

**Home and Community-Based Services (HCBS) Rules  
CONCEPT PROPOSAL**

**Enclosure C**

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

**This form may not exceed three pages and must be kept in Arial 12-point font.** The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:

<http://www.dds.ca.gov/HCBS/>

Vendor and vendor number	Choices Person Centered Services Day Programs Vendor Numbers: HA0061, HA0211, HA0435, HA0596, HA0926, PA0460
Primary regional center	Alta California Regional Center
Service type and code	Day Programs, Service Codes 510 and 055
Number of consumers currently serving	141
Barriers to compliance with the HCBS rules and/or project implementation	There are several barriers to compliance for our day programs. Traditional staffing ratios set by both regional centers and community care licensing of 1:3 or 1:4 in the case of Choices Day Programs make it difficult to implement a true person centered approach. Staff members have been trained to always be mindful of that staffing ratio and find it difficult to shift their thinking to the individuals choices. Being licensed is a barrier as well, where so much of the focus is on a facility instead of on community integration. A license does not allow for community members access to a program site that could potentially be transitioned into a community art collective, retail store, art gallery or other type of community center. Traditional day program hours are a barrier, many individuals would prefer to access programs later in the day into the early evening, or earlier in the morning. This barrier could be overcome relatively easily, but for the lack of transportation for individuals that wish to attend at alternative times. Public transportation is not always an option and traditionally funded transportation for day programs through regional centers occurs M-F, 8:30- 3:30. A barrier to employment for the individuals we work with is a lack of exposure to possibilities and opportunities they may enjoy if they were to know they existed, and the concern of losing their benefits if they make too much money, especially their health benefits and their IHSS support. This is very real concern for

	<p>people making them wary of any kind of paid work. Lastly a barrier that is prominent in Choices current day programs is family members such as parents or conservators of the individuals who attend day programs. Family members are fearful of change, fearful of their adult children, brother or sister not having a facility based program where they feel they are safer, and fearful of their children living a more independent, less restricted life that could cause them to eventually lose their supports and services.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>Choices Person Centered Services proposes to approach transition of our day programs through a 3 tiered approach utilizing the following components:</p> <ol style="list-style-type: none"> <li>1) Person Centered Thinking and Person Centered Planning training for all Choices day program employees, the 141 individuals that we provide day program services to and their families. We will identify a minimum of 2 individuals who can complete certification to become a Person Centered Planning Trainer and who will in turn and over time offer those services to other individuals, families and organizations in the greater Sacramento area as well as throughout Northern California.</li> <li>2) Provide outreach to individuals and families to learn, especially in communities of color or where English is not the primary language, about any unmet needs and provide assistance in learning about person centered planning in order to identify the kinds of services and supports the individual or families need and want.</li> <li>3) Begin to change the way in which Choices provides day program services by approaching services in a truly person centered way, utilizing the training completed in Number 1.above. We will complete person centered plans for the 141 individuals and their families that we provide day program services for to clearly identify the kind of services and supports they want from Choices Person Centered Services whether it be work related, business development, art based vocations, assistance with living a more independent, self-sufficient life or other areas that are discovered through the person centered plan. It is our contention that many of the people we provide services and supports to have not een exposed to enough opportunities to know what direction they would like their lives to take. As a component of the way we provide services we will provide opportunities for real and varied job opportunities, outside of the typical type of employment we see people with disabilities doing for work ie: group janitorial work, as a bus person in a restaurant etc. As the plans are completed we will begin to work to find solutions to barriers listed above such as staffing ratios, alternative service hours and transportation as well as identifying varying</li> </ol>

	kinds of paid work opportunities outside of a group setting.
Estimated budget; identify all major costs and benchmarks— attachments are acceptable	<p>Person Centered Planning Training for 225 people including staff, family members and individuals being served to be completed within 6 months of start of funding : 100,000.00</p> <p>Person Centered Planning Trainers Certification to be completed with within 120 days of start of funding: 40,000.00</p> <p>Community Outreach including materials in different languages, language interpreters, site rental, travel costs to be completed by 1 year following start of funding: 25,000.00</p> <p>4 designated staff persons to complete person centered plans for 141 individuals to be identified within 6 months of start of funding: 120,000.00</p>
Requested funding for 2016-17	285,000.00
Estimated timeline for the project	It is estimated that it will take 12 to 18 months to complete all three areas of the transition proposal. We anticipate addressing the needs identified in the person centered plans through our day programs as the plans are completed which will mean parts of the proposal will be implemented simultaneously.