

# SELF-DETERMINATION

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## What are Generic Resources?

As planning teams work together, there will be a review of the use of “generic resources” for funding services identified in the participant’s plan. Generic resources are the services that are provided by other agencies, that have a legal responsibility to pay for them. Services for which another agency has responsibility cannot be paid for out of the Spending Plan. Examples of “generic resources” include:

- California Children’s Services
- City, County, and State Housing Services
- Community Legal Services
- County Medical Clinics
- County Mental Health/Behavioral Health
- Department of Rehabilitation
- Education System (Private and/or Public)
- Family Resource Centers
- Health Care Insurance (Private and/or Public)
- In-Home Supportive Services

Read more about Self-Determination and service planning at <https://www.dds.ca.gov/initiatives/sdp/>



## Meet Katie

“As a Service Coordinator, Self-Determination is so exciting. It feels like you are able to help people achieve their full potential. It is a very creative and person-centered process that gives me a whole new outlook of the possibilities available for the individuals we support. At the same time, the experience has been humbling. In some ways it feels like day one on the job, not knowing all of the answers. The collaborative team effort to find answers and resolve issues has strengthened my relationships with the individuals starting SDP, service providers and the regional center.”

“Person-centered planning allows the individuals that we support to have positive control over their life. In creating a PCP, people are given the opportunity to set their own goals based on their lives. A good person-centered plan will help the person’s team to develop the services and supports to help the individual live the version of their life that they would like to. Person-centered planning allows the person to drive their own life plan while their team supports from behind.” Katie is a Service Coordinator at the San Diego Regional Center <https://www.sdrc.org/>

## Question of the Day

Q. What type of certification should individuals request from independent facilitators?

A. Independent facilitators are not required to have a certification or licensure. However, an independent facilitator is required to receive training in the principles of self-determination, the person-centered planning process, and the other responsibilities consistent with coordination of services for consumers' individual program plans.

## WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting
- ◆ Contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ◆ SCDD hosts a SDP Facebook page at <https://www.facebook.com/groups/CA.SDP.Forum/>