

Home and Community-Based Services (HCBS) Rules CONCEPT PROPOSAL

Enclosure C

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

This form may not exceed three pages and must be kept in Arial 12-point font. The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:

<http://www.dds.ca.gov/HCBS/>

| | |
|---|---|
| Vendor and vendor number | Broad Horizon – HF0315 |
| Primary regional center | Far Northern Regional Center |
| Service type and code | Adult Day - 510 |
| Number of consumers currently serving | 30 |
| Barriers to compliance with the HCBS rules and/or project implementation | Increasing opportunities for community integration are limited due to transportation and staffing needs. Other barriers to compliance include staff training, and funding for staff to attend integrated events with the consumer. |
| Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request | <p>This proposal submitted by Broad Horizons addresses federal requirements 1, 3, 4 and 5. This request for funding is focused solely on phase 1 of a 3 phase integration strategy. Phase 1 encompasses approximately 70% of our client population. Currently Broad Horizons serves 30 consumers in our day program.</p> <p>In completing the evaluation Broad Horizons discovered that services related to work, volunteer, and enrichment activities that are integrated in the community in a meaningful way are currently missing from our program. We have chosen to focus on the largest client population in phase 1 of our plan. Broad Horizons is optimistic that increased empowerment and opportunities for community engagement will propel more consumers into work and volunteer opportunities. In addition the increased options for activities will increase involvement of consumers who fail to participate regularly in our day program.</p> |

| | |
|--|--|
| | <p>Currently 80% of our population is considered high needs. Many of the 80% are unable to work at minimum wage jobs, and do not want to work. There are many in this 80% that would enjoy consistently volunteering a few hours a week in the community and would also enjoy increased opportunities to develop new interests and activities. Our goal is to place 70% of our current consumers in community integrated activities 5 hours per week.</p> <p>We have secured two organizations that would invite our consumers into their programs for volunteer opportunities on a daily basis. Our volunteers would be trained, in meal prep, food service, clean up, reading and games with children or the elderly, donations, phones and other office tasks. These volunteer opportunities would teach applicable skills to those clients who later choose to become an active part of the paid workforce (phase 2). Both organizations will require background checks and finger printing.</p> <p>Our Enrichment program will provide increased integration through on and off site activities and events. The activities and events will not be locked into permanency but offer a variety of experiences weekly. On site activities may include, yoga, cooking classes, zumba, dance, book clubs, bingo, card tournaments and other creative endeavors. All of these activities will have the potential to spark an interest for individuals or groups. One day a week off site events will occur. These events would include fairs, rodeos, movies, outdoor excursions, plays, concerts, and other events. This aspect of the program change will require a focus on scheduling, budgeting and planning for our clients.</p> <p>The current day program activities will continue and new skills courses will be added. Offering additional programming to the consumer within the current day program will increase choices and generate person centered discussions. The new skills courses will have a focus on community integration. These courses would include: budgeting, appropriate dress, time management, relationship building, setting boundaries and communication skills. Additional courses will be developed that address the Lanterman Act and client's rights.</p> <p>In order to implement phase 1, Broad Horizons will require additional resources. These resources include one 7 passenger van; our current transportation is at maximum capacity. In order to maintain current day program activities, while increasing integrated options, 2 part time staff working a combined 40 hours per week will be required. All of our staff will require training in the Lanterman Act,</p> |
|--|--|

**Home and Community-Based Services (HCBS) Rules
CONCEPT PROPOSAL**

Enclosure C

| | |
|---|---|
| | <p>client's rights and a person centered approach. Additional resources are laid out in the budget below. Broad Horizons is fully committed to the community integration process and has taken an active role in moving swiftly towards compliance. Consumer's lives as a whole will be greatly enhanced by these opportunities and Broad Horizons is excited to be a part of it.</p> |
| <p>Estimated budget; identify all major costs and benchmarks—attachments are acceptable</p> | <p>Budget: Single Cost: 25,000 Van (Used) Annual ongoing costs: 3,500 insurance, maintenance, fuel Two staff at minimum wage for 20 hours per week at \$10.00 per hour each plus employer costs. 27,000. Funding for live Scans and back ground checks \$2,000 Staff Training: 5,000 Enrichment professionals: 3,000 Total implementation: 65,500</p> |
| <p>Requested funding for 2016-17</p> | <p>\$65,500</p> |
| <p>Estimated timeline for the project</p> | <p>4/2017: Develop new classes for day program. Secure professionals in the community to conduct enrichment classes on site. Schedule after hours meeting for families and clients to introduce new options.</p> <p>5/ 2017: Begin new classes at day program. Begin enrichment activities on site. Purchase van Conduct background and finger printing for one volunteer program.</p> <p>6/2017: Hire, start and train new staff. Schedule off site enrichment opportunities. Schedule employees for Client Rights Trainings Conduct background and finger printing for second volunteer program.</p> <p>6/2017: Add volunteerism at second site. Take first off site enrichment activity.</p> <p>7/2017: Evaluate the program and make change as needed. Develop strategy for implementation of stages 2 and 3.</p> |