

NCI Adult In-Person Survey Regional Center Outcomes

Valley Mountain Regional Center (VMRC) Report

Fiscal Year 2017-18



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Quality Assessment Project and National Core Indicators™

This report contains regional center level results from California’s statewide National Core Indicators™ (NCI™) Adult In-Person Survey¹ (IPS) data collection from fiscal year 2017-18 (FY 17/18) in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance.² This report shows this regional center compared to the California statewide and NCI averages. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

What is NCI?

The NCI program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

NCI has developed more than 100 standard performance measures (or ‘indicators’) that states use to assess the outcomes of services for individuals and families, including outcomes in the areas of employment, rights, service planning, community inclusion, choice, health, and safety. In 2017-18 a total of 46 states, the District of Columbia and 22 sub-state entities participated in NCI. Not all states participate in the Adult In-Person Survey every year. Thirty-five (35) states and the District of Columbia administered the In-Person Survey in 2017-18 and submitted valid samples for analysis.³ Together, they collected survey responses and information from a total of 25,671 individuals.

¹ Formerly the Adult Consumer Survey

² Refer to the California Statewide Adult In-Person Survey Report FY 17/18 for information about Quality Assessment Project implementation, NCI and California’s statewide results.

³ States that participated in the Adult In-Person Survey were: Alabama (AL), Arizona (AZ), Arkansas (AR), California (CA), Colorado (CO), Connecticut (CT), Delaware (DE), District of Columbia (DC), Florida (FL), Georgia (GA), Illinois (IL), Indiana (IN), Kansas (KS), Kentucky (KY), Louisiana (LA), Maine (ME), Massachusetts (MA), Michigan (MI), Minnesota (MN), Missouri (MO), North Carolina (NC), Nebraska (NE), Nevada (NV), New York (NY), Ohio (OH), Oklahoma (OK), Oregon (OR), Pennsylvania (PA), Rhode Island (RI), South Carolina (SC), Tennessee (TN), Utah (UT), Vermont (VT), Virginia (VA), Wisconsin (WI), and Wyoming (WY).

What is the NCI In-Person Survey?

The NCI Adult In-Person Survey is a face-to-face meeting conducted with a person who is receiving services from the state; it is used to gather data on approximately 60 consumer outcomes, and it is regularly refined and tested to ensure that it is valid and reliable. Surveyors meet with individuals to ask questions about where they live and work, the kinds of choices they make, the activities they participate in within their communities, their relationships with friends and family, and their health and well-being.

Information contained in this report come from three distinct survey sections:

1. **Background Information.** This section consists of questions about demographics, residence, health, employment status, and services and supports. Data is generally collected from state records, case managers, or a combination of both.
2. **Section I.** This section attempts to determine the individual's level of satisfaction and opinions. It may only be completed through a direct meeting with the individual.
3. **Section II.** This section contains questions that are answered by a direct meeting with the individual when possible. If the person is unable to respond, a proxy who knows the person well may be used. Case managers or service coordinators are not allowed to respond to these questions on the individual's behalf.

What topics are covered by the survey?

The National Core Indicators are organized by “domains” or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates the concerns being measured. Each sub-domain includes one or more “indicators” of how the state performs in this area. The tables on the following page lists the domains, sub-domains, and concern statements addressed by the NCI Adult In-Person Survey indicators.

Individual Outcomes Domain

Sub-domain	Concern Statement
Work	People have support to find and maintain community integrated employment.
Community Inclusion, Participation and Leisure	People have support to participate in everyday community activities.
Choice and Decision-Making	People make choices about their lives and are actively engaged in planning their services and supports.
Self Determination	People have authority and are supported to direct and manage their own services.
Relationships	People have friends and relationships.
Satisfaction	People are satisfied with the services and supports they receive.

Health Welfare and Rights Domain

Sub-domain	Concern Statement
Safety	People are safe from abuse, neglect, and injury.
Health	People secure needed health services.
Medications	Medications are managed effectively and appropriately.
Wellness	People are supported to maintain healthy habits.
Respect/Rights	People receive the same respect and protections as others in the community.

System Performance Domain

Sub-domain	Concern Statement
Service Coordination	Service coordinators are accessible, responsive, and support the person's participation in service planning.
Access	Publicly funded services are readily available to individuals who need and qualify for them.

How were people selected to participate?

In California, based on the total number of adults (age 18 and over) who are receiving DDS services, it was determined that a target number of 400 surveys per regional center would provide a valid sample for this analysis.⁴ People who were presently living in a developmental center were not part of the sample. An additional group of people who had moved from developmental centers to the community in the past five years was selected so that their results could be looked at separately.⁵ Overall, the total number of surveys completed across the State of California was 8,280.

All states that comprise the NCI Average were instructed to attempt to complete a minimum of 400 surveys with a random sample of individuals age 18 or older who are receiving at least one publicly funded service besides case management. A sample size of 400 allows valid comparisons to be made across states with a 95% confidence level and a +/- 5% margin of error. States that do not complete a sample that reaches the 95% confidence level and 5% margin of error (based on the size of the total sample frame) are not included in NCI reporting. Both the confidence level (95%) and margin of error (5%) used are widely accepted for reviewing results, regardless of population size. Most states draw a sample greater than 400 to account for refusals and inaccurate contact information.

For more information on sampling, please see Appendix C of Part II of the NCI National In-Person Survey Outcomes Final Report, accessible at https://www.nationalcoreindicators.org/upload/core-indicators/17-18_IPS_National_Report_PART_II.pdf.

Proxy Respondents

Proxy responses are allowed only for Section II (Community Inclusion, Choices, selected Respect/Rights items, and Access to Needed Services), which is based on objective measures. Proxy respondents are used only when the individual receiving services cannot complete the survey or chooses to have a proxy respondent. Only people who know the individual well – such as family, friends, or staff – are acceptable respondents. To avoid conflict of interest, service coordinators are not allowed to provide proxy responses for individuals on their caseloads.

⁴ A randomly selected group of 400 people meets the accepted standard for a representative sample with a +/-5% margin of error and a 95% confidence level. For additional details on sampling and administration methods, please see the California Statewide Adult In-Person Survey Report FY 17/18.

⁵ A supplemental Movers report will be produced by UC Davis and made available on the DDS website.

Data Analysis

All individuals selected in the survey sample are given an opportunity to participate in a face-to-face meeting. There are no prescreening procedures. Exclusion of responses occurs at the time of data analysis by HSRI, based on the criteria described below. There is no threshold number of answers to be given for a survey to be considered complete.

Surveys are excluded from analysis of questions occurring in Section I if:

1. The surveyor indicated that the individual receiving supports did not respond validly to questions in Section I.
2. All questions in Section I were missing or marked n/a or Don't Know.

Surveys are excluded from analysis of questions occurring in Section II if:

1. The individual receiving supports was marked as the respondent to all questions in Section II but Section I was deemed invalid (for one of the reasons above).
2. No questions were answered in Section II. Individual questions left blank or marked 'not applicable' are not included in analysis. For outcome data 'don't know' responses were excluded from analysis.

For all items shown, regional centers receive an 'n/a' designation in table presentations for a survey item if fewer than 20 people responded; however, their data are included in the CA Average.

Weighting

Prior to 2016-17, the NCI average was calculated as the simple arithmetic mean of all state means (an approach known as "average of averages"). Beginning last year, the approach was enhanced to take into account the relative numbers of people receiving services through participating states' systems. **The NCI averages contained in this report are "weighted" means.** Applying statistical weights allows a state that provides services to a larger number of people (but is represented in the data by a sample of the same size as other states) to have a higher influence on the overall NCI average—that is, the state's contribution to

the NCI average is proportional to its service population. The weights used in calculations for this report were developed using each participating state's number of survey respondents and its total survey-eligible population.⁶

When a state's sampling strategy is to identify and interview survey participants using simple random sampling or proportional stratified random sampling, each completed survey in the state gets assigned the same weight. In some cases, when a state's sampling strategy departs markedly from simple random or proportional, it may be necessary for completed surveys in the state to be assigned different weights based on which sampling strata they correspond to. For example, if a state intentionally oversampled one or more of its sub-populations or geographical regions to be disproportionately represented in the survey sample, it may be necessary to develop and apply different weights for surveys completed in those sub-populations or regions. **The CA Average is weighted** because the state intentionally sampled by regional center. The procedure for calculating weights is similar but uses the number of completed surveys and service population sizes in each regional center separately.⁷

Limitations of Data

The NCI Adult In-Person Survey tool is not intended to be used for monitoring individuals or providers; instead, it assesses system-wide performance. The NCI Average should not be interpreted as necessarily defining "acceptable" levels of performance or satisfaction. Instead, it describes average levels of performance or satisfaction across the states. It is up to public managers, policy-makers, and other stakeholders to decide what is an acceptable or unacceptable result (i.e., scale score or percentage of individuals achieving the indicated outcome).

IMPORTANT NOTE ON ANALYSIS. In examining the results that comprise the NCI Average, we found questions for which 25% or more of an individual state's sample were marked "don't know" or were missing data. NCI averages that include data from states with 25% or more "don't know" or missing data are noted throughout the report.

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, for a specific state, are the data missing across the board for those in a specific waiver? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of "missing" or "don't know" responses.

⁶ For more information on weighting, see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

⁷ For more information on weighting, see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Also critical to note is that differences by state in requirements for eligibility for DD services may also be reflected in differences in the NCI data.

What is contained in this report?

This report illustrates the 2017-18 NCI Adult In-Person Survey demographic and outcome regional center results compared to the California Statewide (CA) and NCI (NCI) averages. All results are shown first in charts and then in table form. For most items, the total number of respondents (N) from the regional center, state and across NCI states is displayed in charts and tables. Results from regional centers with fewer than 20 responses to a question are not displayed, however data are included in the NCI Average.

Individual break-outs by regional center can be found in the California Statewide Adult In-Person Survey Report FY 17/18.

Individual break-outs by state and national data results for this survey can be found online at https://www.nationalcoreindicators.org/upload/core-indicators/17-18_IPS_National_Report_PART_I_3_20_19.pdf

Demographics

This section presents descriptive information of individuals surveyed.

Important Note on Missing Data:

For several states included in the NCI Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI National In-person Survey Report: <https://www.nationalcoreindicators.org/resources/reports/>

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of “missing” or “don’t know” responses. Please note that the NCI average reflects the average of data that were reported to NCI and may not be reflective of the service population across the country.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Table 1. Age

	Mean	Min	Max	Standard Deviation	Median	N
VMRC	42	19	86	16	40	408
CA	41	19	92	16	39	8,279
NCI	42	18	95	16	39	25,562

Table 2. Age Group

	18-22	23-34	35-54	55-74	75+	Unknown	N
VMRC	6%	33%	37%	23%	2%	0%	408
CA	9%	33%	34%	21%	2%	0%	8,280
NCI	9%	31%	34%	23%	2%	1%	25,671

Table 3. Gender

	Male	Female	Other	N
VMRC	58%	42%	0%	408
CA	59%	41%	0%	8,280
NCI	59%	41%	0%	25,568

Table 4. Marital Status

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
VMRC	93%	3%	4%	0%	408
CA	95%	3%	2%	0%	8,280
NCI	94%	2%	2%	2%	25,459

Table 5. Race and Ethnicity

	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White
VMRC	0%	5%	9%	0%	56%
CA	0%	7%	11%	0%	47%
NCI	1%	2%	16%	0%	67%

Table 6. Race and Ethnicity (Continued)

	Hispanic or Latino	Other	Two or More	Don't Know	N
VMRC	25%	2%	3%	0%	407
CA	31%	2%	2%	0%	8,277
NCI	10%	1%	1%	1%	25,553

Table 7. Residential Designation

Information based on residential designation defined by the USDA: <http://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Metropolitan	Micropolitan	Rural	Small Town	N
VMRC	91%	4%	2%	3%	408
CA	95%	4%	1%	0%	8,252
NCI	80%	12%	6%	3%	24,168

Table 8. Type of Residence – ICFs, Skilled Nursing Facilities or Other Specialized Institutional Settings ⁸

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	ICF, 4-6 Residents With Disabilities	ICF, 7-15 Residents With Disabilities	ICF, 16 or More Residents With Disabilities	SNF	Other Specialized Institutional Facility	N
VMRC	4%	0%	0%	1%	1%	408
CA	7%	0%	1%	1%	0%	8,279
NCI	2%	1%	1%	0%	0%	25,488

Table 9. Type of Residence – CCF ⁹

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	CCF, 2-3 People With Disabilities	CCF, 4-6 People With Disabilities	CCF, 7-15 People With Disabilities	N
VMRC	1%	20%	7%	408
CA	1%	24%	2%	8,279
NCI	8%	18%	5%	25,488

Table 10. Type of Residence – Other Home Settings ¹⁰

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Own Home or Apartment (ILS/SLS)	Parent or Relative's Home	FHA, 2 or More People With a Disability	FHA, 1 Person With a Disability	Homeless	Other	Don't Know	N
VMRC	18%	45%	1%	0%	n/a	1%	0%	408
CA	17%	45%	1%	0%	n/a	1%	0%	8,279
NCI	18%	39%	3%	2%	0%	1%	1%	25,488

⁸ Intermediate Care Facility (ICF) corresponds to NCI ICF/IID categories; Skilled Nursing Facility (SNF) corresponds to NCI nursing homes category

⁹ Community Care Facility (CCF) corresponds to NCI group home settings

¹⁰ Family Home Agency (FHA) corresponds to NCI foster care or host home category

Table 11. Length of Time at Current Residence

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Less Than 1 Year	1-3 Years	3-5 Years	Over 5 Years	Don't Know	N
VMRC	13%	15%	12%	59%	0%	408
CA	8%	16%	10%	66%	0%	8,274
NCI	9%	18%	8%	60%	4%	25,303

Table 12. Residence is Owned or Controlled by Provider Agency

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Yes	No	Don't Know	N
VMRC	28%	71%	1%	376
CA	31%	68%	1%	7,788
NCI	36%	58%	5%	24,901

Table 13. Person is Named on the Lease

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Named on Lease or Deed	Named on Other Legally Enforceable Rental Agreement	No	Don't Know	N
VMRC	18%	7%	71%	4%	301
CA	17%	2%	79%	2%	6,697
NCI	18%	4%	68%	10%	22,404

Table 14. Person Owns Home

NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Yes	No	Don't Know	N
VMRC	3%	97%	0%	407
CA	2%	98%	0%	8,267
NCI	2%	96%	2%	23,992

Table 15. Has ID Diagnosis

	Yes	No	Don't Know	N
VMRC	87%	13%	0%	408
CA	85%	14%	0%	8,280
NCI	90%	9%	1%	25,465

Table 16. Level of ID (If the Person Has an ID Diagnosis)

	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
VMRC	49%	27%	16%	6%	2%	0%	354
CA	47%	25%	14%	9%	4%	1%	7,072
NCI	41%	29%	13%	8%	7%	1%	22,674

Table 17. Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness

Categories are not mutually exclusive and N may differ by category; therefore, N is not shown; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
VMRC [~]	29%	32%	30%	10%	7%
CA [~]	27%	30%	29%	10%	4%
NCI	30%	27%	28%	11%	12%

Table 18. Other Disabilities

Categories are not mutually exclusive and N may differ by category; therefore, N is not shown; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency	Down Syndrome
VMRC [~]	13%	21%	8%	28%	12%	0%
CA [~]	18%	19%	6%	26%	2%	0%
NCI	20%	15%	5%	26%	2%	0%

[~] CA collected other diagnoses and other health conditions data in the field; reported “Other Mental Illness or Psychiatric Diagnosis” as “Other Disabilities, Not Listed”

Table 19. Other Disabilities (Continued)

Categories are not mutually exclusive and N may differ by category; therefore, N is not shown; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Prader-Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities, Not Listed	No Other Disabilities
VMRC [~]	10%	3%	2%	10%	6%	12%
CA [~]	9%	1%	1%	10%	7%	10%
NCI	9%	1%	1%	10%	6%	17%

Table 20. Health Conditions

Categories are not mutually exclusive and N may differ by category; therefore, N is not shown; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
VMRC [~]	11%	8%	2%	23%	21%
CA [~]	6%	10%	2%	19%	17%
NCI	7%	11%	2%	20%	18%

Table 21. Health Conditions (Continued)

Categories are not mutually exclusive and N may differ by category; therefore, N is not shown; NCI Average includes data from states that had at least 25% “don’t knows” and missing data

	Dysphagia	Pressure Ulcers	Alzheimer's	Oral Health or Dental Problems	Sleep Apnea	Other Health Conditions
VMRC [~]	13%	4%	1%	15%	10%	34%
CA [~]	8%	1%	2%	9%	7%	24%
NCI	7%	2%	3%	6%	6%	35%

[~] CA collected other diagnoses and other health conditions data in the field; reported “Other Mental Illness or Psychiatric Diagnosis” as “Other Disabilities, Not Listed”

Table 22. Preferred Means of Communication

	Spoken	Gestures	Sign Language	Communication Device	Other	Don't Know	N
VMRC	75%	21%	0%	0%	3%	0%	408
CA	72%	26%	1%	0%	1%	0%	8,280
NCI	78%	17%	1%	1%	2%	0%	25,455

Table 23. Preferred Language *

	English	Spanish	Mandarin	Tagalog	Vietnamese	Korean	Arabic	N
VMRC	86%	12%	0%	0%	0%	0%	0%	408
CA	82%	15%	0%	1%	1%	0%	0%	8,280
NCI	94%	n/a	n/a	n/a	n/a	n/a	n/a	25,357

Table 24. Preferred Language (Continued) *

	Armenian	Farsi	Hmong	Khmer	Laos	Russian	ASL	Other	N
VMRC	0%	0%	0%	0%	0%	0%	0%	1%	408
CA	1%	0%	0%	0%	0%	0%	0%	1%	8,280
NCI	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6%	25,357

* The standard IPS tool used in states other than CA only includes “English” and “Other” categories

Table 25. Mobility

	Moves Self Without Aids	Moves Self With Aids or Uses Wheelchair Independently	Non-Ambulatory	Don't Know	N
VMRC	75%	15%	10%	0%	408
CA	77%	12%	11%	0%	8,279
NCI	77%	13%	9%	0%	25,471

Table 26. Behavioral Support Needs

		None	Some	Extensive	Don't Know	N
Support Needed to Manage Self-Injurious Behavior	VMRC	82%	16%	1%	0%	408
	CA	80%	16%	3%	0%	8,280
	NCI	78%	16%	5%	1%	25,399
Support Needed to Manage Disruptive Behavior*	VMRC	57%	32%	11%	0%	408
	CA	55%	31%	14%	0%	8,280
	NCI*	61%	28%	9%	1%	25,414
Support Needed to Manage Destructive Behavior*	VMRC	75%	21%	3%	0%	408
	CA	72%	22%	6%	0%	8,280
	NCI*	73%	20%	5%	2%	25,365

*NCI Average includes data from states that had at least 25% “don’t knows” and missing data

Table 27. Level of Guardian/Conservatorship

	None	Limited Guardian/Conservatorship	Full Guardian/Conservator	Has Guardian/Conservator, but Unable to Distinguish Level	Don't Know	N
VMRC	85%	15%	n/a	n/a	0%	408
CA	79%	21%	n/a	n/a	0%	8,275
NCI	54%	9%	28%	6%	2%	25,499

Table 28. Guardian/Conservator's Relationship to Person

NCI Average includes data from states that had at least 25% "don't knows" and missing data

	Family	Friend	Public Guardian/Conservator or Public Administrator	Financial Institution	Non-profit Guardian/Conservatorship Agency	For-profit Guardian/Conservatorship Agency	Other	Don't Know	N
VMRC	95%	0%	2%	0%	0%	0%	0%	3%	60
CA	88%	2%	4%	0%	1%	0%	1%	4%	1,692
NCI	72%	3%	10%	0%	2%	0%	1%	12%	10,617

Choice and Decision-Making

People make choices about their lives and are actively engaged in planning their services and supports.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Choice and Decision-Making

Chart 1. Chose or had input in choosing where they live (if not living in the family home; proxy respondents were allowed for this question)

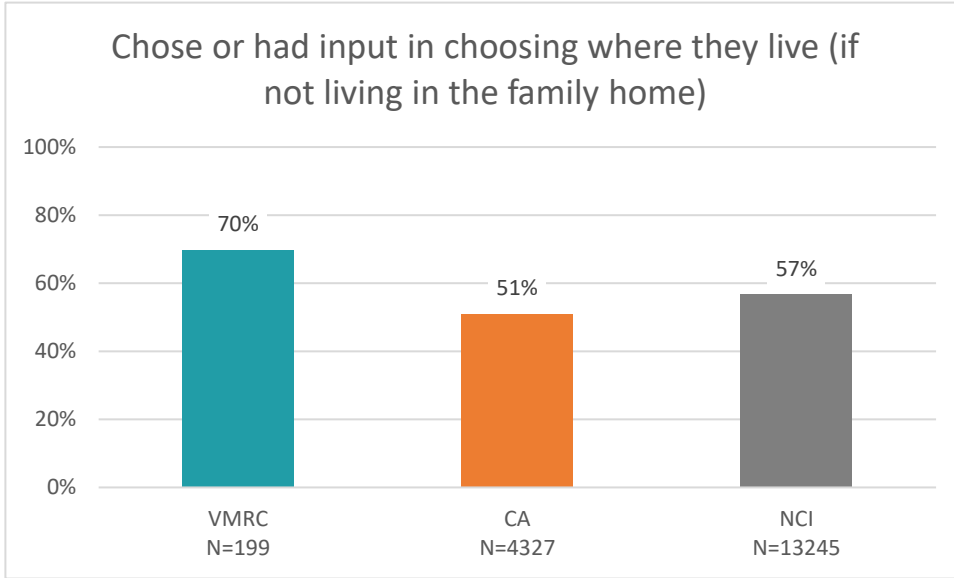


Chart 2. Chose or had input in choosing their housemates or chose to live alone (if not living in the family home; proxy respondents were allowed for this question)

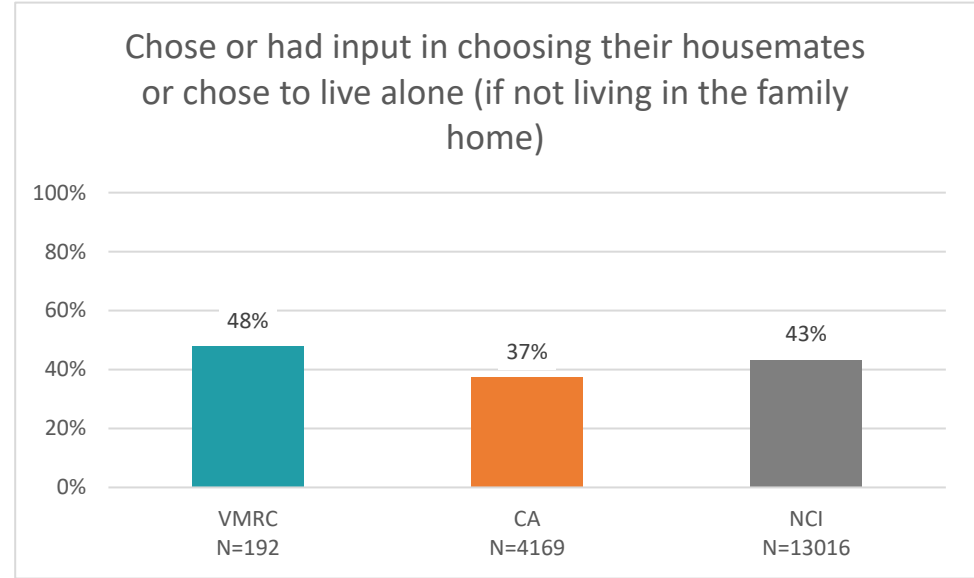


Chart 3. Chose or had input in choosing paid community job (proxy respondents were allowed for this question)

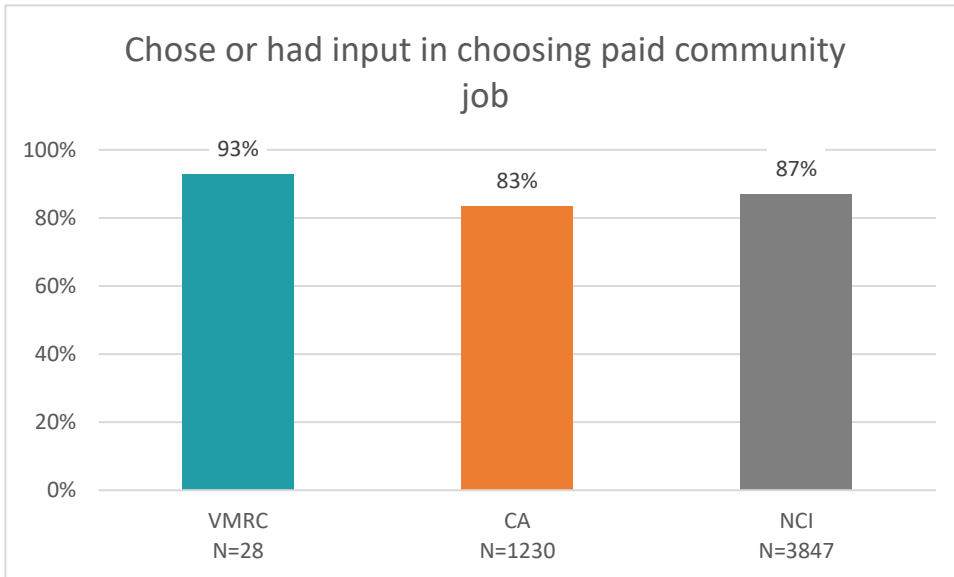
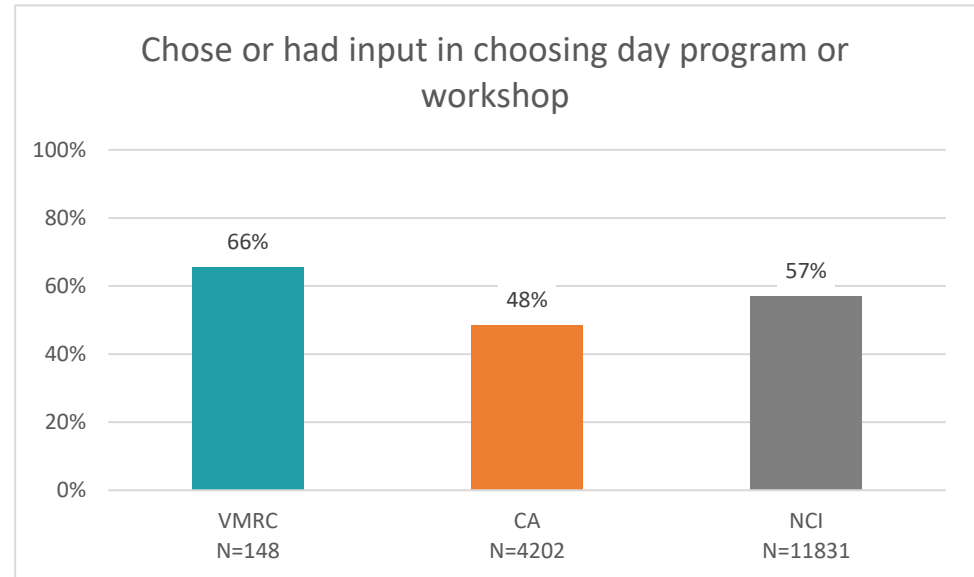
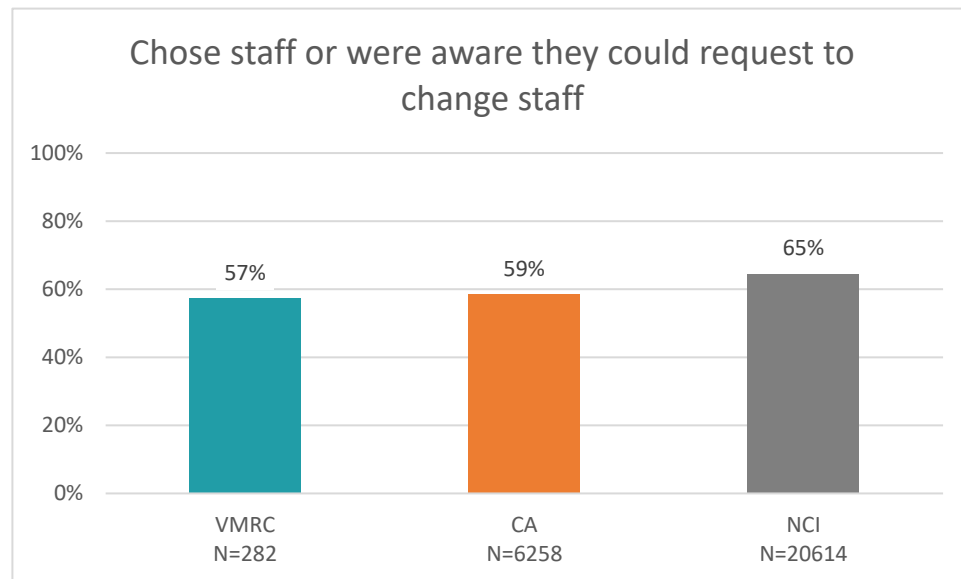


Chart 4. Chose or had input in choosing day program or workshop (proxy respondents were allowed for this question) ⁹

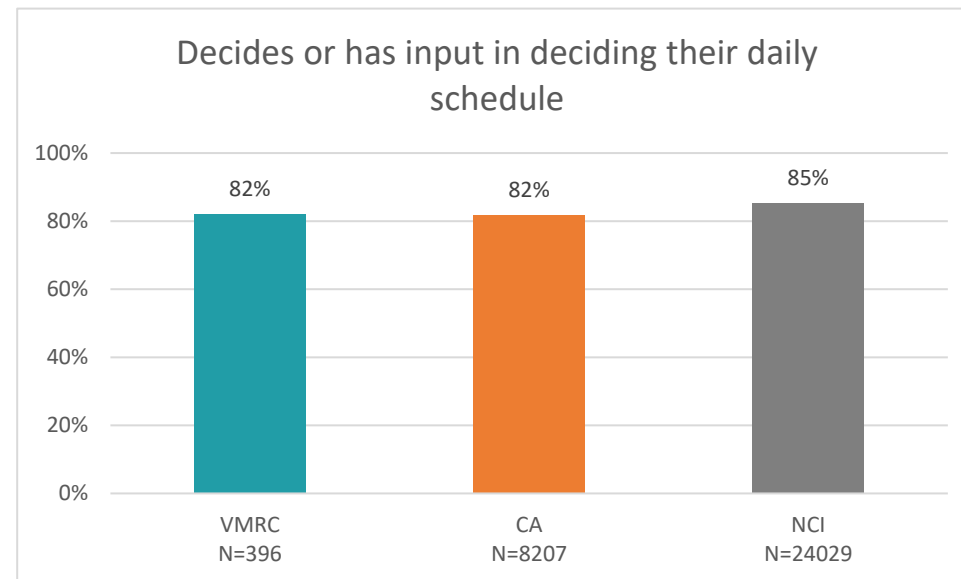


⁹ Analysis of this question changed from previous years; now based on those determined in the Background Information to attend an unpaid community activity, unpaid paid facility activity, or paid facility activity

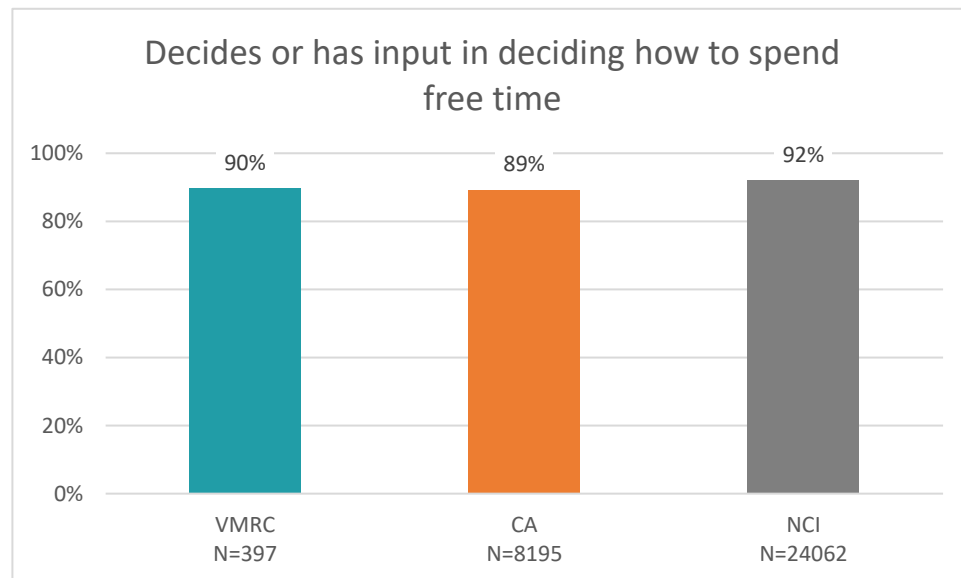
[Chart 5.](#) Chose staff or were aware they could request to change staff (proxy respondents were allowed for this question)



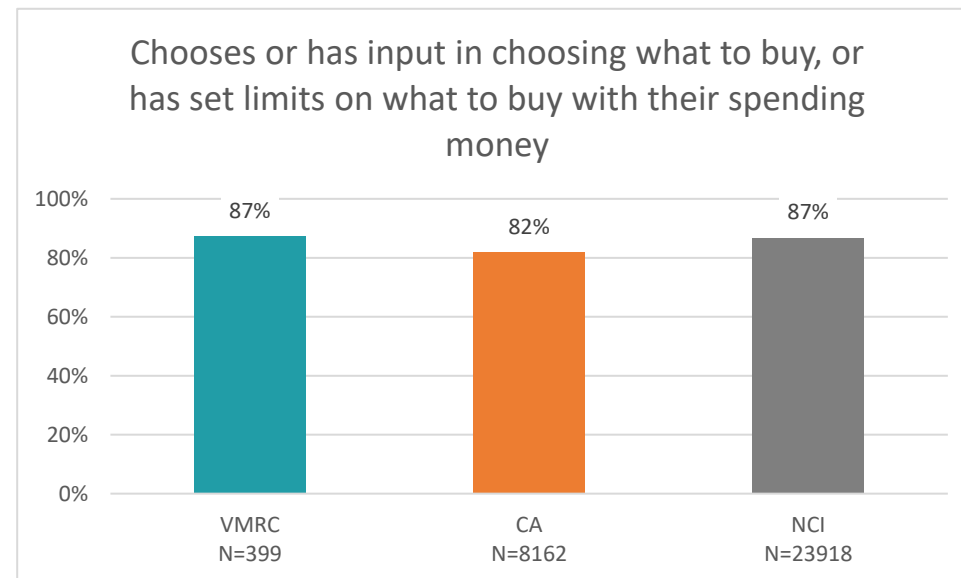
[Chart 6.](#) Decides or has input in deciding their daily schedule (proxy respondents were allowed for this question)



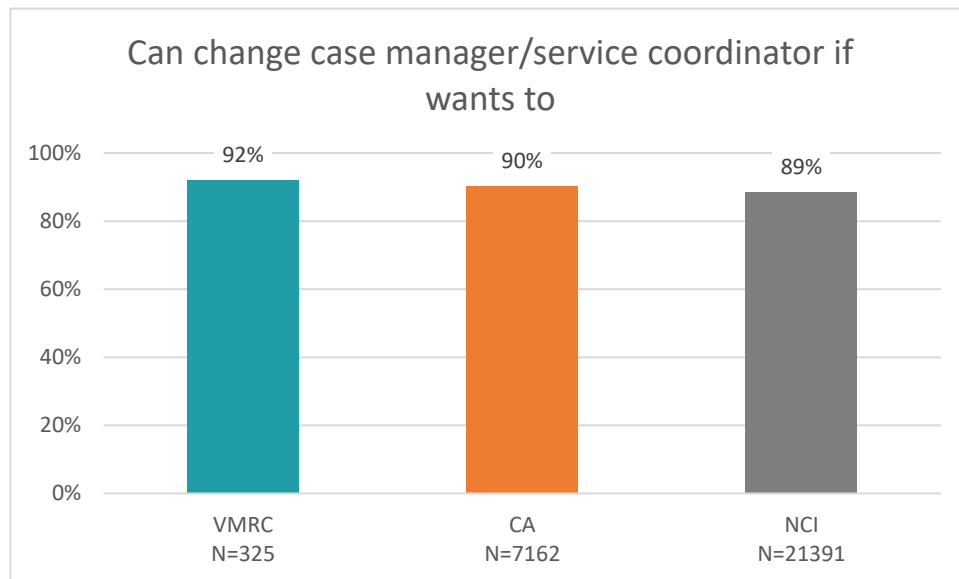
[Chart 7.](#) Decides or has input in deciding how to spend free time (proxy respondents were allowed for this question)



[Chart 8.](#) Chooses or has input in choosing what to buy, or has set limits on what to buy with their spending money (proxy respondents were allowed for this question)



[Chart 9](#). Can change case manager/service coordinator if wants to (proxy respondents were allowed for this question)



Tables for Choice and Decision-Making

Table 29. Choice and Decision-Making

		Yes	N
Chose or had input in choosing where they live <i>(if not living in the family home; proxy respondents were allowed for this question)</i>	VMRC	70%	199
	CA	51%	4,327
	NCI	57%	13,245
Chose or had input in choosing their housemates or chose to live alone <i>(if not living in the family home; proxy respondents were allowed for this question)</i>	VMRC	48%	192
	CA	37%	4,169
	NCI	43%	13,016
Chose staff or were aware they could request to change staff <i>(proxy respondents were allowed for this question)</i>	VMRC	57%	282
	CA	59%	6,258
	NCI	65%	20,614
Chose or had input in choosing day program or workshop <i>(proxy respondents were allowed for this question)^g</i>	VMRC	66%	148
	CA	48%	4,202
	NCI	57%	11,831
Chose or had input in choosing where paid community job <i>(proxy respondents were allowed for this question)</i>	VMRC	93%	28
	CA	83%	1,230
	NCI	87%	3,847
Decides or has input in deciding their daily schedule <i>(proxy respondents were allowed for this question)</i>	VMRC	82%	396
	CA	82%	8,207
	NCI	85%	24,029
Decides or has input in deciding how to spend free time <i>(proxy respondents were allowed for this question)</i>	VMRC	90%	397
	CA	89%	8,195
	NCI	92%	24,062
Chooses or had input in choosing what to buy, or has set limits on what to buy with their spending money <i>(proxy respondents were allowed for this question)</i>	VMRC	87%	399
	CA	82%	8,162
	NCI	87%	23,918
Can change case manager/service coordinator if wants to <i>(proxy respondents were allowed for this question)</i>	VMRC	92%	325
	CA	90%	7,162
	NCI	89%	21,391

^g Analysis of this question changed from previous years; now based on those determined in the Background Information to attend an unpaid community activity, unpaid paid facility activity, or paid facility activity

Work

People have support to find and maintain community integrated employment.

NCI reports on four types of community jobs:

1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports—an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in an integrated setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. *New in 2017-18:* Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

Important Note on Missing Data:

For several states included in the NCI Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI National In-person Survey Report: <https://www.nationalcoreindicators.org/resources/reports/>

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of “missing” or “don’t know” responses. Please note that the NCI average reflects the average of data that were reported to NCI and may not be reflective of the service population across the country.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Work

Chart 10. Has a paid job in the community (information may have been obtained through state records) ** ²

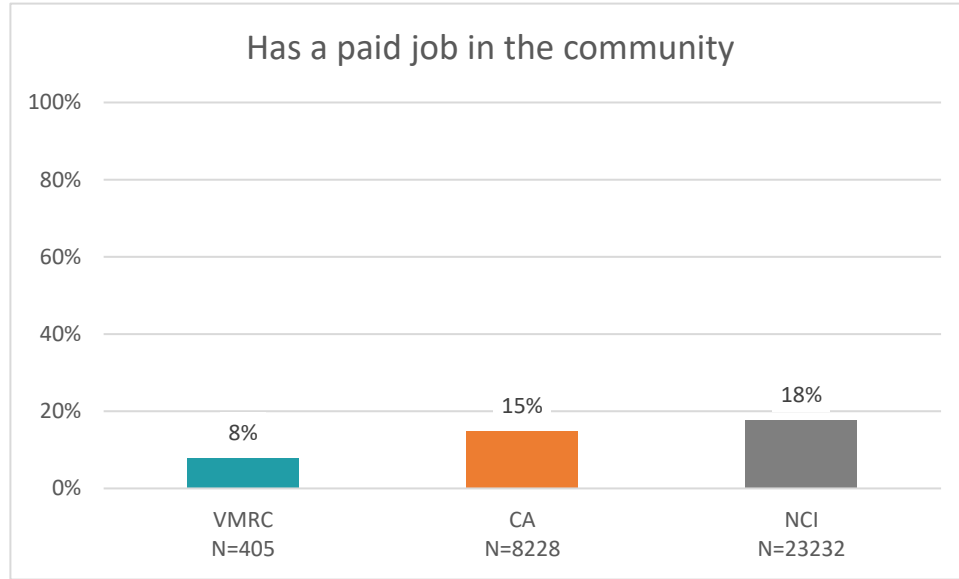


Chart 11. Type of paid community job (N's vary for each category and are shown in table 31; information may have been obtained through state records) ²

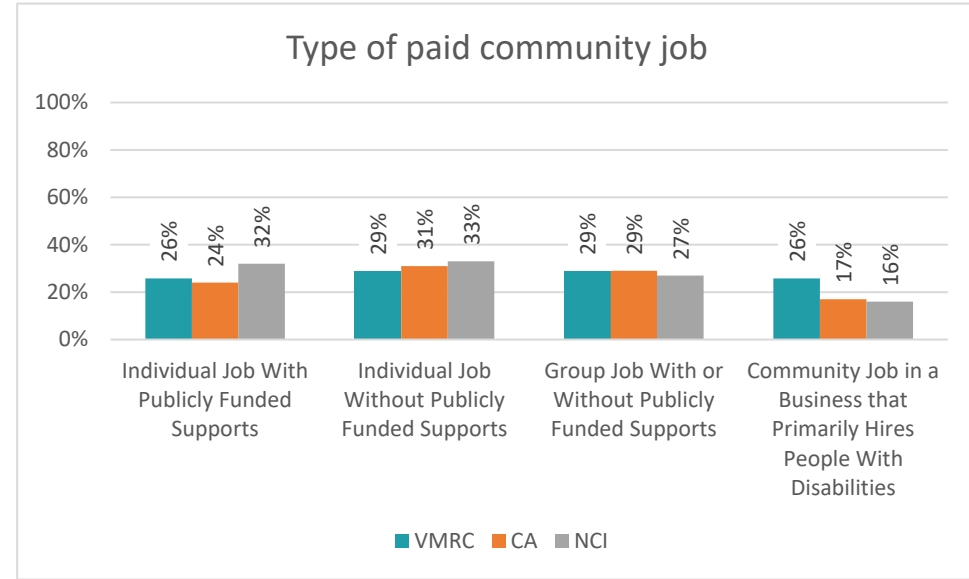


Chart 12. Average number of biweekly hours by type of community job (N's vary for each category and are shown in table 31; information may have been obtained through state records) ** ²

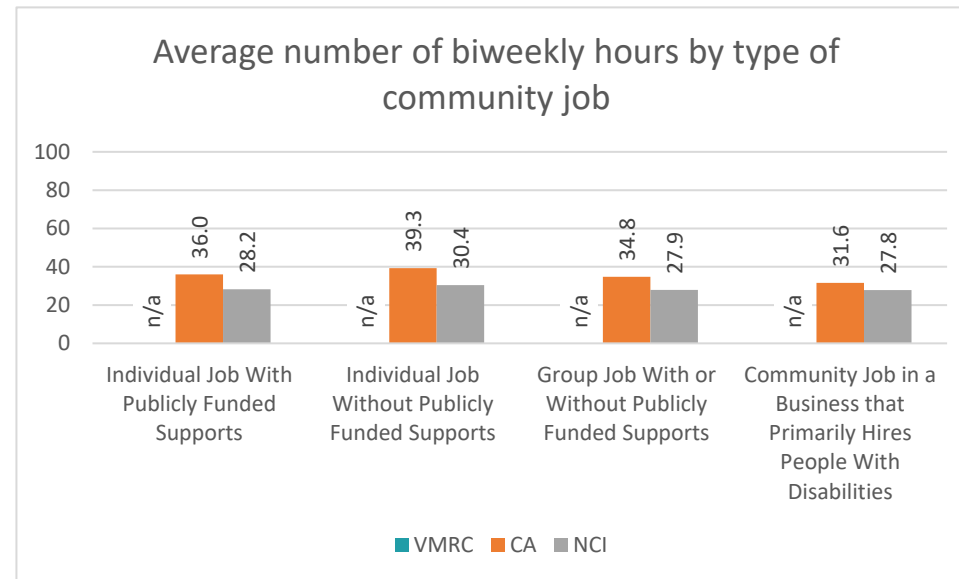
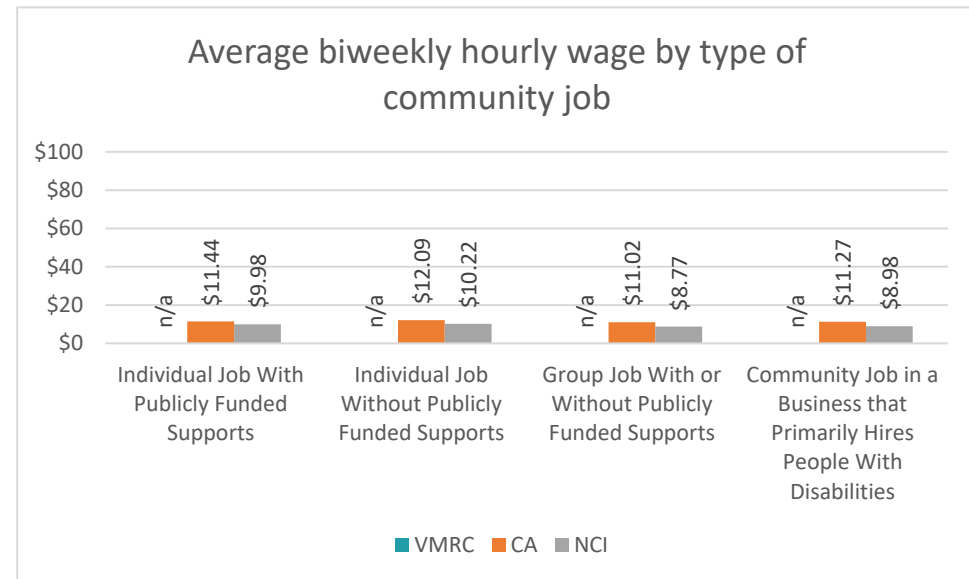


Chart 13. Average biweekly hourly wage by type of community job (N's vary for each category and are shown in table 31; information may have been obtained through state records) ** ²



** "Paid community job" includes people in community businesses that primarily hire people with disabilities. This may not adhere to standards expressed in the WIOA legislation.

² Employment categories changed in 2017-18, therefore results should not be compared to previous years

Chart 14. Length of employment in current paid community job (in months; information may have been obtained through state records) ** ∅

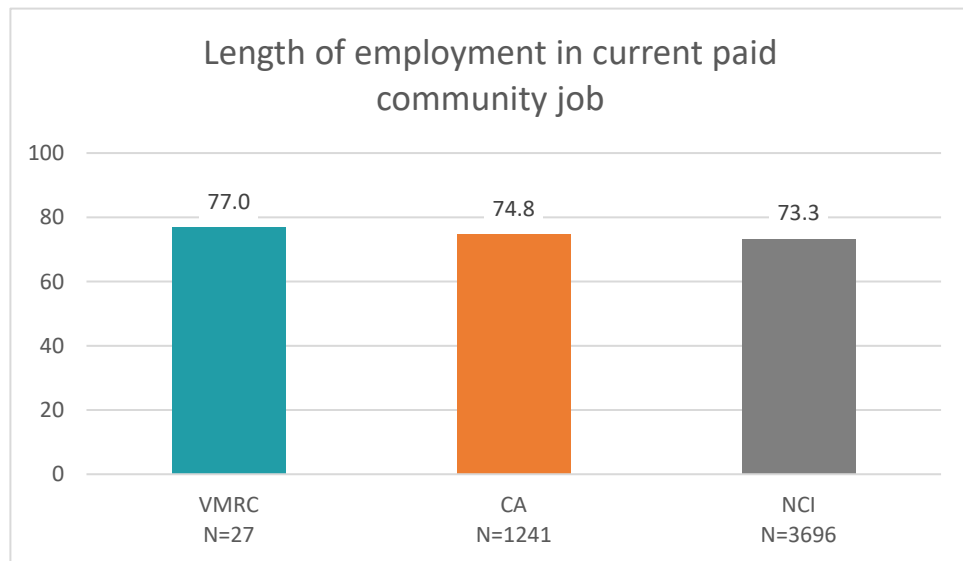


Chart 15. Receives paid time off (for example, paid vacation and/or sick time) at paid community job (information may have been obtained through state records) ** ∅

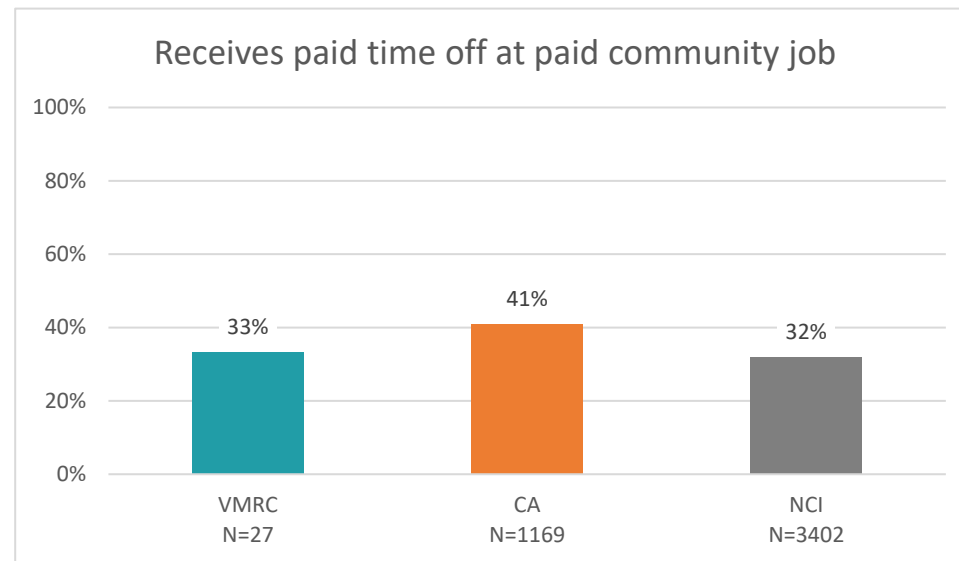


Chart 16. Four most common job industries of those with a paid community job (information may have been obtained through state records) ∅ ∞

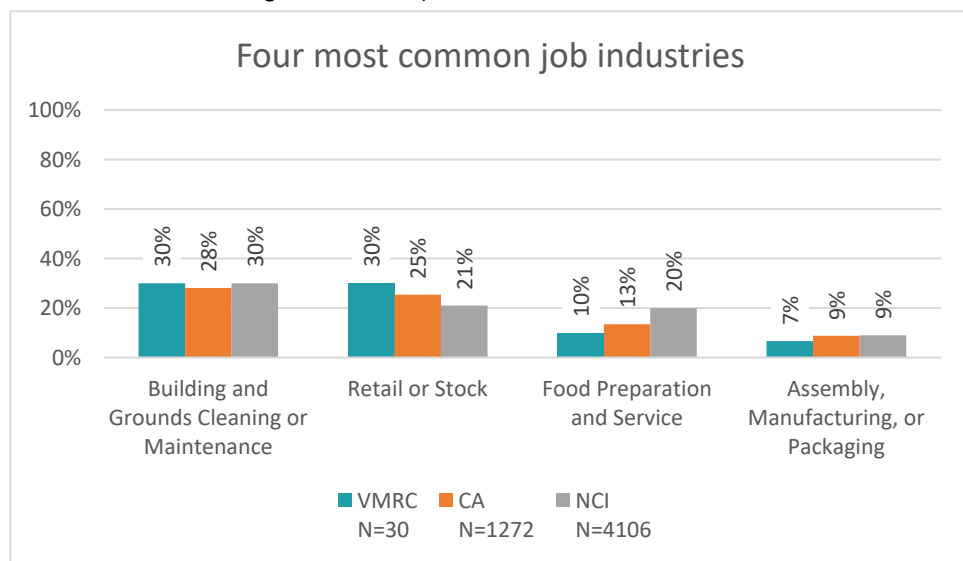
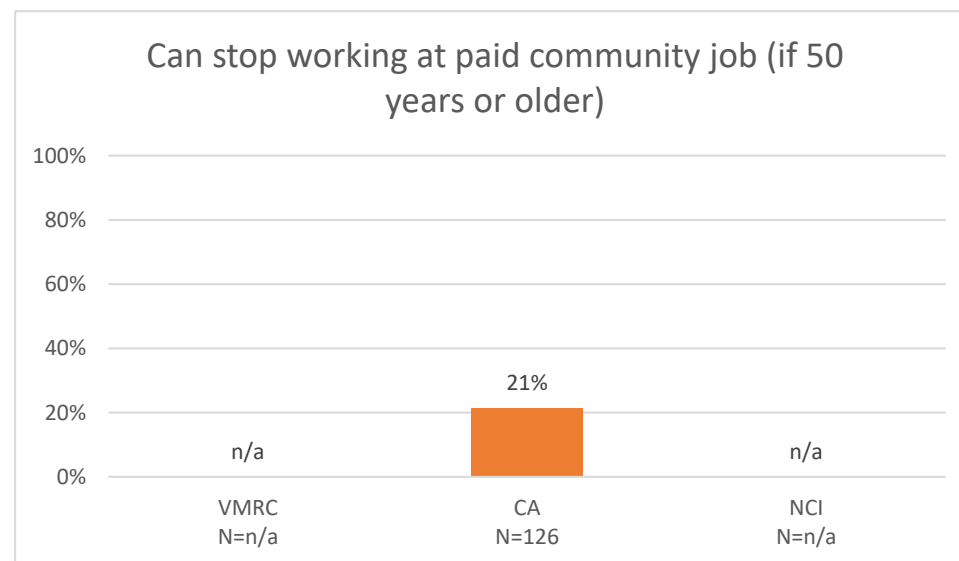


Chart 17. Has a paid community job and can stop working if wants (people 50 and older)*

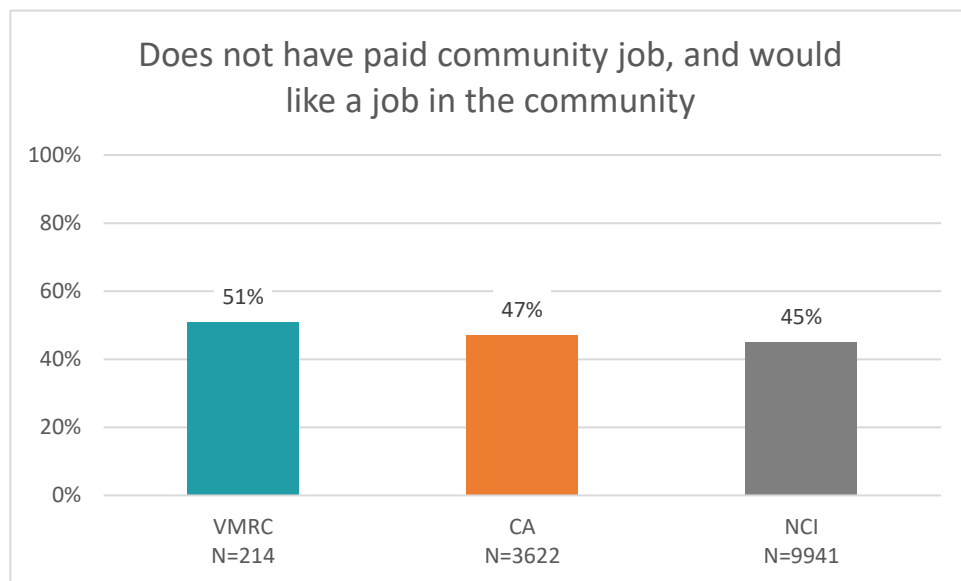
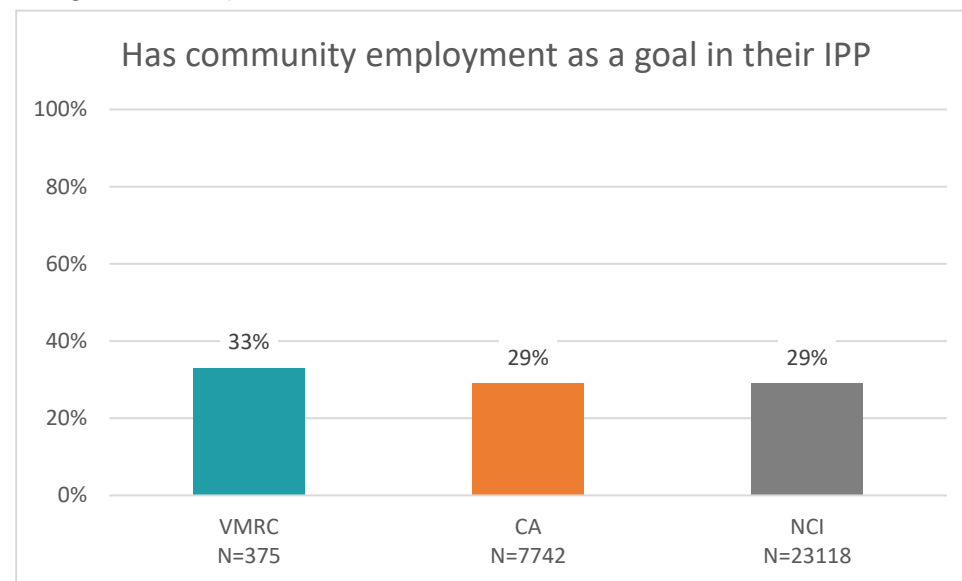
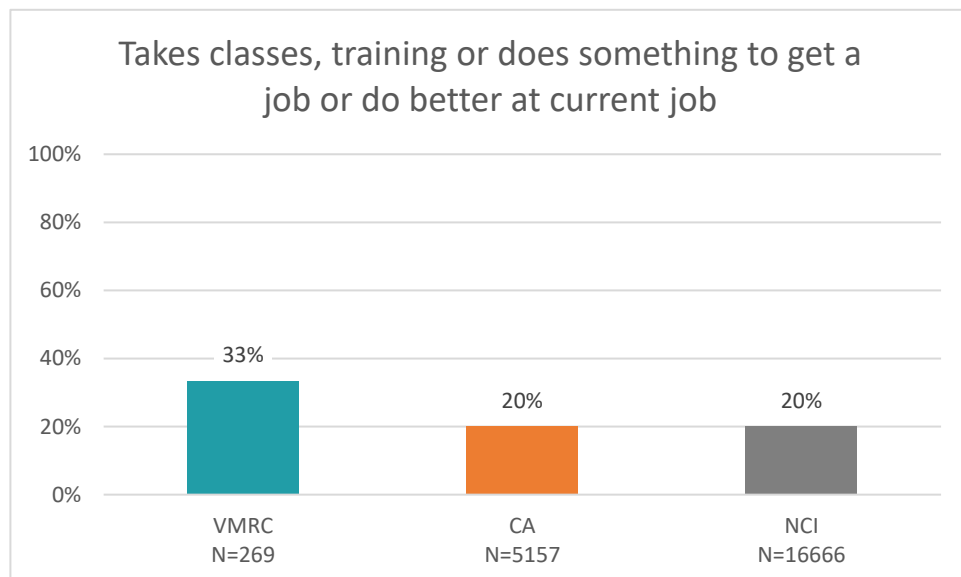
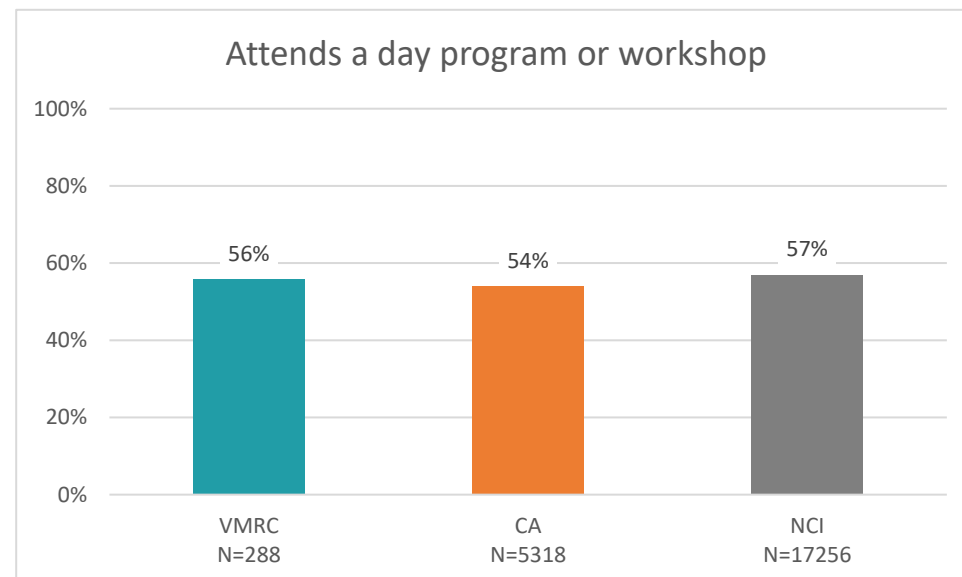


** "Paid community job" includes people in community businesses that primarily hire people with disabilities. This may not adhere to standards expressed in the WIOA legislation.

∅ Employment categories changed in 2017-18, therefore results should not be compared to previous years

∞Categories are not mutually exclusive

*California specific question

[Chart 18](#). Does not have paid community job, and would like a job in the community ⁹[Chart 19](#). Has community employment as a goal in their IPP (information may have been obtained through state records) ⁹[Chart 20](#). Takes classes, training or does something to get a job or do better at current job[Chart 21](#). Attends a day program or workshop

⁹ Employment categories changed in 2017-18, therefore results should not be compared to previous years

Chart 22. Volunteers

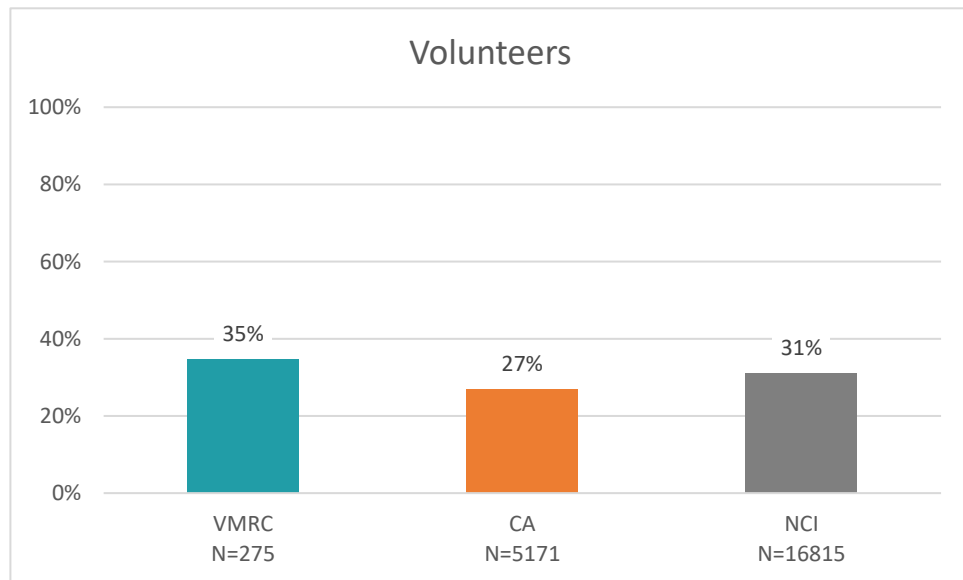
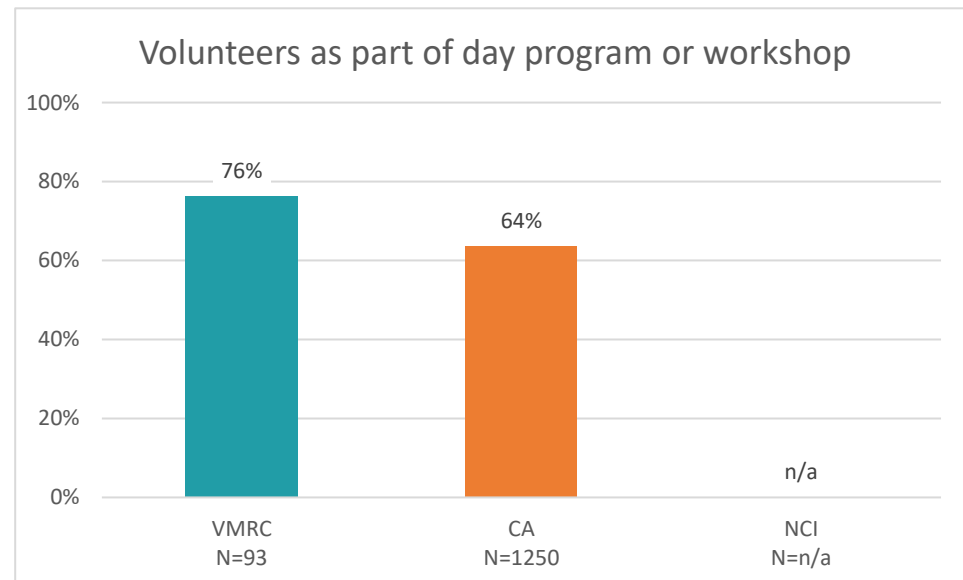


Chart 23. Volunteers as part of day program or workshop*



*California specific question

Tables for Work

Table 30. Has Paid Community Job **

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records

	Yes	N
VMRC	8%	405
CA	15%	8,228
NCI	18%	23,232

Table 31. Type of Paid Community Employment

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records

	Individual Job With Publicly Funded Supports	Individual Job Without Publicly Funded Supports	Individual Job N	Group Job With or Without Publicly Funded Supports	Group Job N	Community Job in a Business that Primarily Hires People With Disabilities	Community Job in a Business N
VMRC	26%	29%	31	29%	31	26%	31
CA	24%	31%	1,224	29%	1,282	17%	1,277
NCI	32%	33%	3,887	27%	4,150	16%	4,097

** "Paid community job" includes people in community businesses that primarily hire people with disabilities. This may not adhere to standards expressed in the WIOA legislation.

Table 32. Hours and Wages by Type of Paid Community Job

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records

		Individual Job With Publicly Funded Supports	Individual Job Without Publicly Funded Supports	Group Job With or Without Publicly Funded Supports	Community Job in a Business that Primarily Hires People With Disabilities
Average number of biweekly hours by type of community job **	VMRC	n/a	n/a	n/a	n/a
	CA	36.0	39.3	34.8	31.6
	NCI	28.2	30.4	27.9	27.8
Average biweekly hourly wage by type of community job **	VMRC	n/a	n/a	n/a	n/a
	CA	\$ 11.44	\$ 12.09	\$11.02	\$ 11.27
	NCI	\$9.98	\$ 10.22	\$8.77	\$8.98

Table 33. Length of Employment at Current Job, in Months **

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records

	Average Months	N
VMRC	77.0	27
CA	74.8	1,241
NCI*	73.3	3,696

Table 34. Receives Paid Time Off at Paid Community Job **

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records

	Yes	N
VMRC	33%	27
CA	41%	1,169
NCI*	32%	3,402

** "Paid community job" includes people in community businesses that primarily hire people with disabilities. This may not adhere to standards expressed in the WIOA legislation.

* NCI average includes data from states that had at least 25% don't know and missing

Table 35. Most Common Types of Jobs Among Those With a Paid Community Job

Employment categories changed in 2017-18, therefore results should not be compared to previous years; information may have been obtained through state records; categories are not mutually exclusive

	Building and Grounds Cleaning or Maintenance	Retail or Stock	Food Preparation and Service	Assembly, Manufacturing, or Packaging	N
VMRC	30%	30%	10%	7%	30
CA	28%	25%	13%	9%	1,272
NCI	30%	21%	20%	9%	4,106

Table 36. Employment Goals and Other Daily Activities

		Yes	N
Can stop working at paid community job (if 50 years or older)*	VMRC	n/a	n/a
	CA	21%	126
	NCI	n/a	n/a
Does not have paid community job, and would like a job in the community	VMRC	51%	214
	CA	47%	3,622
	NCI	45%	9,941
Has community employment as a goal in their IPP (<i>information may have been obtained through state records</i>)	VMRC	33%	375
	CA	29%	7,742
	NCI	29%	23,118
Takes classes, training or does something to get a job or do better at current job	VMRC	33%	269
	CA	20%	5,157
	NCI	20%	16,666
Attends a day program or workshop	VMRC	56%	288
	CA	54%	5,318
	NCI	57%	17,256
Volunteers	VMRC	35%	275
	CA	27%	5,171
	NCI	31%	16,815
Volunteers as part of day program or workshop*	VMRC	76%	93
	CA	64%	1,250
	NCI	n/a	n/a

*California specific question

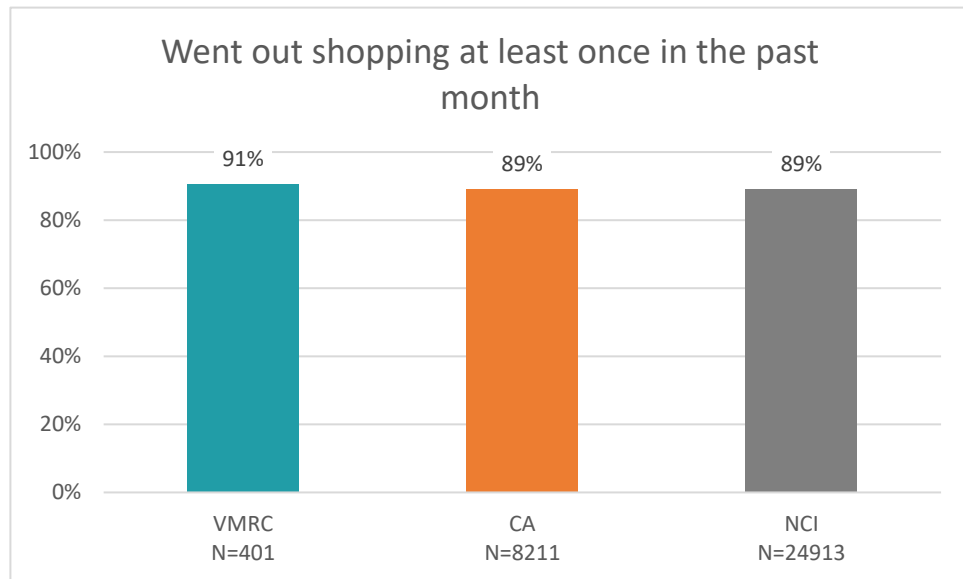
Community Inclusion, Participation and Leisure

People have support to participate in everyday community activities.

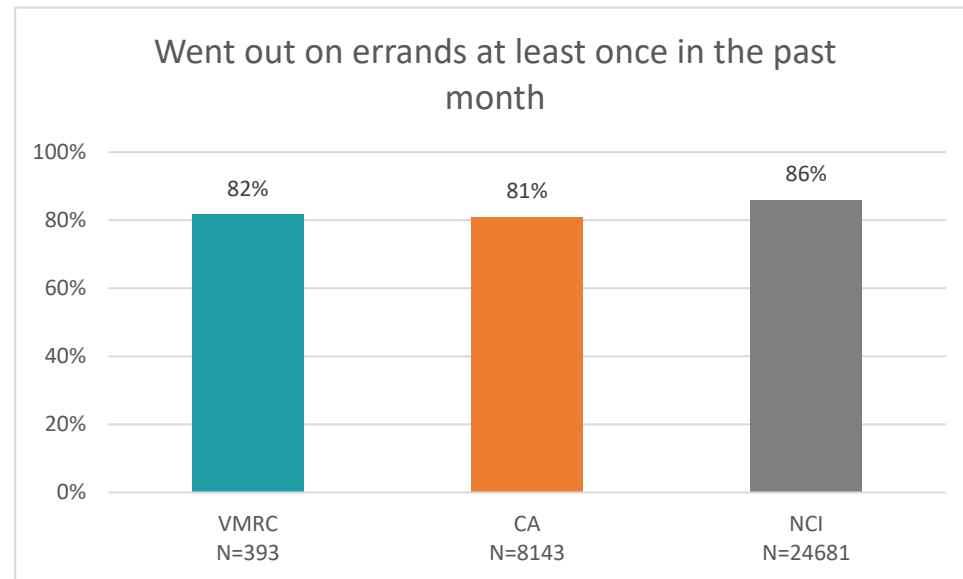
All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Community Inclusion, Participation and Leisure

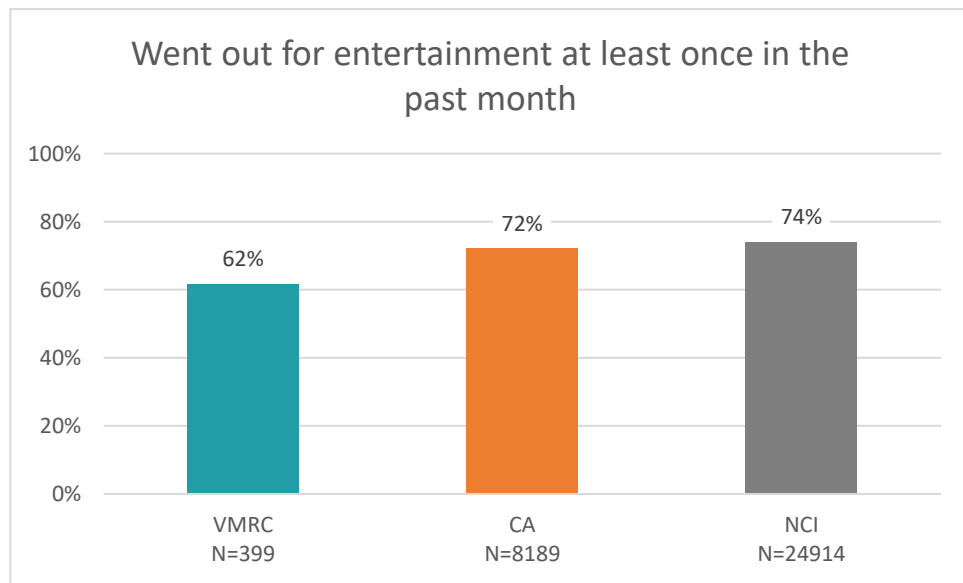
[Chart 24.](#) Went out shopping at least once in the past month (proxy respondents were allowed for this question)



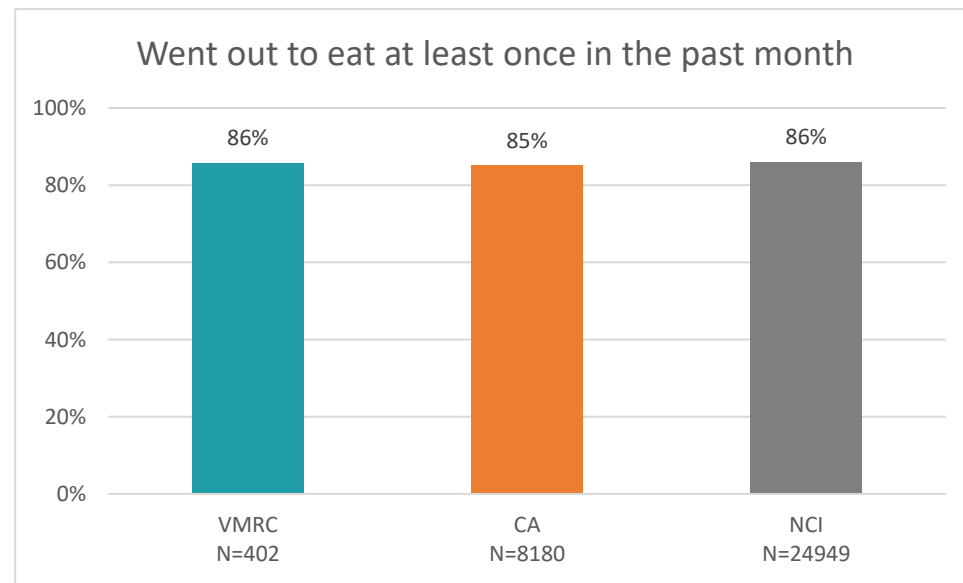
[Chart 25.](#) Went out on errands at least once in the past month (proxy respondents were allowed for this question)



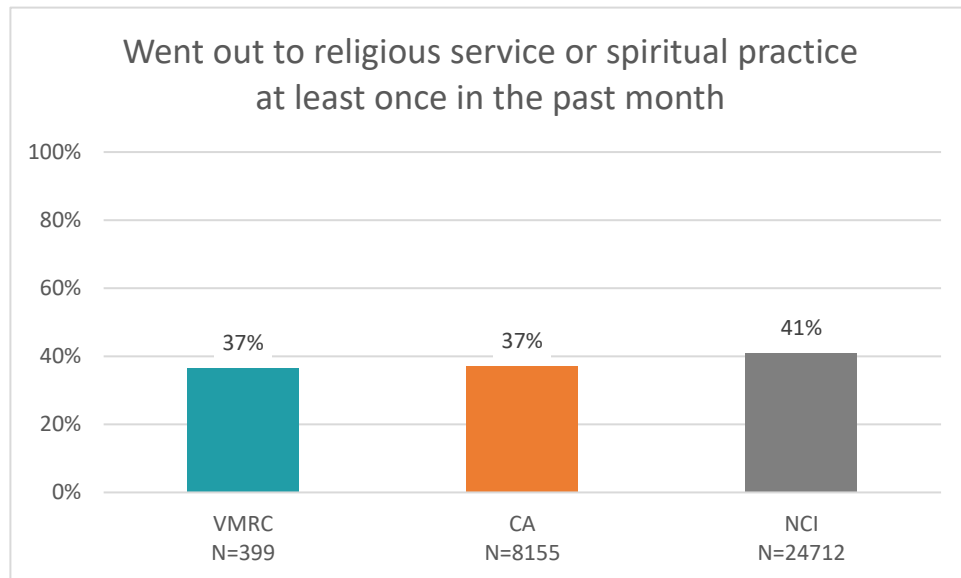
[Chart 26.](#) Went out for entertainment at least once in the past month (proxy respondents were allowed for this question)



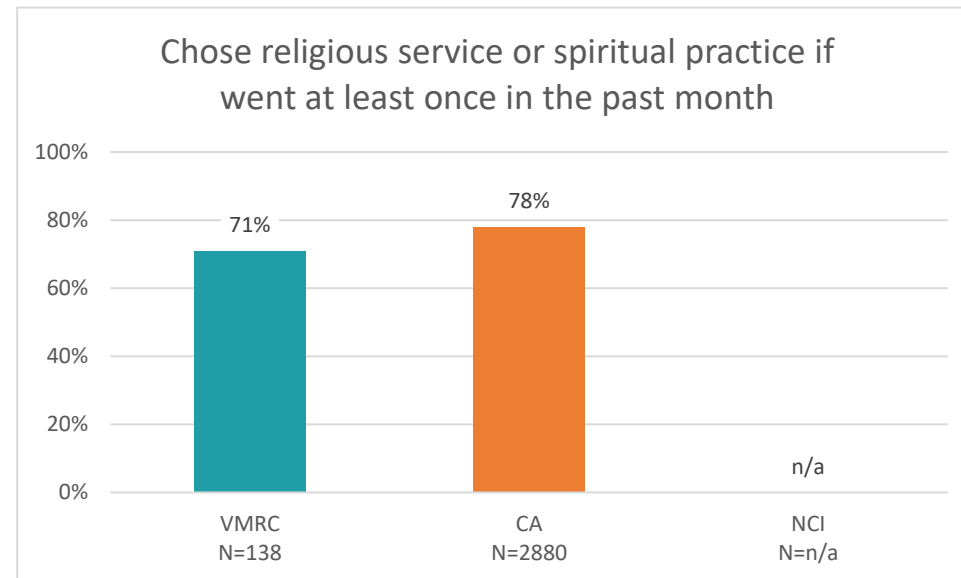
[Chart 27.](#) Went out to eat at least once in the past month (proxy respondents were allowed for this question)



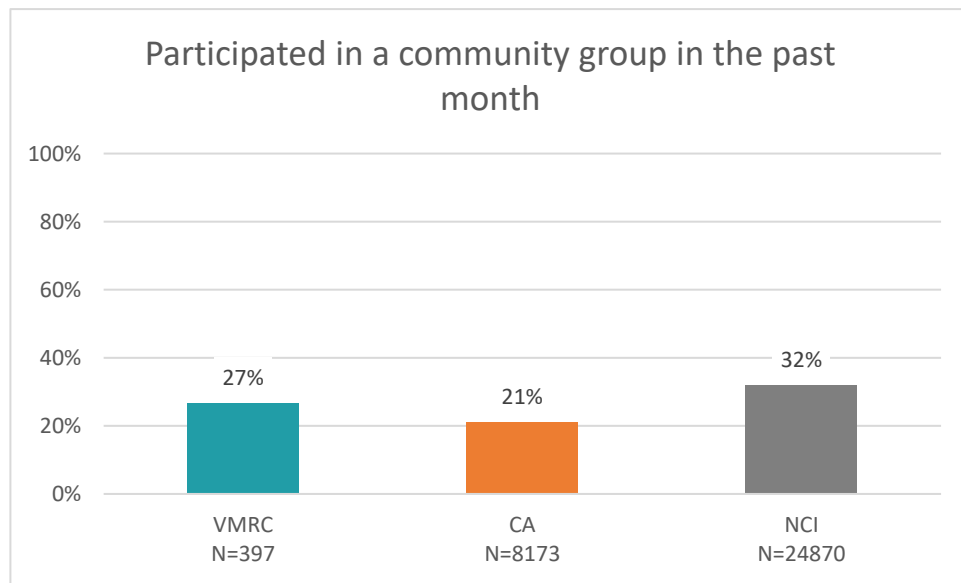
[Chart 28.](#) Went out to religious service or spiritual practice at least once in the past month (proxy respondents were allowed for this question)



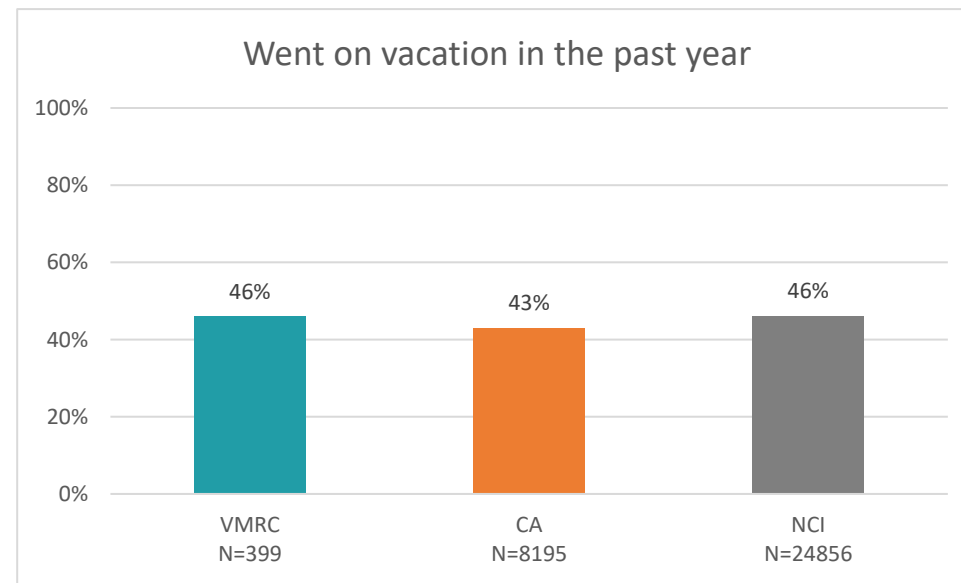
[Chart 29.](#) Chose religious service or spiritual practice if went at least once in the past month (proxy respondents were allowed for this question)*



[Chart 30.](#) Participated in a community group in the past month (proxy respondents were allowed for this question)

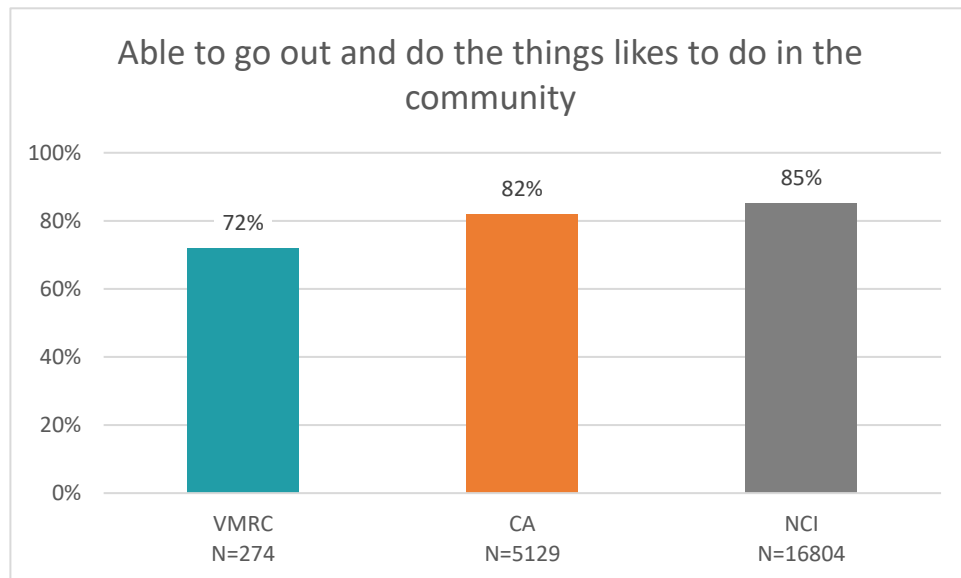


[Chart 31.](#) Went on vacation in the past year (proxy respondents were allowed for this question)

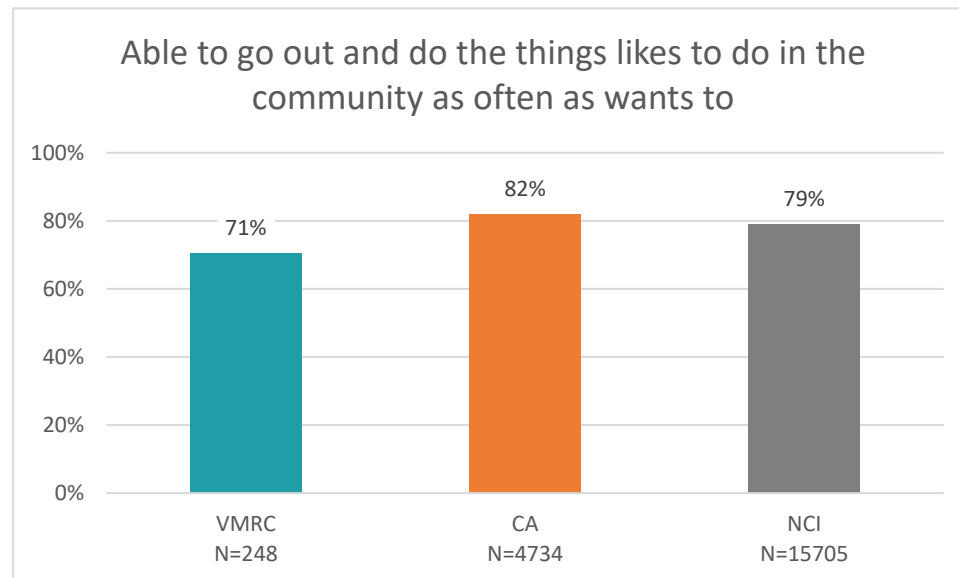


*California specific question

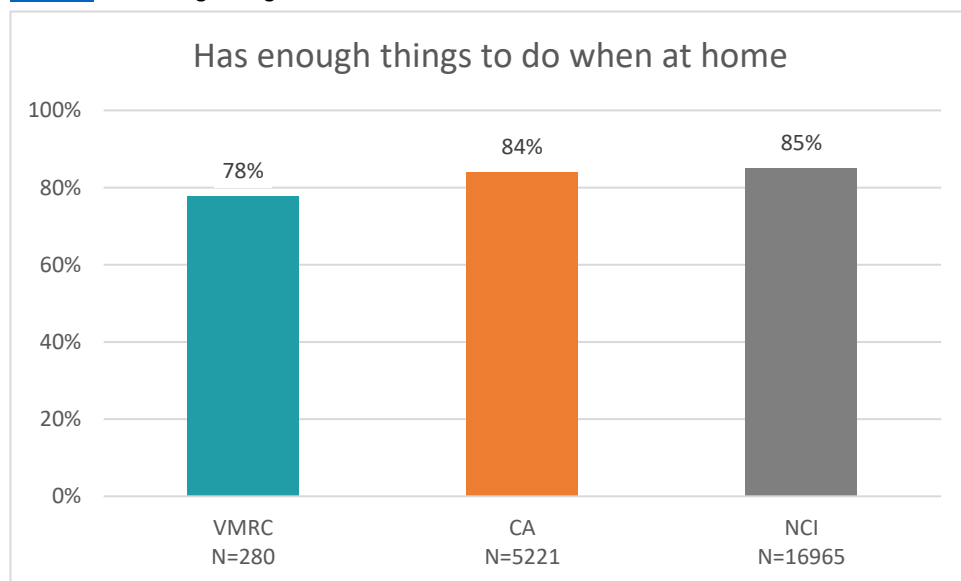
[Chart 32](#). Able to go out and do the things likes to do in the community



[Chart 33](#). Able to go out and do the things likes to do in the community as often as wants to



[Chart 34](#). Has enough things to do when at home



Tables for Community Inclusion, Participation, and Leisure

Table 37. Community Inclusion, Participation, and Leisure

		Yes	N
Went out shopping at least once in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	91%	401
	CA	89%	8,211
	NCI	89%	24,913
Went out on errands at least once in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	82%	393
	CA	81%	8,143
	NCI	86%	24,681
Went out for entertainment at least once in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	62%	399
	CA	72%	8,189
	NCI	74%	24,914
Went out to eat at least once in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	86%	402
	CA	85%	8,180
	NCI	86%	24,949
Went out to religious service or spiritual practice at least once in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	37%	399
	CA	37%	8,155
	NCI	41%	24,712
Chose religious service or spiritual practice (<i>proxy respondents were allowed for this question</i>)*	VMRC	71%	138
	CA	78%	2,880
	NCI	n/a	n/a
Participated in a community group in the past month (<i>proxy respondents were allowed for this question</i>)	VMRC	27%	397
	CA	21%	8,173
	NCI	32%	24,870
Went on vacation in the past year (<i>proxy respondents were allowed for this question</i>)	VMRC	46%	399
	CA	43%	8,195
	NCI	46%	24,856
Able to go out and do the things likes to do in the community	VMRC	72%	274
	CA	82%	5,129
	NCI	85%	16,804
Able to go out and do the things likes to do in the community as often as wants to	VMRC	71%	248
	CA	82%	4,734
	NCI	79%	15,705
Has enough things to do when at home	VMRC	78%	280
	CA	84%	5,221
	NCI	85%	16,965

*California specific question

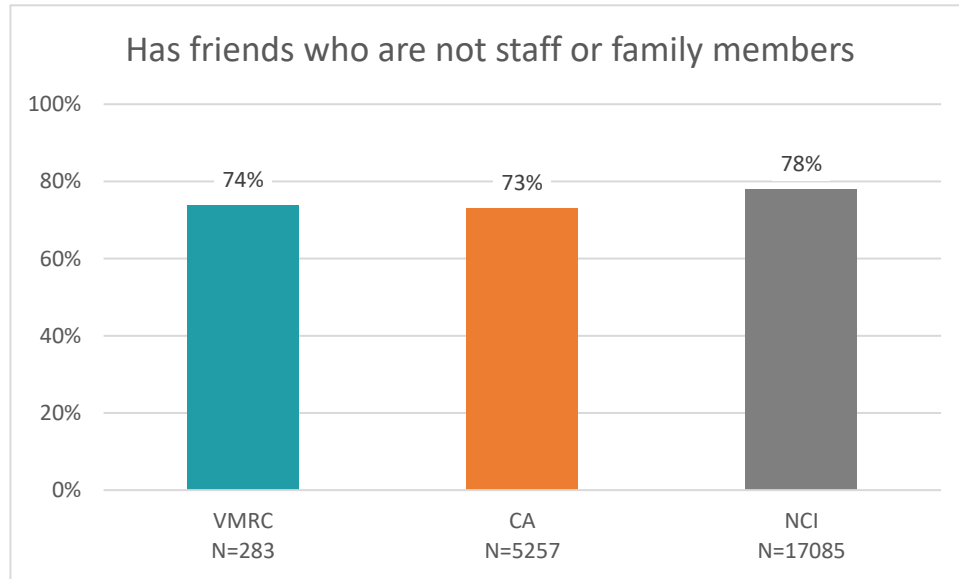
Relationships

People have friends and relationships.

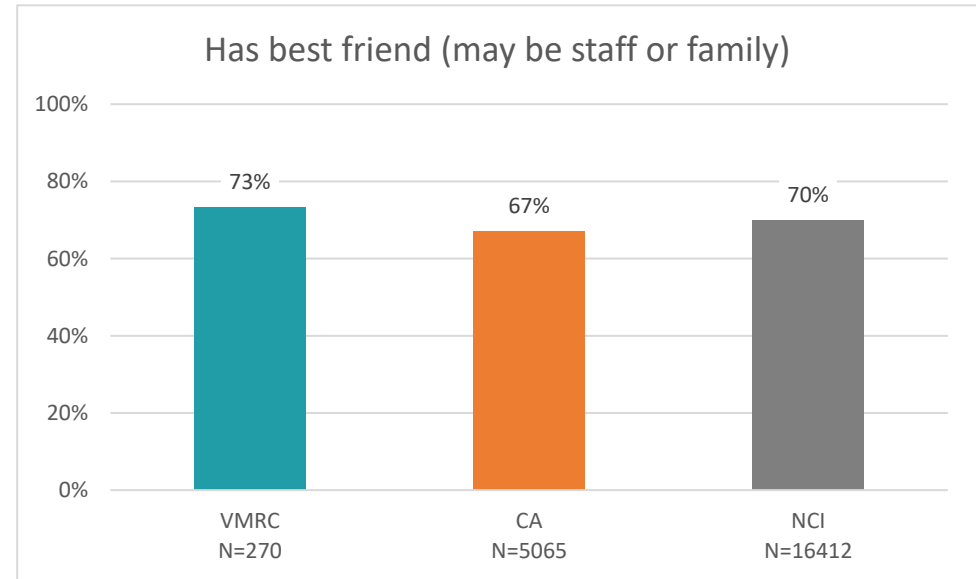
All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Relationships

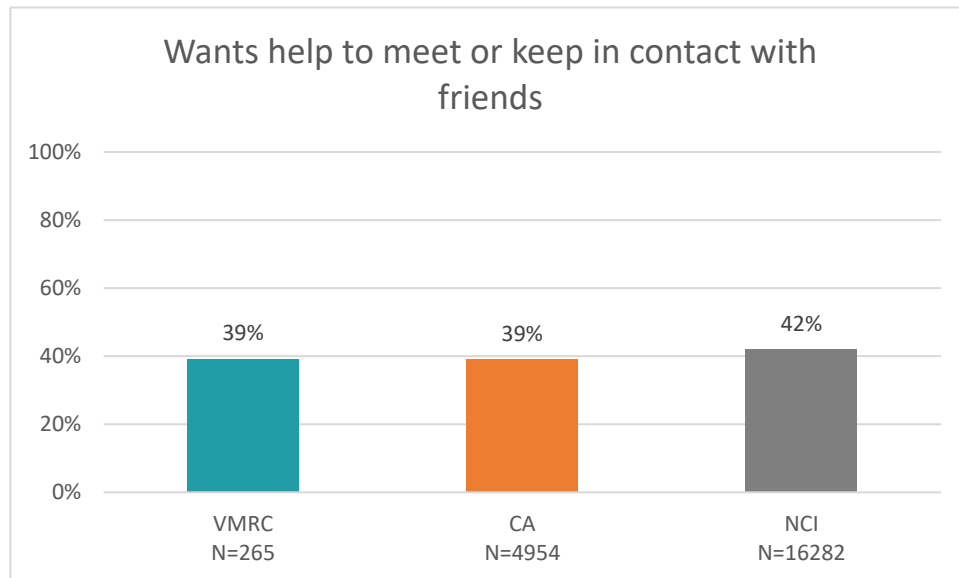
[Chart 35.](#) Has friends who are not staff or family members



[Chart 36.](#) Has best friend (may be staff or family)



[Chart 37.](#) Wants help to meet or keep in contact with friends



[Chart 38.](#) Has friends (may be staff or family) and can see them when wants

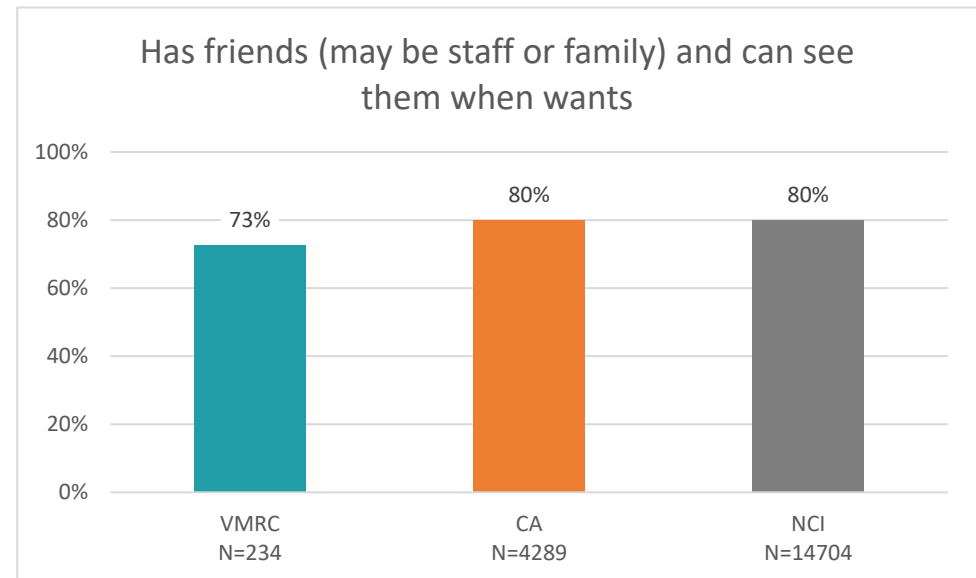


Chart 39. Reasons cannot see friends if often unable to ∞ ~

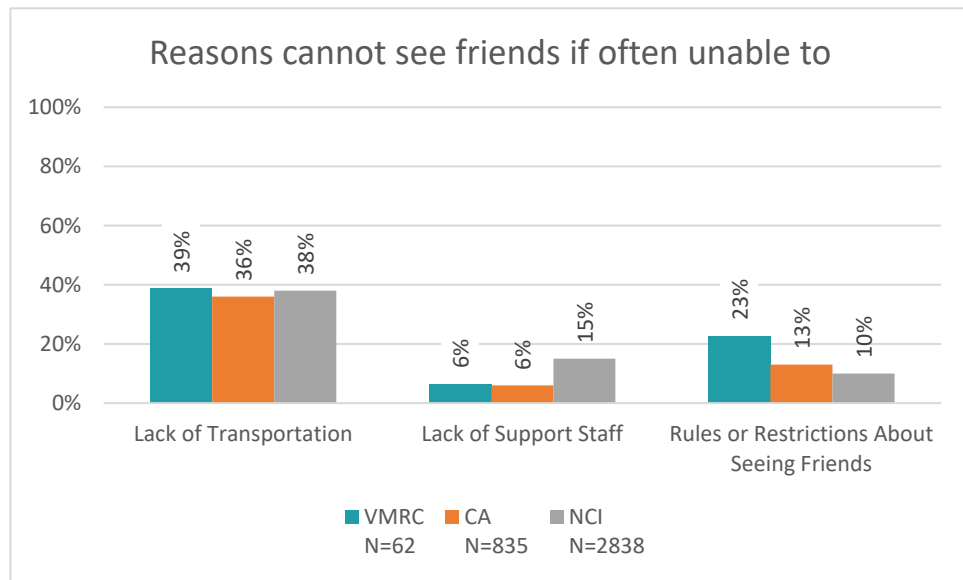


Chart 40. Reasons cannot see friends if often unable to (continued) ∞ ~

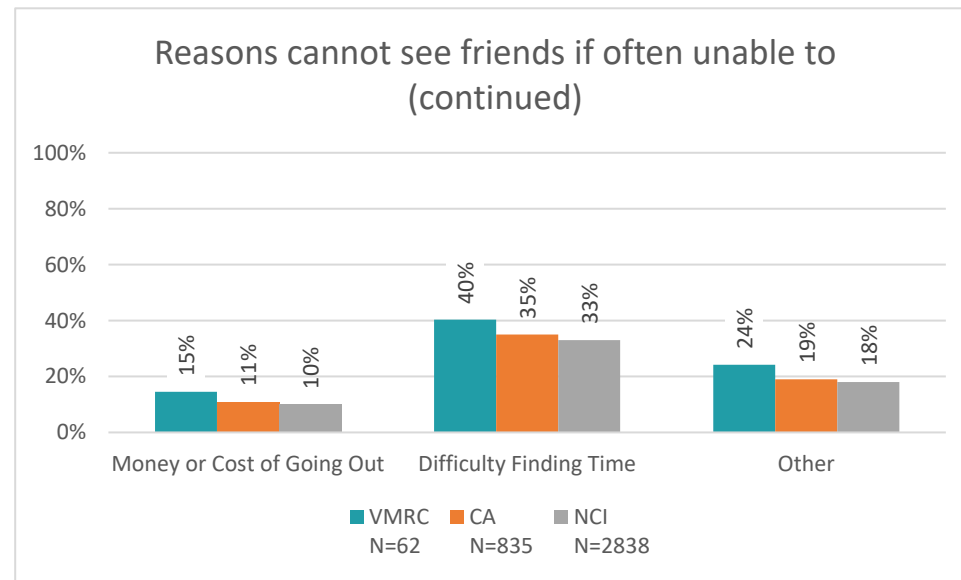


Chart 41. Has other ways of talking, chatting, or communicating with friends when cannot see them

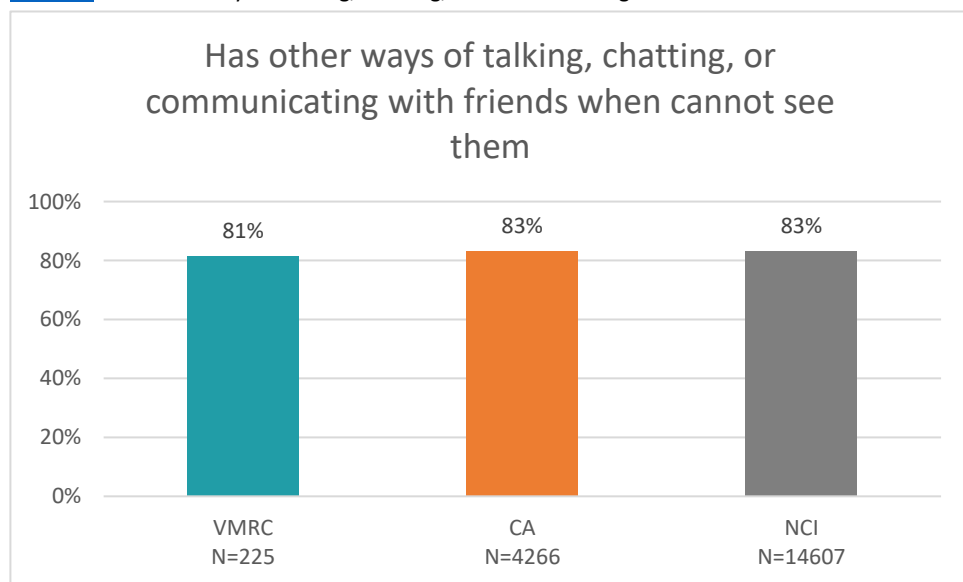
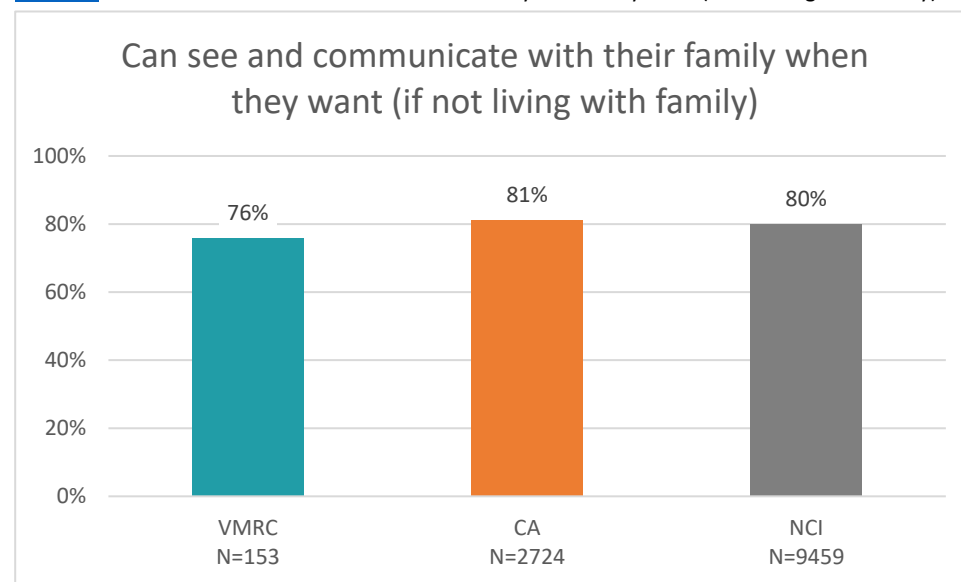
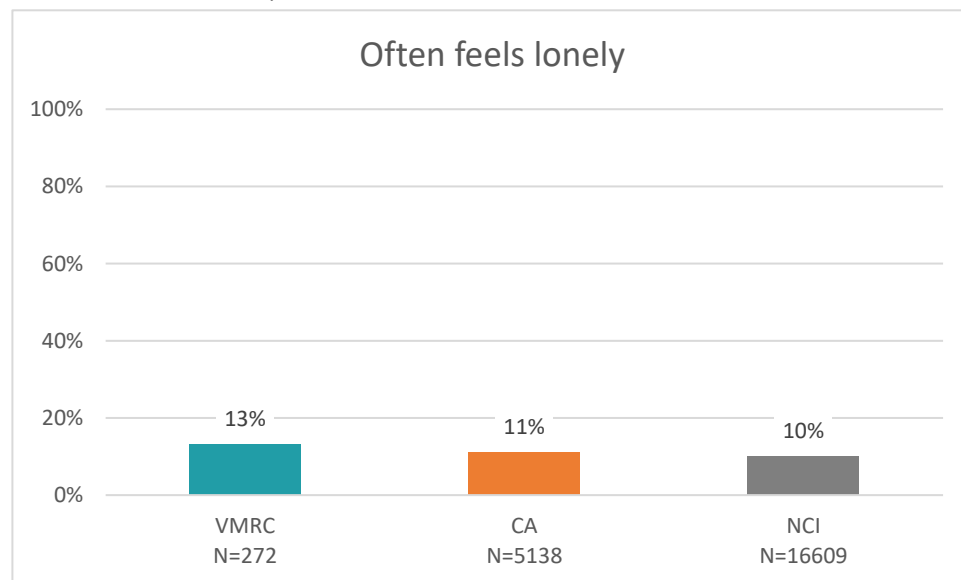
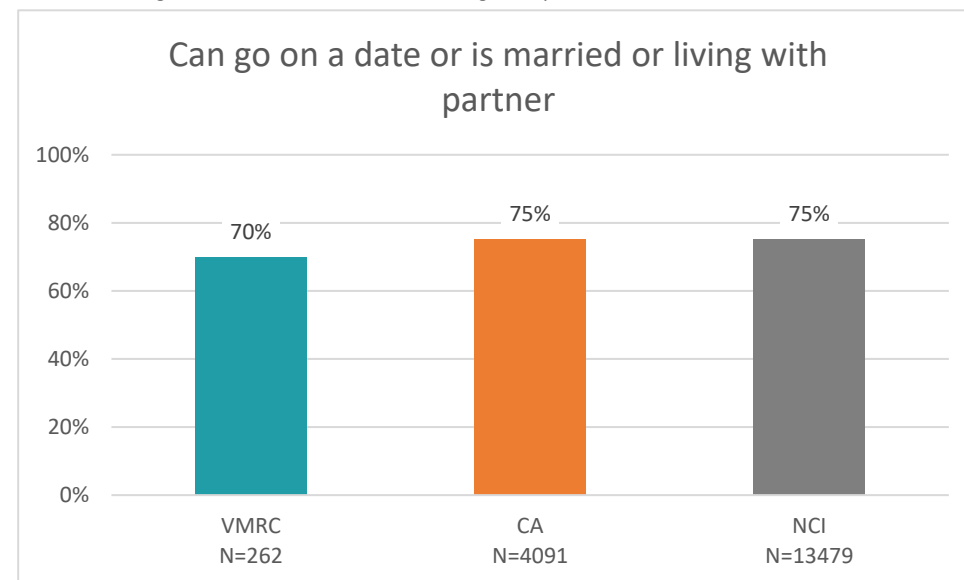


Chart 42. Can see and communicate with their family when they want (if not living with family)



∞ Categories are not mutually exclusive

~ In 2017-18 only people who reported that they could not see their friends when wanted were included in this table

[Chart 43.](#) Often feels lonely[^][Chart 44.](#) Can go on a date or is married or living with partner

[^] A lower percentage indicates that fewer people reported they often feel lonely

Tables for Relationships

Table 38. Friendships

		Yes	N
Has friends who are not staff or family members	VMRC	74%	283
	CA	73%	5,257
	NCI	78%	17,085
Has best friend (<i>may be staff or family</i>)	VMRC	73%	270
	CA	67%	5,065
	NCI	70%	16,412
Wants more help to meet or keep in contact with friends	VMRC	39%	265
	CA	39%	4,954
	NCI	42%	16,282
Has friends (may be staff or family) and can see them when wants	VMRC	73%	234
	CA	80%	4,289
	NCI	80%	14,704

Table 39. Reasons Cannot See Friends if Often Unable to ~

Categories are not mutually exclusive

			N
Lack of Transportation	VMRC	39%	62
	CA	36%	835
	NCI	38%	2,838
Lack of Support Staff	VMRC	6%	62
	CA	6%	835
	NCI	15%	2,838
Rules or Restrictions About Seeing Friends	VMRC	23%	62
	CA	13%	835
	NCI	10%	2,838
Money or Cost of Going Out	VMRC	15%	62
	CA	11%	835
	NCI	10%	2,838
Difficulty Finding Time	VMRC	40%	62
	CA	35%	835
	NCI	33%	2,838
Other	VMRC	24%	62
	CA	19%	835
	NCI	18%	2,838

~ In 2017-18 only people who reported that they could not see their friends when wanted were included in this table

Table 40. Relationships

		Yes	N
Has other ways of talking, chatting, or communicating with friends when cannot see them	VMRC	81%	225
	CA	83%	4,266
	NCI	83%	14,607
Can see and communicate with their family when they want (<i>if not living with family</i>)	VMRC	76%	153
	CA	81%	2,724
	NCI	80%	9,459
Often feels lonely ^{^^}	VMRC	13%	272
	CA	11%	5,138
	NCI	10%	16,609
Can go on a date or is married or living with partner	VMRC	70%	262
	CA	75%	4,091
	NCI	75%	13,479

^{^^} A lower percentage indicates that fewer people reported they often feel lonely

Satisfaction

People are satisfied with the services and supports they receive.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Satisfaction

Chart 45. Likes home or where lives

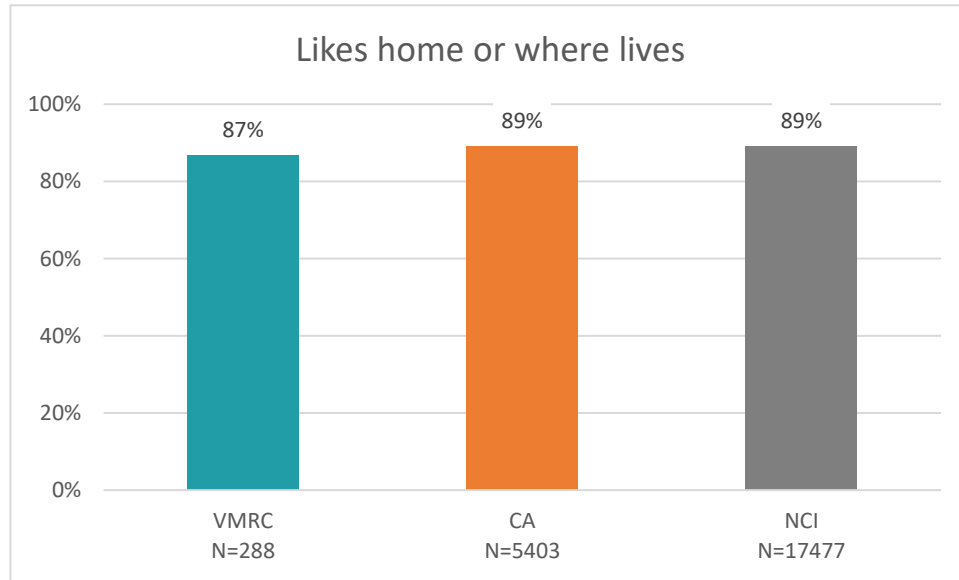


Chart 46. Wants to live somewhere else[~]

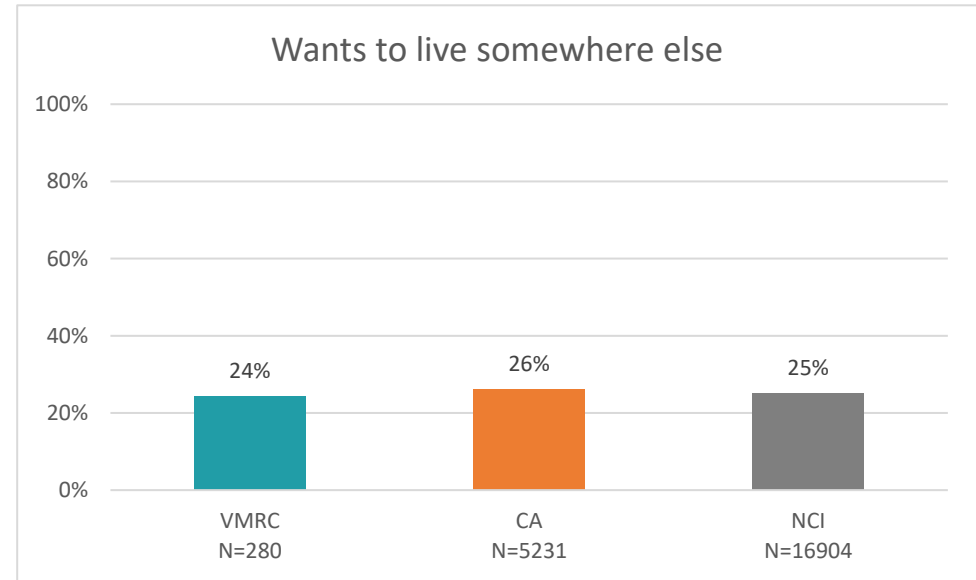


Chart 47. Has a paid job in the community and likes job

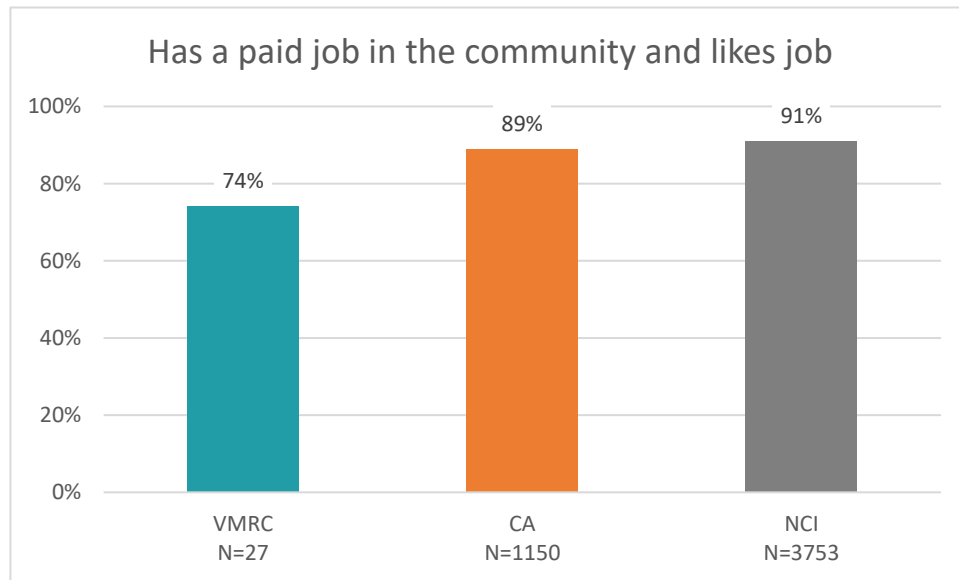
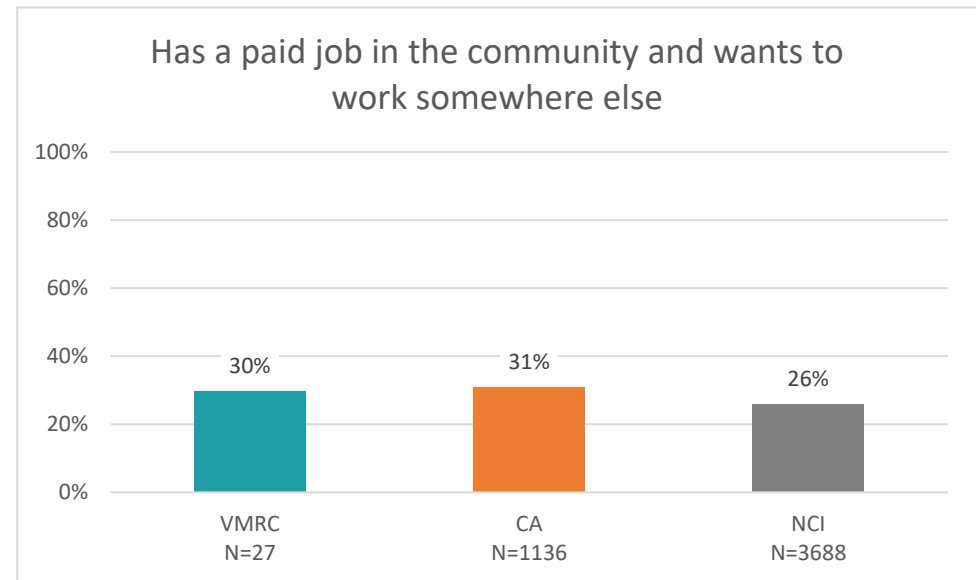


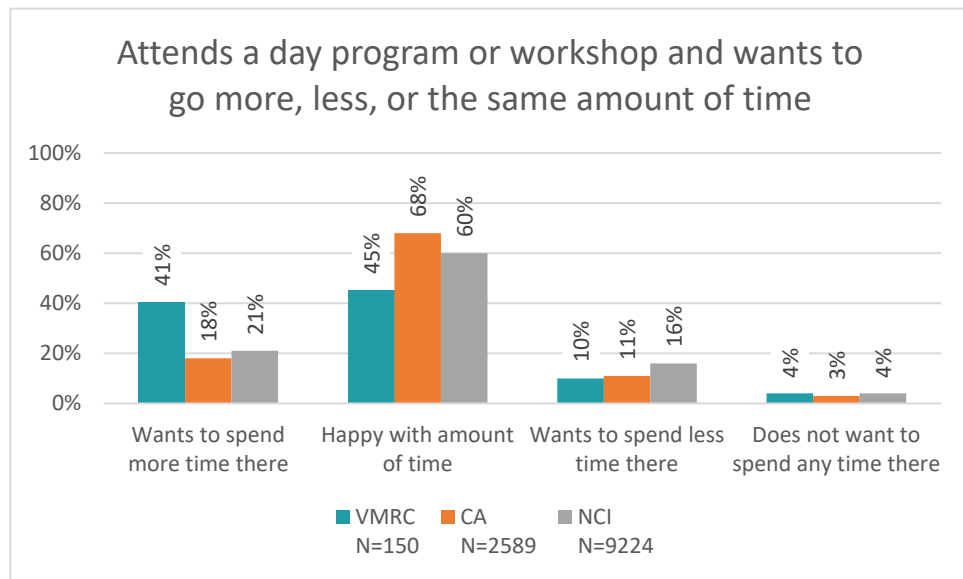
Chart 48. Has a paid job in the community and wants to work somewhere else^{^^}



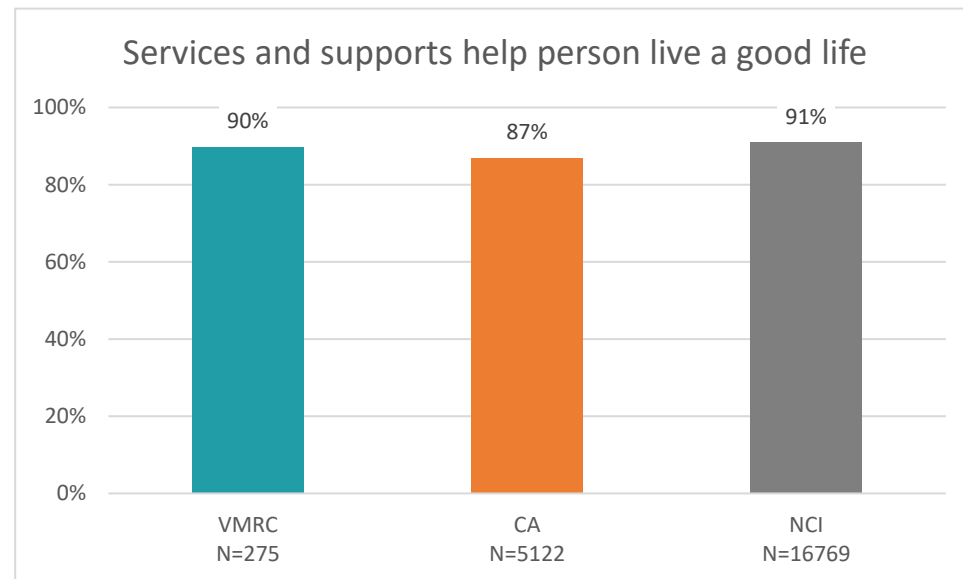
[~]A lower percentage indicates that fewer people reported they want to live somewhere else

^{^^}A lower percentage indicates that fewer people reported they want to work somewhere else

[Chart 49.](#) Attends a day program or workshop and wants to go more, less, or the same amount of time



[Chart 50.](#) Services and supports help person live a good life



Tables for Satisfaction

Table 41. Satisfaction at Home and With Paid Community Job

		Yes	N
Likes home or where lives	VMRC	87%	288
	CA	89%	5,403
	NCI	89%	17,477
Wants to live somewhere else [^]	VMRC	24%	280
	CA	26%	5,231
	NCI	25%	16,904
Has a paid job in the community and likes job	VMRC	74%	27
	CA	89%	1,150
	NCI	91%	3,753
Has a paid job in the community and wants to work somewhere else ^{^^}	VMRC	30%	27
	CA	31%	1,136
	NCI	26%	3,688

[^]A lower percentage indicates that fewer people reported they want to live somewhere else

^{^^}A lower percentage indicates that fewer people reported they want to work somewhere

Table 42. Attends a Day Program or Workshop and Wants to Go More, Less, or the Same Amount of Time

	Wants to spend more time there	Happy with amount of time	Wants to spend less time there	Does not want to spend any time there	N
VMRC	41%	45%	10%	4%	150
CA	18%	68%	11%	3%	2,589
NCI	21%	60%	16%	4%	9,224

Table 43. Services and Supports Help Person Live a Good Life

	Yes	N
VMRC	90%	275
CA	87%	5,122
NCI	91%	16,769

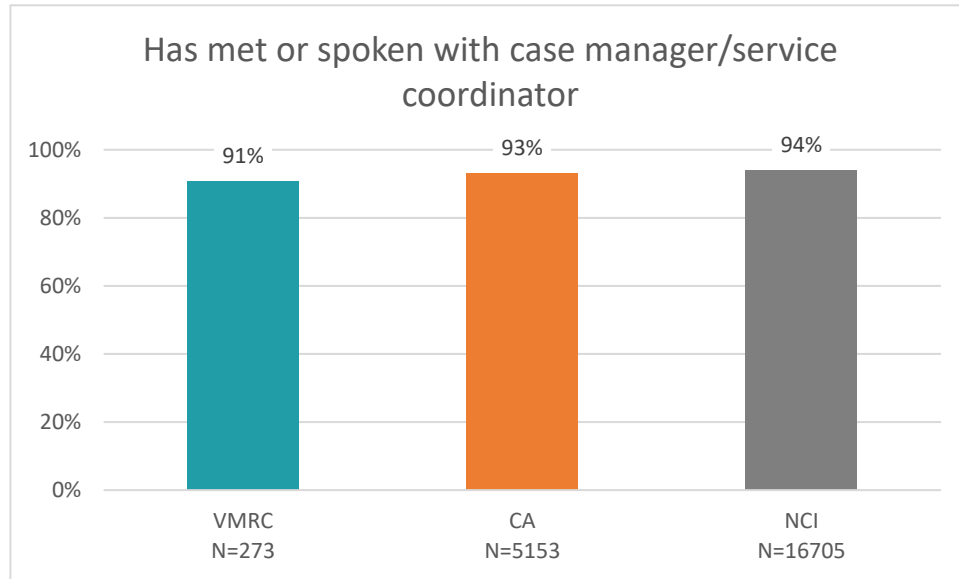
Service Coordination

Case managers/service coordinators are accessible, responsive, and support the person's participation in IPP planning.

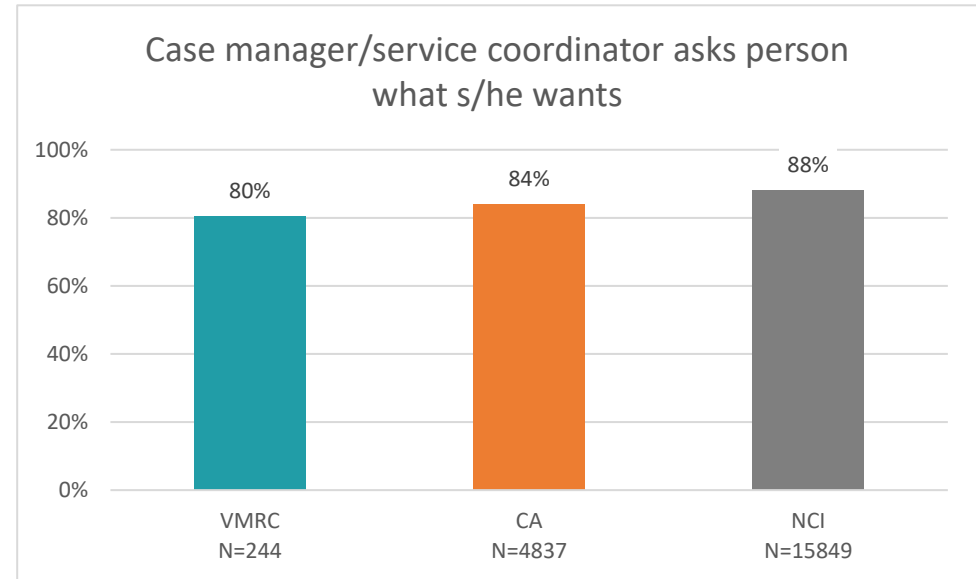
All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Service Coordination

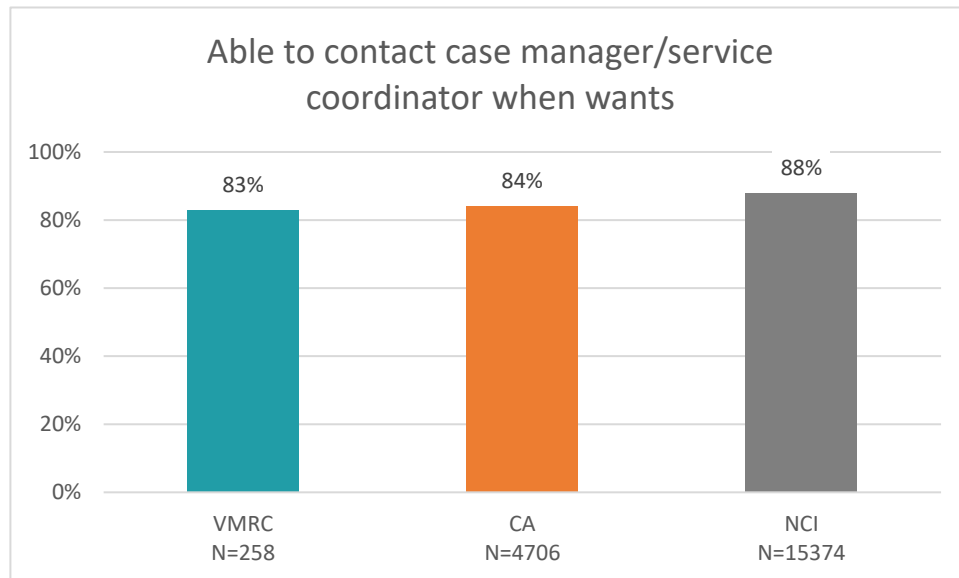
[Chart 51.](#) Has met or spoken with case manager/service coordinator



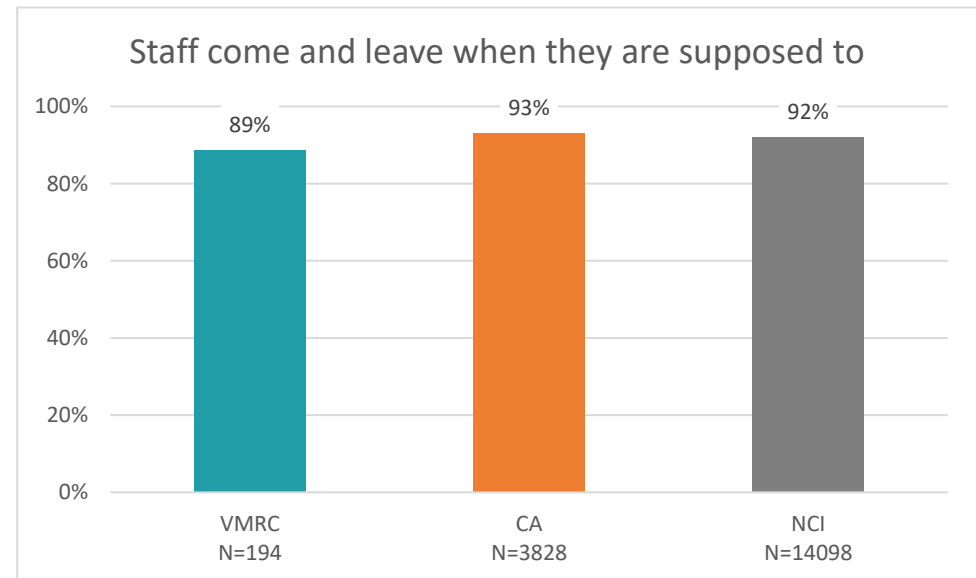
[Chart 52.](#) Case manager/service coordinator asks person what s/he wants

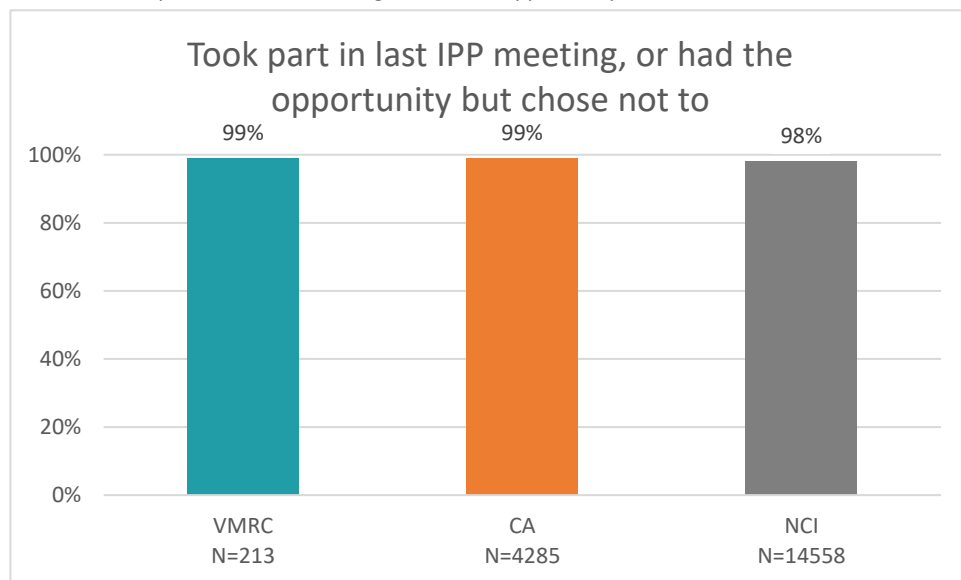
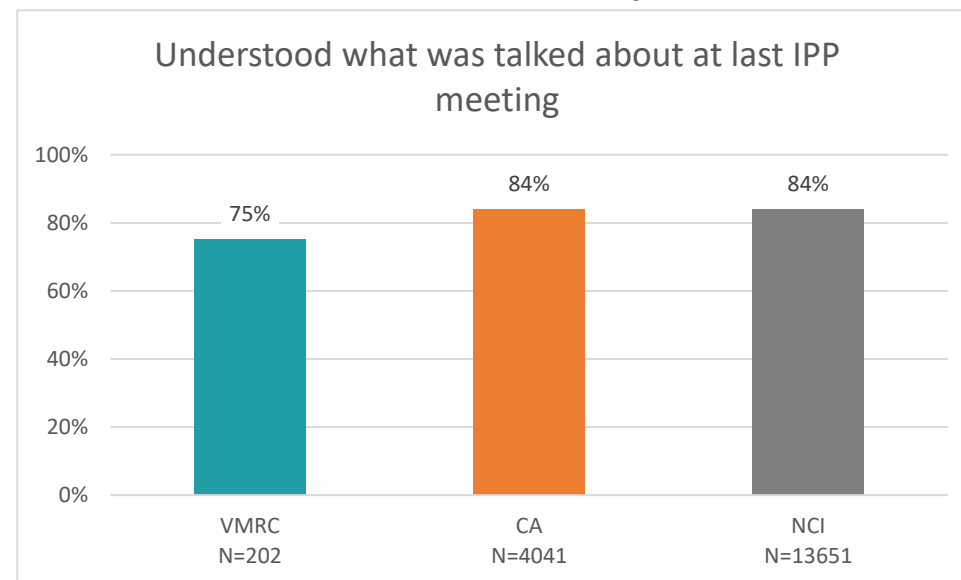
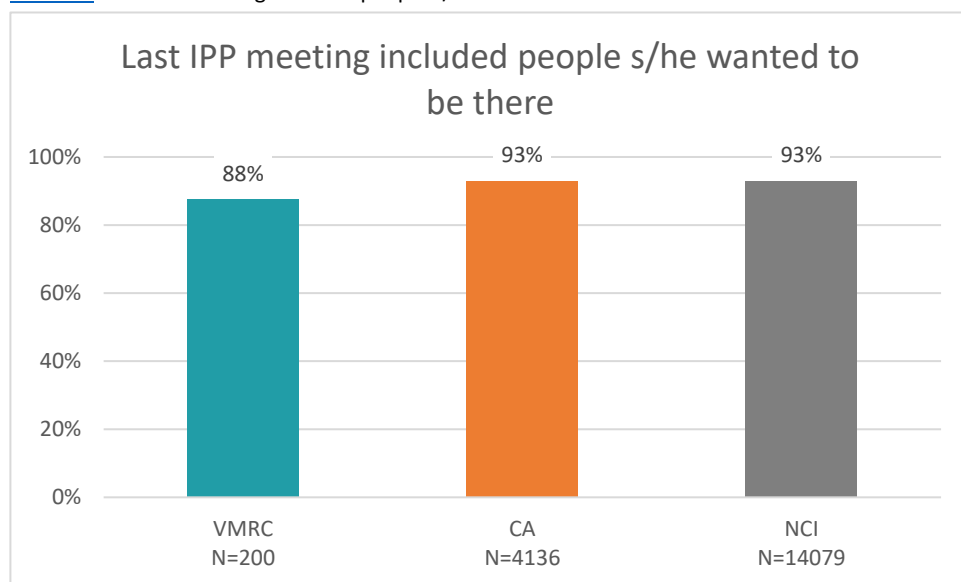
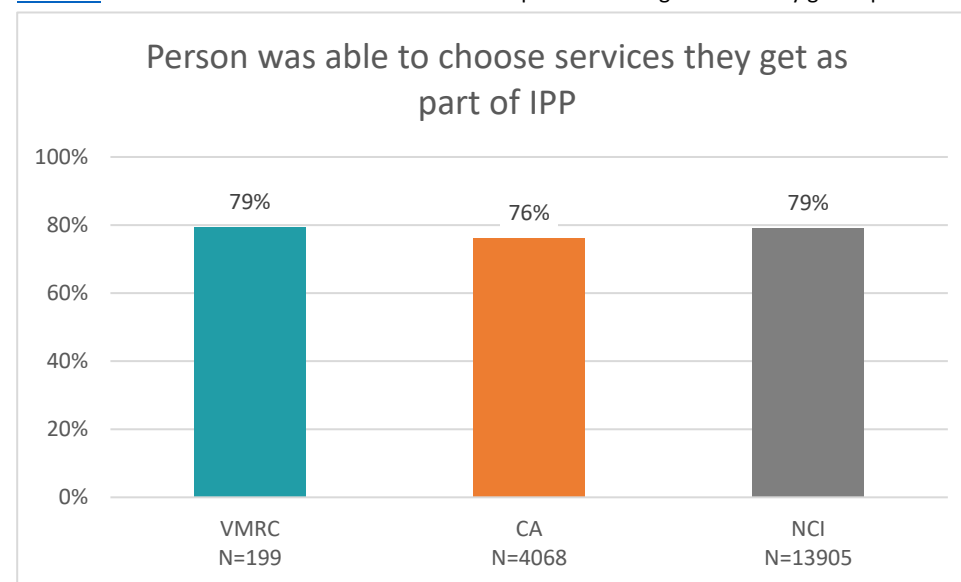


[Chart 53.](#) Able to contact case manager/service coordinator when wants



[Chart 54.](#) Staff come and leave when they are supposed to



[Chart 55.](#) Took part in last IPP meeting, or had the opportunity but chose not to[Chart 56.](#) Understood what was talked about at last IPP meeting[Chart 57.](#) Last IPP meeting included people s/he wanted to be there[Chart 58.](#) Person was able to choose or had some input in choosing services they get as part of IPP

Tables for Service Coordination

Table 44. Service Coordination

		Yes	N
Has met or spoken with case manager/service coordinator	VMRC	91%	273
	CA	93%	5,153
	NCI	94%	16,705
Case manager/service coordinator asks person what s/he wants	VMRC	80%	244
	CA	84%	4,837
	NCI	88%	15,849
Able to contact case manager/service coordinator when wants	VMRC	83%	258
	CA	84%	4,706
	NCI	88%	15,374
Staff come and leave when they are supposed to	VMRC	89%	194
	CA	93%	3,828
	NCI	92%	14,098
Took part in last IPP meeting, or had the opportunity but chose not to	VMRC	99%	213
	CA	99%	4,285
	NCI	98%	14,558
Understood what was talked about at last IPP meeting	VMRC	75%	202
	CA	84%	4,041
	NCI	84%	13,651
Last IPP meeting included people s/he wanted to be there	VMRC	88%	200
	CA	93%	4,136
	NCI	93%	14,079
Person was able to choose or had some input in choosing services they get as part of IPP	VMRC	79%	199
	CA	76%	4,068
	NCI	79%	13,905

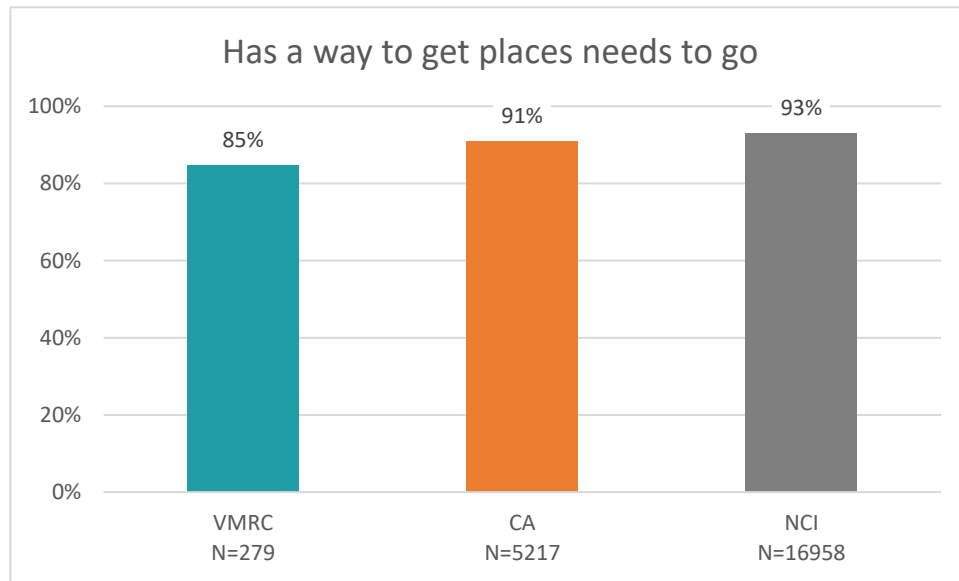
Access

Publicly funded services are readily available to individuals who need and qualify for them.

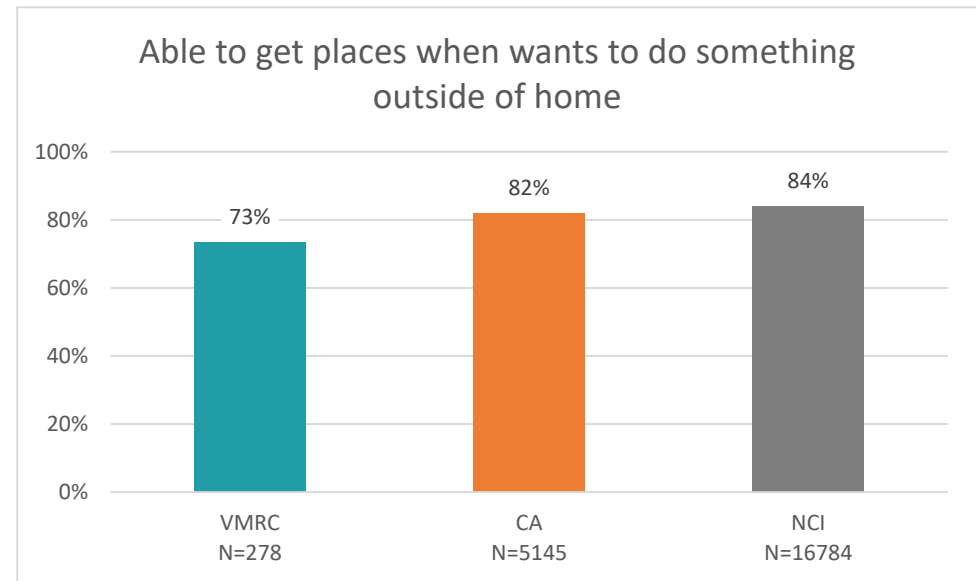
All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Access

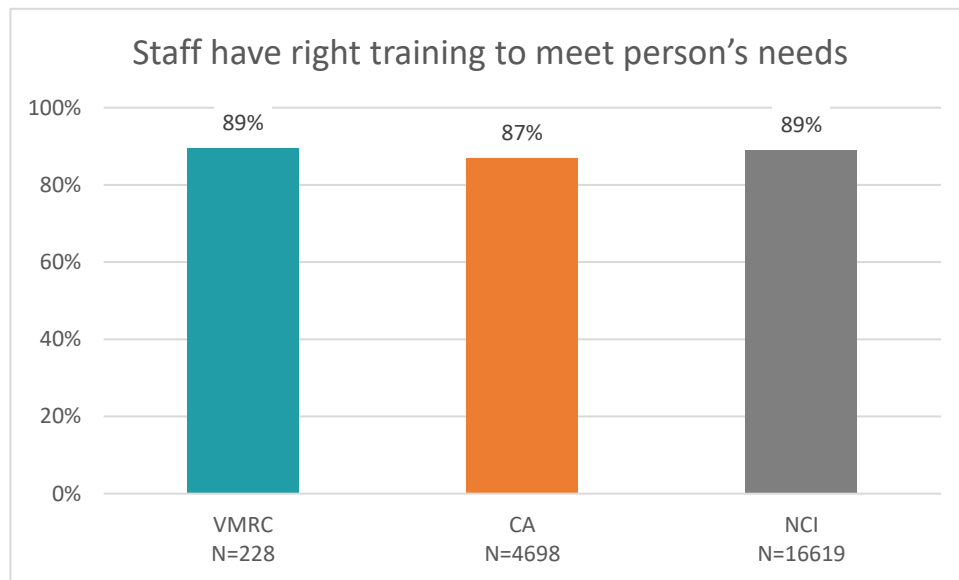
[Chart 59.](#) Has a way to get places needs to go



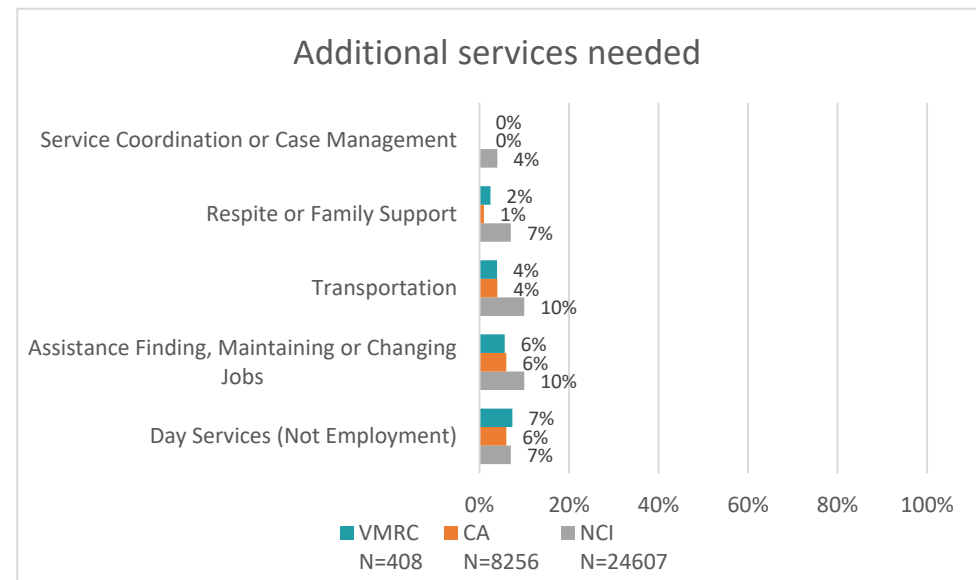
[Chart 60.](#) Able to get places when wants to do something outside of home



[Chart 61.](#) Staff have right training to meet person’s needs (proxy respondents who were not staff were allowed for this question)



[Chart 62.](#) Additional services needed (proxy respondents were allowed for this question) ∞



∞ Categories are not mutually exclusive

Chart 63. Additional services needed (proxy respondents were allowed for this question) ∞

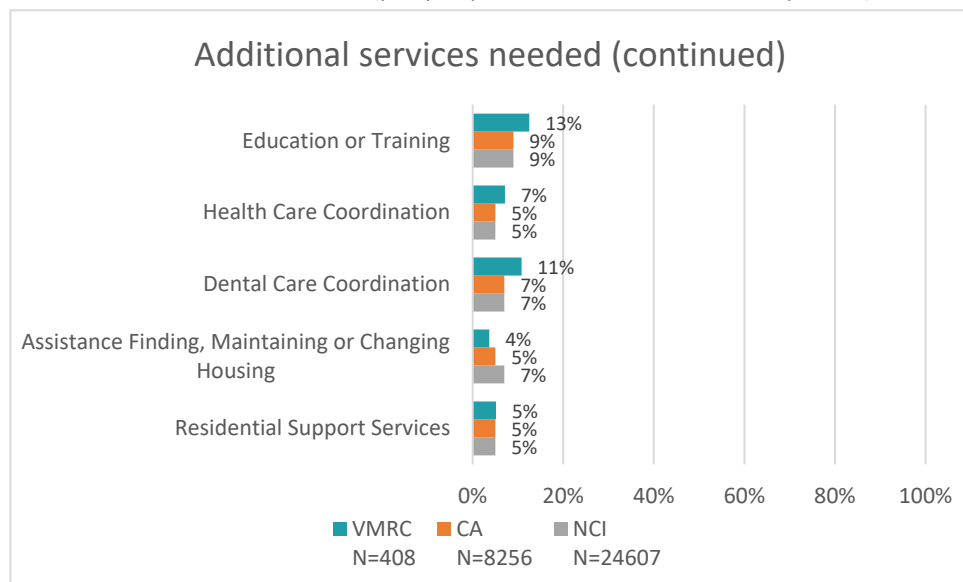
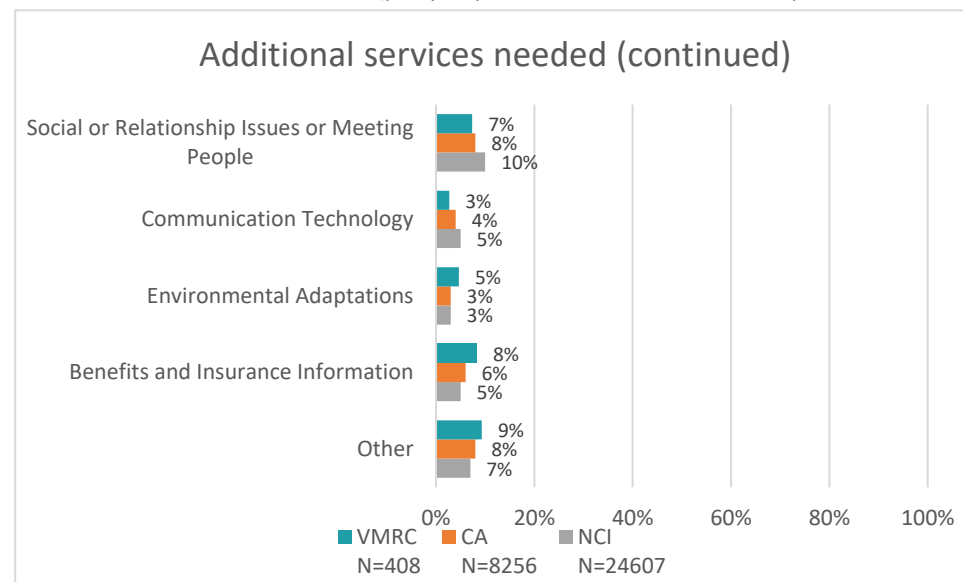


Chart 64. Additional services needed (proxy respondents were allowed for this question) ∞



∞ Categories are not mutually exclusive

Tables for Access

Table 45. Transportation and Staff Training

		Yes	N
Has a way to get places needs to go	VMRC	85%	279
	CA	91%	5,217
	NCI	93%	16,958
Able to get places when wants to do something outside of home	VMRC	73%	278
	CA	82%	5,145
	NCI	84%	16,784
Staff have right training to meet person's needs <i>(proxy respondents who were not staff were allowed for this question)</i>	VMRC	89%	228
	CA	87%	4,698
	NCI	89%	16,619

Table 46. Additional Services Needed

Categories are not mutually exclusive

Service		
Service Coordination or Case Management	VMRC	0%
	CA	0%
	NCI	4%
Respite or Family Support	VMRC	2%
	CA	1%
	NCI	7%
Transportation	VMRC	4%
	CA	4%
	NCI	10%
Assistance Finding, Maintaining or Changing Jobs	VMRC	6%
	CA	6%
	NCI	10%
Day Services (Not Employment)	VMRC	7%
	CA	6%
	NCI	7%
Education or Training	VMRC	13%
	CA	9%
	NCI	9%
Health Care Coordination	VMRC	7%
	CA	5%
	NCI	5%
Dental Care Coordination	VMRC	11%
	CA	7%
	NCI	7%
N	VMRC	408
	CA	8,256
	NCI	24,607

Table 47. Additional Services Needed (Continued)

Categories are not mutually exclusive

Service		
Assistance Finding, Maintaining or Changing Housing	VMRC	4%
	CA	5%
	NCI	7%
Residential Support Services	VMRC	5%
	CA	5%
	NCI	5%
Social or Relationship Issues or Meeting People	VMRC	7%
	CA	8%
	NCI	10%
Communication Technology	VMRC	3%
	CA	4%
	NCI	5%
Environmental Adaptations	VMRC	5%
	CA	3%
	NCI	3%
Benefits and Insurance Information	VMRC	8%
	CA	6%
	NCI	5%
Other	VMRC	9%
	CA	8%
	NCI	7%
N	VMRC	408
	CA	8,256
	NCI	24,607

Health

People secure needed health services.

Important Note on Missing Data:

For several states included in the NCI Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI National In-person Survey Report: <https://www.nationalcoreindicators.org/resources/reports/>

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of “missing” or “don’t know” responses. Please note that the NCI average reflects the average of data that were reported to NCI and may not be reflective of the service population across the country.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Health

Chart 65. Has a primary care doctor or practitioner (information may have been obtained through state records)**

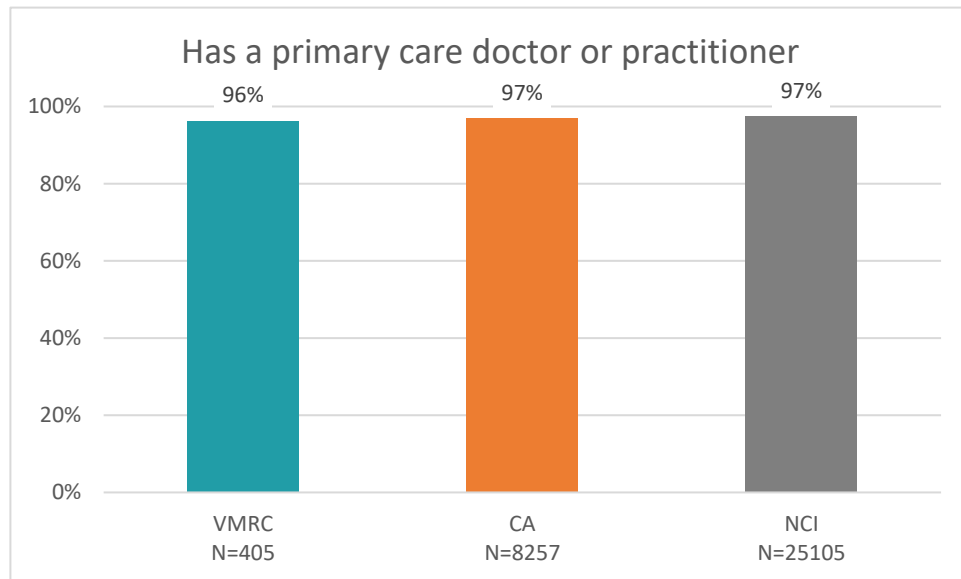


Chart 66. In poor health (proxy respondents were allowed for this question) ^

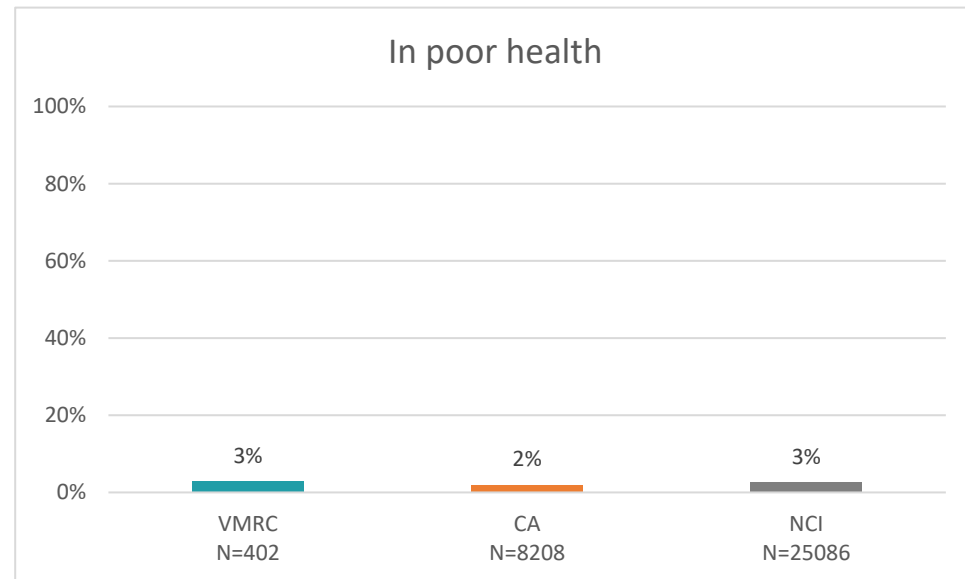


Chart 67. Had a complete physical exam in the past year (information may have been obtained through state records)**

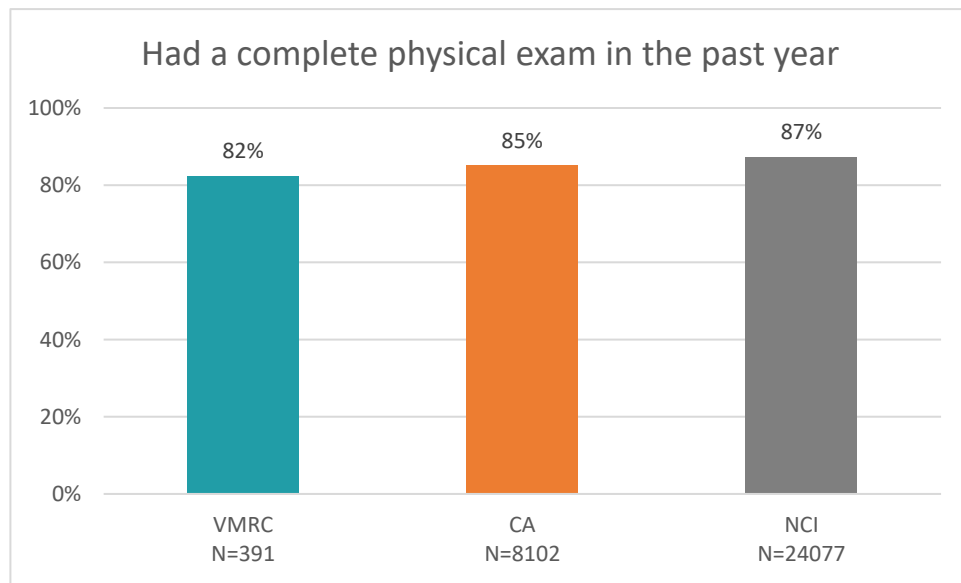
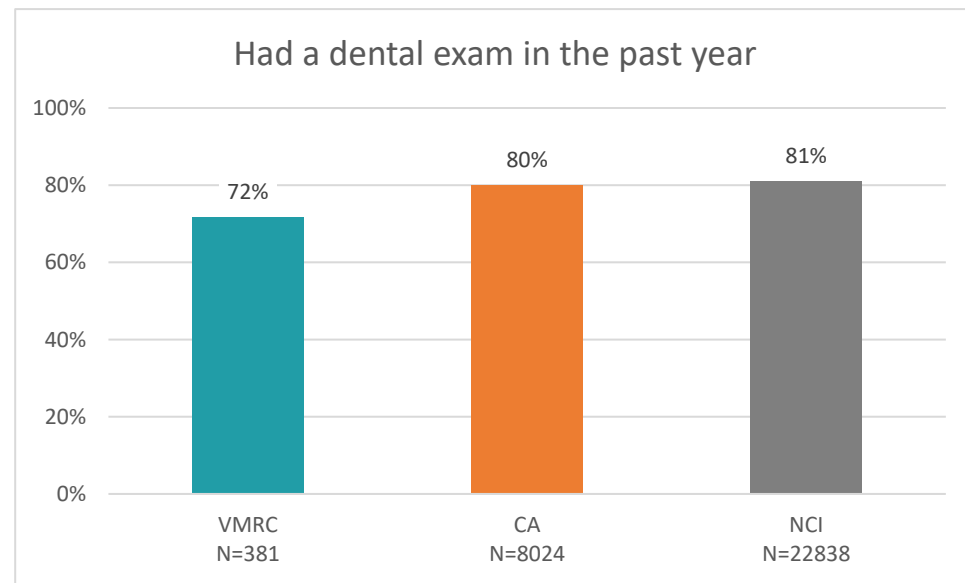


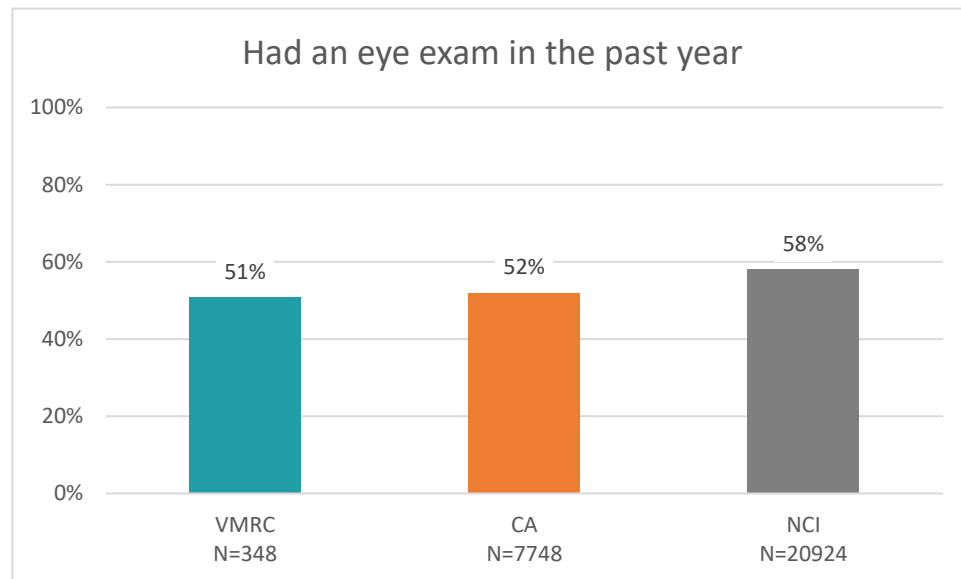
Chart 68. Had a dental exam in the past year (information may have been obtained through state records)**



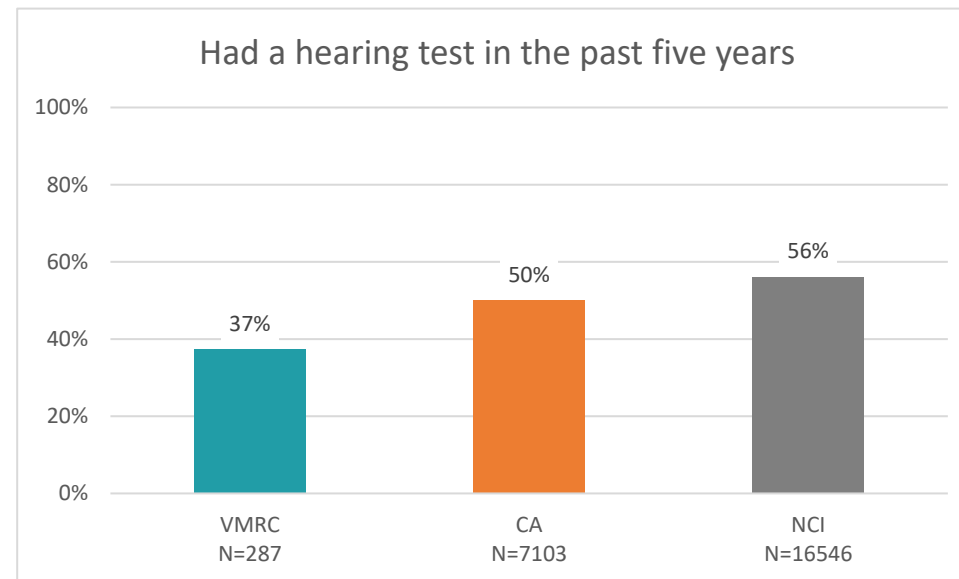
**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^ A lower average indicates a lower percentage of people reported being in poor health

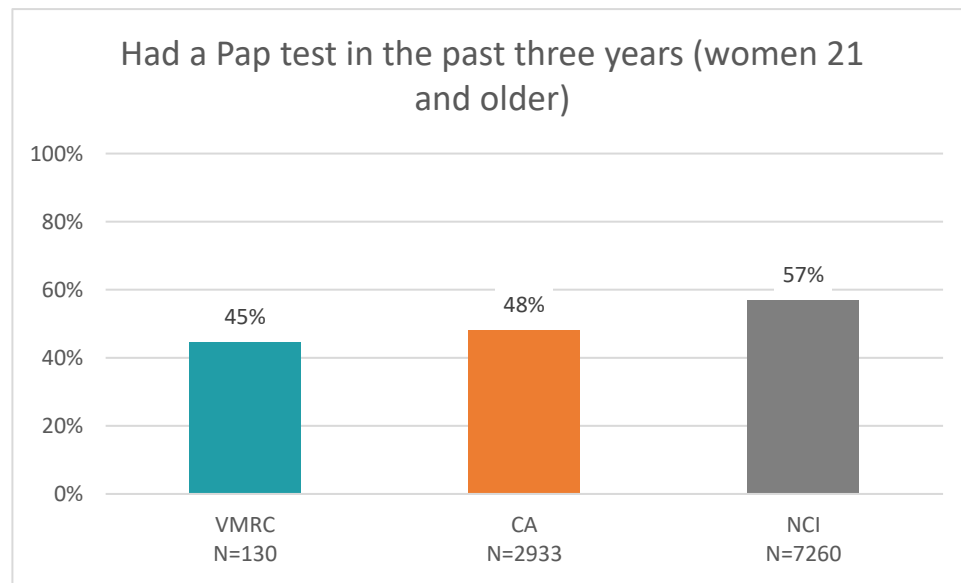
[Chart 69](#). Had an eye exam in the past year (information may have been obtained through state records)**



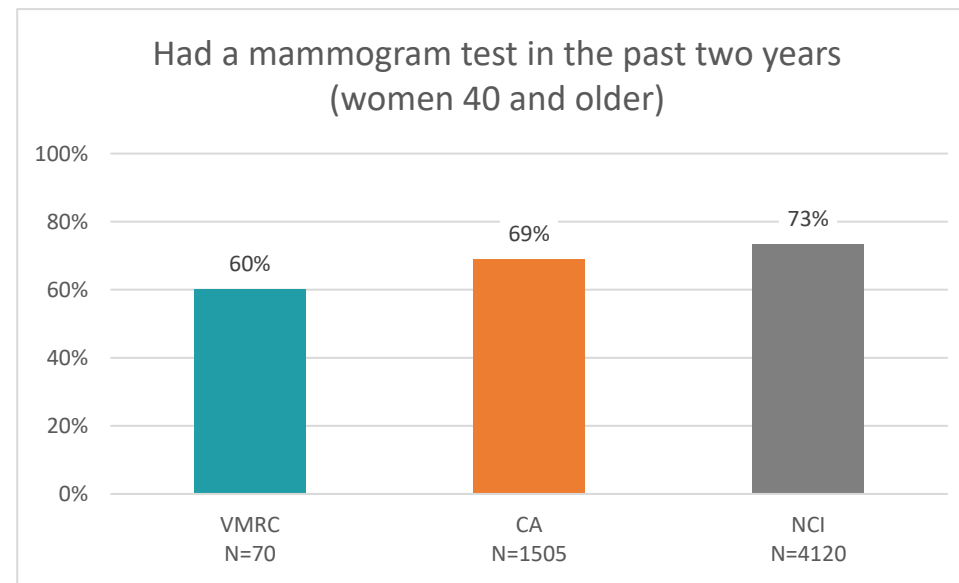
[Chart 70](#). Had a hearing test in the past five years (information may have been obtained through state records) **



[Chart 71](#). Had a Pap test in the past three years (women 21 and older; information may have been obtained through state records)**



[Chart 72](#). Had a mammogram test in the past two years (women 40 and older; information may have been obtained through state records)



**NCI Average includes data from a state or states that had a large number of "don't knows" and missing data (at least 25%)

Chart 73. Last colorectal cancer screening (people 50 and older; information may have been obtained through state records) ∞

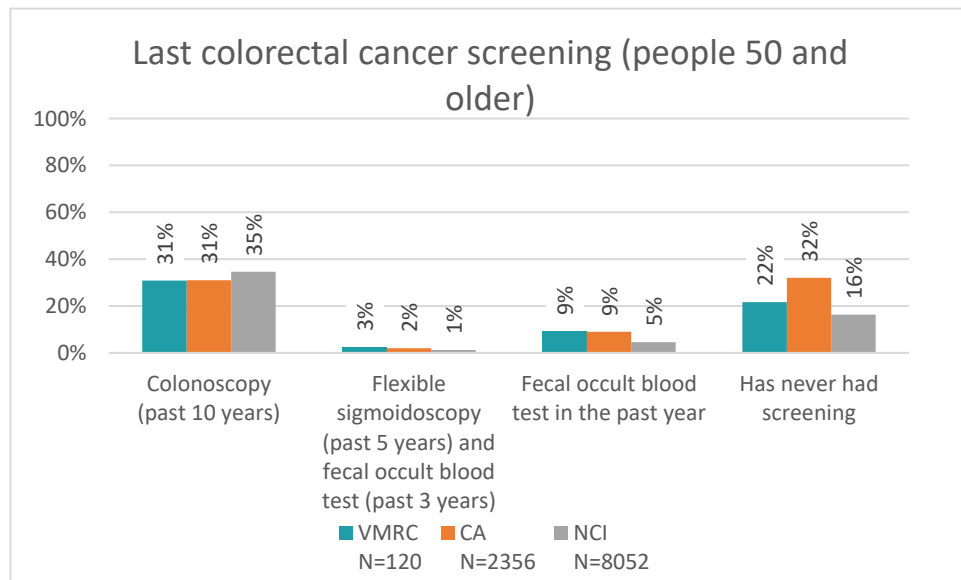


Chart 74. Had a flu vaccine in the past year (information may have been obtained through state records)**

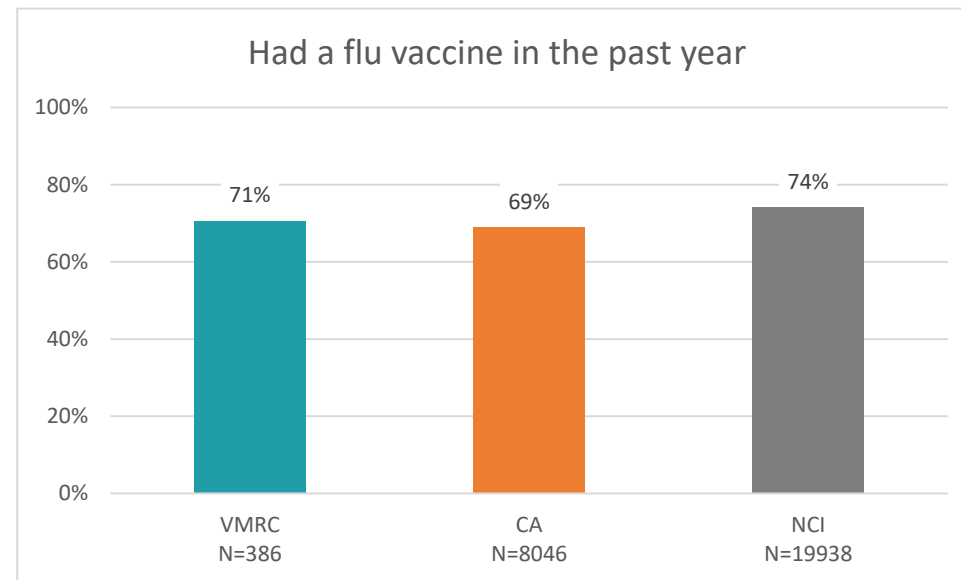
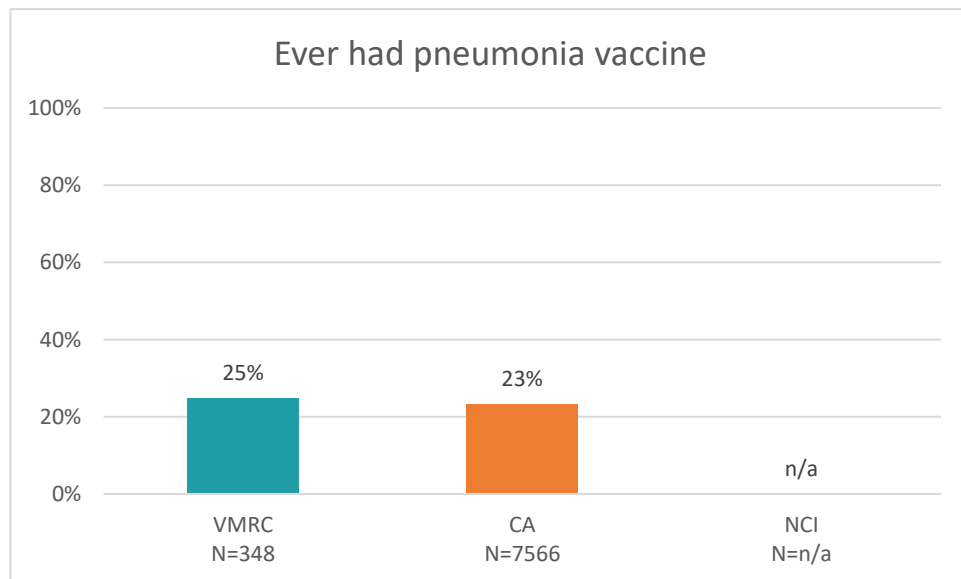


Chart 75. Ever had a pneumonia vaccine*



∞Categories are not mutually exclusive

**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

*California specific question

Tables for Health

Table 48. Regular and Preventive Screenings

		Yes	N
Has a primary care doctor or practitioner <i>(information may have been obtained through state records)</i> **	VMRC	96%	405
	CA	97%	8,257
	NCI	97%	25,105
In poor health <i>(proxy respondents were allowed for this question)</i> ^	VMRC	3%	402
	CA	2%	8,208
	NCI	3%	25,086
Had a complete physical exam in the past year <i>(information may have been obtained through state records)</i> **	VMRC	82%	391
	CA	85%	8,102
	NCI	87%	24,077
Had a dental exam in the past year <i>(information may have been obtained through state records)</i> **	VMRC	72%	381
	CA	80%	8,024
	NCI	81%	22,838
Had an eye exam in the past year <i>(information may have been obtained through state records)</i> **	VMRC	51%	348
	CA	52%	7,748
	NCI	58%	20,924
Had a hearing test in the past five years <i>(information may have been obtained through state records)</i> **	VMRC	37%	287
	CA	50%	7,103
	NCI	56%	16,546
Had a Pap test in the past three years <i>(women 21 and older; information may have been obtained through state records)</i> **	VMRC	45%	130
	CA	48%	2,933
	NCI	57%	7,260
Had a mammogram test in the past two years <i>(women 40 and older; information may have been obtained through state records)</i>	VMRC	60%	70
	CA	69%	1,505
	NCI	73%	4,120

**NCI average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^A lower average indicates a lower percentage of people reported being in poor health

Table 49. Last Colorectal Cancer Screening, People Age 50 and Older

Categories are not mutually exclusive; information may have been obtained through state records

	Colonoscopy in the Past 10 Years	Flexible Sigmoidoscopy in the past 5 years, and Fecal Occult Blood Test in the Past 3 Years	Fecal Occult Blood Test in the Past Year	Has Never Had Screening	N
VMRC	31%	3%	9%	22%	120
CA	31%	2%	9%	32%	2,356
NCI	35%	1%	5%	16%	8,052

Table 50. Vaccines

		Yes	N
Had a flu vaccine in the past year (<i>information may have been obtained through state records</i>)**	VMRC	71%	386
	CA	69%	8,046
	NCI	74%	19,938
Ever had pneumonia vaccine*	VMRC	25%	348
	CA	23%	7,566
	NCI	n/a	n/a

**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

*California specific question

Medications

Medications are managed effectively and appropriately.

Important Note on Missing Data:

For several states included in the NCI Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI National In-person Survey Report: <https://www.nationalcoreindicators.org/resources/reports/>

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of “missing” or “don’t know” responses. Please note that the NCI average reflects the average of data that were reported to NCI and may not be reflective of the service population across the country.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Chart 76. Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge (information may have been obtained through state records) ** ^

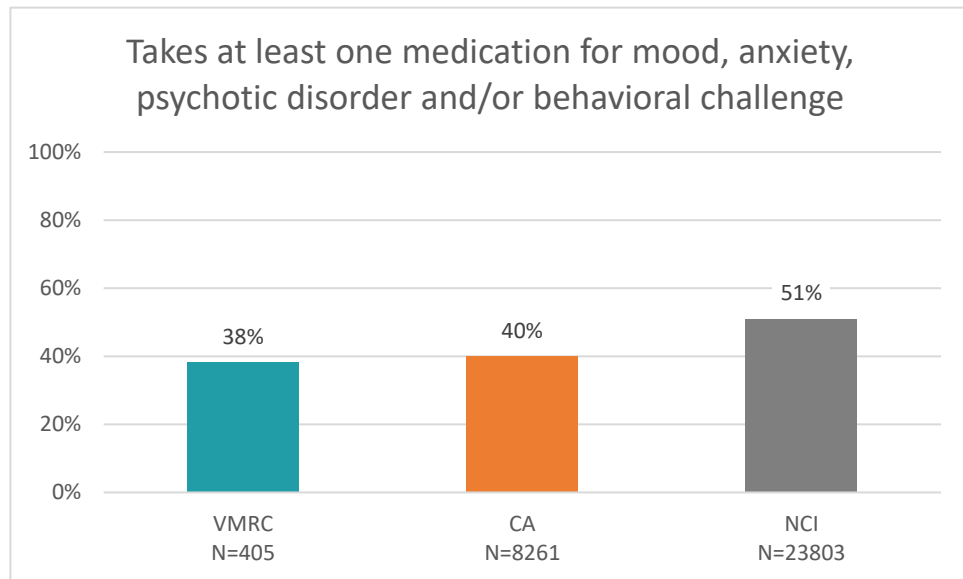


Chart 77. Takes medication for mood, anxiety, and/or psychotic disorders (information may have been obtained through state records) ** ^

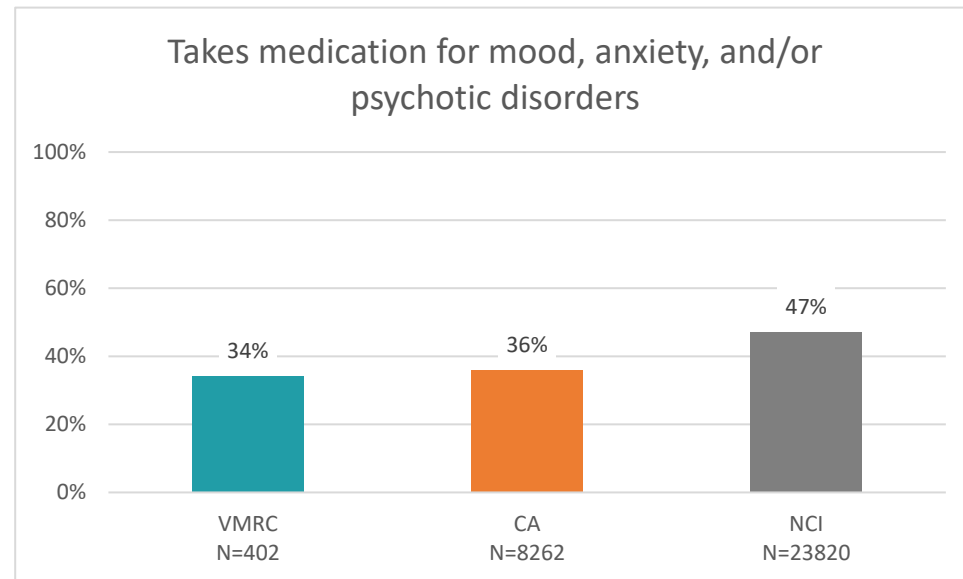


Chart 78. Takes medication for behavior challenges (information may have been obtained through state records) ** ^

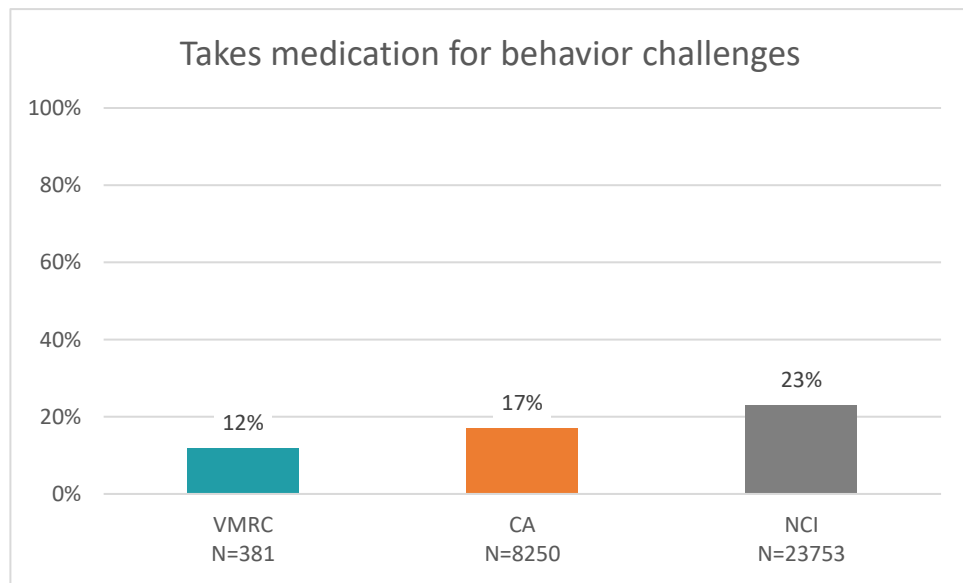
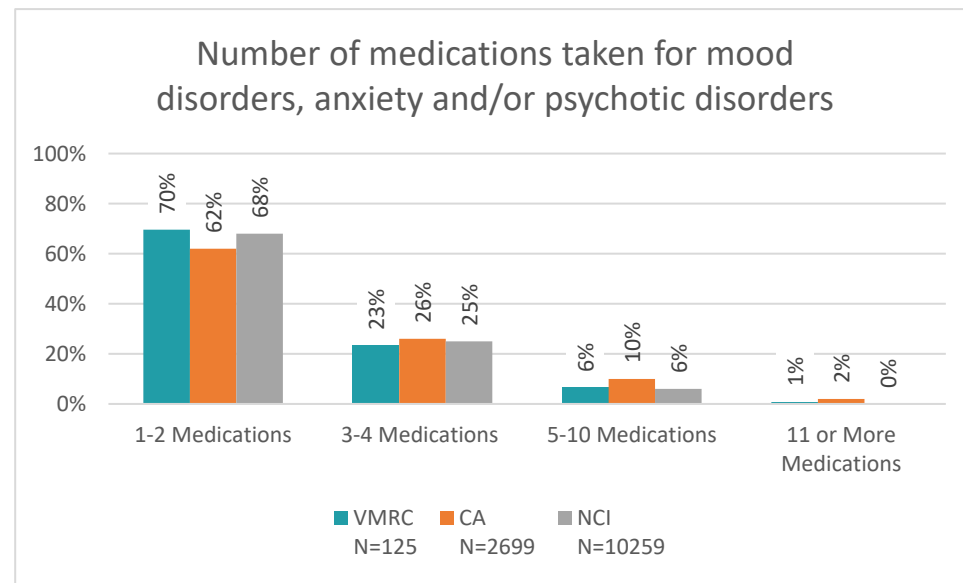


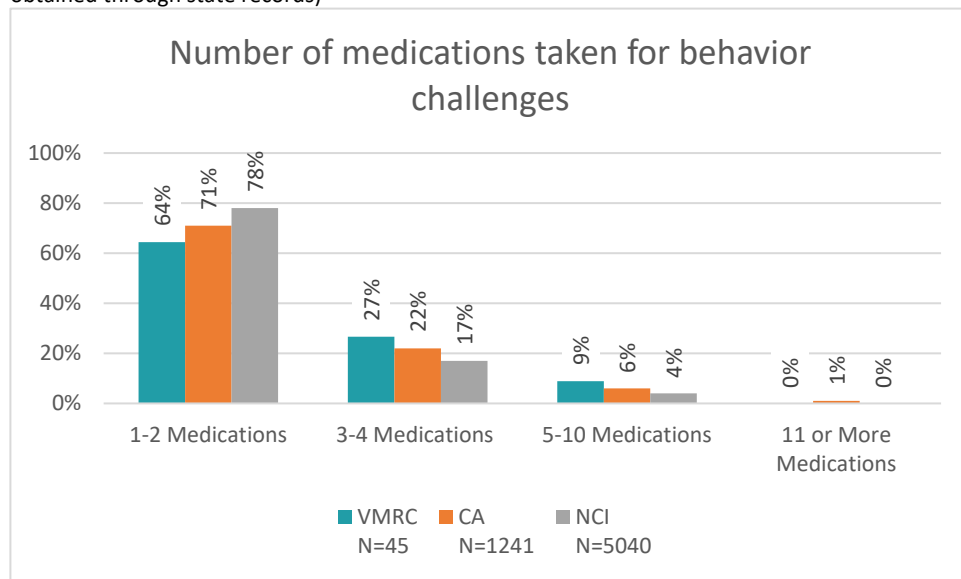
Chart 79. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders (information may have been obtained through state records) **



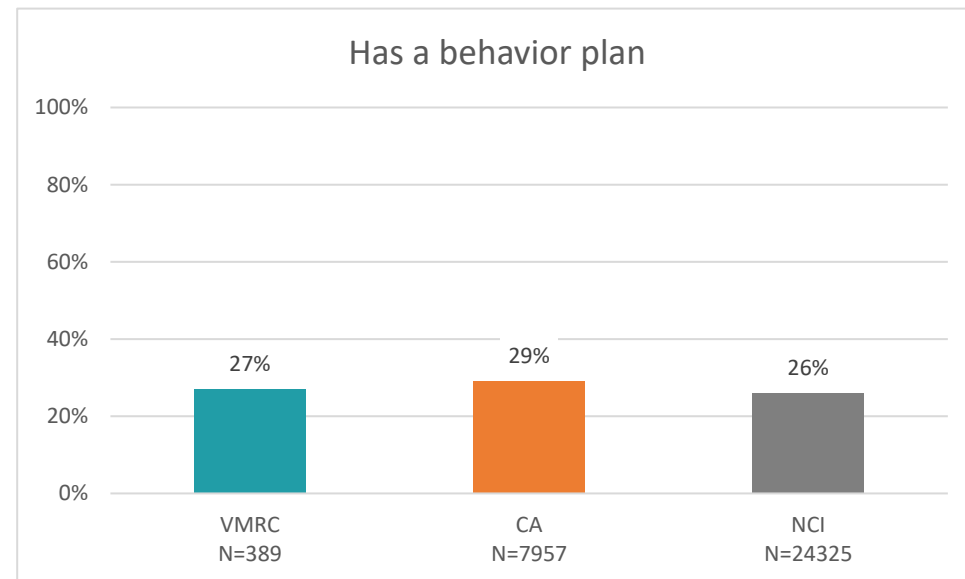
**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^ A lower percentage indicates fewer people were reported to be taking medication

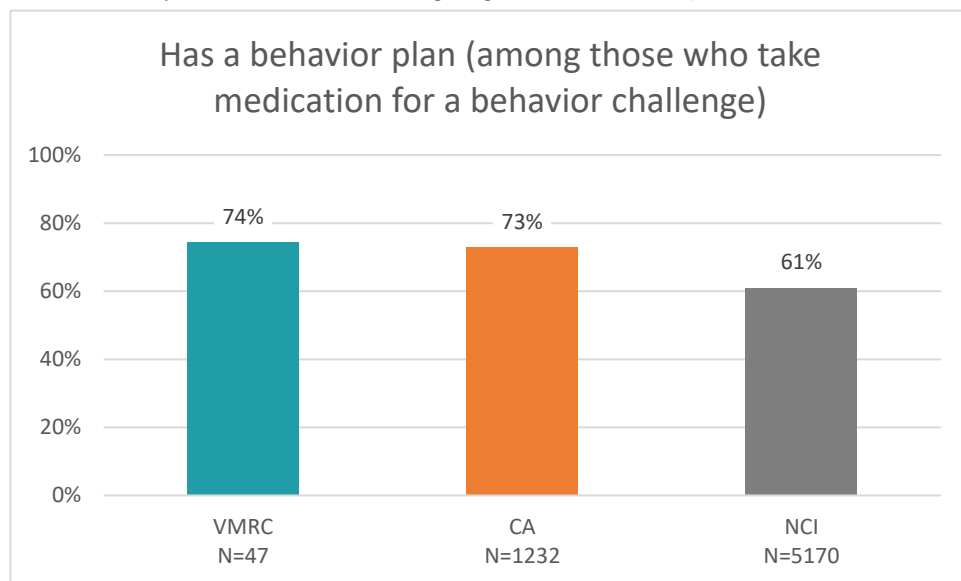
[Chart 80.](#) Number of medications taken for behavior challenges (information may have been obtained through state records) **



[Chart 81.](#) Has a behavior plan (information may have been obtained through state records) ** ^^



[Chart 82.](#) Has a behavior plan (among those who take medication for a behavior challenge; information may have been obtained through regional center records)



** NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^^ A lower percentage indicates fewer people were reported to have a behavior plan

Tables for Medication

Table 51. Takes Medication

		Yes	N
Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge (<i>information may have been obtained through state records</i>)** ˇ	VMRC	38%	405
	CA	40%	8,261
	NCI	51%	23,803
Takes medication for mood, anxiety, and/or psychotic disorders (<i>information may have been obtained through state records</i>) ** ˇ	VMRC	34%	402
	CA	36%	8,262
	NCI	47%	23,820
Takes medication for behavior challenges (<i>information may have been obtained through state records</i>) ** ˇ	VMRC	12%	381
	CA	17%	8,250
	NCI	23%	23,753

Table 52. Number of Medications Taken

		1-2 Medications	3-4 Medications	5-10 Medications	11 or More Medications	N
Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders (<i>information may have been obtained through state records</i>) **	VMRC	70%	23%	6%	1%	125
	CA	62%	26%	10%	2%	2,699
	NCI	68%	25%	6%	0%	10,259
Number of medications taken for behavior challenges (<i>information may have been obtained through state records</i>)**	VMRC	64%	27%	9%	0%	45
	CA	71%	22%	6%	1%	1,241
	NCI	78%	17%	4%	0%	5,040

**Includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

ˇA lower percentage indicates fewer people were reported to be taking medication

Table 53. Behavior Plan and Medication

		Yes	N
Has a behavior plan (<i>information may have been obtained through state records</i>) ** ^^	VMRC	27%	389
	CA	29%	7,957
	NCI	26%	24,325
Has a behavior plan (<i>among those who take medication for a behavior challenge; information may have been obtained through regional center records</i>)	VMRC	74%	47
	CA	73%	1,232
	NCI	61%	5,170

**Includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^^A lower percentage indicates fewer people were reported to be have a behavior plan

Wellness

People are supported to maintain healthy habits.

Important Note on Missing Data:

For several states included in the NCI Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI National In-person Survey Report: <https://www.nationalcoreindicators.org/resources/reports/>

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. We advise caution when examining data that are indicated as having high rates of “missing” or “don’t know” responses. Please note that the NCI average reflects the average of data that were reported to NCI and may not be reflective of the service population across the country.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Wellness

Chart 83. Exercises or does physical activity at least once per week for 10 minutes or more at a time (proxy respondents were allowed for this question)

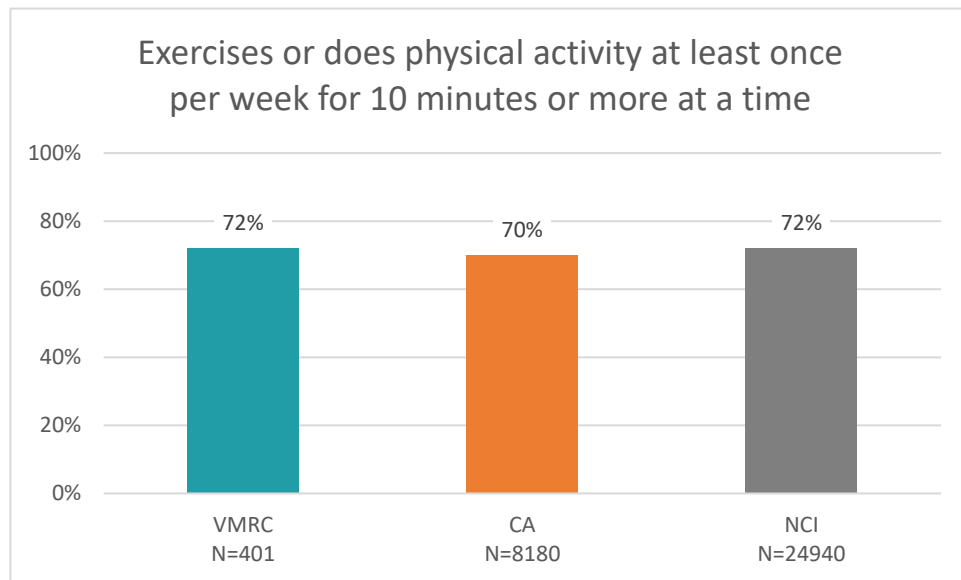


Chart 84. Exercises for the muscles in the arms, legs, back and/or chest at least 3 times per week (proxy respondents were allowed for this question) ^g

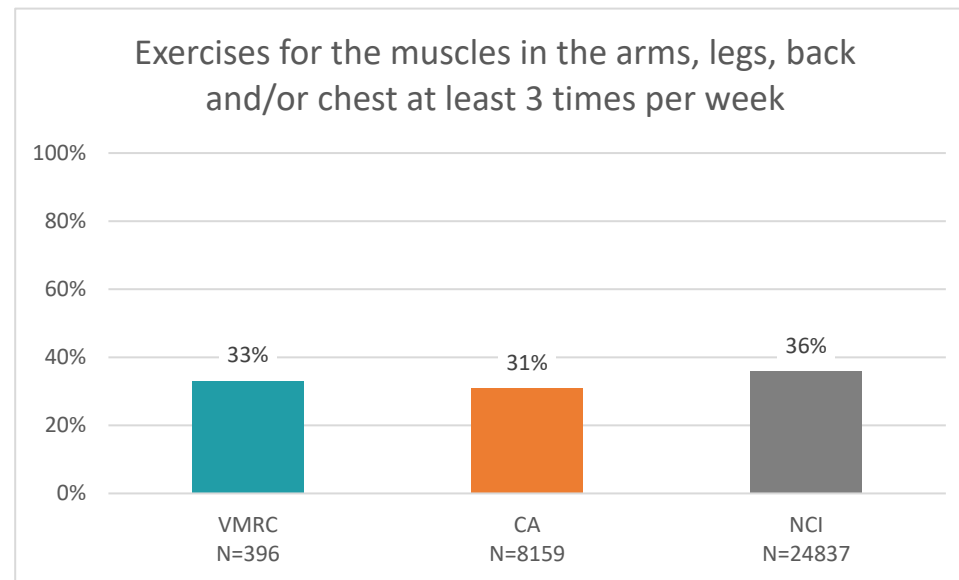


Chart 85. Body Mass Index (BMI) category (information may have been obtained through state records)**

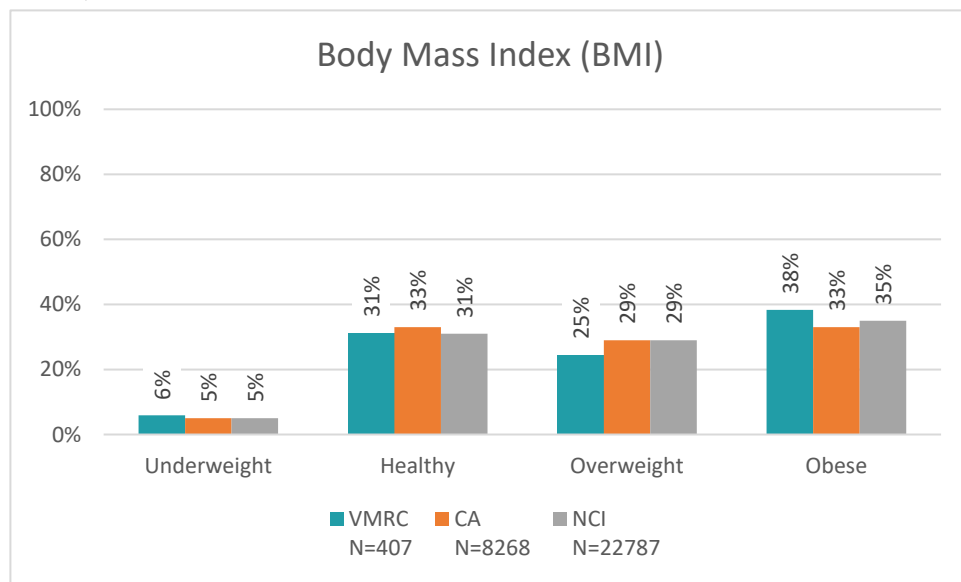
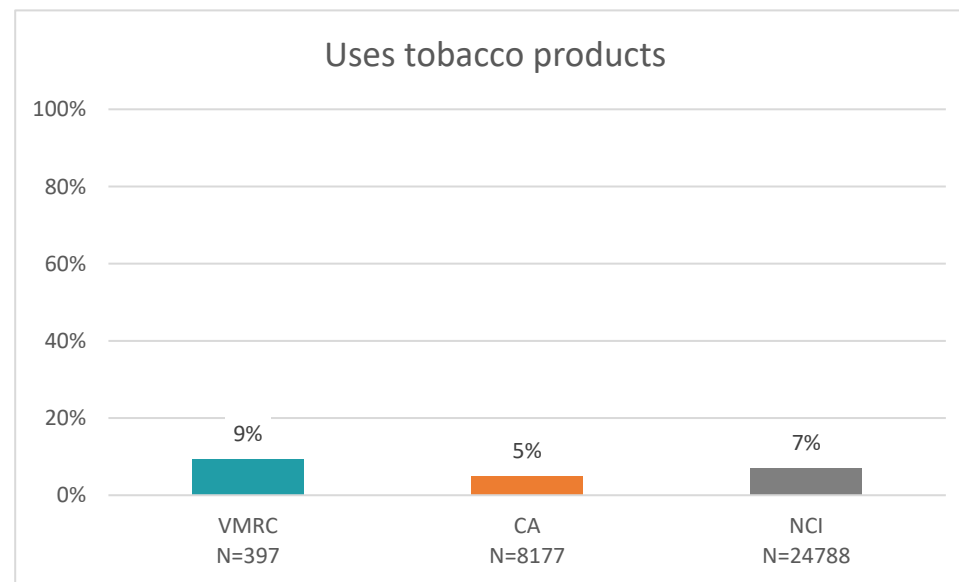


Chart 86. Uses tobacco products (information may have been obtained through state records) ** ^h



^gNew question in 2017-18

**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^h A lower average indicates a lower percentage of people use tobacco products

Tables for Wellness

Table 54. Exercise

		Yes	N
Exercises or does physical activity at least once a week for at least 10 minutes at a time (<i>proxy respondents were allowed for this question</i>)	VMRC	72%	401
	CA	70%	8,180
	NCI	72%	24,940
Exercises for the muscles in the arms, legs, back and/or chest at least 3 times per week (<i>proxy respondents were allowed for this question</i>) ⁹	VMRC	33%	396
	CA	31%	8,159
	NCI	36%	24,837

Table 55. Body Mass Index (BMI) Category **

Information may have been obtained through state records

	Underweight	Healthy	Overweight	Obese	N
VMRC	6%	31%	25%	38%	407
CA	5%	33%	29%	33%	8,268
NCI	5%	31%	29%	35%	22,787

Table 56. Uses Tobacco Products ** ^^

Information may have been obtained through state records

	Yes	N
VMRC	9%	397
CA	5%	8177
NCI	7%	24788

⁹New question in 2017-18

**NCI Average includes data from a state or states that had a large number of “don’t knows” and missing data (at least 25%)

^^ A lower average indicates a lower percentage of people use tobacco products

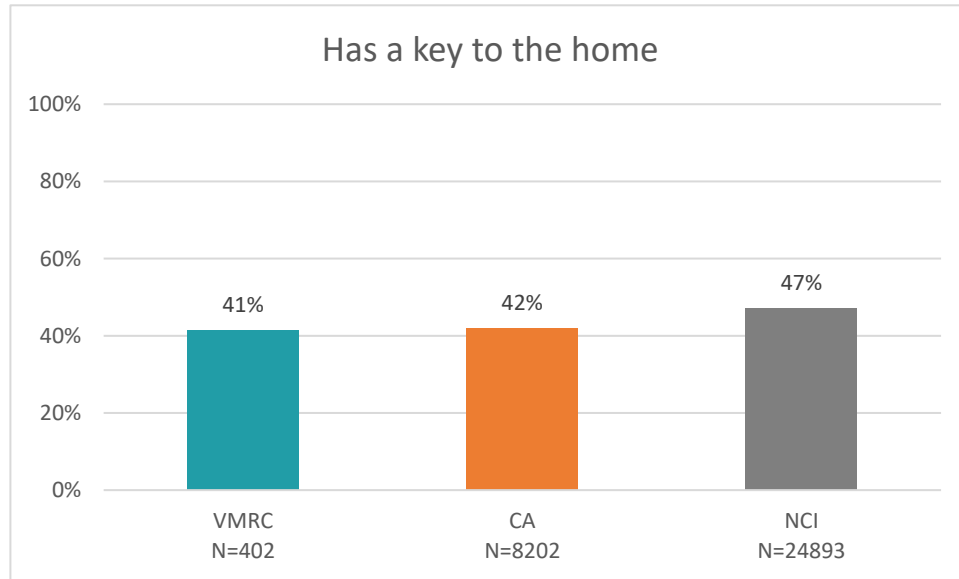
Rights and Respect

People receive the same respect and protections as others in the community.

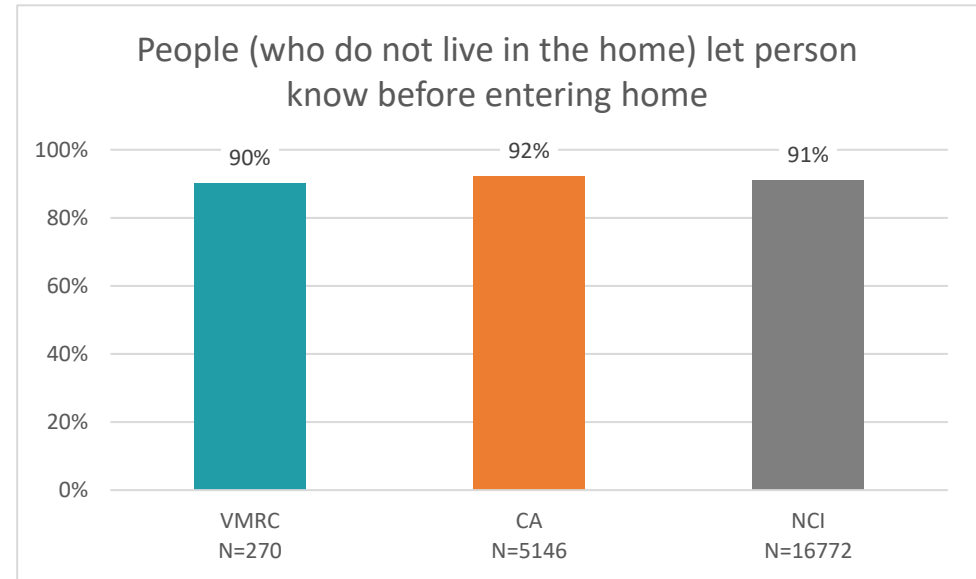
All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Rights and Respect

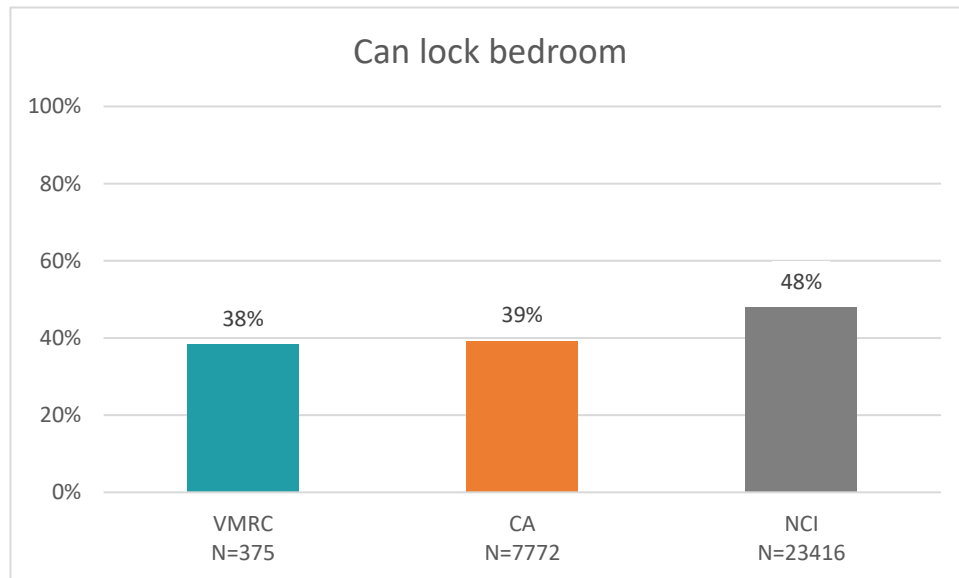
[Chart 87](#). Has a key to the home (proxy respondents were allowed for this question)



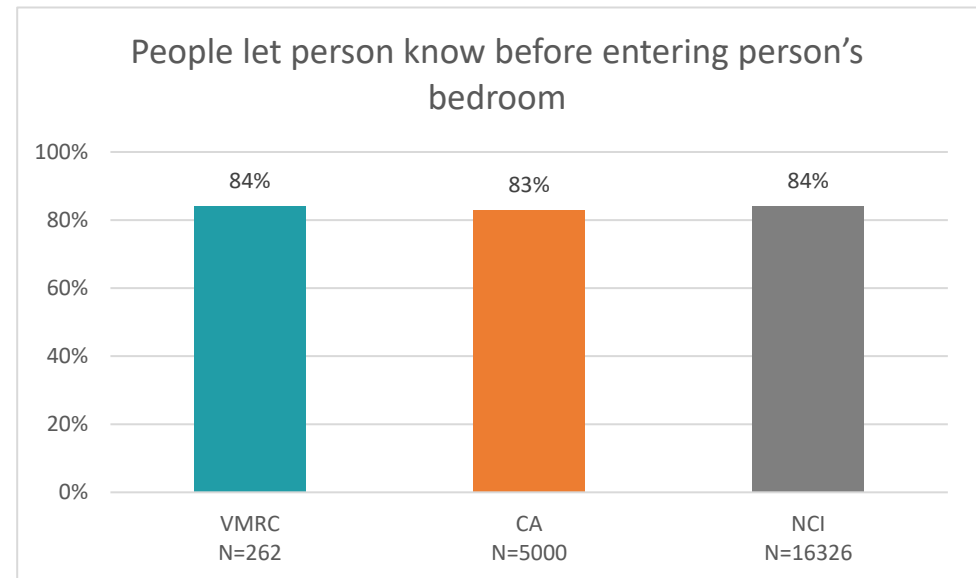
[Chart 88](#). People (who do not live in the home) let person know before entering home



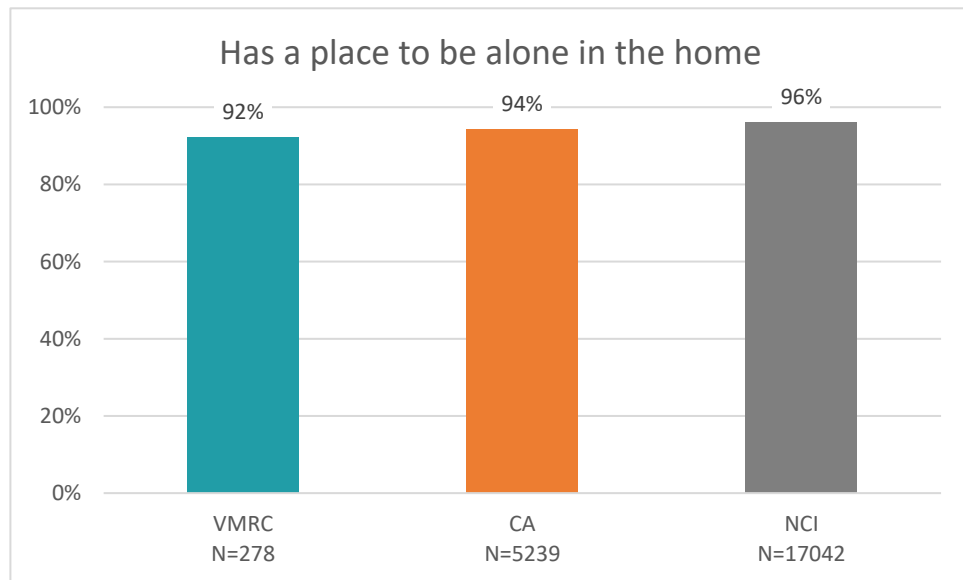
[Chart 89](#). Can lock bedroom (proxy respondents were allowed for this question)



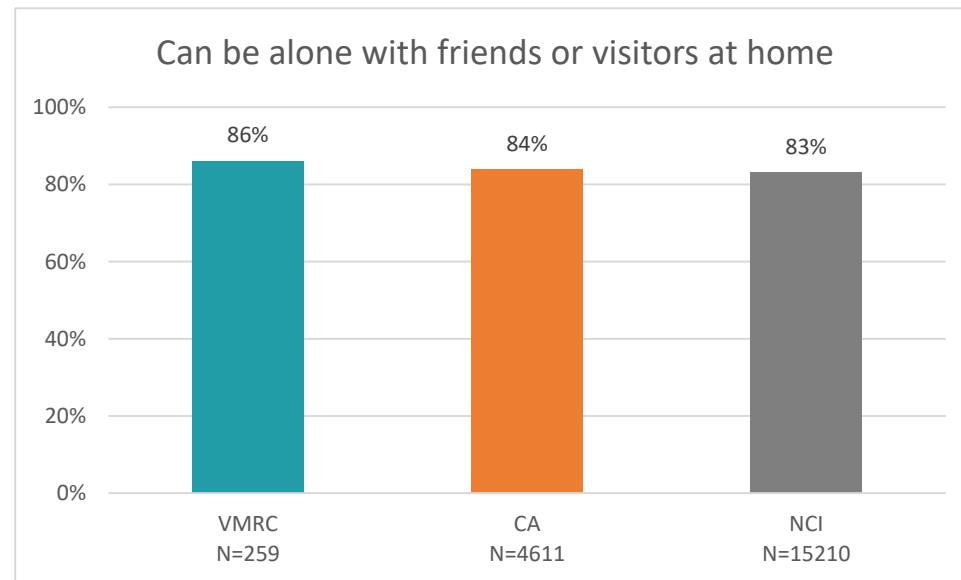
[Chart 90](#). People let person know before entering person's bedroom



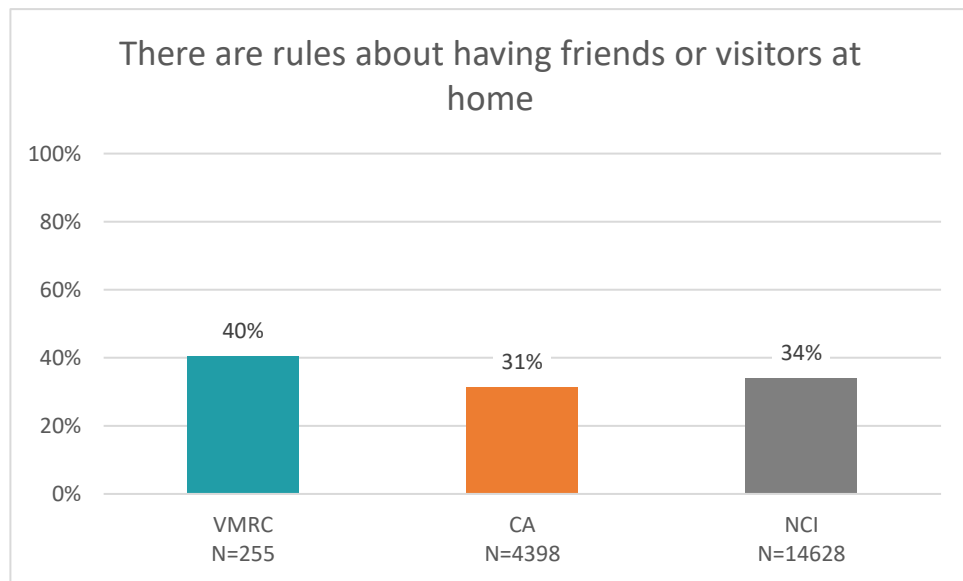
[Chart 91.](#) Has a place to be alone in the home



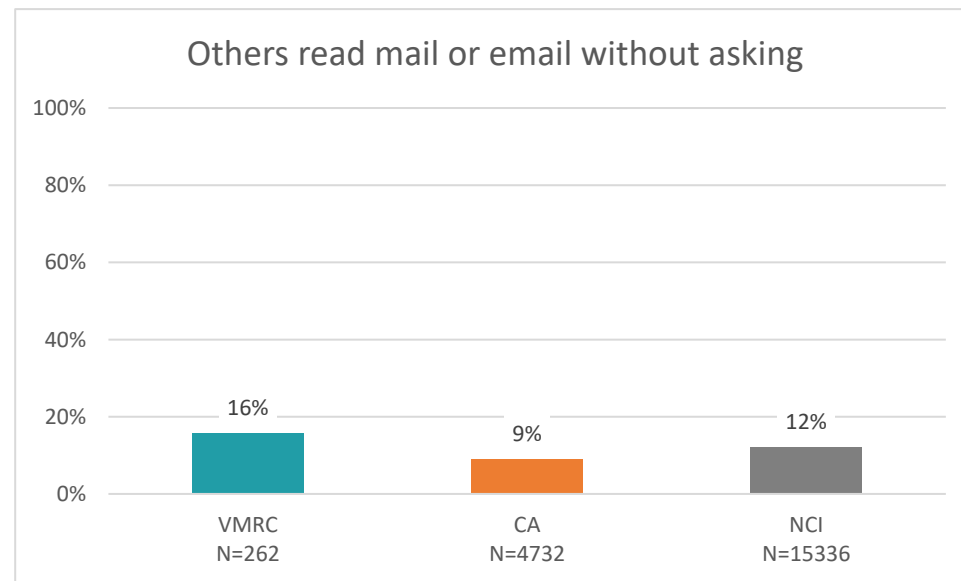
[Chart 92.](#) Can be alone with friends or visitors at home



[Chart 93.](#) There are rules about having friends or visitors at home ~

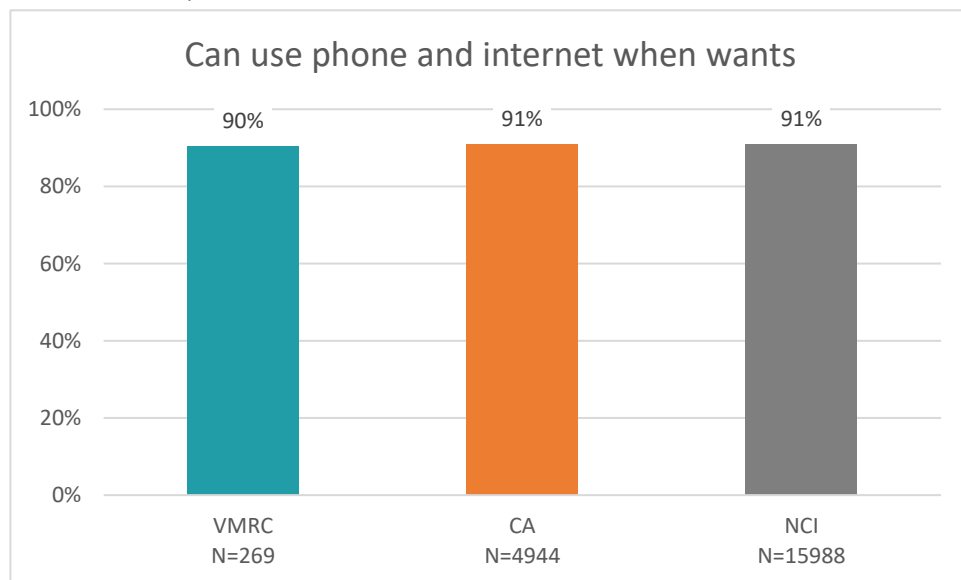
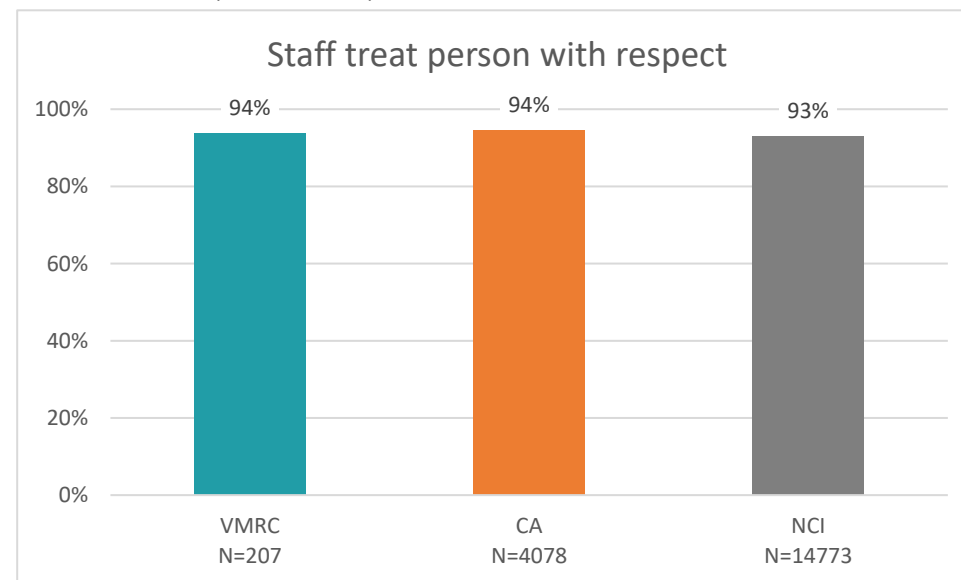
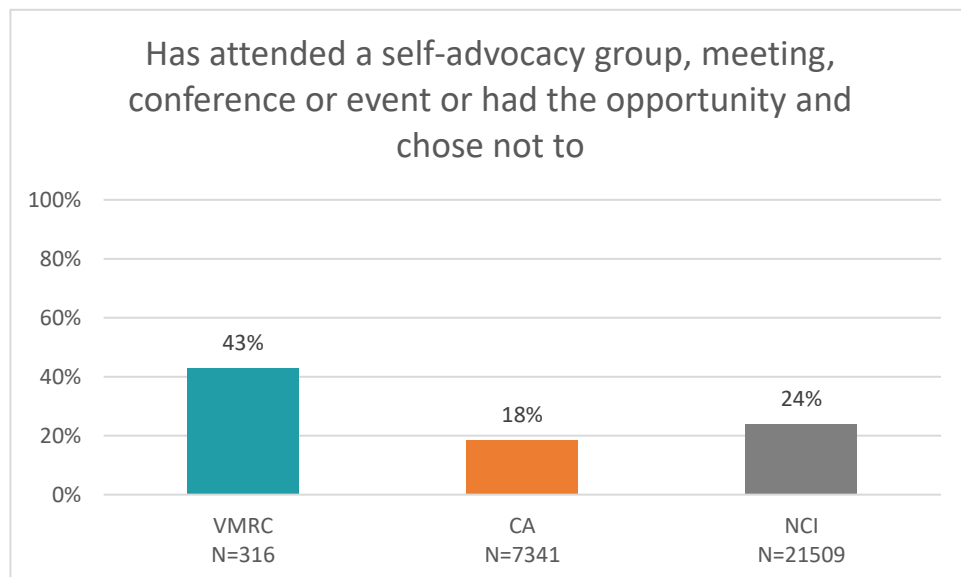
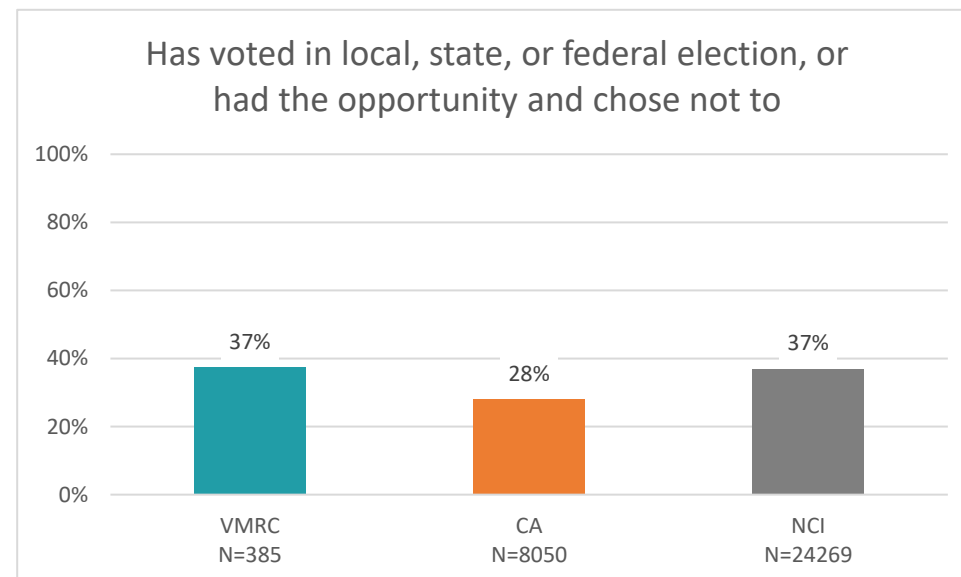


[Chart 94.](#) Others read mail or email without asking ^^



~ A lower average indicates a lower percentage of people report rules about having friends or visitors at home

^^ A lower average indicates a lower percentage of people report others open mail or email without asking

[Chart 95.](#) Can use phone and internet when wants[Chart 96.](#) Staff treat person with respect[Chart 97.](#) Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to (proxy respondents were allowed for this question)[Chart 98.](#) Has voted in local, state, or federal election, or had the opportunity and chose not to (proxy respondents were allowed for this question)

Tables for Rights and Respect

Table 57. Rights and Respect

		Yes	N
Has a key to the home (<i>proxy respondents were allowed for this question</i>)	VMRC	41%	402
	CA	42%	8,202
	NCI	47%	24,893
People (who do not live in the home) let person know before entering home	VMRC	90%	270
	CA	92%	5,146
	NCI	91%	16,772
Can lock bedroom (<i>proxy respondents were allowed for this question</i>)	VMRC	38%	375
	CA	39%	7,772
	NCI	48%	23,416
People let person know before entering person's bedroom	VMRC	84%	262
	CA	83%	5,000
	NCI	84%	16,326
Has a place to be alone in the home	VMRC	92%	278
	CA	94%	5,239
	NCI	96%	17,042
Can be alone with friends or visitors at home	VMRC	86%	259
	CA	84%	4,611
	NCI	83%	15,210
There are rules about having friends or visitors at home [~]	VMRC	40%	255
	CA	31%	4,398
	NCI	34%	14,628

[~] A lower average indicates a lower percentage of people report rules about having friends or visitors at home

Table 58. Rights and Respect (contiued)

		Yes	N
Others read mail or email without asking ^^	VMRC	16%	262
	CA	9%	4,732
	NCI	12%	15,336
Can use phone and internet when wants	VMRC	90%	269
	CA	91%	4,944
	NCI	91%	15,988
Staff treat person with respect	VMRC	94%	207
	CA	94%	4,078
	NCI	93%	14,773
Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to (<i>proxy respondents were allowed for this question</i>)	VMRC	43%	316
	CA	18%	7,341
	NCI	24%	21,509
Has voted in local, state, or federal election, or had the opportunity and chose not to (<i>proxy respondents were allowed for this question</i>)	VMRC	37%	385
	CA	28%	8,050
	NCI	37%	24,269

^^A lower average indicates a lower percentage of people report others open mail or email without asking

Safety

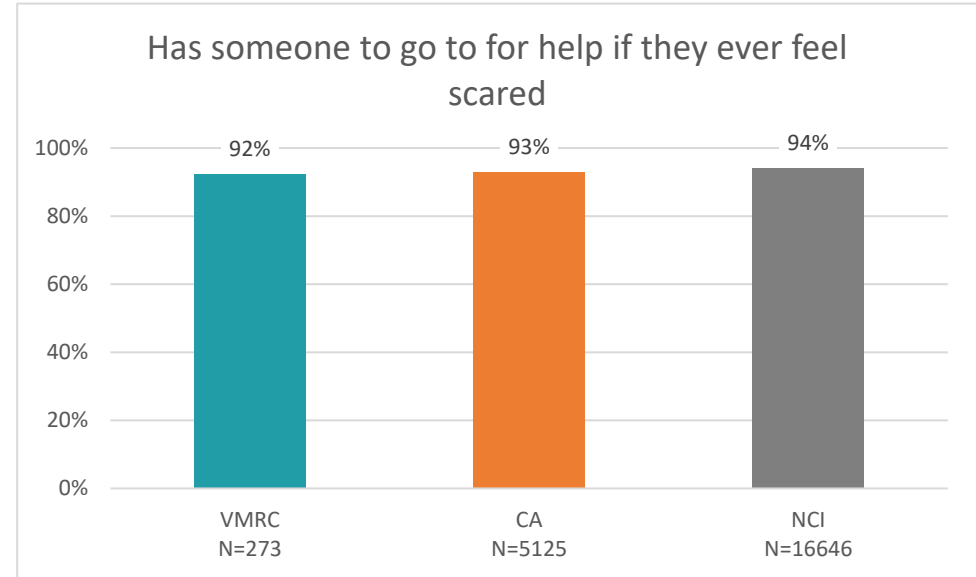
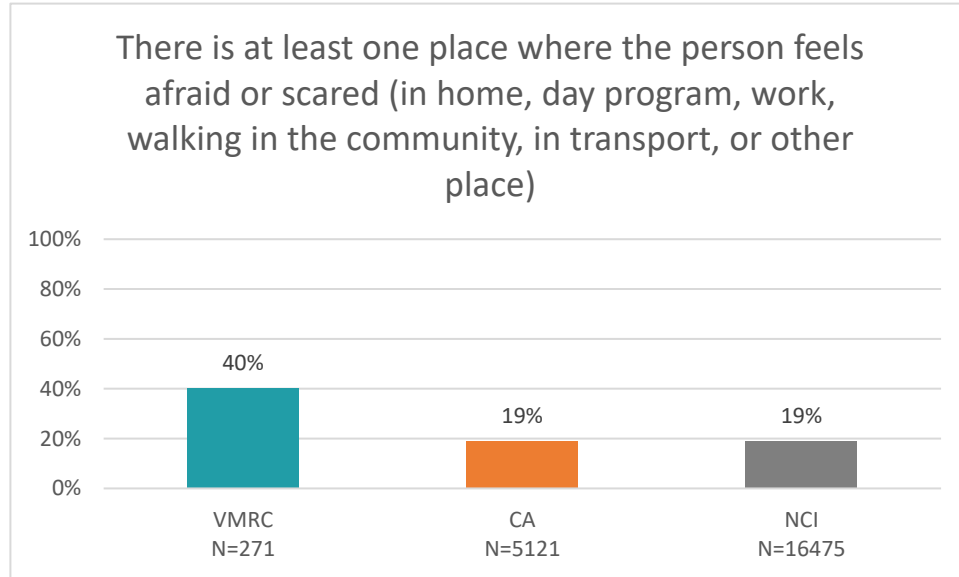
People are safe from abuse, neglect, and injury.

All CA and NCI Averages are weighted. For more information on weighting see the Data Analysis section of the California Statewide Adult In-Person Survey Report FY 17/18.

Charts for Safety

[Chart 99](#). There is at least one place where the person feels afraid or scared (in home, day program, work, walking in the community, in transport, or other place) ~

[Chart 100](#). Has someone to go to for help if they ever feel scared



~ A lower percentage indicates a lower proportion of people indicating that there is a place they feel afraid

Tables for Safety

Table 59. Safety

		Yes	N
There is at least one place where the person feels afraid or scared (<i>in home, day program, work, walking in the community, in transport, or other place</i>) [~]	VMRC	40%	271
	CA	19%	5,121
	NCI	19%	16,475
Has someone to go to for help if they ever feel scared	VMRC	92%	273
	CA	93%	5,125
	NCI	94%	16,646

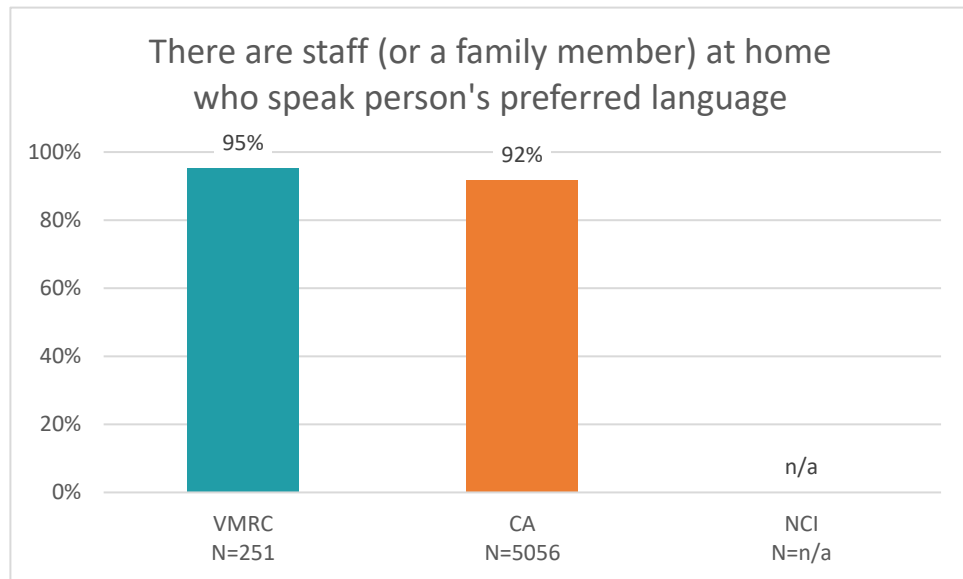
[~]A lower percentage indicates a lower proportion of people indicating that there is a place they feel afraid

Language and Cultural Competence

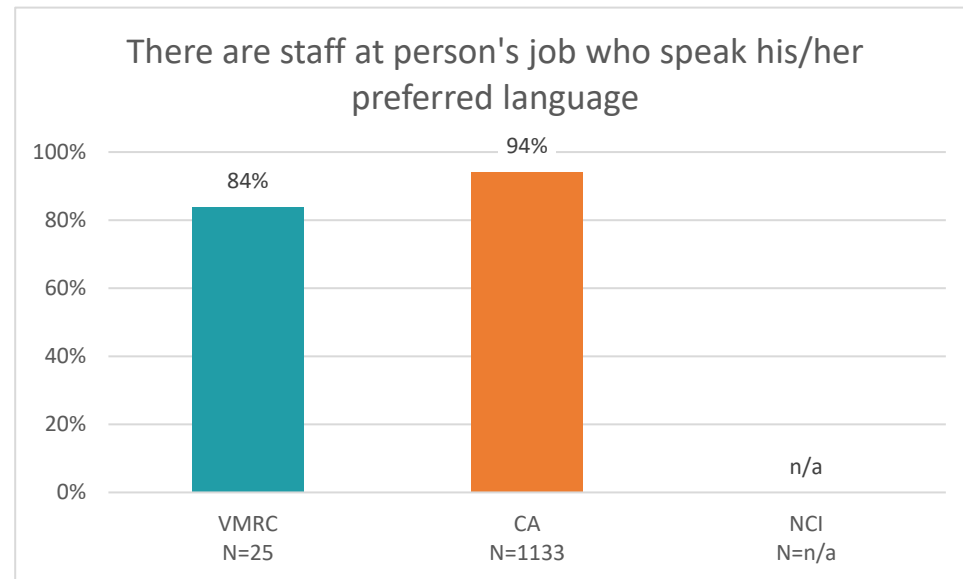
California specific questions

Charts for Language and Cultural Competence

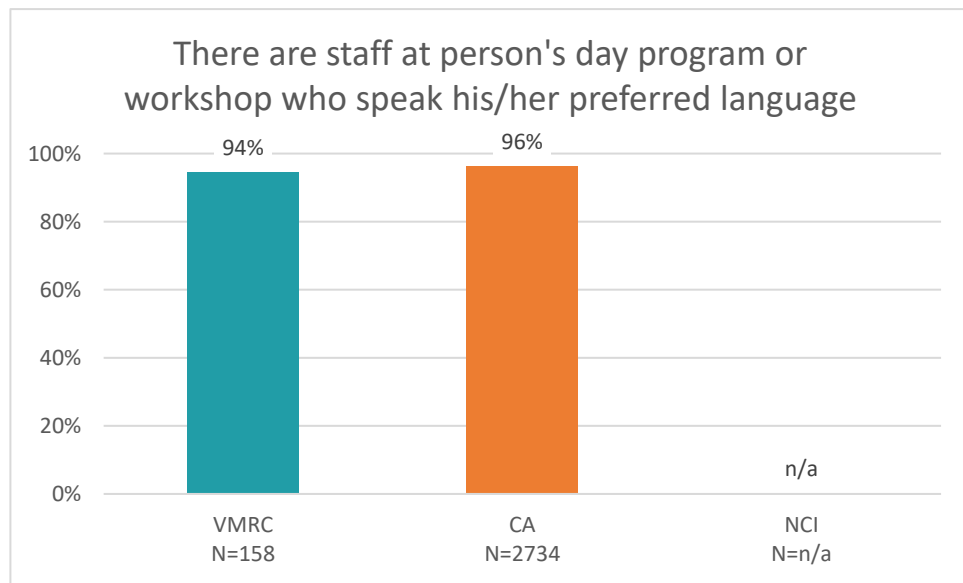
[Chart 101.](#) There are staff (or a family member) at person's home who speaks his/her preferred language*



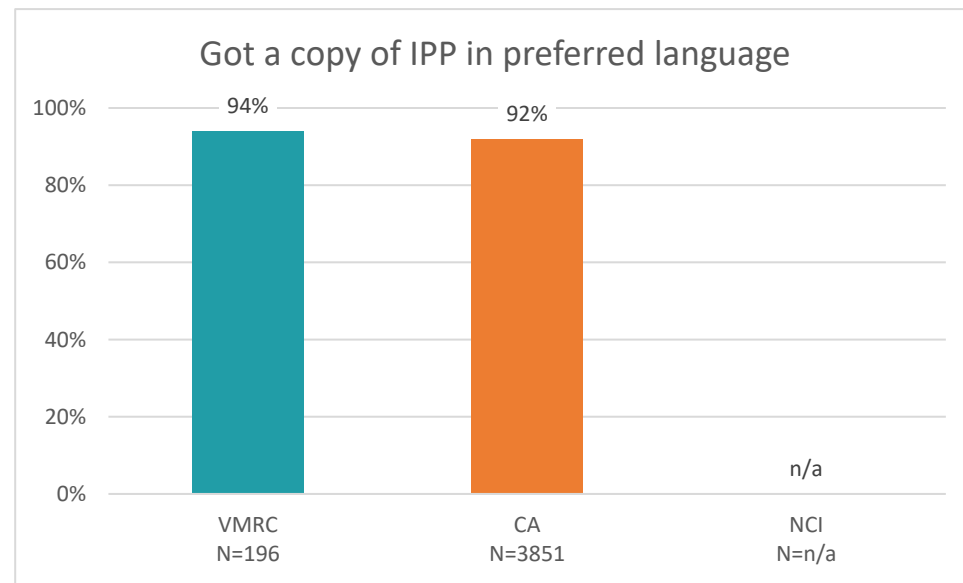
[Chart 102.](#) There are staff at person's job who speaks his/her preferred language*



[Chart 103.](#) There are staff at person's day program or workshop who speak his/her preferred language*

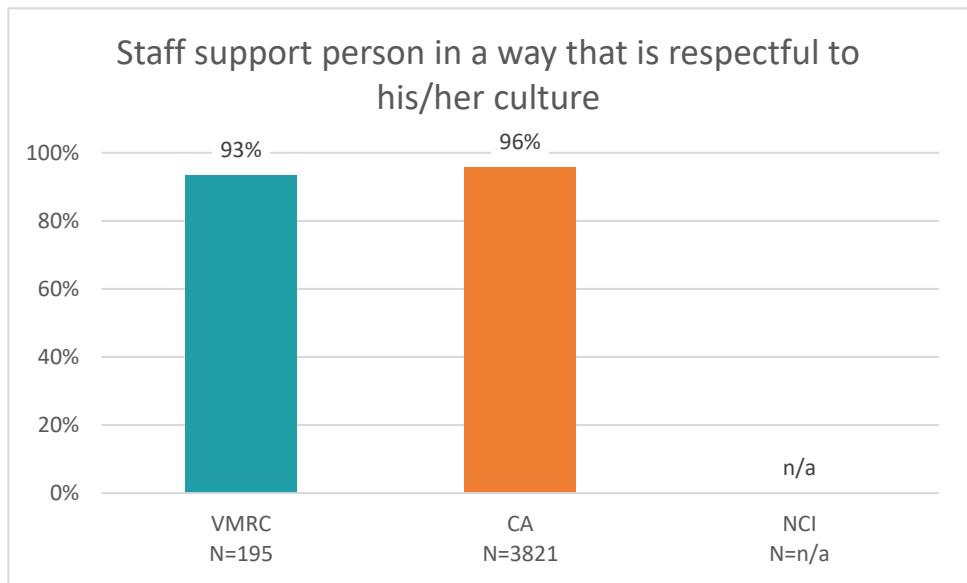


[Chart 104.](#) Got a copy of IPP in his/her preferred language*



*California specific questions

Chart 105. Staff support person in a way that is respectful to his/her culture*



*California specific questions

Tables for Language and Cultural Competence

Table 60. Language and Cultural Competence

		Yes	N
There are staff (or a family member) at home who speak person's preferred language*	VMRC	95%	251
	CA	92%	5,056
	NCI	n/a	n/a
There are staff at person's job who speak his/her preferred language*	VMRC	84%	25
	CA	94%	1,133
	NCI	n/a	n/a
There are staff at person's day program or workshop who speak his/her preferred language*	VMRC	94%	158
	CA	96%	2,734
	NCI	n/a	n/a
Got a copy of IPP in preferred language*	VMRC	94%	196
	CA	92%	3,851
	NCI	n/a	n/a
Staff support person in a way that is respectful to his/her culture*	VMRC	93%	195
	CA	96%	3,821
	NCI	n/a	n/a

*California specific questions