment as needed.</li> <li>Develop a Community Integration Training Program that can provide mixed ratios of para-professional staff to people receiving services.</li> <li><b>Facilitate Individual Choice</b> Start-up funding to:</li> <li>Use discovery process to develop self-employment and micro-enterprise models related to individual interests.</li> <li>Develop customized training tracks, internships, apprenticeships, and pathways to competitive employment within the local network of businesses.</li> <li>Create a time limited Community Activities Support program to support additional hours as needed out of the home or after other program hours have concluded to attend classes, events, or meetings as needed in support of customized employment endeavors.</li> </ul>
	<ul> <li>economic disparities that exist in the community and reduce fear regarding changes in income and benefits.</li> <li>To partner with Chamber of Commerce and local businesses</li> </ul>

\$ 226,800

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Vendor and vendor number Primary regional center								
								Service type and code
		Agency-		Agency-Wide				
		ide Gross	Use	Amount to				
INITIAL ONE-TIME COSTS		Costs	Factor	HCBS Initiative		TO ADP		
Transitional Mgr, Program Resource Developer, Certified								
Employment Support Professional, Transportaiton								
Coordinator, Adaptive Design Mentor, Small Business								
Specialist, Add'l OT)	\$	454,000	100%	\$	454,000	\$	54,500	
Mobile Personal Care Unit Allocation (vehicle includes mobile								
restrooms, lifts, changing table, etcsee separate specs)	\$	425,600	100%	\$	425,600	\$	106,400	
Person Centered Training (e.g., PATH, TRAP, MOVE)	\$	48,000	100%	\$	48,000	\$	5,800	
PT/OT Consultation (2 consults/client, 1 to baseline needs								
and 1 to reassess prior to go-live)	\$	111,600	100%	\$	111,600	\$	13,400	
for 100% of clients, 1 to reassess prior to go-live for 50% of								
clients)	\$	111,600	75%	\$	83,700	\$	10,000	
Data Collection, Record Keeping & Project Implementation								
(Includes Client Records Mgmt, Vehicle Mgmt, Project Mgmt,								
IT Support, Communication Devices)	\$	331,960	36%	\$	119,500	\$	14,300	
15% Administrative Overhead				\$	186,360	\$	22,400	
TOTAL INITIAL ONE-TIME COSTS					1,428,760		226,800	