

**Home and Community-Based Services (HCBS) Rules
CONCEPT PROPOSAL**

Enclosure C

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

This form may not exceed three pages and must be kept in Arial 12-point font. The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:
<http://www.dds.ca.gov/HCBS/>

Vendor and vendor number	Mains'I California LLC PF3073 PF3638 PF4242 PF4355 PF4429
Primary regional center	Far Northern Regional Center
Service type and code	Community Integration Training Program 055
Number of consumers currently serving	100
Barriers to compliance with the HCBS rules and/or project implementation	<p>We are excited to embark on a system change across the nation, it is going to require everyone to collaborate and partner. A transformational change within an agency takes time and money. We will need to be diligent and relentless to ensure we do not stop the process.</p> <p>All of our business practices will need to reflect the new paradigm. It will require training our staff with new operating principle, which is person centered thinking and practices. Where employees focus on what is important to the person and identify how to best support them in the way that they want to be supported, not solely on health and safety. This will take training and practice on a daily basis.</p> <p>Another barrier we face is supporting people and their families that have been living in a delivery system where things were done for them. It will be a shift for the people that are receiving services to learn choice and identify what is important to and for them and the balance between.</p>
Narrative/description of the project. Identify which HCBS federal requirements are	Mains'I Services is committed to our mission of offering innovative supports to people, responding to their hopes and dreams. We believe supports must be offered to people in a way that helps

currently out of compliance; include justification for funding request

them move toward a life they consider meaningful and productive. Two of our core values are: 1) We believe in putting the needs of others before our own: We respond first to the dreams, hopes, and needs of others, before considering our own. 2) We believe all people are valuable and make meaningful contributions to society: We celebrate every individual's unique attributes, treating each person with respect and affording them a life filled with dignity.

We are re-energized around the question "How do you want to live?" We are concentrating our efforts on supporting people in choosing their own homes, attaining jobs that are meaningful to them, and having family and friends who are a part of their lives by:

- 1) Training all managers and direct support professionals (DSPs) in person- centered thinking
- 2) Educating and collaborating with external stakeholders, including the people that currently receive services, Regional Centers, families, and employees;
- 3) Aligning interdisciplinary team members ongoing – getting buy in from all parties to explore new opportunities;
- 4) Supporting people on identifying their interests and connecting them to their community.

Person Centered Thinking Training is two days of interactive training for acquiring and practicing effective person centered thinking skills, centered on how to discover and balance what is important to and what is important for a person. These approaches respectfully address issues of health and safety from a variety of perspectives, while empowering the people served to maintain control and a sense of being heard. Participants will learn to write a Person Centered Description.

This training is designed for staff at all levels in an organization as well as individuals who receive support and their families. It is especially relevant for full time staff who continually interact with the people served and for supervisory staff.

Federal Requirement #1: An opportunity to seek employment and work in competitive integrated settings is an area that needs improvement. We need to use person centered practices to identify what people's dreams and goals are. Without knowing the person and what they really want, they will never succeed. Our job coaches

	<p>need training on discovery skills in order to deliver a balance between important to and for. We also need to collaborate with local business owners by using similar skills such as the matching tool to align a person’s gifts, strengths and skills with what an employer is looking for, ultimately creating the right fit!</p> <p>Federal Requirement #2: At this point, we are unclear of the best way to consistently apply person centered thinking throughout the organization. Many of our DSPs encounter varying degrees of understanding of the true concepts of person centered planning. In order to accomplish these initiatives, we will be implementing a variety of training, coaching, and role modeling activities in order to engage “everyone” on person centered planning.</p> <p>Federal Requirement #5: To be able to make a choice, you first need to understand what the choices mean. The people that are receiving services have rarely been asked what they want. They have been trained to tell us what we want to hear and have been given limited options, or have never been listened to. The people receiving services need the people supporting them to have the skills to empower advocacy and allow the people receiving services to use their voice.</p>
<p>Estimated budget; identify all major costs and benchmarks— attachments are acceptable</p>	<p>Person Centered Thinking Trainers, In house instructors of person centered thinking. The potential Instructors spend time with an identified Learning Community Mentor (we have already begun this process 07-2016) 8 mentoring days \$1,300 per day Total \$10,400. Completed by 02-2017.</p> <p>All staff trained in Person Centered Thinking: 2 days 160 staff x 32 hours x \$15.00 per hours: \$76,800 20% of Staff by 03/17 60% Staff by 08/17 85% by 12/17</p> <p>Surface Pro 3 tablets (3) for completing person centered descriptions \$525.00 x 3 = \$1575</p>
<p>Requested funding for 2016-17</p>	<p>\$88,775.00</p>
<p>Estimated timeline for the project</p>	<p>Current staff will be trained in 2017 with ongoing training as needed. As new employees are on boarded.</p>